



**42K**

**42 KM**

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REVISED

**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	237	Hélio Carvalho	triatio caminha - atc	Senior Masculino	03:51:30	+56:48	05:31
42	131	Paulo Machado	individual	Senior Masculino	03:51:40	+56:58	05:31
43	216	Nélson José de Sousa	paredes aventura	Senior Masculino	03:51:53	+57:11	05:31
44	210	Paulo Gomes	no tomorrow running team	Veterano M40	03:51:59	+57:17	05:31
45	240	Paulo Fonseca	triatio caminha - atc	Senior Masculino	03:55:10	+01:00:28	05:36
46	19	Jorge Figueiredo	cabritos da cortiça - trail	Veterano M40	03:56:05	+01:01:23	05:37
47	5	CARLOS ALBERTO PEDRAS GONÇALVES	amigos da montanha	Veterano M40	03:57:56	+01:03:14	05:40
48	214	José Fins	os braguinhas	Veterano M45	03:58:07	+01:03:25	05:40
49	220	Carla Mendes	porto runners	Veterana F40	03:58:55	+01:04:13	05:41
50	182	Manuel Emidio Rocha	individual	Veterano M45	03:59:47	+01:05:05	05:43
51	175	carlos pereira	individual	Veterano M45	03:59:47	+01:05:05	05:43
52	183	Pedro Couto Viana	individual	Veterano M45	03:59:48	+01:05:06	05:43
53	239	Nuno Sousa	triatio caminha - atc	Senior Masculino	04:00:51	+01:06:09	05:44
54	196	Luis Sousa Pires	individual	Veterano M55	04:01:02	+01:06:20	05:44
55	62	José António Silva	equipa espiral/gdbm	Veterano M40	04:01:30	+01:06:48	05:45
56	73	Vitor Dias	gdr retorta	Veterano M45	04:01:43	+01:07:01	05:45
57	164	Paulo Araujo Costa	individual	Veterano M40	04:01:54	+01:07:12	05:46
58	18	Augusto Adolfo Pereira Ribeiro	cabritos da cortiça - trail	Veterano M40	04:02:12	+01:07:30	05:46
59	171	Rui Gilberto Santos Correia	individual	Veterano M40	04:02:34	+01:07:52	05:47
60	122	Marco Aurélio Cardoso Lopes	individual	Senior Masculino	04:02:51	+01:08:09	05:47
61	26	Renato Martins	clube náutico de ponte de lima	Senior Masculino	04:02:52	+01:08:10	05:47
62	16	Hugo Duarte Teixeira	brt	Senior Masculino	04:03:04	+01:08:22	05:47
63	93	Carlos Duarte	individual	Senior Masculino	04:03:04	+01:08:22	05:47
64	136	Sérgio Amaro Bastos	individual	Senior Masculino	04:03:13	+01:08:31	05:47
65	215	Manuel Quelhas	paredes aventura	Senior Masculino	04:06:52	+01:12:10	05:53
66	201	Ricardo Nuno Bomtempo	kangaroo runners	Senior Masculino	04:06:52	+01:12:10	05:53
67	152	Helder Azevedo Rodrigues	individual	Veterano M40	04:08:07	+01:13:25	05:54
68	157	Luís Filipe Rodrigues Antunes	individual	Veterano M40	04:08:11	+01:13:29	05:55
69	138	Sérgio Filipe Pereira Neves	individual	Senior Masculino	04:08:12	+01:13:30	05:55
70	82	Natália Amoedo	individual	Senior Feminino	04:08:26	+01:13:44	05:55
71	97	Diogo Almeida	individual	Senior Masculino	04:08:27	+01:13:45	05:55
72	105	Hugo Manuel Megre Garcia Fernandes	individual	Senior Masculino	04:08:52	+01:14:10	05:56
73	1069	Rui Manuel Alves Monteiro Araujo	invictus	Senior Masculino	04:09:45	+01:15:03	05:57
74	161	Mário Leal	individual	Veterano M40	04:09:50	+01:15:08	05:57
75	173	Manuel Oliveira	individual	Veterano M45	04:10:49	+01:16:07	05:58
76	162	Mauro Gonçalves	individual	Veterano M40	04:11:56	+01:17:14	06:00
77	226	Clemente Teixeira	shots international runners	Veterano M45	04:12:29	+01:17:47	06:01
78	54	Arnaldo Rodrigues	desnível positivo	Veterano M50	04:13:39	+01:18:57	06:02
79	36	Fernanda Verde	desnível positivo	Senior Feminino	04:13:39	+01:18:57	06:02
80	43	Pedro Pinho	desnível positivo	Senior Masculino	04:14:06	+01:19:24	06:03
81	70	Nuno Seabra	gam team trail	Senior Masculino	04:14:41	+01:19:59	06:04
82	232	Tiago Cadete	tiago cadete - living	Senior Masculino	04:15:17	+01:20:35	06:05
83	179	José Manuel Fernandes Ferreira	individual	Veterano M45	04:15:40	+01:20:58	06:05
84	3	José Carlos Sousa	a.a. lebres do sado	Veterano M40	04:15:55	+01:21:13	06:06
85	66	JORGE PEREIRA	gaia-running	Veterano M40	04:16:08	+01:21:26	06:06

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**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	190	José Luis Loureiro	individual	Veterano M50	04:16:21	+01:21:39	06:06
87	189	José Duarte	individual	Veterano M50	04:16:32	+01:21:50	06:06
88	84	Tita Luis	individual	Senior Feminino	04:17:05	+01:22:23	06:07
89	223	José Carlos Melo	run 4 fun	Veterano M50	04:18:36	+01:23:54	06:09
90	72	rui gomes	gd os ribeirinhos	Veterano M40	04:18:46	+01:24:04	06:10
91	28	Aureliano Valente	clube zupepr	Senior Masculino	04:20:27	+01:25:45	06:12
92	174	António José Machado Loureiro	individual	Veterano M45	04:20:32	+01:25:50	06:12
93	192	Arsénio Fernandes	individual	Veterano M55	04:20:36	+01:25:54	06:12
94	209	Antonio Magalhaes	nme-núcleo de montanha de espinho	Veterano M40	04:21:31	+01:26:49	06:14
95	112	José António Barros Soares	individual	Senior Masculino	04:22:03	+01:27:21	06:14
96	31	Nuno Ribeiro	clube zupepr	Senior Masculino	04:22:03	+01:27:21	06:14
97	155	José Júlio Fernandes Vilaça	individual	Veterano M40	04:22:20	+01:27:38	06:15
98	238	Martin Amorim	triato caminha - atc	Senior Masculino	04:22:36	+01:27:54	06:15
99	142	Filipe Sales Fernandes	individual	Sub 23 Masculino	04:22:36	+01:27:54	06:15
100	15	Rui Filipe Lima Barbosa	bracara runners	Senior Masculino	04:23:32	+01:28:50	06:16
101	14	André Óscar dos Reis Peixoto	bracara runners	Senior Masculino	04:23:32	+01:28:50	06:16
102	104	Hugo Flávio Rebouço Marinho	individual	Senior Masculino	04:25:42	+01:31:00	06:20
103	180	Luis Freitas	individual	Veterano M45	04:26:22	+01:31:40	06:21
104	186	Carlos Guerreiro Coelho	individual	Veterano M50	04:26:33	+01:31:51	06:21
105	44	Ricardo taxa	desnível positivo	Senior Masculino	04:26:34	+01:31:52	06:21
106	116	José Moreira	individual	Senior Masculino	04:27:28	+01:32:46	06:22
107	91	Bruno Neves	individual	Senior Masculino	04:27:59	+01:33:17	06:23
108	150	Fernando Pinheiro Mendes	individual	Veterano M40	04:28:28	+01:33:46	06:24
109	110	JORGE AUGUSTO	individual	Senior Masculino	04:28:31	+01:33:49	06:24
110	163	Nuno Lima	individual	Veterano M40	04:28:54	+01:34:12	06:24
111	109	Joel Rodrigues	individual	Senior Masculino	04:29:02	+01:34:20	06:24
112	133	Ricardo Filipe Figueiredo Ferreira	individual	Senior Masculino	04:29:50	+01:35:08	06:25
113	113	José Carlos Gonçalves de Matos	individual	Senior Masculino	04:29:50	+01:35:08	06:25
114	197	Mário Meneses	individual	Veterano M55	04:31:03	+01:36:21	06:27
115	78	Carla Oliveira	individual	Senior Feminino	04:31:22	+01:36:40	06:28
116	158	manuel antonio barreiros matos	individual	Veterano M40	04:32:10	+01:37:28	06:29
117	17	Ricardo Couto	cabritos da cortiça - trail	Senior Masculino	04:32:33	+01:37:51	06:29
118	71	Isaac Manuel Pinheiro Silva Marques Costa	gam team trail	Veterano M40	04:34:05	+01:39:23	06:32
119	29	Hugo Moita	clube zupepr	Senior Masculino	04:34:05	+01:39:23	06:32
120	140	VICTOR F. DIAZ PAZ	individual	Senior Masculino	04:34:33	+01:39:51	06:32
121	92	Carlos Azevedo	individual	Senior Masculino	04:34:49	+01:40:07	06:33
122	123	Marco Dias	individual	Senior Masculino	04:35:11	+01:40:29	06:33
123	88	Andrés Faraldo Vallés	individual	Senior Masculino	04:36:41	+01:41:59	06:35
124	217	Pedro Pratas	paredes aventura	Veterano M40	04:39:51	+01:45:09	06:40
125	221	Pedro Amorim	porto runners	Veterano M55	04:39:52	+01:45:10	06:40
126	106	Hugo Miguel da Silva Pereira	individual	Senior Masculino	04:41:14	+01:46:32	06:42
127	153	Hugo Costa	gondomar futsal clube	Veterano M40	04:42:52	+01:48:10	06:44
128	63	Renato Viana	falta muito?	Veterano M40	04:42:53	+01:48:11	06:44
129	60	Celso Santos	engomadoria l&a team	Senior Masculino	04:43:02	+01:48:20	06:44
130	59	Angelo Cabral	engomadoria l&a team	Senior Masculino	04:43:02	+01:48:20	06:44

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**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	33	Hélder Ferreira	corremos para comer	Senior Masculino	04:43:02	+01:48:20	06:44
132	7	Patrícia Leite	amigos do timóteo	Senior Feminino	04:44:00	+01:49:18	06:46
133	39	Filipe Rocha	desnível positivo	Senior Masculino	04:44:16	+01:49:34	06:46
134	146	André Castro	individual	Veterano M40	04:44:27	+01:49:45	06:46
135	118	Luis Filipe Gaspar	individual	Senior Masculino	04:45:28	+01:50:46	06:48
136	115	José Lourenço	clube de atletismo de ovar	Senior Masculino	04:46:55	+01:52:13	06:50
137	120	Márcio Pinho Quintas	clube de atletismo de ovar	Senior Masculino	04:46:55	+01:52:13	06:50
138	32	José Alfredo Gomes Ribeiro	clube	Veterano M60	04:48:30	+01:53:48	06:52
139	149	Enrique Gutierrez Vazquez	individual	Veterano M40	04:49:36	+01:54:54	06:54
140	194	JOSÉ DUARTE	individual	Veterano M55	04:51:12	+01:56:30	06:56
141	48	Bruno Querido	desnível positivo	Veterano M40	04:51:21	+01:56:39	06:56
142	234	José Granja	tiago cadete - living	Veterano M40	04:51:38	+01:56:56	06:57
143	159	Manuel González Novoa	individual	Veterano M40	04:52:22	+01:57:40	06:58
144	103	FRANCISCO PACHECO	individual	Senior Masculino	04:53:29	+01:58:47	06:59
145	144	Adelino Silva	individual	Veterano M40	04:54:20	+01:59:38	07:00
146	8	João Paulo Meixedo	amigos do timóteo	Veterano M45	04:55:17	+02:00:35	07:02
147	219	Nuno Figueiras	ponta delgada	Veterano M40	04:55:17	+02:00:35	07:02
148	13	Hugo Manuel G. P. Ferreira	bala team	Senior Masculino	04:57:54	+02:03:12	07:06
149	2	Luís Vale	4 runners team	Senior Masculino	04:58:07	+02:03:25	07:06
150	170	Rui António Alves Pinto	individual	Veterano M40	04:58:17	+02:03:35	07:06
151	67	LUIS DUARTE	gaia-running	Veterano M45	05:00:23	+02:05:41	07:09
152	181	Luis Pedro Nogueira	individual	Veterano M45	05:04:01	+02:09:19	07:14
153	166	Paulo Sergio Matos da Silva	individual	Veterano M40	05:06:22	+02:11:40	07:18
154	139	TIAGO MOREIRA	individual	Senior Masculino	05:06:23	+02:11:41	07:18
155	56	Joaquim Sampaio	desnível positivo	Veterano M60	05:06:57	+02:12:15	07:18
156	235	Raul Loureiro	tiago cadete - living	Veterano M40	05:10:05	+02:15:23	07:23
157	218	Maurício Marques	ponta delgada	Veterano M40	05:12:38	+02:17:56	07:27
158	132	pedro filipe leao cunha martins	individual	Senior Masculino	05:17:13	+02:22:31	07:33
159	89	António Cruz	individual	Senior Masculino	05:24:33	+02:29:51	07:44
160	23	Rui Pedras	club banco bic	Veterano M55	05:24:59	+02:30:17	07:44
161	61	Miguel Teixeira	engomadoria l&a team	Senior Masculino	05:31:33	+02:36:51	07:54
162	55	Frederico Esteves	desnível positivo	Veterano M50	05:32:14	+02:37:32	07:55
163	169	Renato Cardoso	individual	Veterano M40	05:32:53	+02:38:11	07:56
164	229	Pedro Miguel Lopes	ss montepio	Veterano M40	05:33:05	+02:38:23	07:56
165	111	Jorge Francisco Pinto Fernandes	individual	Senior Masculino	05:33:18	+02:38:36	07:56
166	121	Márcio Silva	individual	Senior Masculino	05:35:10	+02:40:28	07:59
167	45	Tiago Fernandes	desnível positivo	Senior Masculino	05:35:11	+02:40:29	07:59
168	193	Jaime Silva	individual	Veterano M55	05:40:43	+02:46:01	08:07
169	85	Alexandre Silva	individual	Senior Masculino	05:40:43	+02:46:01	08:07
170	187	Fernando Alberto Pinho Ferreira	individual	Veterano M50	05:42:37	+02:47:55	08:09
171	168	Pedro Pereira	individual	Veterano M40	05:43:49	+02:49:07	08:11
172	96	Cláudio Brochado	individual	Senior Masculino	05:45:13	+02:50:31	08:13
173	50	João Mota	desnível positivo	Veterano M40	05:45:13	+02:50:31	08:13
174	141	Aleksandra Pokorska	individual	Sub 23 Feminino	05:51:57	+02:57:15	08:23
175	178	Jorge Manuel da Silva Faria Novo	individual	Veterano M45	05:57:48	+03:03:06	08:31
176	99	Filipe Rodrigues	individual	Senior Masculino	06:00:55	+03:06:13	08:36



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**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	09:00	11,3°C	78%
End	15:13	11,3°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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### Senior Feminino

1	203	Ana Rocha Martins Faria Gonçalves	LMA/ALIVE Fitness Club	Senior Feminino	03:45:21		05:22
2	82	Natália Amoedo	Individual	Senior Feminino	04:08:26	+23:05	05:55
3	36	Fernanda Verde	Desnível Positivo	Senior Feminino	04:13:39	+28:18	06:02
4	84	Tita Luis	Individual	Senior Feminino	04:17:05	+31:44	06:07
5	78	Carla Oliveira	Individual	Senior Feminino	04:31:22	+46:01	06:28
6	7	Patrícia Leite	Amigos do Timóteo	Senior Feminino	04:44:00	+58:39	06:46

### Senior Masculino

1	98	Mihail Lalev	Sporting Clube de Braga	Senior Masculino	02:54:42		04:10
2	211	Diogo Fernandes	OFFtel Runners	Senior Masculino	02:57:20	+02:38	04:13
3	41	Nuno Silva	Desnível Positivo	Senior Masculino	03:02:02	+07:20	04:20
4	57	Jérôme Rodrigues	EDV Viana Trail	Senior Masculino	03:12:37	+17:55	04:35
5	86	Amândio Filipe Pires Antunes	Individual	Senior Masculino	03:17:33	+22:51	04:42
6	204	Telmo Sampaio Ferreira	LMA/ALIVE Fitness Club	Senior Masculino	03:18:06	+23:24	04:43
7	227	Nuno Miguel Fernandes	SOCIEDADE RECREIO CEPANENSE	Senior Masculino	03:18:29	+23:47	04:44
8	64	Luís Oliveira	G D os Ribeirinhos de Viseu	Senior Masculino	03:27:44	+33:02	04:57
9	37	Artur Costa	Desnível Positivo	Senior Masculino	03:28:47	+34:05	04:58
10	46	Vitor Penetra	Desnível Positivo	Senior Masculino	03:28:47	+34:05	04:58
11	87	André Sousa	Individual	Senior Masculino	03:36:19	+41:37	05:09
12	108	João Paulo Almeida Tavares	Individual	Senior Masculino	03:36:56	+42:14	05:10
13	125	Michael Leal e Sousa	Individual	Senior Masculino	03:41:22	+46:40	05:16
14	94	Carlos Ramos	Individual	Senior Masculino	03:44:15	+49:33	05:20
15	127	Nuno Miguel Oliveira da Silva	Individual	Senior Masculino	03:44:16	+49:34	05:20
16	30	Joaquim Freitas	grupo dramatico e recreativo da retorta	Senior Masculino	03:45:25	+50:43	05:22
17	130	Nuno Seabra	Individual	Senior Masculino	03:47:00	+52:18	05:24
18	126	Nick van der Velde	Individual	Senior Masculino	03:47:35	+52:53	05:25
19	107	Hugo Miguel Martins Sousa	Individual	Senior Masculino	03:47:54	+53:12	05:26
20	100	Francisco Jorge Pereira Rosa	Individual	Senior Masculino	03:51:21	+56:39	05:31
21	237	Hélio Carvalho	Triatlo caminha - ATC	Senior Masculino	03:51:30	+56:48	05:31
22	131	Paulo Machado	Individual	Senior Masculino	03:51:40	+56:58	05:31
23	216	Nélson José de Sousa	PAREDES AVENTURA	Senior Masculino	03:51:53	+57:11	05:31
24	240	Paulo Fonseca	Triatlo caminha - ATC	Senior Masculino	03:55:10	+01:00:28	05:36
25	239	Nuno Sousa	Triatlo caminha - ATC	Senior Masculino	04:00:51	+01:06:09	05:44
26	122	Marco Aurélio Cardoso Lopes	Individual	Senior Masculino	04:02:51	+01:08:09	05:47
27	26	Renato Martins	Clube Náutico de Ponte de Lima	Senior Masculino	04:02:52	+01:08:10	05:47
28	16	Hugo Duarte Teixeira	BRT	Senior Masculino	04:03:04	+01:08:22	05:47
29	93	Carlos Duarte	Individual	Senior Masculino	04:03:04	+01:08:22	05:47

Official Timekeeper: Lap2Go	1 / 5	generate 02-dez-2014 11:59
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**OFFICIAL RESULT**

30	136	Sérgio Amaro Bastos	Individual	Senior Masculino	04:03:13	+01:08:31	05:47
31	215	Manuel Quelhas	PAREDES AVENTURA	Senior Masculino	04:06:52	+01:12:10	05:53
32	201	Ricardo Nuno Bomtempo	Kangaroo Runners	Senior Masculino	04:06:52	+01:12:10	05:53
33	138	Sérgio Filipe Pereira Neves	Individual	Senior Masculino	04:08:12	+01:13:30	05:55
34	97	Diogo Almeida	Individual	Senior Masculino	04:08:27	+01:13:45	05:55
35	105	Hugo Manuel Megre Garcia Fernandes	Individual	Senior Masculino	04:08:52	+01:14:10	05:56
36	1069	Rui Manuel Alves Monteiro Araujo	Invictus	Senior Masculino	04:09:45	+01:15:03	05:57
37	43	Pedro Pinho	Desnível Positivo	Senior Masculino	04:14:06	+01:19:24	06:03
38	70	Nuno Seabra	Gam Team Trail	Senior Masculino	04:14:41	+01:19:59	06:04
39	232	Tiago Cadete	Tiago Cadete - Living	Senior Masculino	04:15:17	+01:20:35	06:05
40	28	Aureliano Valente	Clube Zupepr	Senior Masculino	04:20:27	+01:25:45	06:12
41	112	José António Barros Soares	Individual	Senior Masculino	04:22:03	+01:27:21	06:14
42	31	Nuno Ribeiro	Clube Zupepr	Senior Masculino	04:22:03	+01:27:21	06:14
43	238	Martin Amorim	Triatlo caminha - ATC	Senior Masculino	04:22:36	+01:27:54	06:15
44	15	Rui Filipe Lima Barbosa	Bracara Runners	Senior Masculino	04:23:32	+01:28:50	06:16
45	14	André Óscar dos Reis Peixoto	Bracara Runners	Senior Masculino	04:23:32	+01:28:50	06:16
46	104	Hugo Flávio Rebouço Marinho	Individual	Senior Masculino	04:25:42	+01:31:00	06:20
47	44	Ricardo taxa	Desnível Positivo	Senior Masculino	04:26:34	+01:31:52	06:21
48	116	José Moreira	Individual	Senior Masculino	04:27:28	+01:32:46	06:22
49	91	Bruno Neves	Individual	Senior Masculino	04:27:59	+01:33:17	06:23
50	110	JORGE AUGUSTO	Individual	Senior Masculino	04:28:31	+01:33:49	06:24
51	109	Joel Rodrigues	Individual	Senior Masculino	04:29:02	+01:34:20	06:24
52	133	Ricardo Filipe Figueiredo Ferreira	Individual	Senior Masculino	04:29:50	+01:35:08	06:25
53	113	José Carlos Gonçalves de Matos	Individual	Senior Masculino	04:29:50	+01:35:08	06:25
54	17	Ricardo Couto	Cabritos da Cortiça - TRAIL	Senior Masculino	04:32:33	+01:37:51	06:29
55	29	Hugo Moita	Clube Zupepr	Senior Masculino	04:34:05	+01:39:23	06:32
56	140	VICTOR F. DIAZ PAZ	Individual	Senior Masculino	04:34:33	+01:39:51	06:32
57	92	Carlos Azevedo	Individual	Senior Masculino	04:34:49	+01:40:07	06:33
58	123	Marco Dias	Individual	Senior Masculino	04:35:11	+01:40:29	06:33
59	88	Andrés Faraldo Vallés	Individual	Senior Masculino	04:36:41	+01:41:59	06:35
60	106	Hugo Miguel da Silva Pereira	Individual	Senior Masculino	04:41:14	+01:46:32	06:42
61	60	Celso Santos	Engomadoria L&A Team	Senior Masculino	04:43:02	+01:48:20	06:44
62	59	Angelo Cabral	Engomadoria L&A Team	Senior Masculino	04:43:02	+01:48:20	06:44
63	33	Hélder Ferreira	corremos para comer	Senior Masculino	04:43:02	+01:48:20	06:44
64	39	Filipe Rocha	Desnível Positivo	Senior Masculino	04:44:16	+01:49:34	06:46
65	118	Luis Filipe Gaspar	Individual	Senior Masculino	04:45:28	+01:50:46	06:48
66	115	José Lourenço	CLUBE DE ATLETISMO DE OVAR	Senior Masculino	04:46:55	+01:52:13	06:50
67	120	Márcio Pinho Quintas	CLUBE DE ATLETISMO DE OVAR	Senior Masculino	04:46:55	+01:52:13	06:50
68	103	FRANCISCO PACHECO	Individual	Senior Masculino	04:53:29	+01:58:47	06:59
69	13	Hugo Manuel G. P. Ferreira	BALA TEAM	Senior Masculino	04:57:54	+02:03:12	07:06
70	2	Luís Vale	4 Runners Team	Senior Masculino	04:58:07	+02:03:25	07:06
71	139	TIAGO MOREIRA	Individual	Senior Masculino	05:06:23	+02:11:41	07:18
72	132	pedro filipe leao cunha martins	Individual	Senior Masculino	05:17:13	+02:22:31	07:33
73	89	António Cruz	Individual	Senior Masculino	05:24:33	+02:29:51	07:44
74	61	Miguel Teixeira	Engomadoria L&A Team	Senior Masculino	05:31:33	+02:36:51	07:54
75	111	Jorge Francisco Pinto Fernandes	Individual	Senior Masculino	05:33:18	+02:38:36	07:56





**42K**

**42 KM**

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**OFFICIAL RESULT**

21	3	José Carlos Sousa	A.A. Lebres do Sado	Veterano M40	04:15:55	+46:12	06:06
22	66	JORGE PEREIRA	GAIA-RUNNING	Veterano M40	04:16:08	+46:25	06:06
23	72	rui gomes	GD OS RIBEIRINHOS	Veterano M40	04:18:46	+49:03	06:10
24	209	Antonio Magalhaes	NME-Núcleo de Montanha de Espinho	Veterano M40	04:21:31	+51:48	06:14
25	155	José Júlio Fernandes Vilaça	Individual	Veterano M40	04:22:20	+52:37	06:15
26	150	Fernando Pinheiro Mendes	Individual	Veterano M40	04:28:28	+58:45	06:24
27	163	Nuno Lima	Individual	Veterano M40	04:28:54	+59:11	06:24
28	158	manuel antonio barreiros matos	Individual	Veterano M40	04:32:10	+01:02:27	06:29
29	71	Isaac Manuel Pinheiro Silva Marques Costa	Gam Team Trail	Veterano M40	04:34:05	+01:04:22	06:32
30	217	Pedro Pratas	PAREDES AVENTURA	Veterano M40	04:39:51	+01:10:08	06:40
31	153	Hugo Costa	GONDOMAR FUTSAL CLUBE	Veterano M40	04:42:52	+01:13:09	06:44
32	63	Renato Viana	FALTA MUITO?	Veterano M40	04:42:53	+01:13:10	06:44
33	146	André Castro	Individual	Veterano M40	04:44:27	+01:14:44	06:46
34	149	Enrique Gutierrez Vazquez	Individual	Veterano M40	04:49:36	+01:19:53	06:54
35	48	Bruno Querido	Desnível Positivo	Veterano M40	04:51:21	+01:21:38	06:56
36	234	José Granja	Tiago Cadete - Living	Veterano M40	04:51:38	+01:21:55	06:57
37	159	Manuel González Novoa	Individual	Veterano M40	04:52:22	+01:22:39	06:58
38	144	Adelino Silva	Individual	Veterano M40	04:54:20	+01:24:37	07:00
39	219	Nuno Figueiras	Ponta Delgada	Veterano M40	04:55:17	+01:25:34	07:02
40	170	Rui António Alves Pinto	Individual	Veterano M40	04:58:17	+01:28:34	07:06
41	166	Paulo Sergio Matos da Silva	Individual	Veterano M40	05:06:22	+01:36:39	07:18
42	235	Raul Loureiro	Tiago Cadete - Living	Veterano M40	05:10:05	+01:40:22	07:23
43	218	Maurício Marques	Ponta Delgada	Veterano M40	05:12:38	+01:42:55	07:27
44	169	Renato Cardoso	Individual	Veterano M40	05:32:53	+02:03:10	07:56
45	229	Pedro Miguel Lopes	SS MONTEPIO	Veterano M40	05:33:05	+02:03:22	07:56
46	168	Pedro Pereira	Individual	Veterano M40	05:43:49	+02:14:06	08:11
47	50	João Mota	Desnível Positivo	Veterano M40	05:45:13	+02:15:30	08:13
48	151	Francisco Reis	Individual	Veterano M40	06:06:32	+02:36:49	08:44

## Veterano M45

1	75	Paulo Pinto	Herbalife	Veterano M45	03:10:03		04:32
2	222	Carlos Rocha	Porto Runners - Clube de Corrida	Veterano M45	03:24:02	+13:59	04:51
3	76	Paulo Reis	Herbalife	Veterano M45	03:39:53	+29:50	05:14
4	176	Humberto Lopes	Individual	Veterano M45	03:47:51	+37:48	05:25
5	214	José Fins	Os Braguinhas	Veterano M45	03:58:07	+48:04	05:40
6	182	Manuel Emidio Rocha	Individual	Veterano M45	03:59:47	+49:44	05:43
7	175	carlos pereira	Individual	Veterano M45	03:59:47	+49:44	05:43
8	183	Pedro Couto Viana	Individual	Veterano M45	03:59:48	+49:45	05:43
9	73	Vitor Dias	GDR RETORTA	Veterano M45	04:01:43	+51:40	05:45
10	173	Manuel Oliveira	Individual	Veterano M45	04:10:49	+01:00:46	05:58
11	226	Clemente Teixeira	Shots International Runners	Veterano M45	04:12:29	+01:02:26	06:01
12	179	José Manuel Fernandes Ferreira	Individual	Veterano M45	04:15:40	+01:05:37	06:05
13	174	António José Machado Loureiro	Individual	Veterano M45	04:20:32	+01:10:29	06:12
14	180	Luis Freitas	Individual	Veterano M45	04:26:22	+01:16:19	06:21

Official Timekeeper: Lap2Go	4 / 5	generate 02-dez-2014 11:59
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**21K**

**21 KM**

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REVISED

**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	09:15	11,8°C	78%
End	12:28	11,8°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2118	David Ferreira	individual	Senior Masculino	01:32:00		04:23
2	2067	Fábio Ladeiras	free runners	Senior Masculino	01:32:08	+00:08	04:23
3	2089	Rui Rodrigues	gips - gnr montanha	Senior Masculino	01:35:03	+03:03	04:32
4	2163	Nuno Pereira	individual	Senior Masculino	01:35:15	+03:15	04:32
5	2047	José Afonso Ferreira	clube portugal telecom zona norte	Veterano M40	01:35:25	+03:25	04:33
6	2041	João Botelho Teixeira	ciclistas cósmicos	Senior Masculino	01:35:26	+03:26	04:33
7	2282	Francisco Costa	rosário extreme	Veterano M50	01:35:38	+03:38	04:33
8	2034	Renato Silva	caldas de s. jorge	Veterano M45	01:35:41	+03:41	04:33
9	2266	FEDERICO LOSADA CONDE	mercarunning	Senior Masculino	01:35:52	+03:52	04:34
10	2200	Adriano Oliveira	individual	Veterano M40	01:37:19	+05:19	04:38
11	2128	Fernando Leite	individual	Senior Masculino	01:38:36	+06:36	04:42
12	2261	José Luís Silva de Campos	individual	Veterano M55	01:38:42	+06:42	04:42
13	2203	António Botelho Teixeira	individual	Veterano M40	01:39:57	+07:57	04:46
14	2217	joaquin dibuja barreiros	individual	Veterano M40	01:40:03	+08:03	04:46
15	2182	Simão Pereira	individual	Senior Masculino	01:40:06	+08:06	04:46
16	2135	Ivo Pereira	cf jesuitas	Senior Masculino	01:40:19	+08:19	04:47
17	2268	DAVID LOSADA CONDE	mercarunning	Veterano M40	01:40:27	+08:27	04:47
18	2116	Emanuel Dias Ferreira	individual	Senior Masculino	01:40:47	+08:47	04:48
19	2076	Paulo Silva	gaia-running	Veterano M40	01:40:49	+08:49	04:48
20	2153	Manuel Henrique Pereira Barbosa	individual	Senior Masculino	01:41:30	+09:30	04:50
21	2053	Paulo Santos Pinto	corrida e crochê	Senior Masculino	01:41:43	+09:43	04:51
22	2046	Ricardo Pinheiro	clube portugal telecom zona norte	Senior Masculino	01:42:03	+10:03	04:52
23	2246	Luis Junqueira	individual	Veterano M45	01:42:14	+10:14	04:52
24	2110	Bruno Miguel Godinho Pontes	individual	Senior Masculino	01:42:37	+10:37	04:53
25	2120	Diogo Lopes	individual	Senior Masculino	01:42:44	+10:44	04:54
26	2306	Vítor Silva	vimarunners	Senior Masculino	01:42:59	+10:59	04:54
27	2165	Pedro Costa	individual	Senior Masculino	01:43:17	+11:17	04:55
28	2045	Jorge Amorim	clube náutico de ponte de lima	Sub 23 Masculino	01:43:43	+11:43	04:56
29	2033	Ricardo Manuel dos Santos Coutinho Barreiro	cac - clube de atletismo de cunha	Sub 23 Masculino	01:43:49	+11:49	04:57
30	2242	Jacinto Silva Ribeiro	individual	Veterano M45	01:43:50	+11:50	04:57
31	2175	Rui Fernandes	individual	Senior Masculino	01:44:27	+12:27	04:58
32	2109	Bruno Miguel Dias da Costa	individual	Senior Masculino	01:44:36	+12:36	04:59
33	2212	Francisco Teotónio	individual	Veterano M40	01:45:00	+13:00	05:00
34	2081	CARLOS PINTO	gaia-running	Veterano M50	01:45:02	+13:02	05:00
35	2124	EDUARDO MENDEZ VAZQUEZ	individual	Senior Masculino	01:45:25	+13:25	05:01
36	2271	João Narciso Azevedo Gonçalves	ns ultras	Senior Masculino	01:45:39	+13:39	05:02
37	2245	Lieven Verraest	individual	Veterano M45	01:45:52	+13:52	05:02
38	2178	Rui Neves	individual	Senior Masculino	01:46:09	+14:09	05:03
39	2155	Marcos Filipe Mendes	individual	Senior Masculino	01:46:13	+14:13	05:03
40	2161	Nuno Carvalho Rodrigues	individual	Senior Masculino	01:46:14	+14:14	05:04
41	2202	Anselmo Pinto	individual	Veterano M40	01:46:17	+14:17	05:04

**21K**

**21 KM**

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**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	2254	António Avelino Paiva Dias Pereira	individual	Veterano M50	01:46:29	+14:29	05:04
43	2035	Marcelo Silva	carapaus de corrida	Veterano M40	01:46:52	+14:52	05:05
44	2101	Paula Lage	individual	Senior Feminino	01:46:52	+14:52	05:05
45	2236	Rui Manuel Oliveira Laranjeiro	individual	Veterano M40	01:47:33	+15:33	05:07
46	2011	Jorge Alberto Lopes Sousa	amigos da montanha	Veterano M40	01:48:05	+16:05	05:09
47	2248	Manuel Oliveira	individual	Veterano M45	01:48:10	+16:10	05:09
48	2063	Alexandro Ribeiro	edv viana trail	Senior Masculino	01:48:15	+16:15	05:09
49	2012	Manuel Carlos Oliveira Ferreira	amigos da montanha	Veterano M50	01:48:44	+16:44	05:11
50	2288	Rita Chaves Rebelo	terrores do asfalto	Senior Feminino	01:48:47	+16:47	05:11
51	2192	Ricardo Filipe Rodrigues Lírio	individual	Sub 23 Masculino	01:48:47	+16:47	05:11
52	2301	Pedro Pimentel	tugas na estrada	Senior Masculino	01:48:49	+16:49	05:11
53	2193	Rui Carvalho	individual	Sub 23 Masculino	01:49:19	+17:19	05:12
54	2150	Luis Miguel Moreira Mendes	individual	Senior Masculino	01:50:17	+18:17	05:15
55	2008	RUI PEREIRA	afrikanrunners	Senior Masculino	01:50:30	+18:30	05:16
56	2134	Hugo Tomás	individual	Senior Masculino	01:50:46	+18:46	05:16
57	2174	ruben rodriguez losada	individual	Senior Masculino	01:50:57	+18:57	05:17
58	2297	Luís Miguel A. G. Moreira Santos	trailistas "eu é que sei" 1	Veterano M40	01:50:57	+18:57	05:17
59	2019	Luís Filipe Ribeiro	bikeseven	Senior Masculino	01:51:03	+19:03	05:17
60	2269	CASTOR TOMBO CANTARILLA	mercarunning	Veterano M45	01:51:11	+19:11	05:18
61	2009	SÉRGIO RUSSO	afrikanrunners	Senior Masculino	01:51:37	+19:37	05:19
62	2228	Mário Rui Branco Simões	individual	Veterano M40	01:51:39	+19:39	05:19
63	2064	Arlindo Alves Rodrigues	edv viana trail	Senior Masculino	01:52:11	+20:11	05:21
64	2018	Francisco José Partão Nóvoa	bikeseven	Senior Masculino	01:52:31	+20:31	05:21
65	2168	Pedro Filipe Dias Alves	individual	Senior Masculino	01:52:43	+20:43	05:22
66	2211	Fernando Gomes	individual	Veterano M40	01:53:15	+21:15	05:24
67	2305	Bruno Fernandes	vimarunners	Senior Masculino	01:53:55	+21:55	05:25
68	2188	José Miguel Rodrigues Gouveia	individual	Sub 23 Masculino	01:53:55	+21:55	05:25
69	2208	eugenio cunha	individual	Veterano M40	01:54:10	+22:10	05:26
70	2283	Richard Azevedo	runforrestrun	Senior Masculino	01:54:47	+22:47	05:28
71	2013	Jorge Anjos	asphalt assault team	Veterano M40	01:54:49	+22:49	05:28
72	2024	Luis Miguel Braga	bragazelas	Senior Masculino	01:54:56	+22:56	05:28
73	2160	miguel pereira	individual	Senior Masculino	01:55:01	+23:01	05:29
74	2216	Joaquim Alcides Morgado Vaz	individual	Veterano M40	01:55:01	+23:01	05:29
75	2039	Rui Matos	cf jesuitas	Veterano M40	01:55:03	+23:03	05:29
76	2277	Hugo Miguel da Costa Freixo	rosário extreme	Senior Masculino	01:55:04	+23:04	05:29
77	2179	Samuel Pires de Oliveira	individual	Senior Masculino	01:55:04	+23:04	05:29
78	2107	André Pessoa Dias	individual	Senior Masculino	01:55:04	+23:04	05:29
79	2113	César Almeida	individual	Senior Masculino	01:55:05	+23:05	05:29
80	2169	Pedro Monteiro	individual	Senior Masculino	01:55:06	+23:06	05:29
81	2267	CESAR GONZÁLEZ SEARA	mercarunning	Veterano M40	01:55:10	+23:10	05:29
82	2119	Diogo de Oliveira Machado	individual	Senior Masculino	01:55:47	+23:47	05:31
83	2002	Pedro Ferreira	academia fernanda ribeiro	Senior Masculino	01:56:03	+24:03	05:32
84	2302	Ricardo Silva	tugas na estrada	Veterano M40	01:56:04	+24:04	05:32
85	2043	Roberto Carlos Silva Teixeira	clube náutico de ponte de lima	Senior Masculino	01:56:29	+24:29	05:33
86	2251	Nuno Rodrigues	individual	Veterano M45	01:56:38	+24:38	05:33
87	2070	nuno almeida	gaia-running	Senior Masculino	01:56:39	+24:39	05:33

**21K**

**21 KM**

**OFFICIAL RESULT**

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	2166	Pedro Digio	individual	Senior Masculino	01:56:39	+24:39	05:33
89	2201	Américo Manuel Graça Gomes	individual	Veterano M40	01:56:41	+24:41	05:33
90	2106	Americo Areias	individual	Senior Masculino	01:56:44	+24:44	05:34
91	2292	César Conceição	todoscoxos	Senior Masculino	01:56:54	+24:54	05:34
92	2294	Adelindina Lopes	todoscoxos	Veterana F40	01:56:54	+24:54	05:34
93	2146	José Manuel Cruz Santos	individual	Senior Masculino	01:57:01	+25:01	05:34
94	2032	Tiago Dinis Faria de Sousa	cac - clube de atletismo de cunha	Senior Masculino	01:57:11	+25:11	05:35
95	2040	Joaquim Nunes	cf jesuitas	Veterano M50	01:57:25	+25:25	05:35
96	2172	Ricardo Filipe Vilela Peixoto	individual	Senior Masculino	01:57:41	+25:41	05:36
97	2258	Artur Carvalho	individual	Veterano M55	01:57:41	+25:41	05:36
98	2117	David Camelo	individual	Senior Masculino	01:57:42	+25:42	05:36
99	2078	FRANCISCO FREITAS	gaia-running	Veterano M45	01:57:50	+25:50	05:37
100	2077	VÍTOR FERNANDES	gaia-running	Veterano M40	01:57:51	+25:51	05:37
101	2144	Jorge Moreira	individual	Senior Masculino	01:57:56	+25:56	05:37
102	2088	Nuno guerreiro	gips - gnr montanha	Senior Masculino	01:57:57	+25:57	05:37
103	2051	Paulo Silva	clube zupepr	Senior Masculino	01:58:02	+26:02	05:37
104	2001	Carlos Carreira	academia fernanda ribeiro	Senior Masculino	01:58:06	+26:06	05:37
105	2164	Paulo Sérgio Silva Santos	individual	Senior Masculino	01:58:12	+26:12	05:38
106	2137	João Emanuel Gonçalves dos Santos	individual	Senior Masculino	01:58:21	+26:21	05:38
107	2042	Adão Amorim Vaz	clube náutico de ponte de lima	Senior Masculino	01:58:31	+26:31	05:39
108	2121	Diogo Martins pires	individual	Senior Masculino	01:58:40	+26:40	05:39
109	2298	Avelino Faria	trailistas "eu é que sei" 2	Veterano M45	01:58:45	+26:45	05:39
110	2131	Guilherme Ferraz	individual	Senior Masculino	01:58:59	+26:59	05:40
111	2185	Tiago Emanuel Peixoto Martins	individual	Senior Masculino	01:59:00	+27:00	05:40
112	2187	Bruno Filipe Ribeiro Ferreira	individual	Sub 23 Masculino	01:59:01	+27:01	05:40
113	2139	João Nuno Barbosa Moreira	individual	Senior Masculino	01:59:15	+27:15	05:41
114	2186	Bruno Filipe Martins Fernandes	individual	Sub 23 Masculino	01:59:22	+27:22	05:41
115	49	Isaque Lucena	desnível positivo	Veterano M40	01:59:23	+27:23	05:41
116	2138	João Marques	individual	Senior Masculino	01:59:26	+27:26	05:41
117	2115	Daniel Filipe Pereira Lacerda	individual	Senior Masculino	01:59:36	+27:36	05:42
118	2214	Joao Carlos Cruz Monteiro	individual	Veterano M40	01:59:43	+27:43	05:42
119	2126	Eduardo Teles	individual	Senior Masculino	01:59:45	+27:45	05:42
120	2209	Felipe Iglesias Mira	individual	Veterano M40	01:59:54	+27:54	05:43
121	2162	Nuno Miguel Ferreira Martins Carneiro	individual	Senior Masculino	02:00:03	+28:03	05:43
122	2112	carlos miguel moço	individual	Senior Masculino	02:00:05	+28:05	05:43
123	2098	Isabel Maria Amorim Dias Soro	individual	Senior Feminino	02:00:05	+28:05	05:43
124	2223	José Rui Maia	individual	Veterano M40	02:00:08	+28:08	05:43
125	2244	JOSE PORTO	individual	Veterano M45	02:00:13	+28:13	05:43
126	2226	Marco Teles	individual	Veterano M40	02:00:15	+28:15	05:44
127	2049	João Carolo	clube zupepr	Senior Masculino	02:00:35	+28:35	05:45
128	2304	José Loureiro	turbulentos	Veterano M45	02:01:10	+29:10	05:46
129	2060	Margarida Magalhães	desnível positivo	Veterana F45	02:01:36	+29:36	05:47
130	2289	João Filipe Ribeiro Vieira	thunderrunners	Senior Masculino	02:01:50	+29:50	05:48
131	2091	Armanda Barroso	individual	Senior Feminino	02:02:17	+30:17	05:49
132	2114	Clemente Pinto	individual	Senior Masculino	02:02:18	+30:18	05:49

21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	2190	Pedro Filipe Sousa Silva	individual	Sub 23 Masculino	02:02:56	+30:56	05:51
134	2061	Camilo Neto	desnível positivo	Veterano M45	02:03:17	+31:17	05:52
135	2257	JORGE LOURO	individual	Veterano M50	02:03:17	+31:17	05:52
136	2204	CARLOS JORGE de OLIVEIRA	individual	Veterano M40	02:03:40	+31:40	05:53
137	2300	Patrícia Rodrigues	tugas na estrada	Senior Feminino	02:03:43	+31:43	05:53
138	2123	Edgar Queirós	individual	Senior Masculino	02:03:46	+31:46	05:54
139	2132	Hugo Filipe Vieira Moura	individual	Senior Masculino	02:03:46	+31:46	05:54
140	2073	CÉSAR TEIXEIRA	gaia-running	Veterano M40	02:03:55	+31:55	05:54
141	2235	Pedro Joel Escalhao Teixeira	individual	Veterano M40	02:03:58	+31:58	05:54
142	2095	Eduarda Pires Campos	individual	Senior Feminino	02:04:01	+32:01	05:54
143	2100	Mariana Figueiredo Delgado	individual	Senior Feminino	02:04:14	+32:14	05:55
144	2177	Rui Jorge Pereira Marinho Ribeiro	individual	Senior Masculino	02:04:33	+32:33	05:56
145	2259	Joaquim Pereira Silva	individual	Veterano M55	02:04:34	+32:34	05:56
146	2036	Cláudio Rodrigues	carapaus de corrida	Veterano M45	02:04:34	+32:34	05:56
147	2206	Cristiano Santos	individual	Veterano M40	02:04:35	+32:35	05:56
148	2140	João pedro Baptista Salvaterra	individual	Senior Masculino	02:04:44	+32:44	05:56
149	2189	Luis Miguel Machado Rodrigues	individual	Sub 23 Masculino	02:04:44	+32:44	05:56
150	2224	Luis Miguel Silva	individual	Veterano M40	02:04:59	+32:59	05:57
151	2003	EMANUEL MARTINS	afrikanrunners	Senior Masculino	02:05:14	+33:14	05:58
152	2007	RICARDO FERNANDES	afrikanrunners	Senior Masculino	02:05:14	+33:14	05:58
153	2280	José Maria Leal	rosário extreme	Veterano M40	02:05:28	+33:28	05:58
154	2066	Mário Cristiano Ferreira Santiago	ffit gaia trail	Senior Masculino	02:05:33	+33:33	05:59
155	2275	Ana coelho	r&a.runnig	Senior Feminino	02:05:45	+33:45	05:59
156	2276	Rui rodrigues	r&a.runnig	Senior Masculino	02:05:45	+33:45	05:59
157	2253	Sérgio Correia Fernandes	individual	Veterano M45	02:05:52	+33:52	06:00
158	2103	Alberto Quintiaes	individual	Senior Masculino	02:06:32	+34:32	06:02
159	2159	Miguel Filipe Gonçalves de Carvalho Soares	individual	Senior Masculino	02:06:35	+34:35	06:02
160	2225	Marco Paulo Da Silva dias	individual	Veterano M40	02:06:50	+34:50	06:02
161	2079	J. EDUARDO TEIXEIRA	gaia-running	Veterano M45	02:07:03	+35:03	06:03
162	2194	CARLA MARIA DE SOUSA GONÇALVES	individual	Veterana F40	02:07:07	+35:07	06:03
163	2181	Sérgio Pereira	individual	Senior Masculino	02:07:25	+35:25	06:04
164	2195	Orlinda Rego	individual	Veterana F40	02:07:44	+35:44	06:05
165	2005	MARCO NOÉ	afrikanrunners	Senior Masculino	02:07:59	+35:59	06:06
166	2158	miguel cruz	individual	Senior Masculino	02:08:00	+36:00	06:06
167	2038	Ivo Alexandre Mendes de Oliveira Silva	individual	Senior Masculino	02:08:01	+36:01	06:06
168	2167	Pedro Dourado	individual	Senior Masculino	02:08:40	+36:40	06:08
169	2147	jose manuel ferreira dos santos	individual	Senior Masculino	02:08:48	+36:48	06:08
170	2240	Coelhos Texteis,lda	individual	Veterano M45	02:09:02	+37:02	06:09
171	2125	Eduardo soares	individual	Senior Masculino	02:09:28	+37:28	06:10
172	2241	Fernando Martins Gonçalves	individual	Veterano M45	02:09:31	+37:31	06:10
173	2295	Avelino Oliveira	todoscoxos	Veterano M45	02:09:33	+37:33	06:10
174	2143	Jorge Gaspar Cunha Fernandes	individual	Senior Masculino	02:09:34	+37:34	06:10
175	2156	Mário Rui Afonso Braga	individual	Senior Masculino	02:09:34	+37:34	06:10
176	2220	josé alberto mendes	individual	Veterano M40	02:10:04	+38:04	06:12

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**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	2230	Nuno Filipe Pinho Galvão Fernandes Rodrigues	individual	Veterano M40	02:10:41	+38:41	06:13
178	2218	Jorge Coelho	individual	Veterano M40	02:10:59	+38:59	06:14
179	2219	Jorge Silva	individual	Veterano M40	02:11:53	+39:53	06:17
180	2083	FERNANDO VIEIRA	gaia-running	Veterano M55	02:12:28	+40:28	06:18
181	2071	ELISABETE REPAS	gaia-running	Veterana F45	02:12:31	+40:31	06:19
182	2221	José dos Santos Gomes	individual	Veterano M40	02:13:06	+41:06	06:20
183	2262	Álvaro Oliveira	individual	Veterano M60	02:13:10	+41:10	06:20
184	2287	Isabel Henriques	terrores do asfalto	Senior Feminino	02:13:10	+41:10	06:20
185	2080	José Rodrigues	gaia-running	Veterano M45	02:13:24	+41:24	06:21
186	2227	Mário J. Ferreira	individual	Veterano M40	02:13:40	+41:40	06:22
187	2303	Jorge M. R. Gonçalves	tugas na estrada	Veterano M55	02:14:14	+42:14	06:24
188	2247	Luis Loureiro	individual	Veterano M45	02:14:16	+42:16	06:24
189	2231	Paulo César Patrício Oliveira	individual	Veterano M40	02:14:24	+42:24	06:24
190	2021	Marta Valentina Gonçalves	bragazelas	Senior Feminino	02:14:40	+42:40	06:25
191	2093	Cristina da Silva Magalhães	individual	Senior Feminino	02:14:44	+42:44	06:25
192	2151	Luis Paulo da Silva Magalhães	individual	Senior Masculino	02:15:18	+43:18	06:27
193	2130	Filipe Pereira Ramalho	individual	Senior Masculino	02:15:18	+43:18	06:27
194	2028	Helder Miguel Alves Magalhães	brigada das minis e sapatilhas	Senior Masculino	02:15:48	+43:48	06:28
195	2239	António Filipe Colaço de Matos	individual	Veterano M45	02:16:13	+44:13	06:29
196	2243	João Soares	individual	Veterano M45	02:16:21	+44:21	06:30
197	2014	Serafim Coutinho	asphalt assault team	Veterano M55	02:16:28	+44:28	06:30
198	2074	JOSÉ LOPES	gaia-running	Veterano M40	02:16:38	+44:38	06:30
199	2054	Carla Monteiro	desnível positivo	Senior Feminino	02:16:45	+44:45	06:31
200	2082	HELDER OLIVEIRA	gaia-running	Veterano M50	02:16:46	+44:46	06:31
201	2249	Manuel Santos Silva	individual	Veterano M45	02:16:46	+44:46	06:31
202	2026	Claudio Manuel Pinto da Silva	brigada das minis e sapatilhas	Senior Masculino	02:17:08	+45:08	06:32
203	2029	Pedro Alberto Henriques Portilha	brigada das minis e sapatilhas	Senior Masculino	02:17:19	+45:19	06:32
204	2094	Daniela Mota Machado	individual	Senior Feminino	02:17:34	+45:34	06:33
205	2004	GUILHERME LIMA	afrikanrunners	Senior Masculino	02:18:29	+46:29	06:36
206	2006	MARCO RUSSO	afrikanrunners	Senior Masculino	02:18:29	+46:29	06:36
207	2010	JOEL GUIMARÃES	afrikanrunners	Veterano M40	02:18:29	+46:29	06:36
208	2232	Paulo Vilarinho	individual	Veterano M40	02:18:30	+46:30	06:36
209	2031	Raul Cerdeira	cabritos da cortiça - trail	Veterano M40	02:19:03	+47:03	06:37
210	2291	Maria Albertina Sá	todoscoxos	Senior Feminino	02:19:15	+47:15	06:38
211	2050	João Ramos	clube zupepr	Senior Masculino	02:19:16	+47:16	06:38
212	2222	José Henrique Moutinho Pereira de Barros	individual	Veterano M40	02:19:19	+47:19	06:38
213	2023	João Paulo Gonçalves	bragazelas	Senior Masculino	02:19:19	+47:19	06:38
214	2270	Ana Cláudia Lobo Sereno	ns ultras	Senior Feminino	02:19:22	+47:22	06:38
215	2265	Ricardo Nuno Fialho Mendes	maratonices	Senior Masculino	02:19:45	+47:45	06:39
216	2184	Tiago Almeida	individual	Senior Masculino	02:20:01	+48:01	06:40
217	2250	Nelson Ramos	individual	Veterano M45	02:20:01	+48:01	06:40
218	2154	Marcelo Dinis Sousa	individual	Senior Masculino	02:20:22	+48:22	06:41
219	2122	DUARTE BRUNO CASTRO CORREIA	individual	Senior Masculino	02:20:24	+48:24	06:41
220	2058	Célia Sampaio	desnível positivo	Veterana F40	02:20:30	+48:30	06:41

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**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	2263	jose moura souza	individual	Veterano M60	02:20:31	+48:31	06:41
222	2016	Jorge Azevedo	befitness	Senior Masculino	02:21:01	+49:01	06:43
223	2056	Patrícia Amorim	desnível positivo	Senior Feminino	02:21:02	+49:02	06:43
224	2017	Rui Viana	befitness	Senior Masculino	02:21:02	+49:02	06:43
225	2196	Paula Cristina Barbosa Sousa de Oliveira Peixoto	individual	Veterana F40	02:23:05	+51:05	06:49
226	2183	Tiago Aleixo Sousa Soares	individual	Senior Masculino	02:23:09	+51:09	06:49
227	2229	Miguel Pacheco	individual	Veterano M40	02:23:09	+51:09	06:49
228	2197	Séverine Boiteau	individual	Veterana F40	02:26:25	+54:25	06:58
229	2065	Vitor Manuel Dias Gonçalves	edv viana trail	Senior Masculino	02:27:29	+55:29	07:01
230	2096	Elisabete Maria S. Coelho Alves	individual	Senior Feminino	02:27:29	+55:29	07:01
231	2052	Elisabeta Golçalves	clube zupepr	Veterana F45	02:27:39	+55:39	07:02
232	2072	LURDES DUARTE	gaia-running	Veterana F45	02:27:39	+55:39	07:02
233	2205	Carlos Jorge Soares	individual	Veterano M40	02:27:39	+55:39	07:02
234	2176	Rui Guimarães	individual	Senior Masculino	02:27:40	+55:40	07:02
235	2099	Juliana Maria Gomes	individual	Senior Feminino	02:32:21	+01:00:21	07:15
236	2108	António Pinheiro	individual	Senior Masculino	02:33:55	+01:01:55	07:20
237	2085	Vitor Amadeu Barroso Portela	gasolina sem chumbo	Veterano M45	02:35:44	+01:03:44	07:25
238	2136	Javier Gonzalez Moldes	individual	Senior Masculino	02:36:24	+01:04:24	07:27
239	2255	Basilio Amaral Correia	individual	Veterano M50	02:36:24	+01:04:24	07:27
240	2127	Fernando José Vaz Marinho	individual	Senior Masculino	02:37:49	+01:05:49	07:31
241	2048	Daniela Barbosa	clube zupepr	Senior Feminino	02:38:44	+01:06:44	07:34
242	2256	Custodio Freitas	individual	Veterano M50	02:39:05	+01:07:05	07:35
243	2207	Daniel Gonçalves Gomes	individual	Veterano M40	02:55:11	+01:23:11	08:21
244	2290	Francisco Melo	tiago cadete - living	Senior Masculino	03:11:39	+01:39:39	09:08

**Obs**

BIB	NOTE	NAME	TEAM	CAT
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**21K**

**21 KM**

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**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	09:15	11,8°C	78%
End	12:28	11,8°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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## Senior Feminino

1	2101	Paula Lage	Individual	Senior Feminino	01:46:52		05:05
2	2288	Rita Chaves Rebelo	Terrores do Asfalto	Senior Feminino	01:48:47	+01:55	05:11
3	2098	Isabel Maria Amorim Dias Soro	Individual	Senior Feminino	02:00:05	+13:13	05:43
4	2091	Armanda Barroso	Individual	Senior Feminino	02:02:17	+15:25	05:49
5	2300	Patrícia Rodrigues	TUGAS NA ESTRADA	Senior Feminino	02:03:43	+16:51	05:53
6	2095	Eduarda Pires Campos	Individual	Senior Feminino	02:04:01	+17:09	05:54
7	2100	Mariana Figueiredo Delgado	Individual	Senior Feminino	02:04:14	+17:22	05:55
8	2275	Ana coelho	R&A.runnig	Senior Feminino	02:05:45	+18:53	05:59
9	2287	Isabel Henriques	Terrores do Asfalto	Senior Feminino	02:13:10	+26:18	06:20
10	2021	Marta Valentina Gonçalves	Bragazelas	Senior Feminino	02:14:40	+27:48	06:25
11	2093	Cristina da Silva Magalhães	Individual	Senior Feminino	02:14:44	+27:52	06:25
12	2054	Carla Monteiro	Desnível Positivo	Senior Feminino	02:16:45	+29:53	06:31
13	2094	Daniela Mota Machado	Individual	Senior Feminino	02:17:34	+30:42	06:33
14	2291	Maria Albertina Sá	Todoscoxos	Senior Feminino	02:19:15	+32:23	06:38
15	2270	Ana Cláudia Lobo Sereno	NS Ultras	Senior Feminino	02:19:22	+32:30	06:38
16	2056	Patrícia Amorim	Desnível Positivo	Senior Feminino	02:21:02	+34:10	06:43
17	2096	Elisabete Maria S. Coelho Alves	Individual	Senior Feminino	02:27:29	+40:37	07:01
18	2099	Juliana Maria Gomes	Individual	Senior Feminino	02:32:21	+45:29	07:15
19	2048	Daniela Barbosa	Clube Zupepr	Senior Feminino	02:38:44	+51:52	07:34

## Senior Masculino

1	2118	David Ferreira	Individual	Senior Masculino	01:32:00		04:23
2	2067	Fábio Ladeiras	Free Runners	Senior Masculino	01:32:08	+00:08	04:23
3	2089	Rui Rodrigues	GIPS - GNR Montanha	Senior Masculino	01:35:03	+03:03	04:32
4	2163	Nuno Pereira	Individual	Senior Masculino	01:35:15	+03:15	04:32
5	2041	João Botelho Teixeira	CICLISTAS CÔSMICOS	Senior Masculino	01:35:26	+03:26	04:33
6	2266	FEDERICO LOSADA CONDE	MERCARUNNING	Senior Masculino	01:35:52	+03:52	04:34
7	2128	Fernando Leite	Individual	Senior Masculino	01:38:36	+06:36	04:42
8	2182	Simão Pereira	Individual	Senior Masculino	01:40:06	+08:06	04:46
9	2135	Ivo Pereira	CF JESUITAS	Senior Masculino	01:40:19	+08:19	04:47
10	2116	Emanuel Dias Ferreira	Individual	Senior Masculino	01:40:47	+08:47	04:48
11	2153	Manuel Henrique Pereira Barbosa	Individual	Senior Masculino	01:41:30	+09:30	04:50
12	2053	Paulo Santos Pinto	Corrida e Crochê	Senior Masculino	01:41:43	+09:43	04:51
13	2046	Ricardo Pinheiro	Clube Portugal Telecom Zona Norte	Senior Masculino	01:42:03	+10:03	04:52
14	2110	Bruno Miguel Godinho Pontes	Individual	Senior Masculino	01:42:37	+10:37	04:53
15	2120	Diogo Lopes	Individual	Senior Masculino	01:42:44	+10:44	04:54
16	2306	Vítor Silva	vimarunners	Senior Masculino	01:42:59	+10:59	04:54

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OFFICIAL RESULT

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17	2165	Pedro Costa	Individual	Senior Masculino	01:43:17	+11:17	04:55
18	2175	Rui Fernandes	Individual	Senior Masculino	01:44:27	+12:27	04:58
19	2109	Bruno Miguel Dias da Costa	Individual	Senior Masculino	01:44:36	+12:36	04:59
20	2124	EDUARDO MENDEZ VAZQUEZ	Individual	Senior Masculino	01:45:25	+13:25	05:01
21	2271	João Narciso Azevedo Gonçalves	NS Ultras	Senior Masculino	01:45:39	+13:39	05:02
22	2178	Rui Neves	Individual	Senior Masculino	01:46:09	+14:09	05:03
23	2155	Marcos Filipe Mendes	Individual	Senior Masculino	01:46:13	+14:13	05:03
24	2161	Nuno Carvalho Rodrigues	Individual	Senior Masculino	01:46:14	+14:14	05:04
25	2063	Alexandro Ribeiro	EDV Viana Trail	Senior Masculino	01:48:15	+16:15	05:09
26	2301	Pedro Pimentel	TUGAS NA ESTRADA	Senior Masculino	01:48:49	+16:49	05:11
27	2150	Luis Miguel Moreira Mendes	Individual	Senior Masculino	01:50:17	+18:17	05:15
28	2008	RUI PEREIRA	AfrikanRunners	Senior Masculino	01:50:30	+18:30	05:16
29	2134	Hugo Tomás	Individual	Senior Masculino	01:50:46	+18:46	05:16
30	2174	ruben rodriguez losada	Individual	Senior Masculino	01:50:57	+18:57	05:17
31	2019	Luís Filipe Ribeiro	Bikeseven	Senior Masculino	01:51:03	+19:03	05:17
32	2009	SÉRGIO RUSSO	AfrikanRunners	Senior Masculino	01:51:37	+19:37	05:19
33	2064	Arlindo Alves Rodrigues	EDV Viana Trail	Senior Masculino	01:52:11	+20:11	05:21
34	2018	Francisco José Partão Nóvoa	Bikeseven	Senior Masculino	01:52:31	+20:31	05:21
35	2168	Pedro Filipe Dias Alves	Individual	Senior Masculino	01:52:43	+20:43	05:22
36	2305	Bruno Fernandes	vimarunners	Senior Masculino	01:53:55	+21:55	05:25
37	2283	Richard Azevedo	runforrestrun	Senior Masculino	01:54:47	+22:47	05:28
38	2024	Luis Miguel Braga	Bragazelas	Senior Masculino	01:54:56	+22:56	05:28
39	2160	miguel pereira	Individual	Senior Masculino	01:55:01	+23:01	05:29
40	2277	Hugo Miguel da Costa Freixo	ROSÁRIO EXTREME	Senior Masculino	01:55:04	+23:04	05:29
41	2179	Samuel Pires de Oliveira	Individual	Senior Masculino	01:55:04	+23:04	05:29
42	2107	André Pessoa Dias	Individual	Senior Masculino	01:55:04	+23:04	05:29
43	2113	César Almeida	Individual	Senior Masculino	01:55:05	+23:05	05:29
44	2169	Pedro Monteiro	Individual	Senior Masculino	01:55:06	+23:06	05:29
45	2119	Diogo de Oliveira Machado	Individual	Senior Masculino	01:55:47	+23:47	05:31
46	2002	Pedro Ferreira	ACADEMIA FERNANDA RIBEIRO	Senior Masculino	01:56:03	+24:03	05:32
47	2043	Roberto Carlos Silva Teixeira	Clube Náutico de Ponte de Lima	Senior Masculino	01:56:29	+24:29	05:33
48	2070	nuno almeida	GAIA-RUNNING	Senior Masculino	01:56:39	+24:39	05:33
49	2166	Pedro Digio	Individual	Senior Masculino	01:56:39	+24:39	05:33
50	2106	Americo Areias	Individual	Senior Masculino	01:56:44	+24:44	05:34
51	2292	César Conceição	Todoscoxos	Senior Masculino	01:56:54	+24:54	05:34
52	2146	José Manuel Cruz Santos	Individual	Senior Masculino	01:57:01	+25:01	05:34
53	2032	Tiago Dinis Faria de Sousa	CAC - Clube de Atletismo de Cunha	Senior Masculino	01:57:11	+25:11	05:35
54	2172	Ricardo Filipe Vilela Peixoto	Individual	Senior Masculino	01:57:41	+25:41	05:36
55	2117	David Camelo	Individual	Senior Masculino	01:57:42	+25:42	05:36
56	2144	Jorge Moreira	Individual	Senior Masculino	01:57:56	+25:56	05:37
57	2088	Nuno guerreiro	GIPS - GNR Montanha	Senior Masculino	01:57:57	+25:57	05:37
58	2051	Paulo Silva	Clube Zupepr	Senior Masculino	01:58:02	+26:02	05:37
59	2001	Carlos Carreira	ACADEMIA FERNANDA RIBEIRO	Senior Masculino	01:58:06	+26:06	05:37
60	2164	Paulo Sérgio Silva Santos	Individual	Senior Masculino	01:58:12	+26:12	05:38
61	2137	João Emanuel Gonçalves dos Santos	Individual	Senior Masculino	01:58:21	+26:21	05:38
62	2042	Adão Amorim Vaz	Clube Náutico de Ponte de Lima	Senior Masculino	01:58:31	+26:31	05:39

Official Timekeeper: Lap2Go	2 / 7	generate 02-dez-2014 11:59
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21 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

63	2121	Diogo Martins pires	Individual	Senior Masculino	01:58:40	+26:40	05:39
64	2131	Guilherme Ferraz	Individual	Senior Masculino	01:58:59	+26:59	05:40
65	2185	Tiago Emanuel Peixoto Martins	Individual	Senior Masculino	01:59:00	+27:00	05:40
66	2139	João Nuno Barbosa Moreira	Individual	Senior Masculino	01:59:15	+27:15	05:41
67	2138	João Marques	Individual	Senior Masculino	01:59:26	+27:26	05:41
68	2115	Daniel Filipe Pereira Lacerda	Individual	Senior Masculino	01:59:36	+27:36	05:42
69	2126	Eduardo Teles	Individual	Senior Masculino	01:59:45	+27:45	05:42
70	2162	Nuno Miguel Ferreira Martins Carneiro	Individual	Senior Masculino	02:00:03	+28:03	05:43
71	2112	carlos miguel moço	Individual	Senior Masculino	02:00:05	+28:05	05:43
72	2049	João Carolo	Clube Zupepr	Senior Masculino	02:00:35	+28:35	05:45
73	2289	João Filipe Ribeiro Vieira	ThunderRunners	Senior Masculino	02:01:50	+29:50	05:48
74	2114	Clemente Pinto	Individual	Senior Masculino	02:02:18	+30:18	05:49
75	2123	Edgar Queirós	Individual	Senior Masculino	02:03:46	+31:46	05:54
76	2132	Hugo Filipe Vieira Moura	Individual	Senior Masculino	02:03:46	+31:46	05:54
77	2177	Rui Jorge Pereira Marinho Ribeiro	Individual	Senior Masculino	02:04:33	+32:33	05:56
78	2140	João pedro Baptista Salvaterra	Individual	Senior Masculino	02:04:44	+32:44	05:56
79	2003	EMANUEL MARTINS	AfrikanRunners	Senior Masculino	02:05:14	+33:14	05:58
80	2007	RICARDO FERNANDES	AfrikanRunners	Senior Masculino	02:05:14	+33:14	05:58
81	2066	Mário Cristiano Ferreira Santiago	FFit Gaia Trail	Senior Masculino	02:05:33	+33:33	05:59
82	2276	Rui rodrigues	R&A.runnig	Senior Masculino	02:05:45	+33:45	05:59
83	2103	Alberto Quintiaes	Individual	Senior Masculino	02:06:32	+34:32	06:02
84	2159	Miguel Filipe Gonçalves de Carvalho Soares	Individual	Senior Masculino	02:06:35	+34:35	06:02
85	2181	Sérgio Pereira	Individual	Senior Masculino	02:07:25	+35:25	06:04
86	2005	MARCO NOÉ	AFRIKANRUNNERS	Senior Masculino	02:07:59	+35:59	06:06
87	2158	miguel cruz	Individual	Senior Masculino	02:08:00	+36:00	06:06
88	2038	Ivo Alexandre Mendes de Oliveira Silva	Individual	Senior Masculino	02:08:01	+36:01	06:06
89	2167	Pedro Dourado	Individual	Senior Masculino	02:08:40	+36:40	06:08
90	2147	jose manuel ferreira dos santos	Individual	Senior Masculino	02:08:48	+36:48	06:08
91	2125	Eduardo soares	Individual	Senior Masculino	02:09:28	+37:28	06:10
92	2143	Jorge Gaspar Cunha Fernandes	Individual	Senior Masculino	02:09:34	+37:34	06:10
93	2156	Mário Rui Afonso Braga	Individual	Senior Masculino	02:09:34	+37:34	06:10
94	2151	Luis Paulo da Silva Magalhães	Individual	Senior Masculino	02:15:18	+43:18	06:27
95	2130	Filipe Pereira Ramalho	Individual	Senior Masculino	02:15:18	+43:18	06:27
96	2028	Helder Miguel Alves Magalhães	Brigada das Minis e Sapatilhas	Senior Masculino	02:15:48	+43:48	06:28
97	2026	Claudio Manuel Pinto da Silva	Brigada das Minis e Sapatilhas	Senior Masculino	02:17:08	+45:08	06:32
98	2029	Pedro Alberto Henriques Portilha	Brigada das Minis e Sapatilhas	Senior Masculino	02:17:19	+45:19	06:32
99	2004	GUILHERME LIMA	AfrikanRunners	Senior Masculino	02:18:29	+46:29	06:36
100	2006	MARCO RUSSO	AfrikanRunners	Senior Masculino	02:18:29	+46:29	06:36
101	2050	João Ramos	Clube Zupepr	Senior Masculino	02:19:16	+47:16	06:38
102	2023	João Paulo Gonçalves	Bragazelas	Senior Masculino	02:19:19	+47:19	06:38
103	2265	Ricardo Nuno Fialho Mendes	MARATONICES	Senior Masculino	02:19:45	+47:45	06:39
104	2184	Tiago Almeida	Individual	Senior Masculino	02:20:01	+48:01	06:40
105	2154	Marcelo Dinis Sousa	Individual	Senior Masculino	02:20:22	+48:22	06:41
106	2122	DUARTE BRUNO CASTRO CORREIA	Individual	Senior Masculino	02:20:24	+48:24	06:41
107	2016	Jorge Azevedo	BeFitness	Senior Masculino	02:21:01	+49:01	06:43
108	2017	Rui Viana	BeFitness	Senior Masculino	02:21:02	+49:02	06:43

**21K**

**21 KM**

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**OFFICIAL RESULT**

109	2183	Tiago Aleixo Sousa Soares	Individual	Senior Masculino	02:23:09	+51:09	06:49
110	2065	Vitor Manuel Dias Gonçalves	EDV Viana Trail	Senior Masculino	02:27:29	+55:29	07:01
111	2176	Rui Guimarães	Individual	Senior Masculino	02:27:40	+55:40	07:02
112	2108	António Pinheiro	Individual	Senior Masculino	02:33:55	+01:01:55	07:20
113	2136	Javier Gonzalez Moldes	Individual	Senior Masculino	02:36:24	+01:04:24	07:27
114	2127	Fernando José Vaz Marinho	Individual	Senior Masculino	02:37:49	+01:05:49	07:31
115	2290	Francisco Melo	Tiago Cadete - Living	Senior Masculino	03:11:39	+01:39:39	09:08

## Sub 23 Masculino

1	2045	Jorge Amorim	Clube Náutico de Ponte de Lima	Sub 23 Masculino	01:43:43		04:56
2	2033	Ricardo Manuel dos Santos Coutinho Barreiro	CAC - Clube de Atletismo de Cunha	Sub 23 Masculino	01:43:49	+00:06	04:57
3	2192	Ricardo Filipe Rodrigues Lírio	Individual	Sub 23 Masculino	01:48:47	+05:04	05:11
4	2193	Rui Carvalho	Individual	Sub 23 Masculino	01:49:19	+05:36	05:12
5	2188	José Miguel Rodrigues Gouveia	Individual	Sub 23 Masculino	01:53:55	+10:12	05:25
6	2187	Bruno Filipe Ribeiro Ferreira	Individual	Sub 23 Masculino	01:59:01	+15:18	05:40
7	2186	Bruno Filipe Martins Fernandes	Individual	Sub 23 Masculino	01:59:22	+15:39	05:41
8	2190	Pedro Filipe Sousa Silva	Individual	Sub 23 Masculino	02:02:56	+19:13	05:51
9	2189	Luís Miguel Machado Rodrigues	Individual	Sub 23 Masculino	02:04:44	+21:01	05:56

## Veterana F40

1	2294	Adelindina Lopes	Todoscoxos	Veterana F40	01:56:54		05:34
2	2194	CARLA MARIA DE SOUSA GONÇALVES	Individual	Veterana F40	02:07:07	+10:13	06:03
3	2195	Orlanda Rego	Individual	Veterana F40	02:07:44	+10:50	06:05
4	2058	Célia Sampaio	Desnível Positivo	Veterana F40	02:20:30	+23:36	06:41
5	2196	Paula Cristina Barbosa Sousa de Oliveira Peixoto	Individual	Veterana F40	02:23:05	+26:11	06:49
6	2197	Séverine Boiteau	Individual	Veterana F40	02:26:25	+29:31	06:58

## Veterana F45

1	2060	Margarida Magalhães	Desnível Positivo	Veterana F45	02:01:36		05:47
2	2071	ELISABETE REPAS	GAIA-RUNNING	Veterana F45	02:12:31	+10:55	06:19
3	2052	Elisabeta Golçalves	Clube Zupepr	Veterana F45	02:27:39	+26:03	07:02
4	2072	LURDES DUARTE	GAIA-RUNNING	Veterana F45	02:27:39	+26:03	07:02

## Veterano M40

1	2047	José Afonso Ferreira	Clube Portugal Telecom Zona Norte	Veterano M40	01:35:25		04:33
2	2200	Adriano Oliveira	Individual	Veterano M40	01:37:19	+01:54	04:38
3	2203	António Botelho Teixeira	Individual	Veterano M40	01:39:57	+04:32	04:46
4	2217	joaquin dibuja barreiros	Individual	Veterano M40	01:40:03	+04:38	04:46

**21K**

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**OFFICIAL RESULT**

5	2268	DAVID LOSADA CONDE	MERCARUNNING	Veterano M40	01:40:27	+05:02	04:47
6	2076	Paulo Silva	GAIA-RUNNING	Veterano M40	01:40:49	+05:24	04:48
7	2212	Francisco Teotónio	Individual	Veterano M40	01:45:00	+09:35	05:00
8	2202	Anselmo Pinto	Individual	Veterano M40	01:46:17	+10:52	05:04
9	2035	Marcelo Silva	CARAPPAUS DE CORRIDA	Veterano M40	01:46:52	+11:27	05:05
10	2236	Rui Manuel Oliveira Laranjeiro	Individual	Veterano M40	01:47:33	+12:08	05:07
11	2011	Jorge Alberto Lopes Sousa	Amigos da Montanha	Veterano M40	01:48:05	+12:40	05:09
12	2297	Luís Miguel A. G. Moreira Santos	Trailistas "eu é que sei" 1	Veterano M40	01:50:57	+15:32	05:17
13	2228	Mário Rui Branco Simões	Individual	Veterano M40	01:51:39	+16:14	05:19
14	2211	Fernando Gomes	Individual	Veterano M40	01:53:15	+17:50	05:24
15	2208	eugenio cunha	Individual	Veterano M40	01:54:10	+18:45	05:26
16	2013	Jorge Anjos	ASPHALT ASSAULT TEAM	Veterano M40	01:54:49	+19:24	05:28
17	2216	Joaquim Alcides Morgado Vaz	Individual	Veterano M40	01:55:01	+19:36	05:29
18	2039	Rui Matos	CF JESUITAS	Veterano M40	01:55:03	+19:38	05:29
19	2267	CESAR GONZÁLEZ SEARA	MERCARUNNING	Veterano M40	01:55:10	+19:45	05:29
20	2302	Ricardo Silva	TUGAS NA ESTRADA	Veterano M40	01:56:04	+20:39	05:32
21	2201	Américo Manuel Graça Gomes	Individual	Veterano M40	01:56:41	+21:16	05:33
22	2077	VÍTOR FERNANDES	GAIA-RUNNING	Veterano M40	01:57:51	+22:26	05:37
23	49	Isaque Lucena	Desnível Positivo	Veterano M40	01:59:23	+23:58	05:41
24	2214	Joao Carlos Cruz Monteiro	Individual	Veterano M40	01:59:43	+24:18	05:42
25	2209	Felipe Iglesias Mira	Individual	Veterano M40	01:59:54	+24:29	05:43
26	2223	José Rui Maia	Individual	Veterano M40	02:00:08	+24:43	05:43
27	2226	Marco Teles	Individual	Veterano M40	02:00:15	+24:50	05:44
28	2204	CARLOS JORGE de OLIVEIRA	Individual	Veterano M40	02:03:40	+28:15	05:53
29	2073	CÉSAR TEIXEIRA	GAIA-RUNNING	Veterano M40	02:03:55	+28:30	05:54
30	2235	Pedro Joel Escalhao Teixeira	Individual	Veterano M40	02:03:58	+28:33	05:54
31	2206	Cristiano Santos	Individual	Veterano M40	02:04:35	+29:10	05:56
32	2224	Luis Miguel Silva	Individual	Veterano M40	02:04:59	+29:34	05:57
33	2280	José Maria Leal	ROSÁRIO EXTREME	Veterano M40	02:05:28	+30:03	05:58
34	2225	Marco Paulo Da Silva dias	Individual	Veterano M40	02:06:50	+31:25	06:02
35	2220	josé alberto mendes	Individual	Veterano M40	02:10:04	+34:39	06:12
36	2230	Nuno Filipe Pinho Galvão Fernandes Rodrigues	Individual	Veterano M40	02:10:41	+35:16	06:13
37	2218	Jorge Coelho	Individual	Veterano M40	02:10:59	+35:34	06:14
38	2219	Jorge Silva	Individual	Veterano M40	02:11:53	+36:28	06:17
39	2221	José dos Santos Gomes	Individual	Veterano M40	02:13:06	+37:41	06:20
40	2227	Mário J. Ferreira	Individual	Veterano M40	02:13:40	+38:15	06:22
41	2231	Paulo César Patrício Oliveira	Individual	Veterano M40	02:14:24	+38:59	06:24
42	2074	JOSÉ LOPES	GAIA-RUNNING	Veterano M40	02:16:38	+41:13	06:30
43	2010	JOEL GUIMARÃES	Africanrunners	Veterano M40	02:18:29	+43:04	06:36
44	2232	Paulo Vilarinho	Individual	Veterano M40	02:18:30	+43:05	06:36
45	2031	Raul Cerdeira	Cabritos da Cortiça - TRAIL	Veterano M40	02:19:03	+43:38	06:37
46	2222	José Henrique Moutinho Pereira de Barros	Individual	Veterano M40	02:19:19	+43:54	06:38
47	2229	Miguel Pacheco	Individual	Veterano M40	02:23:09	+47:44	06:49
48	2205	Carlos Jorge Soares	Individual	Veterano M40	02:27:39	+52:14	07:02
49	2207	Daniel Gonçalves Gomes	Individual	Veterano M40	02:55:11	+01:19:46	08:21

**21K**

**21 KM**



**OFFICIAL RESULT**

### Veterano M45

1	2034	Renato Silva	Caldas de S. Jorge	Veterano M45	01:35:41		04:33
2	2246	Luis Junqueira	Individual	Veterano M45	01:42:14	+06:33	04:52
3	2242	Jacinto Silva Ribeiro	Individual	Veterano M45	01:43:50	+08:09	04:57
4	2245	Lieven Verraest	Individual	Veterano M45	01:45:52	+10:11	05:02
5	2248	Manuel Oliveira	Individual	Veterano M45	01:48:10	+12:29	05:09
6	2269	CASTOR TOMBO CANTARILLA	MERCARUNNING	Veterano M45	01:51:11	+15:30	05:18
7	2251	Nuno Rodrigues	Individual	Veterano M45	01:56:38	+20:57	05:33
8	2078	FRANCISCO FREITAS	GAIA-RUNNING	Veterano M45	01:57:50	+22:09	05:37
9	2298	Avelino Faria	Trailistas "eu é que sei" 2	Veterano M45	01:58:45	+23:04	05:39
10	2244	JOSE PORTO	Individual	Veterano M45	02:00:13	+24:32	05:43
11	2304	José Loureiro	TURBULENTOS	Veterano M45	02:01:10	+25:29	05:46
12	2061	Camilo Neto	Desnível Positivo	Veterano M45	02:03:17	+27:36	05:52
13	2036	Cláudio Rodrigues	CARAPUS DE CORRIDA	Veterano M45	02:04:34	+28:53	05:56
14	2253	Sérgio Correia Fernandes	Individual	Veterano M45	02:05:52	+30:11	06:00
15	2079	J. EDUARDO TEIXEIRA	GAIA-RUNNING	Veterano M45	02:07:03	+31:22	06:03
16	2240	Coelhos Texteis,lda	Individual	Veterano M45	02:09:02	+33:21	06:09
17	2241	Fernando Martins Gonçalves	Individual	Veterano M45	02:09:31	+33:50	06:10
18	2295	Avelino Oliveira	Todoscoxos	Veterano M45	02:09:33	+33:52	06:10
19	2080	José Rodrigues	GAIA-RUNNING	Veterano M45	02:13:24	+37:43	06:21
20	2247	Luis Loureiro	Individual	Veterano M45	02:14:16	+38:35	06:24
21	2239	António Filipe Colaço de Matos	Individual	Veterano M45	02:16:13	+40:32	06:29
22	2243	João Soares	Individual	Veterano M45	02:16:21	+40:40	06:30
23	2249	Manuel Santos Silva	Individual	Veterano M45	02:16:46	+41:05	06:31
24	2250	Nelson Ramos	Individual	Veterano M45	02:20:01	+44:20	06:40
25	2085	Vitor Amadeu Barroso Portela	GASOLINA SEM CHUMBO	Veterano M45	02:35:44	+01:00:03	07:25

### Veterano M50

1	2282	Francisco Costa	ROSÁRIO EXTREME	Veterano M50	01:35:38		04:33
2	2081	CARLOS PINTO	GAIA-RUNNING	Veterano M50	01:45:02	+09:24	05:00
3	2254	António Avelino Paiva Dias Pereira	Individual	Veterano M50	01:46:29	+10:51	05:04
4	2012	Manuel Carlos Oliveira Ferreira	Amigos da Montanha	Veterano M50	01:48:44	+13:06	05:11
5	2040	Joaquim Nunes	CF JESUITAS	Veterano M50	01:57:25	+21:47	05:35
6	2257	JORGE LOURO	Individual	Veterano M50	02:03:17	+27:39	05:52
7	2082	HELDER OLIVEIRA	GAIA-RUNNING	Veterano M50	02:16:46	+41:08	06:31
8	2255	Basilio Amaral Correia	Individual	Veterano M50	02:36:24	+01:00:46	07:27
9	2256	Custodio Freitas	Individual	Veterano M50	02:39:05	+01:03:27	07:35

### Veterano M55

1	2261	José Luís Silva de Campos	Individual	Veterano M55	01:38:42		04:42
2	2258	Artur Carvalho	Individual	Veterano M55	01:57:41	+18:59	05:36









**13K**

**13 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

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<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>
88	3097	JOSE NUNO COSTA FERREIRA	individual	Senior Masculino	01:31:00	+33:07	07:00
89	2284	André Araújo	seissa team	Senior Masculino	01:31:08	+33:15	07:01
90	3064	Sara Gonçalves	individual	Senior Feminino	01:31:13	+33:20	07:01
91	3180	Pedro Leite	one more mile	Senior Masculino	01:31:20	+33:27	07:02
92	3177	André Ribeiro	one more mile	Senior Masculino	01:31:20	+33:27	07:02
93	3179	Helder Magalhães	one more mile	Senior Masculino	01:31:20	+33:27	07:02
94	3107	Nuno Marques	individual	Senior Masculino	01:31:40	+33:47	07:03
95	3184	Sérgio Fernando Ferraz Carvalho	os turbomula d.o.c.	Veterano M40	01:31:57	+34:04	07:04
96	3201	Luís Antunes	running bastards	Senior Masculino	01:32:05	+34:12	07:05
97	3172	Nelson Montalvão	o jogo	Senior Masculino	01:33:44	+35:51	07:13
98	3166	Marco Oliveira	nortebike trail team	Senior Masculino	01:33:45	+35:52	07:13
99	3065	Silvia Martins	individual	Senior Feminino	01:33:57	+36:04	07:14
100	3045	Dulce Ribeiro	individual	Senior Feminino	01:33:58	+36:05	07:14
101	3027	Adélia Mª Oliveira Ferreira Bernardino	ffit gaia trail	Senior Feminino	01:34:08	+36:15	07:14
102	3010	Carlos Monteiro	amigos da montanha	Senior Masculino	01:34:21	+36:28	07:15
103	3071	António Bogado	individual	Senior Masculino	01:34:21	+36:28	07:15
104	3023	Maria Amélia Pereira Rodrigues	clube náutico de ponte de lima	Veterana F40	01:34:24	+36:31	07:16
105	2286	Pedro Araujo	seissa team	Veterano M55	01:34:50	+36:57	07:18
106	3183	Miguel ângelo Rodrigues Pinto	os turbomula d.o.c.	Veterano M40	01:34:55	+37:02	07:18
107	3100	Luis Pereira	individual	Senior Masculino	01:35:02	+37:09	07:19
108	3013	Zélia Cristiana da Rocha Brandão	cabritos da cortiça - trail	Senior Feminino	01:35:09	+37:16	07:19
109	3108	Nuno Miguel Ferreira Pacheco	individual	Senior Masculino	01:35:29	+37:36	07:21
110	3101	Manuel José Teixeira Pereira	individual	Senior Masculino	01:35:29	+37:36	07:21
111	3168	Silvio Barbosa	nortebike trail team	Senior Masculino	01:35:30	+37:37	07:21
112	3090	João Pedro Moreira da Silva Pereira	individual	Senior Masculino	01:35:37	+37:44	07:21
113	3140	Fernando Miguel Pereira	individual	Veterano M40	01:35:53	+38:00	07:23
114	3143	Pedro Sousa	individual	Veterano M40	01:36:35	+38:42	07:26
115	3012	Fátima Carvalho	cabritos da cortiça - trail	Senior Feminino	01:36:43	+38:50	07:26
116	3105	Mário Simões	individual	Senior Masculino	01:38:02	+40:09	07:32
117	3018	Cristina Miranda	cf jesuitas	Senior Feminino	01:38:02	+40:09	07:32
118	3128	Ana Paula Santos Guimarães	individual	Veterana F45	01:38:27	+40:34	07:34
119	3137	Aurora Carvalho	individual	Veterana F55	01:38:27	+40:34	07:34
120	3165	Sandra Sillva Lopes	nortebike trail team	Senior Feminino	01:38:50	+40:57	07:36
121	3170	Albina Ferreira Palmeira	nortebike trail team	Veterana F45	01:38:50	+40:57	07:36
122	3001	vania pereira	airorun	Senior Feminino	01:38:55	+41:02	07:37
123	3079	Eurico de Oliveira Marques Nogueira	individual	Senior Masculino	01:40:11	+42:18	07:42
124	3223	Ana Paula Monteiro Costa	tugas na estrada	Veterana F45	01:40:37	+42:44	07:44
125	3222	Inês Gonçalves	tugas na estrada	Sub 23 Feminino	01:40:37	+42:44	07:44
126	3173	Alcides Freire	o jogo	Veterano M40	01:41:03	+43:10	07:46
127	3102	Marco Faria	individual	Senior Masculino	01:41:06	+43:13	07:47
128	3175	Fernando Mautempo	oiteameia	Veterano M55	01:41:21	+43:28	07:48
129	3174	Hilario Costa	oiteameia	Veterano M45	01:41:21	+43:28	07:48
130	3124	Diana Teles	individual	Veterana F40	01:41:37	+43:44	07:49
131	3226	Paulo Gomes	individual	Senior Masculino	01:43:01	+45:08	07:55

13K

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	3054	MARIA JOÃO SILVA	individual	Senior Feminino	01:43:40	+45:47	07:58
133	3037	ANA RITA CARVALHO	individual	Senior Feminino	01:43:40	+45:47	07:58
134	3189	Diana Sá Moreira	r4tl	Senior Feminino	01:44:04	+46:11	08:00
135	3190	Ricardo Jorge Soto Maior Ramos	r4tl	Senior Masculino	01:44:04	+46:11	08:00
136	3153	manuel craveiro	individual	Veterano M50	01:45:05	+47:12	08:05
137	3146	Rui Veloso	individual	Veterano M40	01:45:17	+47:24	08:06
138	3199	João Azevedo	runforrestrun	Veterano M55	01:45:37	+47:44	08:07
139	3125	Emília Gonçalves	individual	Veterana F40	01:46:19	+48:26	08:11
140	3080	Fernando Jorge Lopes Luis	individual	Senior Masculino	01:46:20	+48:27	08:11
141	3063	Raquel Cunha Pacheco	individual	Senior Feminino	01:46:44	+48:51	08:13
142	3181	Maria Martins	os larangeiros	Veterana F45	01:47:20	+49:27	08:15
143	3115	Catarina Sá	individual	Sub 23 Feminino	01:47:26	+49:33	08:16
144	3182	rosa peixoto	os larangeiros	Veterana F45	01:48:30	+50:37	08:21
145	3048	Joana Calvão	individual	Senior Feminino	01:48:43	+50:50	08:22
146	3059	Marta Gonçalves	individual	Senior Feminino	01:48:43	+50:50	08:22
147	3176	Mónica Araújo	one more mile	Senior Feminino	01:49:27	+51:34	08:25
148	3036	Alexandra Marques	individual	Senior Feminino	01:49:42	+51:49	08:26
149	3130	Graça Maria Costa Moreira Silva	individual	Veterana F45	01:49:42	+51:49	08:26
150	3150	Antonio Manuel Valente do Carmo	individual	Veterano M50	01:49:54	+52:01	08:27
151	3198	Joana Azevedo	runforrestrun	Senior Feminino	01:51:04	+53:11	08:33
152	3047	Hélia Liliana da Cunha Pimenta Dias	individual	Senior Feminino	01:51:25	+53:32	08:34
153	3106	Miguel Francisco Duarte Pimenta Dias	individual	Senior Masculino	01:51:27	+53:34	08:34
154	3021	Helena Tavares	cf jesuitas	Veterana F45	01:51:46	+53:53	08:36
155	3020	Teresa Cunha	cf jesuitas	Veterana F40	01:51:58	+54:05	08:37
156	3017	Célia Fonte	cf jesuitas	Senior Feminino	01:51:59	+54:06	08:37
157	3149	Valter Barbosa	individual	Veterano M45	01:52:39	+54:46	08:40
158	3152	José Manuel O. Costa	individual	Veterano M50	01:52:39	+54:46	08:40
159	3224	Silvia Dias	vimarunners	Senior Feminino	01:53:01	+55:08	08:42
160	3131	Isabel Cláudia Nogueira	individual	Veterana F45	01:54:12	+56:19	08:47
161	3044	Daniela Lopes	individual	Senior Feminino	01:54:23	+56:30	08:48
162	3043	Catarina Isabel Pereira Ferraz Silva	individual	Senior Feminino	01:55:28	+57:35	08:53
163	3049	joana silva	individual	Senior Feminino	01:56:29	+58:36	08:58
164	3041	Ângela Mendes	individual	Senior Feminino	01:56:37	+58:44	08:58
165	3195	Isabel Queirós	rosário extreme	Veterana F40	01:56:39	+58:46	08:58
166	3114	Ângela Maria Antunes Vieira	individual	Sub 23 Feminino	01:56:46	+58:53	08:59
167	3135	Maria Amorim	individual	Veterana F50	01:56:46	+58:53	08:59
168	3123	Brigitte Machado	individual	Veterana F40	01:57:36	+59:43	09:03
169	3117	Márcia Costa Dias	individual	Sub 23 Feminino	01:57:59	+01:00:06	09:05
170	3197	José Meireles	rosário extreme	Veterano M50	01:58:14	+01:00:21	09:06
171	3030	Rafaella Carvalho	funky runners	Senior Feminino	01:58:19	+01:00:26	09:06
172	3038	Andreia Carvalho	individual	Senior Feminino	01:59:18	+01:01:25	09:11
173	3156	Filipe Duarte	individual	Veterano M60	01:59:35	+01:01:42	09:12
174	3136	Prazeres Pires	individual	Veterana F50	02:00:32	+01:02:39	09:16
175	3056	Mariana Machado Ballester	individual	Senior Feminino	02:00:48	+01:02:55	09:18
176	3104	Mário Mesquita	individual	Senior Masculino	02:00:48	+01:02:55	09:18

13K

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	3194	Susana Albuquerque	rosário extreme	Senior Feminino	02:00:54	+01:03:01	09:18
178	3144	Ricardo Gaspar Mendes Ferreira Ribeiro	individual	Veterano M40	02:01:36	+01:03:43	09:21
179	3067	Sofia Margarida Ferreira Martins Carneiro	individual	Senior Feminino	02:01:53	+01:04:00	09:23
180	3218	Graça Chaves	terrores do asfalto	Veterana F50	02:04:51	+01:06:58	09:36
181	3066	Sílvia Pires	individual	Senior Feminino	02:04:53	+01:07:00	09:36
182	3061	Patricia Carvalho	individual	Senior Feminino	02:05:18	+01:07:25	09:38
183	3069	Teresa Sala	individual	Senior Feminino	02:05:50	+01:07:57	09:41
184	3051	Ligia Nogueira Cartaxo	individual	Senior Feminino	02:09:02	+01:11:09	09:56
185	3053	Mara Lisa Pessoa Mendes Nogueira	individual	Senior Feminino	02:09:31	+01:11:38	09:58
186	3221	Luis Pinto	trêspintos	Veterano M50	02:11:35	+01:13:42	10:07
187	3220	Ana Pinto	trêspintos	Veterana F50	02:11:53	+01:14:00	10:09
188	3219	Miguel Pinto	trêspintos	Senior Masculino	02:12:04	+01:14:11	10:10
189	3039	Andreia Rebelo	individual	Senior Feminino	02:29:13	+01:31:20	11:29
190	3138	Aurora Moreira	individual	Veterana F60	02:29:17	+01:31:24	11:29
191	3132	Maria Fátima Alves Rodrigues	individual	Veterana F45	02:31:45	+01:33:52	11:40
192	3133	Maria José Alves Guimarães	individual	Veterana F45	02:31:47	+01:33:54	11:41

Obs

BIB	NOTE	NAME	TEAM	CAT
3178	DQ	Fábio Neves	ONE MORE MILE	Senior Masculino

13K

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	11,3°C	78%
End	11:44	11,3°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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### Senior Feminino

1	3205	Cidália Novais	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	01:13:34		05:40
2	3022	Ana Miranda	Clube Náutico de Ponte de Lima	Senior Feminino	01:21:14	+07:40	06:15
3	3159	Angela Sofia Pimenta	Leões da Guarda	Senior Feminino	01:21:19	+07:45	06:15
4	3035	Alexandra Maria Gomes de Oliveira	Individual	Senior Feminino	01:22:01	+08:27	06:19
5	3052	Liliana Silva	Individual	Senior Feminino	01:25:24	+11:50	06:34
6	3025	Ana J Fonseca	Corrida e Crochê	Senior Feminino	01:26:24	+12:50	06:39
7	3060	Nilza Conde Paixão	Individual	Senior Feminino	01:26:24	+12:50	06:39
8	3050	Leonor Tato	Individual	Senior Feminino	01:27:19	+13:45	06:43
9	3046	Helena Alves	Individual	Senior Feminino	01:27:23	+13:49	06:43
10	3058	Marta de Jesus Pereira Morais	Individual	Senior Feminino	01:27:59	+14:25	06:46
11	3062	Paula Figueiredo	Individual	Senior Feminino	01:28:49	+15:15	06:50
12	3042	Bárbara Baldaia	Individual	Senior Feminino	01:28:49	+15:15	06:50
13	3206	Marisa Novais	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	01:28:51	+15:17	06:50
14	3029	Ana Brito	Free Runners	Senior Feminino	01:29:58	+16:24	06:55
15	3064	Sara Gonçalves	Individual	Senior Feminino	01:31:13	+17:39	07:01
16	3065	Silvia Martins	Individual	Senior Feminino	01:33:57	+20:23	07:14
17	3045	Dulce Ribeiro	Individual	Senior Feminino	01:33:58	+20:24	07:14
18	3027	Adélia Mª Oliveira Ferreira Bernardino	FFit Gaia Trail	Senior Feminino	01:34:08	+20:34	07:14
19	3013	Zélia Cristiana da Rocha Brandão	Cabritos da Cortiça - TRAIL	Senior Feminino	01:35:09	+21:35	07:19
20	3012	Fátima Carvalho	Cabritos da Cortiça - TRAIL	Senior Feminino	01:36:43	+23:09	07:26
21	3018	Cristina Miranda	CF JESUITAS	Senior Feminino	01:38:02	+24:28	07:32
22	3165	Sandra Sillva Lopes	Nortebike Trail Team	Senior Feminino	01:38:50	+25:16	07:36
23	3001	vania pereira	AIRORUN	Senior Feminino	01:38:55	+25:21	07:37
24	3054	MARIA JOÃO SILVA	Individual	Senior Feminino	01:43:40	+30:06	07:58
25	3037	ANA RITA CARVALHO	Individual	Senior Feminino	01:43:40	+30:06	07:58
26	3189	Diana Sá Moreira	R4TL	Senior Feminino	01:44:04	+30:30	08:00
27	3063	Raquel Cunha Pacheco	Individual	Senior Feminino	01:46:44	+33:10	08:13
28	3048	Joana Calvão	Individual	Senior Feminino	01:48:43	+35:09	08:22
29	3059	Marta Gonçalves	Individual	Senior Feminino	01:48:43	+35:09	08:22
30	3176	Mónica Araújo	ONE MORE MILE	Senior Feminino	01:49:27	+35:53	08:25
31	3036	Alexandra Marques	Individual	Senior Feminino	01:49:42	+36:08	08:26
32	3198	Joana Azevedo	runforrestun	Senior Feminino	01:51:04	+37:30	08:33
33	3047	Hélia Liliana da Cunha Pimenta Dias	Individual	Senior Feminino	01:51:25	+37:51	08:34
34	3017	Célia Fonte	CF JESUITAS	Senior Feminino	01:51:59	+38:25	08:37
35	3224	Silvia Dias	vimarunners	Senior Feminino	01:53:01	+39:27	08:42
36	3044	Daniela Lopes	Individual	Senior Feminino	01:54:23	+40:49	08:48
37	3043	Catarina Isabel Pereira Ferraz Silva	Individual	Senior Feminino	01:55:28	+41:54	08:53
38	3049	joana silva	Individual	Senior Feminino	01:56:29	+42:55	08:58

13K

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	3041	Ângela Mendes	Individual	Senior Feminino	01:56:37	+43:03	08:58
40	3030	Rafaela Carvalho	Funky Runners	Senior Feminino	01:58:19	+44:45	09:06
41	3038	Andreia Carvalho	Individual	Senior Feminino	01:59:18	+45:44	09:11
42	3056	Mariana Machado Ballester	Individual	Senior Feminino	02:00:48	+47:14	09:18
43	3194	Susana Albuquerque	ROSÁRIO EXTREME	Senior Feminino	02:00:54	+47:20	09:18
44	3067	Sofia Margarida Ferreira Martins Carneiro	Individual	Senior Feminino	02:01:53	+48:19	09:23
45	3066	Sílvia Pires	Individual	Senior Feminino	02:04:53	+51:19	09:36
46	3061	Patricia Carvalho	Individual	Senior Feminino	02:05:18	+51:44	09:38
47	3069	Teresa Sala	Individual	Senior Feminino	02:05:50	+52:16	09:41
48	3051	Ligia Nogueira Cartaxo	Individual	Senior Feminino	02:09:02	+55:28	09:56
49	3053	Mara Lisa Pessoa Mendes Nogueira	Individual	Senior Feminino	02:09:31	+55:57	09:58
50	3039	Andreia Rebelo	Individual	Senior Feminino	02:29:13	+01:15:39	11:29

Senior Masculino

1	3209	José Pereira	SOCIEDADE RECREIO CEPANENSE	Senior Masculino	57:53		04:27
2	3099	Luis Miguel Cravo Magalhães	Individual	Senior Masculino	01:09:21	+11:28	05:20
3	3084	J. Miguel Barbosa	Individual	Senior Masculino	01:11:11	+13:18	05:29
4	3024	Nuno Sousa	Clube Zupepr	Senior Masculino	01:12:22	+14:29	05:34
5	3083	Filipe Saraiva Fernandes	Individual	Senior Masculino	01:13:05	+15:12	05:37
6	3073	Bruno Manuel Malheiro de Oliveira	Individual	Senior Masculino	01:13:26	+15:33	05:39
7	3077	Carlos Sérgio Esteves Costa	Individual	Senior Masculino	01:13:28	+15:35	05:39
8	3075	Carlos Miguel Oliveira Esteves	Individual	Senior Masculino	01:14:09	+16:16	05:42
9	3160	José Sá	Leões da Guarda	Senior Masculino	01:14:25	+16:32	05:43
10	3207	Gilberto Fernandes	SOCIEDADE RECREIO CEPANENSE	Senior Masculino	01:14:56	+17:03	05:46
11	3109	Nuno Oliveira	Individual	Senior Masculino	01:16:24	+18:31	05:53
12	3112	Ricardo Esteves	Individual	Senior Masculino	01:16:26	+18:33	05:53
13	3076	Carlos Ricardo Vieira	Individual	Senior Masculino	01:16:56	+19:03	05:55
14	3094	José Carlos Machado	Individual	Senior Masculino	01:18:33	+20:40	06:03
15	3074	Bruno Pereira	Individual	Senior Masculino	01:18:33	+20:40	06:03
16	3095	José manuel padrao ferreira	Individual	Senior Masculino	01:19:07	+21:14	06:05
17	3203	Tiago Guedes	Running Bastards	Senior Masculino	01:20:10	+22:17	06:10
18	3072	Bruno Gonçalves Pinto	Individual	Senior Masculino	01:20:36	+22:43	06:12
19	3202	Rui Martins	Running Bastards	Senior Masculino	01:21:08	+23:15	06:14
20	3085	João Batista	Individual	Senior Masculino	01:22:49	+24:56	06:22
21	3191	João Martins	RJB	Senior Masculino	01:23:06	+25:13	06:24
22	3096	José Miguel da Silva Fernandes	Individual	Senior Masculino	01:24:11	+26:18	06:29
23	3092	Jorge Manuel Campelos Soares	Individual	Senior Masculino	01:24:12	+26:19	06:29
24	3081	FILIPPE CARVALHO	Individual	Senior Masculino	01:25:12	+27:19	06:33
25	2285	Diogo Araújo	Seissa Team	Senior Masculino	01:25:21	+27:28	06:34
26	3161	Luis Miguel Ferreira	Leões da Guarda	Senior Masculino	01:25:21	+27:28	06:34
27	3082	Filipe Daniel Neves Pereira	Individual	Senior Masculino	01:25:39	+27:46	06:35
28	3103	Marco Ferreira	Individual	Senior Masculino	01:25:55	+28:02	06:37
29	3070	alexandre teixeira	Individual	Senior Masculino	01:26:15	+28:22	06:38

**13K**

**13 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

30	3028	Eduardo Jorge Teixeira Bernardino	FFit Gaia Trail	Senior Masculino	01:26:47	+28:54	06:41
31	3088	João Nunes de Oliveira Morais Meira	Individual	Senior Masculino	01:27:21	+29:28	06:43
32	3110	Paulo Regado	Individual	Senior Masculino	01:28:00	+30:07	06:46
33	3208	João Oliveira	SOCIEDADE RECREIO CEPANENSE	Senior Masculino	01:28:07	+30:14	06:47
34	3113	Rui Miguel Silvestre Ferreira	Individual	Senior Masculino	01:28:14	+30:21	06:47
35	3210	Sérgio Mendes	SOCIEDADE RECREIO CEPANENSE	Senior Masculino	01:28:49	+30:56	06:50
36	3167	Pedro Lourenço	Nortebike Trail Team	Senior Masculino	01:29:27	+31:34	06:53
37	3169	Vitor Domingos Teixeira	Nortebike Trail Team	Senior Masculino	01:29:28	+31:35	06:53
38	3097	JOSE NUNO COSTA FERREIRA	Individual	Senior Masculino	01:31:00	+33:07	07:00
39	2284	André Araújo	Seissa Team	Senior Masculino	01:31:08	+33:15	07:01
40	3180	Pedro Leite	ONE MORE MILE	Senior Masculino	01:31:20	+33:27	07:02
41	3177	André Ribeiro	ONE MORE MILE	Senior Masculino	01:31:20	+33:27	07:02
42	3179	Helder Magalhães	ONE MORE MILE	Senior Masculino	01:31:20	+33:27	07:02
43	3107	Nuno Marques	Individual	Senior Masculino	01:31:40	+33:47	07:03
44	3201	Luís Antunes	Running Bastards	Senior Masculino	01:32:05	+34:12	07:05
45	3172	Nelson Montalvão	O Jogo	Senior Masculino	01:33:44	+35:51	07:13
46	3166	Marco Oliveira	Nortebike Trail Team	Senior Masculino	01:33:45	+35:52	07:13
47	3010	Carlos Monteiro	Amigos da Montanha	Senior Masculino	01:34:21	+36:28	07:15
48	3071	António Bogado	Individual	Senior Masculino	01:34:21	+36:28	07:15
49	3100	Luis Pereira	Individual	Senior Masculino	01:35:02	+37:09	07:19
50	3108	Nuno Miguel Ferreira Pacheco	Individual	Senior Masculino	01:35:29	+37:36	07:21
51	3101	Manuel José Teixeira Pereira	Individual	Senior Masculino	01:35:29	+37:36	07:21
52	3168	Silvio Barbosa	Nortebike Trail Team	Senior Masculino	01:35:30	+37:37	07:21
53	3090	João Pedro Moreira da Silva Pereira	Individual	Senior Masculino	01:35:37	+37:44	07:21
54	3105	Mário Simões	Individual	Senior Masculino	01:38:02	+40:09	07:32
55	3079	Eurico de Oliveira Marques Nogueira	Individual	Senior Masculino	01:40:11	+42:18	07:42
56	3102	Marco Faria	Individual	Senior Masculino	01:41:06	+43:13	07:47
57	3226	Paulo Gomes	Individual	Senior Masculino	01:43:01	+45:08	07:55
58	3190	Ricardo Jorge Soto Maior Ramos	R4TL	Senior Masculino	01:44:04	+46:11	08:00
59	3080	Fernando Jorge Lopes Luis	Individual	Senior Masculino	01:46:20	+48:27	08:11
60	3106	Miguel Francisco Duarte Pimenta Dias	Individual	Senior Masculino	01:51:27	+53:34	08:34
61	3104	Mário Mesquita	Individual	Senior Masculino	02:00:48	+01:02:55	09:18
62	3219	Miguel Pinto	TrêsPintos	Senior Masculino	02:12:04	+01:14:11	10:10

### Sub 23 Feminino

1	3222	Inês Gonçalves	TUGAS NA ESTRADA	Sub 23 Feminino	01:40:37		07:44
2	3115	Catarina Sá	Individual	Sub 23 Feminino	01:47:26	+06:49	08:16
3	3114	Ângela Maria Antunes Vieira	Individual	Sub 23 Feminino	01:56:46	+16:09	08:59
4	3117	Márcia Costa Dias	Individual	Sub 23 Feminino	01:57:59	+17:22	09:05

### Sub 23 Masculino

1	3204	Marco Garcia	Running Bastards	Sub 23 Masculino	01:12:34		05:35
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Official Timekeeper: Lap2Go	3 / 6	generate 30-nov-2014 15:46
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13K

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## Veterana F60

1	3138	Aurora Moreira	Individual	Veterana F60	02:29:17	11:29
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## Veterano M40

1	3212	José Ribeiro	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:06:45	05:08
2	3008	luis mota	AIRORUN	Veterano M40	01:06:53	+00:08 05:09
3	3014	Victor Mota	Cabritos da Cortiça - TRAIL	Veterano M40	01:11:52	+05:07 05:32
4	3211	José Carvalho	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:13:13	+06:28 05:38
5	3007	francisco pereira	AIRORUN	Veterano M40	01:13:36	+06:51 05:40
6	3157	Luis Figueiredo	L&L	Veterano M40	01:13:45	+07:00 05:40
7	3026	Fernando Oliveira	Engomadoria L&A Team	Veterano M40	01:16:13	+09:28 05:52
8	154	JOAO CARDOSO FERNANDES	Individual	Veterano M40	01:17:35	+10:50 05:58
9	3139	Diamantino José Martins Pereira	Individual	Veterano M40	01:18:26	+11:41 06:02
10	3225	Roberto Pinto da Costa	Individual	Veterano M40	01:22:59	+16:14 06:23
11	3145	Rui Freitas	Individual	Veterano M40	01:23:54	+17:09 06:27
12	3193	Bruno Barbosa	RJB	Veterano M40	01:25:17	+18:32 06:34
13	3184	Sérgio Fernando Ferraz Carvalho	Os TurboMula D.O.C.	Veterano M40	01:31:57	+25:12 07:04
14	3183	Miguel ângelo Rodrigues Pinto	Os TurboMula D.O.C.	Veterano M40	01:34:55	+28:10 07:18
15	3140	Fernando Miguel Pereira	Individual	Veterano M40	01:35:53	+29:08 07:23
16	3143	Pedro Sousa	Individual	Veterano M40	01:36:35	+29:50 07:26
17	3173	Alcides Freire	O Jogo	Veterano M40	01:41:03	+34:18 07:46
18	3146	Rui Veloso	Individual	Veterano M40	01:45:17	+38:32 08:06
19	3144	Ricardo Gaspar Mendes Ferreira Ribeiro	Individual	Veterano M40	02:01:36	+54:51 09:21

## Veterano M45

1	3009	jose pereira	AIRORUN	Veterano M45	01:06:48	05:08
2	3188	Manuel António Carvalhosa Alves	Queiroz Team	Veterano M45	01:11:42	+04:54 05:31
3	3148	Paulo Henriques	Individual	Veterano M45	01:15:40	+08:52 05:49
4	3187	Luis Manuel Carvalhosa Alves	Queiroz Team	Veterano M45	01:19:04	+12:16 06:05
5	3213	António Mendes	SOCIEDADE RECREIO CEPANENSE	Veterano M45	01:19:48	+13:00 06:08
6	3147	David de Araújo Barreira	Individual	Veterano M45	01:21:02	+14:14 06:14
7	3214	João Lopes	SOCIEDADE RECREIO CEPANENSE	Veterano M45	01:23:29	+16:41 06:25
8	3215	Nuno Lapeira	SOCIEDADE RECREIO CEPANENSE	Veterano M45	01:29:26	+22:38 06:53
9	3174	Hilario Costa	Oiteameia	Veterano M45	01:41:21	+34:33 07:48
10	3149	Valter Barbosa	Individual	Veterano M45	01:52:39	+45:51 08:40



9K

9 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	11,3°C	78%
End	11:50	11,3°C	78%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	4053	Celina Isabel Gonçalves Landeira	individual	Sub 23 Feminino	53:58		06:00
2	4085	Alberto Cunha	individual	Veterano M50	53:58		06:00
3	4001	Pedro Silva	4 sun-day runners	Senior Masculino	59:16	+05:18	06:35
4	4032	Natatia Noemi Pires Martins	individual	Senior Feminino	01:01:23	+07:25	06:49
5	4017	Anabela Salgado	individual	Senior Feminino	01:01:25	+07:27	06:49
6	4048	Nuno Manuel Colho Paredinha	individual	Senior Masculino	01:01:26	+07:28	06:50
7	4015	Amélia Alexandra Cruz de Sousa Rodrigues	individual	Senior Feminino	01:03:34	+09:36	07:04
8	4094	Raquel Sofia Monteiro Jacinto	lazyteam	Senior Feminino	01:03:34	+09:36	07:04
9	4033	Olga Marisa Machado martins	individual	Senior Feminino	01:04:17	+10:19	07:09
10	4084	Paulino José Araújo e Silva	individual	Veterano M45	01:05:05	+11:07	07:14
11	4021	Helena Domingues Martins	individual	Senior Feminino	01:05:05	+11:07	07:14
12	4054	Claudia Sofia Moreira Araujo	individual	Sub 23 Feminino	01:05:33	+11:35	07:17
13	4005	CARLA ALVES	amc	Senior Feminino	01:05:34	+11:36	07:17
14	4007	CARLOS ALVES	amc	Senior Masculino	01:05:36	+11:38	07:17
15	4008	JOSE MAIA	amc	Senior Masculino	01:05:37	+11:39	07:17
16	4003	Filipe Dias	4 sun-day runners	Veterano M40	01:06:11	+12:13	07:21
17	4004	Joaquim Silva	4 sun-day runners	Veterano M60	01:08:05	+14:07	07:34
18	4073	Ester Pacheco	individual	Veterana F50	01:08:50	+14:52	07:39
19	4025	Joana Sofia Soares de Araújo	individual	Senior Feminino	01:09:00	+15:02	07:40
20	4026	Luisa Margarida Moura Vaz	individual	Senior Feminino	01:09:01	+15:03	07:40
21	4020	Catarina Isabel Santos Pereira	individual	Senior Feminino	01:11:01	+17:03	07:53
22	4089	Júlio Silva Pereira Santos	individual	Veterano M55	01:11:01	+17:03	07:53
23	4018	Andreia Zenha	individual	Senior Feminino	01:11:15	+17:17	07:55
24	4090	Ana Fernandes	l&l	Senior Feminino	01:11:15	+17:17	07:55
25	4046	JOAO COIMBRA DA COSTA LEITE	individual	Senior Masculino	01:11:27	+17:29	07:56
26	4095	João Tiago Oliveira Castro	lazyteam	Senior Masculino	01:11:41	+17:43	07:58
27	4082	viktor moço	individual	Veterano M40	01:12:03	+18:05	08:00
28	4029	marta caldeira	individual	Senior Feminino	01:12:04	+18:06	08:00
29	4087	Vitor Júlio Duarte Castro Portugal	individual	Veterano M50	01:12:05	+18:07	08:01
30	4022	Isabel Maria Rodrigues da Rocha	individual	Senior Feminino	01:13:08	+19:10	08:08
31	4042	Vania da silva vaz	individual	Senior Feminino	01:13:09	+19:11	08:08
32	4037	Sara Dourado	individual	Senior Feminino	01:13:11	+19:13	08:08
33	4097	Helena Gomes	lela&mike	Senior Feminino	01:13:24	+19:26	08:09
34	4040	Susana Isabel Silva	individual	Senior Feminino	01:13:25	+19:27	08:09
35	4093	Ana João Gonçalves Antunes da Silva Magalhães	lazyteam	Senior Feminino	01:14:15	+20:17	08:15
36	4023	Joana Almeida	individual	Senior Feminino	01:14:59	+21:01	08:20
37	4080	João Manuel Batista de Melo	individual	Veterano M40	01:15:41	+21:43	08:25
38	102	Conceição Rodrigues	individual	Veterana F40	01:20:02	+26:04	08:54
39	101	Joaquim Cracel	individual	Veterano M40	01:20:02	+26:04	08:54
40	4115	Mariana Pinto Mendes Lourenço	uaa aroso	Sub 23 Feminino	01:20:18	+26:20	08:55



**9K**
**9 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	4105	Eurico André da Mota Magalhães Pinto	pé coxinho	Senior Masculino	01:55:07	+01:01:09	12:47
86	4111	Manuel Fernando Mendes Cunha Moreira	pé coxinho	Veterano M40	01:55:08	+01:01:10	12:48
87	4106	Miguel Jorge Ferreira Granja dos Santos	pé coxinho	Senior Masculino	01:55:13	+01:01:15	12:48
88	4102	Cremilda Correia Teixeira	pé coxinho	Senior Feminino	01:55:13	+01:01:15	12:48
89	4121	Ateta 4121	individual	Senior Masculino	02:01:29	+01:07:31	13:30
90	4118	Atleta 4118	individual	Senior Masculino	02:01:29	+01:07:31	13:30
91	4119	Atleta 4119	individual	Senior Masculino	02:01:29	+01:07:31	13:30
92	4120	Atleta 4120	individual	Senior Masculino	02:01:30	+01:07:32	13:30
93	4122	Atleta 4122	individual	Sub 23 Masculino	02:01:38	+01:07:40	13:31
94	4041	Susana Mónica Almeida da Silva	individual	Senior Feminino	02:08:03	+01:14:05	14:14
95	4088	joao M Carneiro Soares	individual	Veterano M55	02:10:12	+01:16:14	14:28
96	4078	Maria Lurdes Amaro	individual	Veterana F60	02:10:15	+01:16:17	14:28
97	4077	Maria Celeste G C Almeida	individual	Veterana F55	02:10:16	+01:16:18	14:28
98	4117	Amaya Maceira Guterres	individual	Senior Feminino	02:44:08	+01:50:10	18:14
99	4064	RITA COSTA	individual	Veterana F40	02:44:08	+01:50:10	18:14

**Obs**

BIB	NOTE	NAME	TEAM	CAT
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9K

9 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	11,3°C	78%
End	11:50	11,3°C	78%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
<b>Senior Feminino</b>							
1	4032	Natatia Noemi Pires Martins	Individual	Senior Feminino	01:01:23		06:49
2	4017	Anabela Salgado	Individual	Senior Feminino	01:01:25	+00:02	06:49
3	4015	Amélia Alexandra Cruz de Sousa Rodrigues	Individual	Senior Feminino	01:03:34	+02:11	07:04
4	4094	Raquel Sofia Monteiro Jacinto	LazyTeam	Senior Feminino	01:03:34	+02:11	07:04
5	4033	Olga Marisa Machado martins	Individual	Senior Feminino	01:04:17	+02:54	07:09
6	4021	Helena Domingues Martins	Individual	Senior Feminino	01:05:05	+03:42	07:14
7	4005	CARLA ALVES	AMC	Senior Feminino	01:05:34	+04:11	07:17
8	4025	Joana Sofia Soares de Araújo	Individual	Senior Feminino	01:09:00	+07:37	07:40
9	4026	Luisa Margarida Moura Vaz	Individual	Senior Feminino	01:09:01	+07:38	07:40
10	4020	Catarina Isabel Santos Pereira	Individual	Senior Feminino	01:11:01	+09:38	07:53
11	4018	Andreia Zenha	Individual	Senior Feminino	01:11:15	+09:52	07:55
12	4090	Ana Fernandes	L&L	Senior Feminino	01:11:15	+09:52	07:55
13	4029	marta caldeira	Individual	Senior Feminino	01:12:04	+10:41	08:00
14	4022	Isabel Maria Rodrigues da Rocha	Individual	Senior Feminino	01:13:08	+11:45	08:08
15	4042	Vania da silva vaz	Individual	Senior Feminino	01:13:09	+11:46	08:08
16	4037	Sara Dourado	Individual	Senior Feminino	01:13:11	+11:48	08:08
17	4097	Helena Gomes	Lela&Mike	Senior Feminino	01:13:24	+12:01	08:09
18	4040	Susana Isabel Silva	Individual	Senior Feminino	01:13:25	+12:02	08:09
19	4093	Ana João Gonçalves Antunes da Silva Magalhães	LazyTeam	Senior Feminino	01:14:15	+12:52	08:15
20	4023	Joana Almeida	Individual	Senior Feminino	01:14:59	+13:36	08:20
21	4030	Miguela Monteiro	Individual	Senior Feminino	01:21:08	+19:45	09:01
22	4019	Carla Santos	Individual	Senior Feminino	01:24:28	+23:05	09:23
23	4009	Rita Freitas	BAI K ANDAS TEAM	Senior Feminino	01:25:32	+24:09	09:30
24	4010	Rita Santos	BAI K ANDAS TEAM	Senior Feminino	01:25:32	+24:09	09:30
25	4016	Ana Sofia Vale Peixoto	Individual	Senior Feminino	01:26:10	+24:47	09:34
26	4011	Susana Isabel Jesus Pinheiro	Bikeseven	Senior Feminino	01:30:03	+28:40	10:00
27	4027	Maria Emilia Rodrigues de Sá	Individual	Senior Feminino	01:30:03	+28:40	10:00
28	4013	Ligia Lima	Gam Team Trail	Senior Feminino	01:36:29	+35:06	10:43
29	4112	Filipa Martins	Todoscoxos	Senior Feminino	01:41:05	+39:42	11:14
30	4024	Joana Freire Azevedo	Individual	Senior Feminino	01:43:58	+42:35	11:33
31	4036	Sandra Maria Gomes Barbosa	Individual	Senior Feminino	01:49:02	+47:39	12:07
32	4035	Sandra Manuela Gonçalves Melo Pires	Individual	Senior Feminino	01:51:02	+49:39	12:20
33	4031	Natália Gonçalves Festa	Individual	Senior Feminino	01:51:04	+49:41	12:20
34	4028	Maria Inês Machado Pedras	Individual	Senior Feminino	01:51:43	+50:20	12:25
35	4103	Cristina Raquel de Azevedo Bessa	Pé Coxinho	Senior Feminino	01:55:07	+53:44	12:47
36	4102	Cremilda Correia Teixeira	Pé Coxinho	Senior Feminino	01:55:13	+53:50	12:48
37	4041	Susana Mónica Almeida da Silva	Individual	Senior Feminino	02:08:03	+01:06:40	14:14
38	4117	Amaya Maceira Guterres	Individual	Senior Feminino	02:44:08	+01:42:45	18:14

Official Timekeeper: Lap2Go	1 / 4	generate 30-nov-2014 15:46
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**9K**

**9 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## Senior Masculino

1	4001	Pedro Silva	4 SUN-DAY RUNNERS	Senior Masculino	59:16		06:35
2	4048	Nuno Manuel Colho Paredinha	Individual	Senior Masculino	01:01:26	+02:10	06:50
3	4007	CARLOS ALVES	AMC	Senior Masculino	01:05:36	+06:20	07:17
4	4008	JOSE MAIA	AMC	Senior Masculino	01:05:37	+06:21	07:17
5	4046	JOAO COIMBRA DA COSTA LEITE	Individual	Senior Masculino	01:11:27	+12:11	07:56
6	4095	João Tiago Oliveira Castro	LazyTeam	Senior Masculino	01:11:41	+12:25	07:58
7	4047	Jorge Manuel Afonso Pires	Individual	Senior Masculino	01:20:57	+21:41	09:00
8	4044	Carla Isabel Ferreira Costa	Individual	Senior Masculino	01:24:08	+24:52	09:21
9	4051	Vitor Jorge	Individual	Senior Masculino	01:24:28	+25:12	09:23
10	4098	Luis Dias	Lela&Mike	Senior Masculino	01:29:14	+29:58	09:55
11	4043	António Jorge Gonçalves Gomes	Individual	Senior Masculino	01:49:25	+50:09	12:09
12	4045	Dionisio José Gonçalves Pires	Individual	Senior Masculino	01:51:05	+51:49	12:21
13	4105	Eurico André da Mota Magalhães Pinto	Pé Coxinho	Senior Masculino	01:55:07	+55:51	12:47
14	4106	Miguel Jorge Ferreira Granja dos Santos	Pé Coxinho	Senior Masculino	01:55:13	+55:57	12:48
15	4121	Ateta 4121	Individual	Senior Masculino	02:01:29	+01:02:13	13:30
16	4118	Atleta 4118	Individual	Senior Masculino	02:01:29	+01:02:13	13:30
17	4119	Atleta 4119	Individual	Senior Masculino	02:01:29	+01:02:13	13:30
18	4120	Atleta 4120	Individual	Senior Masculino	02:01:30	+01:02:14	13:30

## Sub 23 Feminino

1	4053	Celina Isabel Gonçalves Landeira	Individual	Sub 23 Feminino	53:58		06:00
2	4054	Claudia Sofia Moreira Araujo	Individual	Sub 23 Feminino	01:05:33	+11:35	07:17
3	4115	Mariana Pinto Mendes Lourenço	UAA Aroso	Sub 23 Feminino	01:20:18	+26:20	08:55
4	4058	Mariana Antunes	Individual	Sub 23 Feminino	01:36:29	+42:31	10:43
5	4056	Isabel Rocha	Individual	Sub 23 Feminino	01:49:02	+55:04	12:07

## Sub 23 Masculino

1	4059	Gonçalo Pires De Afonso Pires	Individual	Sub 23 Masculino	01:20:57		09:00
2	4108	Fernando Manuel Moreira Ribeiro	Pé Coxinho	Sub 23 Masculino	01:44:27	+23:30	11:36
3	4122	Atleta 4122	Individual	Sub 23 Masculino	02:01:38	+40:41	13:31

## Veterana F40

1	102	Conceição Rodrigues	Individual	Veterana F40	01:20:02		08:54
2	4062	Luisa Trindade	Individual	Veterana F40	01:28:25	+08:23	09:49
3	4002	Carla Silva Dias	4 SUN-DAY RUNNERS	Veterana F40	01:30:40	+10:38	10:04
4	4109	Ana Cristina Mendes Moreira	Pé Coxinho	Veterana F40	01:31:49	+11:47	10:12
5	4091	Carmen Maio	L&L	Veterana F40	01:35:21	+15:19	10:36
6	4065	Teresa Manuela Brandao Silva	Individual	Veterana F40	01:36:29	+16:27	10:43

**9K****9 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

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7	4061	Cidália Cardoso	Individual	Veterana F40	01:49:25	+29:23	12:09
8	4063	Mónica Senra Santos Machado	Individual	Veterana F40	01:51:44	+31:42	12:25
9	4110	Sandra Maria Ferreira Soares	Pé Coxinho	Veterana F40	01:55:07	+35:05	12:47
10	4064	RITA COSTA	Individual	Veterana F40	02:44:08	+01:24:06	18:14

**Veterana F45**

1	4071	Olivia de Fátima da Rocha Brandão	Individual	Veterana F45	01:23:06		09:14
2	4092	Cristina Coimbra	L&L	Veterana F45	01:35:21	+12:15	10:36
3	4069	Margarida Maria Pereira Faria	Individual	Veterana F45	01:43:58	+20:52	11:33
4	4101	Emília Morais	osamigosmagnaporto	Veterana F45	01:48:26	+25:20	12:03
5	4070	Marta Cristina G. Marta V. Barbosa	Individual	Veterana F45	01:49:02	+25:56	12:07

**Veterana F50**

1	4073	Ester Pacheco	Individual	Veterana F50	01:08:50		07:39
2	4075	Maria do Céu da Rocha Brandão	Individual	Veterana F50	01:32:27	+23:37	10:16
3	4074	Anabela Rodrigues	Individual	Veterana F50	01:51:02	+42:12	12:20

**Veterana F55**

1	4076	Conceição Gorete Gonçalves lima Pires	Individual	Veterana F55	01:24:08		09:21
2	4099	Isabel Maria Soares da Costa Almeida	Mountain Way	Veterana F55	01:51:07	+26:59	12:21
3	4077	Maria Celeste G C Almeida	Individual	Veterana F55	02:10:16	+46:08	14:28

**Veterana F60**

1	4078	Maria Lurdes Amaro	Individual	Veterana F60	02:10:15		14:28
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**Veterano M40**

1	4003	Filipe Dias	4 SUN-DAY RUNNERS	Veterano M40	01:06:11		07:21
2	4082	vitro moço	Individual	Veterano M40	01:12:03	+05:52	08:00
3	4080	João Manuel Batista de Melo	Individual	Veterano M40	01:15:41	+09:30	08:25
4	101	Joaquim Cracel	Individual	Veterano M40	01:20:02	+13:51	08:54
5	4081	Jorge Nunes	Individual	Veterano M40	01:21:08	+14:57	09:01
6	4111	Manuel Fernando Mendes Cunha Moreira	Pé Coxinho	Veterano M40	01:55:08	+48:57	12:48

**Veterano M45**

1	4084	Paulino José Araújo e Silva	Individual	Veterano M45	01:05:05		07:14
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## 42K ESTAFETA

## LAP 10,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:06	11,3°C	78%

RANK	BIB	NAME	LAPS	RESULT	BEST LAP	DISTANCE	t/KM
<b>1</b>		<b>Núcleo Atletismo das Taipas</b>	<b>4</b>	<b>03:11:20</b>		<b>42 Km</b>	
	1082	Pedro José Leite Regueiras	2		38:51	21 Km	09:07
	1083	ADELIO TEIXEIRA MARQUES	1		01:03:50	10,5 Km	19:08
	1084	João Paulo Fontão	1		49:36	10,5 Km	19:08
<b>2</b>		<b>TURBULENTOS 1</b>	<b>4</b>	<b>03:13:57</b>		<b>42 Km</b>	
	1137	Fernando Manuel Tavares da Costa Antunes	2		39:00	21 Km	09:14
	1138	Manuel Silva	1		01:05:34	10,5 Km	19:24
	1136	Carlos Manuel Gonçalves Vieira Fernandes	1		49:22	10,5 Km	19:24
<b>3</b>		<b>Engomadoria L&amp;A Team</b>	<b>4</b>	<b>03:16:50</b>		<b>42 Km</b>	
	1058	Anthony Lopes	1		01:00:50	10,5 Km	19:41
	1060	Sergio Santos	2		39:00	21 Km	09:22
	1059	Ricardo Barros	1		55:22	10,5 Km	19:41
<b>4</b>		<b>Budeguita Runners 6</b>	<b>4</b>	<b>03:18:48</b>		<b>42 Km</b>	
	1047	Abílio Moreira	1		59:01	10,5 Km	19:53
	1046	Angelina Pinho	1		56:51	10,5 Km	19:53
	1048	José António Machado	2		39:00	21 Km	09:28
<b>5</b>		<b>SUICIDAS BRÁCAROS</b>	<b>4</b>	<b>03:22:24</b>		<b>42 Km</b>	
	1120	Nuno Filipe Alpoim	1		01:06:14	10,5 Km	20:14
	1119	Luís Carlos Lopes	1		56:29	10,5 Km	20:14
	1118	José Gusman Barbosa	2		39:00	21 Km	09:38
<b>6</b>		<b>TRAIL TÓNICO</b>	<b>4</b>	<b>03:24:16</b>		<b>42 Km</b>	
	1130	Carlos Lourenço	1		58:30	10,5 Km	20:26
	1132	João Antunes	1		01:08:55	10,5 Km	20:26
	1131	Valter Pereira	2		37:50	21 Km	09:44
<b>7</b>		<b>2 FAST 1 FURIOUS</b>	<b>4</b>	<b>03:26:07</b>		<b>42 Km</b>	
	1001	JOSE COELHO	1		56:45	10,5 Km	20:37
	1003	TIAGO POÇAS	2		39:00	21 Km	09:49
	1002	NUNO SILVA	1		01:04:37	10,5 Km	20:37
<b>8</b>		<b>GIPS - GNR Montanha</b>	<b>4</b>	<b>03:28:25</b>		<b>42 Km</b>	
	1066	Sérgio Gonçalves	1		49:59	10,5 Km	20:51
	1064	Éric Carvalho	1		01:15:06	10,5 Km	20:51
	1065	Martinho Dias	2		39:00	21 Km	09:55
<b>9</b>		<b>Runner's High</b>	<b>4</b>	<b>03:29:12</b>		<b>42 Km</b>	
	1112	Miguel Machado	1		59:47	10,5 Km	20:55
	1113	Pedro Ferreira	2		39:00	21 Km	09:58
	1114	Tiago Oliveira	1		01:08:38	10,5 Km	20:55
<b>10</b>		<b>Condes Running Team</b>	<b>4</b>	<b>03:29:44</b>		<b>42 Km</b>	
	1053	Marco Escadas	2		39:00	21 Km	09:59
	1054	Pedro Escadas	1		01:12:00	10,5 Km	20:58
	1052	André Gomes	1		53:56	10,5 Km	20:58
<b>11</b>		<b>Quebra Ossos</b>	<b>4</b>	<b>03:31:43</b>		<b>42 Km</b>	
	1103	Luís Miguel Guedes Tavares	1		53:12	10,5 Km	21:10
	1105	Vitor Agostinho Rocha Santos	1		01:15:54	10,5 Km	21:10
	1104	José Fernando Moreira da Rocha	2		39:00	21 Km	10:05
<b>12</b>		<b>Trail me 1</b>	<b>4</b>	<b>03:33:30</b>		<b>42 Km</b>	
	1125	Miguel Araujo	1		01:10:33	10,5 Km	21:21
	1126	Paulo Faria	1		01:01:12	10,5 Km	21:21
	1124	Carlos Coelho	2		39:00	21 Km	10:10

## 42K ESTAFETA

## LAP 10,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>13</b>	<b>TURBULENTO</b>	<b>4</b>	<b>03:37:28</b>	<b>42 Km</b>
1134	Fernando Fernandes	1	01:19:53	10,5 Km 21:45
1133	Manuel Sousa	2	39:00	21 Km 10:21
1135	Rui Santos	1	53:47	10,5 Km 21:45
<b>14</b>	<b>Desafio do Geres</b>	<b>4</b>	<b>03:40:30</b>	<b>42 Km</b>
1057	Mário Pereira	1	01:01:39	10,5 Km 22:03
1055	Joao F. Coelho	2	39:00	21 Km 10:30
1056	José Luis Boavista	1	01:12:56	10,5 Km 22:03
<b>15</b>	<b>ADRULSM 2</b>	<b>4</b>	<b>03:41:44</b>	<b>42 Km</b>
1017	JOSÉ AFONSO	2	39:00	21 Km 10:34
1018	PEDRO FERNNADES	1	01:10:23	10,5 Km 22:10
1016	CÉSAR LISBOA	1	01:11:10	10,5 Km 22:10
<b>16</b>	<b>AAT ESTAFETA 1</b>	<b>4</b>	<b>03:42:25</b>	<b>42 Km</b>
1008	Filipe Carneiro	1	01:19:53	10,5 Km 22:14
1009	Hélder Silva	1	53:56	10,5 Km 22:14
1007	António Vela	2	39:00	21 Km 10:35
<b>17</b>	<b>Venham os 42 km</b>	<b>4</b>	<b>03:45:23</b>	<b>42 Km</b>
1148	Nuno Filipe Silva	2	39:00	21 Km 10:44
1150	Paulo Moreira	1	01:17:49	10,5 Km 22:32
1149	Sandra Finisterra Travessas	1	01:03:12	10,5 Km 22:32
<b>18</b>	<b>MAS</b>	<b>4</b>	<b>03:47:08</b>	<b>42 Km</b>
1077	NELSON AMARAL	1	57:31	10,5 Km 22:43
1076	JOAQUIM SILVEIRA	1	01:24:13	10,5 Km 22:43
1078	RENATO MATOS	2	39:00	21 Km 10:49
<b>19</b>	<b>Barcelos Saudável</b>	<b>4</b>	<b>03:48:23</b>	<b>42 Km</b>
1022	Constança Brito	1	01:01:17	10,5 Km 22:50
1024	Conceição Cruz	1	01:20:13	10,5 Km 22:50
1023	Nuno Cruz	2	39:00	21 Km 10:53
<b>20</b>	<b>42/3</b>	<b>4</b>	<b>03:49:44</b>	<b>42 Km</b>
1005	Hélder Tavares de Lemos	1	50:01	10,5 Km 22:58
1004	Hélder Manuel da Silva Pinto	1	01:25:06	10,5 Km 22:58
1006	Jorge Tavares de Lemos	2	39:00	21 Km 10:56
<b>21</b>	<b>ADRULSM 1</b>	<b>4</b>	<b>03:52:51</b>	<b>42 Km</b>
1015	paulo Freitas	1	01:20:43	10,5 Km 23:17
1014	ricardo dantas	2	39:00	21 Km 11:05
1013	dario miranda	1	01:07:28	10,5 Km 23:17
<b>22</b>	<b>Trail me 2</b>	<b>4</b>	<b>03:55:32</b>	<b>42 Km</b>
1129	Antonio Coelho	2	39:00	21 Km 11:13
1128	Rui Alves	1	01:22:33	10,5 Km 23:33
1127	Silvina Esteves	1	01:06:03	10,5 Km 23:33
<b>23</b>	<b>os laranjeiros</b>	<b>4</b>	<b>04:03:19</b>	<b>42 Km</b>
1096	eliseu MARTINS	1	01:23:17	10,5 Km 24:20
1095	Vitor SILVEIRA	1	01:15:17	10,5 Km 24:20
1094	Brahim Rahati	2	39:00	21 Km 11:35
<b>24</b>	<b>BUDEGUITA RUNNERS</b>	<b>4</b>	<b>04:03:31</b>	<b>42 Km</b>
1029	Helena Dias	2	39:00	21 Km 11:36
1028	Ana Dias	1	01:04:48	10,5 Km 24:21
1030	Nuno Dias	1	01:26:59	10,5 Km 24:21
<b>25</b>	<b>LazyTeam</b>	<b>4</b>	<b>04:03:41</b>	<b>42 Km</b>
1074	Henrique Adelino Silva Castro	1	01:26:40	10,5 Km 24:22
1073	Elsa Marisa Enes Afonso	1	01:07:31	10,5 Km 24:22
1075	Humberto Claudio Esteves Rodrigues	2	39:00	21 Km 11:36
<b>26</b>	<b>Brothers in Arms</b>	<b>4</b>	<b>04:06:50</b>	<b>42 Km</b>
1025	Davide Miguel da Silva Fernandes	2	39:00	21 Km 11:45



