

42K - STAGE 1

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	4,2°C	80,8%
End	16:00	4,2°C	80,8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1	Mihail Lalev	sc braga	Senior Masculino	02:48:30		04:01
2	59	Luis Gil	decathlon maia	Veterano M40	02:52:10	+03:40	04:06
3	2	Diogo Fernandes	dr merino/ nutrifit	Senior Masculino	02:55:47	+07:17	04:11
4	3	Nuno Silva	desnível positivo	Senior Masculino	02:59:11	+10:41	04:16
5	78	Nuno Fernandes	fafe runners	Senior Masculino	03:02:22	+13:52	04:21
6	337	Joao Paulo Lima Rodrigues	individual	Senior Masculino	03:04:38	+16:08	04:24
7	241	Abílio Ribeiro	caldas de s jorge sport club	Veterano M40	03:09:17	+20:47	04:30
8	74	José Faria	edv-viana trail/gclub	Senior Masculino	03:13:03	+24:33	04:36
9	121	paulo oliveira	individual	Senior Masculino	03:13:56	+25:26	04:37
10	61	Artur Costa	desnível positivo	Senior Masculino	03:15:48	+27:18	04:40
11	162	Carlos Ramos	individual	Senior Masculino	03:16:13	+27:43	04:40
12	269	José Manuel Cabral e Silva	individual	Veterano M55	03:21:01	+32:31	04:47
13	134	LEONARDO DE SOUSA DIOGO	madeira ultra runners/camadeira	Veterano M45	03:21:57	+33:27	04:49
14	203	Nuno Carlos Figueiredo Campos	individual	Veterano M40	03:22:23	+33:53	04:49
15	174	M. Fátima Garrido Melo	individual	Veterana F40	03:24:09	+35:39	04:52
16	335	Paulo Cesar Ferreira	gondomar futsal clube	Senior Masculino	03:26:13	+37:43	04:55
17	232	Rui Miguel Martins	individual	Veterano M40	03:27:47	+39:17	04:57
18	302	Miguel A.V. Ribeiro	"os saramagos"	Senior Masculino	03:28:14	+39:44	04:57
19	248	Francisco José Mira Gaio	individual	Veterano M50	03:28:31	+40:01	04:58
20	225	Paulo gomes	individual	Senior Masculino	03:29:06	+40:36	04:59
21	140	Sérgio Martins	sc braga	Senior Masculino	03:29:31	+41:01	04:59
22	345	Manuel Chantre	individual	Veterano M45	03:30:58	+42:28	05:01
23	99	Joaquim Manuel Martins De Freitas	grupo dramatico e recreativo da retorta	Veterano M40	03:32:54	+44:24	05:04
24	123	José Capela	individual	Veterano M50	03:33:16	+44:46	05:05
25	85	Jorge Pereira	gaia-running	Veterano M40	03:33:40	+45:10	05:05
26	193	Helder Rocha	individual	Senior Masculino	03:33:59	+45:29	05:06
27	312	Carlos Miguel Ferreira	santo tirso runners	Senior Masculino	03:34:19	+45:49	05:06
28	173	Hugo Duarte Teixeira	individual	Senior Masculino	03:34:44	+46:14	05:07
29	191	rodrigo costa	individual	Veterano M50	03:35:35	+47:05	05:08
30	2234	Ester Alves	individual	Senior Feminino	03:37:09	+48:39	05:10
31	91	rui gomes	gd os ribeirinhos	Veterano M40	03:37:18	+48:48	05:10
32	30	Nuno Filipe Costa Soares	amigos da montanha	Senior Masculino	03:37:21	+48:51	05:11
33	298	José António Silva	os braguinhas atletismo	Veterano M40	03:37:30	+49:00	05:11
34	263	JOSÉ MANUEL RODRIGO NUNES	individual	Veterano M40	03:38:05	+49:35	05:12
35	49	Marco Vieira	clube zupper	Veterano M40	03:38:57	+50:27	05:13
36	299	José Fins	os braguinhas atletismo	Veterano M45	03:39:08	+50:38	05:13
37	222	André Martins Alves	individual	Senior Masculino	03:40:48	+52:18	05:15
38	103	José Carlos Marques	individual	Senior Masculino	03:41:17	+52:47	05:16
39	2004	Paula Lage	paredes aventura	Senior Feminino	03:42:20	+53:50	05:18
40	261	Jorge Figueiredo	individual	Veterano M40	03:42:32	+54:02	05:18
41	143	Nuno Seabra	individual	Veterano M40	03:43:06	+54:36	05:19
42	119	Fernando	individual	Senior Masculino	03:43:40	+55:10	05:20

42K - STAGE 1

42 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	2327	José Afonso	individual	Veterano M40	03:43:43	+55:13	05:20
44	290	Diogo João	multipower gaia trail	Senior Masculino	03:44:47	+56:17	05:21
45	341	Helder Rodrigues	individual	Veterano M40	03:45:03	+56:33	05:22
46	285	joaquim capela	kaninos	Veterano M40	03:45:13	+56:43	05:22
47	276	Manuel Emidio Rocha	individual	Veterano M45	03:45:20	+56:50	05:22
48	90	Isaac Costa	gam team trail	Veterano M40	03:45:25	+56:55	05:22
49	48	Luis Miguel Alves Monteiro	clube desportivo da limpeza urbana	Veterano M40	03:45:35	+57:05	05:22
50	189	Pedro Sousa	individual	Veterano M45	03:47:29	+58:59	05:25
51	42	Jorge Maia	budeguita runners	Veterano M45	03:47:56	+59:26	05:26
52	206	Ângelo Santos	individual	Senior Masculino	03:48:58	+01:00:28	05:27
53	209	Hugo Hêrmani Pimenta Sousa Faria	individual	Veterano M40	03:48:59	+01:00:29	05:27
54	64	Jorge Alves	desnível positivo	Senior Masculino	03:49:04	+01:00:34	05:27
55	158	eurico gameiro joão	individual	Senior Masculino	03:49:08	+01:00:38	05:27
56	41	Vitor Paulo Duarte Caldeira	boavista fc	Senior Masculino	03:49:37	+01:01:07	05:28
57	309	Fernando Leite	raposas	Senior Masculino	03:50:09	+01:01:39	05:29
58	292	Diogo Carvalho	nast	Veterano M45	03:50:21	+01:01:51	05:29
59	234	Pedro Couto Viana	individual	Veterano M45	03:51:14	+01:02:44	05:30
60	136	Luis Sousa Pires	individual	Veterano M55	03:51:16	+01:02:46	05:30
61	324	Manuel Sá	tugas na estrada	Veterano M55	03:51:20	+01:02:50	05:30
62	12	Sérgio Neves	adventure maps	Senior Masculino	03:51:53	+01:03:23	05:31
63	303	Helder Augusto Ferreira Camilo	paredes aventura	Senior Masculino	03:53:33	+01:05:03	05:34
64	43	João Carvalhal	budeguita runners	Veterano M40	03:53:47	+01:05:17	05:34
65	291	Fernando Carneiro	nast	Senior Masculino	03:54:23	+01:05:53	05:35
66	26	SERGIO RUSSO	afrikanrunners	Senior Masculino	03:54:31	+01:06:01	05:35
67	25	RUI PEREIRA	afrikanrunners	Senior Masculino	03:54:31	+01:06:01	05:35
68	300	Henrique Silva	os braguihas atletismo	Veterano M40	03:54:48	+01:06:18	05:35
69	175	Paulo cesar martins lima de carvalho	individual	Senior Masculino	03:55:02	+01:06:32	05:36
70	81	Luis Filipe Bastos Pinho	fit4fun	Veterano M40	03:55:36	+01:07:06	05:37
71	47	Adelino Silva	ccd - siemens	Veterano M45	03:56:23	+01:07:53	05:38
72	336	António Lencastre	individual	Senior Masculino	03:56:36	+01:08:06	05:38
73	258	nuno cáceres	individual	Veterano M45	03:56:46	+01:08:16	05:38
74	192	António Morais	individual	Veterano M40	03:57:26	+01:08:56	05:39
75	297	Américo Imperadeiro	os braguihas atletismo	Veterano M40	03:57:42	+01:09:12	05:40
76	296	José Gomes	os braguihas atletismo	Senior Masculino	03:57:43	+01:09:13	05:40
77	52	Nuno Filipe Moreira Ribeiro	clube zipper	Senior Masculino	03:57:46	+01:09:16	05:40
78	257	Germano adrega Cardoso	individual	Senior Masculino	03:58:01	+01:09:31	05:40
79	343	HELDER FERNANDO VIEIRA AZEVEDO	nast	Senior Masculino	03:58:43	+01:10:13	05:41
80	54	Joaquim Alberto Oliveira Gonçalves	correr-associação desportiva	Veterano M55	03:58:55	+01:10:25	05:41
81	105	Mário Manuel Franco Teixeira	individual	Senior Masculino	03:59:02	+01:10:32	05:41
82	166	Telmo Manuel Martins Cardoso	individual	Veterano M40	03:59:19	+01:10:49	05:42
83	159	Angelo Cabral	individual	Senior Masculino	03:59:47	+01:11:17	05:43
84	268	Ricardo Chung	individual	Veterano M40	04:00:35	+01:12:05	05:44
85	77	João Moreira	equipa wikaboo\ running espinho	Senior Masculino	04:02:13	+01:13:43	05:46
86	55	Paulo Jorge Pinho Ferreira	ctr vale de cambra	Veterano M45	04:02:43	+01:14:13	05:47
87	102	luis pedro nunes	individual	Veterano M40	04:03:01	+01:14:31	05:47

42K - STAGE 1

42 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	185	Nuno Tamagnini	individual	Veterano M40	04:31:41	+01:43:11	06:28
179	329	Filpe Lages	vimarunners	Veterano M45	04:33:02	+01:44:32	06:30
180	236	Séverine Boiteau	individual	Veterana F40	04:33:02	+01:44:32	06:30
181	280	Robert Cimander	individual	Veterano M45	04:34:19	+01:45:49	06:32
182	293	João Pinto	no tomorrow running team	Senior Masculino	04:34:25	+01:45:55	06:32
183	116	Ana Coelho	gaia running	Senior Feminino	04:34:35	+01:46:05	06:32
184	314	Clemente Teixeira	shots international runners	Veterano M45	04:34:36	+01:46:06	06:32
185	15	Aníbal Vieira	adventure maps	Veterano M45	04:35:00	+01:46:30	06:33
186	122	Marco Teles	individual	Veterano M40	04:35:14	+01:46:44	06:33
187	23	MARCO RUSSO	afrikanrunners	Senior Masculino	04:36:01	+01:47:31	06:34
188	149	Dário Jorge Ferreira Ribeiro	individual	Senior Masculino	04:36:02	+01:47:32	06:34
189	219	Renato viana	individual	Veterano M40	04:36:13	+01:47:43	06:35
190	111	Paula Oliveira	individual	Veterana F40	04:36:20	+01:47:50	06:35
191	178	Joaquim Alcides Morgado Vaz	individual	Veterano M40	04:37:46	+01:49:16	06:37
192	145	Nuno Magalhães	individual	Veterano M45	04:38:07	+01:49:37	06:37
193	288	ANTONIO MIRANDA	lousada runners	Veterano M50	04:39:48	+01:51:18	06:40
194	137	JUAN LUIS BLANCO RAMOS	individual	Veterano M45	04:40:05	+01:51:35	06:40
195	239	Alberto Pereira	individual	Veterano M45	04:40:47	+01:52:17	06:41
196	320	José Granja	tiago cadete - living	Veterano M40	04:41:28	+01:52:58	06:42
197	40	Carlos Carvalho	blip.pt	Senior Masculino	04:41:39	+01:53:09	06:42
198	126	André Dias	individual	Senior Masculino	04:41:46	+01:53:16	06:43
199	100	Rui Pedras	individual	Veterano M55	04:42:01	+01:53:31	06:43
200	106	Mariana Machado Ballester	individual	Senior Feminino	04:42:01	+01:53:31	06:43
201	155	Tiago Dionisio	individual	Veterano M40	04:42:02	+01:53:32	06:43
202	167	Manuel Santos Silva	individual	Veterano M45	04:42:17	+01:53:47	06:43
203	50	Aureliano Valente	clube zupper	Senior Masculino	04:42:43	+01:54:13	06:44
204	271	Paulo Santos	individual	Senior Masculino	04:43:00	+01:54:30	06:44
205	38	José Luis Machado Loureiro	autistic runners	Veterano M50	04:43:13	+01:54:43	06:45
206	323	Ricardo Silva	tugas na estrada	Veterano M40	04:43:40	+01:55:10	06:45
207	150	Sérgio Miranda	individual	Senior Masculino	04:44:57	+01:56:27	06:47
208	7	Luís Vale	4 runners team	Senior Masculino	04:45:39	+01:57:09	06:48
209	325	Kevin Gümüs	ultrasports trailrunning heilbornn ger	Senior Masculino	04:46:10	+01:57:40	06:49
210	28	Paula Santos	all about	Veterana F40	04:47:43	+01:59:13	06:51
211	204	Virgílio Bento	individual	Veterano M45	04:48:02	+01:59:32	06:51
212	321	Vitor Santos	trepaparedes	Senior Masculino	04:48:38	+02:00:08	06:52
213	139	Paulo Alexandre Silva	individual	Veterano M40	04:48:52	+02:00:22	06:53
214	171	Patrícia Rodrigues	individual	Veterana F40	04:50:23	+02:01:53	06:55
215	322	Jorge Manuel Rodrigues Gonçalves	tugas na estrada	Veterano M55	04:50:24	+02:01:54	06:55
216	265	Ivete Carneiro	individual	Veterana F40	04:51:46	+02:03:16	06:57
217	348	Rui Pinho	individual	Veterano M40	04:51:46	+02:03:16	06:57
218	254	JOANA RODRIGUES SOUSA	individual	Senior Feminino	04:54:27	+02:05:57	07:01
219	279	Raul Cerdeira	individual	Veterano M40	04:55:47	+02:07:17	07:03
220	264	Alexandre Viegas Maniés	individual	Veterano M50	04:55:49	+02:07:19	07:03
221	310	vitor coelho	running team lantemil	Veterano M40	04:58:25	+02:09:55	07:06
222	259	Paulo Cavaco	individual	Veterano M45	04:58:44	+02:10:14	07:07
223	342	Porfirio da silva pereira	individual	Veterano M40	04:58:45	+02:10:15	07:07

42K - STAGE 1
42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
224	334	Ivo Figueiroa	clube zipper	Senior Masculino	04:58:45	+02:10:15	07:07
225	88	Nuno Seabra	gam team trail	Senior Masculino	04:59:26	+02:10:56	07:08
226	87	Fernando Varanda	gam team trail	Senior Masculino	04:59:28	+02:10:58	07:08
227	318	Raul Loureiro	tiago cadete - living	Veterano M40	05:02:02	+02:13:32	07:11
228	133	Melanie Grace Owen	individual	Veterana F45	05:02:25	+02:13:55	07:12
229	237	Andreas Schick	individual	Veterano M55	05:02:40	+02:14:10	07:12
230	221	Ralf Windisch	individual	Veterano M45	05:02:41	+02:14:11	07:12
231	153	jose joaquim peixoto fernandes	individual	Veterano M55	05:04:16	+02:15:46	07:15
232	72	Célia Sampaio	desnível positivo	Veterana F40	05:04:22	+02:15:52	07:15
233	58	Joaquim Sampaio	d+	Veterano M60	05:04:22	+02:15:52	07:15
234	141	Fernanda Alves	individual	Veterana F40	05:04:29	+02:15:59	07:15
235	231	Rui Jovino Martins	individual	Veterano M40	05:05:31	+02:17:01	07:16
236	156	João Godinho Mendes	individual	Veterano M45	05:07:12	+02:18:42	07:19
237	286	joao paulo almeida	kaninos	Veterano M45	05:10:05	+02:21:35	07:23
238	224	Inês Félix Chung	individual	Senior Feminino	05:11:55	+02:23:25	07:26
239	190	Nuno Chung	individual	Senior Masculino	05:11:55	+02:23:25	07:26
240	79	Ricardo Rui Lopes Mendes Ferreira da Silva	falta muito?	Veterano M40	05:13:02	+02:24:32	07:27
241	214	Carlos Pereira	individual	Veterano M45	05:13:02	+02:24:32	07:27
242	182	Ilídio Pires	individual	Veterano M40	05:14:42	+02:26:12	07:30
243	101	CARLA MOTA	individual	Veterana F40	05:14:42	+02:26:12	07:30
244	277	Luis Nogueira	tartarugas do asfalto	Veterano M45	05:14:42	+02:26:12	07:30
245	242	Eduard Agayev	individual	Sub 23 Masculino	05:15:08	+02:26:38	07:30
246	160	nuno marques	individual	Senior Masculino	05:16:35	+02:28:05	07:32
247	154	Márcio Silva	individual	Senior Masculino	05:17:41	+02:29:11	07:34
248	230	Paulo Sérgio Matos da Silva	individual	Veterano M40	05:17:41	+02:29:11	07:34
249	110	Jaime de Almeida coimbra da Silva	individual	Veterano M55	05:19:10	+02:30:40	07:36
250	109	Alexandre Miguel	individual	Senior Masculino	05:19:11	+02:30:41	07:36
251	19	FERNANDO SANTOS	afis/ovar	Veterano M60	05:22:04	+02:33:34	07:40
252	213	DIANE MARIE SILVA	individual	Veterana F50	05:24:41	+02:36:11	07:44
253	18	Isabel Rodrigues	adventure maps	Veterana F50	05:27:08	+02:38:38	07:47
254	95	Miguel Teixeira	gramidense ifc	Senior Masculino	05:32:48	+02:44:18	07:55
255	76	Fernando Oliveira	engomadoria l&a team	Veterano M40	05:32:48	+02:44:18	07:55
256	184	Vera Nogueira	individual	Senior Feminino	05:37:42	+02:49:12	08:02
257	316	António Pinheiro	team duas faces	Senior Masculino	05:38:00	+02:49:30	08:03
258	181	Rui Quintão Gomes	individual	Senior Masculino	05:38:01	+02:49:31	08:03
259	301	Joe Kelbel	individual	Veterano M50	05:58:16	+03:09:46	08:32
260	220	Gisela Erckner	individual	Veterana F45	06:05:49	+03:17:19	08:43
261	327	Kuno Konowski	ultrasports trailrunning heilbornn ger	Veterano M45	06:08:28	+03:19:58	08:46
262	326	Claudia Konowski	ultrasports trailrunning heilbornn ger	Veterana F40	06:08:28	+03:19:58	08:46
263	17	Carlos Agostinho	adventure maps	Veterano M50	06:22:49	+03:34:19	09:07
264	251	Elisa Claro Canário	individual	Senior Feminino	06:57:06	+04:08:36	09:56
265	244	João Cristóvão	individual	Veterano M45	06:57:06	+04:08:36	09:56
266	347	Thomas Walter Fischer	individual	Veterano M50	07:00:07	+04:11:37	10:00

42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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27	12	Sérgio Neves	Adventure Maps	Senior Masculino	03:51:53	+01:03:23	05:31
28	303	Helder Augusto Ferreira Camilo	PAREDES AVENTURA	Senior Masculino	03:53:33	+01:05:03	05:34
29	291	Fernando Carneiro	NAST	Senior Masculino	03:54:23	+01:05:53	05:35
30	26	SERGIO RUSSO	AfrikanRunners	Senior Masculino	03:54:31	+01:06:01	05:35
31	25	RUI PEREIRA	AfrikanRunners	Senior Masculino	03:54:31	+01:06:01	05:35
32	175	Paulo cesar martins lima de carvalho	Individual	Senior Masculino	03:55:02	+01:06:32	05:36
33	336	António Lencastre	Individual	Senior Masculino	03:56:36	+01:08:06	05:38
34	296	José Gomes	Os Braguinhas Atletismo	Senior Masculino	03:57:43	+01:09:13	05:40
35	52	Nuno Filipe Moreira Ribeiro	Clube Zupper	Senior Masculino	03:57:46	+01:09:16	05:40
36	257	Germano adrega Cardoso	Individual	Senior Masculino	03:58:01	+01:09:31	05:40
37	343	HELDER FERNANDO VIEIRA AZEVEDO	NAST	Senior Masculino	03:58:43	+01:10:13	05:41
38	105	Mário Manuel Franco Teixeira	Individual	Senior Masculino	03:59:02	+01:10:32	05:41
39	159	Angelo Cabral	Individual	Senior Masculino	03:59:47	+01:11:17	05:43
40	77	João Moreira	Equipa Wikaboo\ Running Espinho	Senior Masculino	04:02:13	+01:13:43	05:46
41	142	Miguel pereira	Individual	Senior Masculino	04:03:26	+01:14:56	05:48
42	94	Helder Ferreira	Gramidense IFC	Senior Masculino	04:03:27	+01:14:57	05:48
43	223	João Poças	Individual	Senior Masculino	04:03:32	+01:15:02	05:48
44	294	BRUNO LOUREIRO	Not Run Alone	Senior Masculino	04:04:26	+01:15:56	05:49
45	70	Vitor Penetra	Desnível Positivo	Senior Masculino	04:04:31	+01:16:01	05:49
46	83	Diogo Soares da Costa Almeida	Fofi's	Senior Masculino	04:04:45	+01:16:15	05:50
47	35	Tiago Loureiro	ASPHALT ASSAULT TEAM	Senior Masculino	04:05:22	+01:16:52	05:51
48	317	Tiago Cadete	Tiago Cadete - Living	Senior Masculino	04:05:40	+01:17:10	05:51
49	75	Celso Santos	Engomadoria L&A Team	Senior Masculino	04:05:56	+01:17:26	05:51
50	92	Fernando Almeida	Gelpeixe	Senior Masculino	04:07:47	+01:19:17	05:54
51	338	Marco Escadas	Individual	Senior Masculino	04:08:02	+01:19:32	05:54
52	144	Pedro Dourado	Individual	Senior Masculino	04:09:37	+01:21:07	05:57
53	20	Filipe Gonçalves	AfrikanRunners	Senior Masculino	04:09:41	+01:21:11	05:57
54	278	Sérgio Amaro Bastos	Individual	Senior Masculino	04:10:13	+01:21:43	05:57
55	183	Nuno Siva	Individual	Senior Masculino	04:10:25	+01:21:55	05:58
56	129	Pedro Sá	Individual	Senior Masculino	04:11:15	+01:22:45	05:59
57	132	José Miguel Diogo	Individual	Senior Masculino	04:13:04	+01:24:34	06:02
58	165	João Manuel Martins Gaspar Caetano	Individual	Senior Masculino	04:13:28	+01:24:58	06:02
59	282	bruno ribeiro	Kaninos	Senior Masculino	04:13:28	+01:24:58	06:02
60	281	Humberto Barros	Kaninos	Senior Masculino	04:13:28	+01:24:58	06:02
61	197	Miguel Novais	Individual	Senior Masculino	04:13:43	+01:25:13	06:02
62	305	Victor Manuel Leite Fernandes	PICANHOS TEAM	Senior Masculino	04:15:23	+01:26:53	06:05
63	313	Hugo Gonçalves	Shots International Runners	Senior Masculino	04:16:05	+01:27:35	06:06
64	24	NELSON NUNES	AfrikanRunners	Senior Masculino	04:16:34	+01:28:04	06:07
65	217	Márcio Luis Benedito Vieira	Individual	Senior Masculino	04:16:53	+01:28:23	06:07
66	34	Marco Silva	ASPHALT ASSAULT TEAM	Senior Masculino	04:17:29	+01:28:59	06:08
67	33	Carlos Azevedo	ASPHALT ASSAULT TEAM	Senior Masculino	04:17:30	+01:29:00	06:08
68	205	Mário Rodrigues	Individual	Senior Masculino	04:17:39	+01:29:09	06:08
69	163	Hugo Moita	Individual	Senior Masculino	04:18:25	+01:29:55	06:09
70	169	Emanuel Santos	Individual	Senior Masculino	04:18:32	+01:30:02	06:09
71	228	isaac costa	Individual	Senior Masculino	04:22:17	+01:33:47	06:15
72	124	Carlos Manuel Viana Saragoça	Individual	Senior Masculino	04:22:27	+01:33:57	06:15

Official Timekeeper: Lap2Go	2 / 7	generate 29-nov-2015 16:01
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42K**42 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	171	Patrícia Rodrigues	Individual	Veterana F40	04:50:23	+01:26:14	06:55
8	265	Ivete Carneiro	Individual	Veterana F40	04:51:46	+01:27:37	06:57
9	72	Célia Sampaio	Desnível Positivo	Veterana F40	05:04:22	+01:40:13	07:15
10	141	Fernanda Alves	Individual	Veterana F40	05:04:29	+01:40:20	07:15
11	101	CARLA MOTA	Individual	Veterana F40	05:14:42	+01:50:33	07:30
12	326	Claudia Konowski	Ultrasports Trailrunning Heilbornn GER	Veterana F40	06:08:28	+02:44:19	08:46

Veterana F45

1	249	Maria Antonieta de Sá	Individual	Veterana F45	04:27:21		06:22
2	133	Melanie Grace Owen	Individual	Veterana F45	05:02:25	+35:04	07:12
3	220	Gisela Erckner	Individual	Veterana F45	06:05:49	+01:38:28	08:43

Veterana F50

1	213	DIANE MARIE SILVA	Individual	Veterana F50	05:24:41		07:44
2	18	Isabel Rodrigues	Adventure Maps	Veterana F50	05:27:08	+02:27	07:47

Veterano M40

1	59	Luis Gil	Decathlon Maia	Veterano M40	02:52:10		04:06
2	241	Abílio Ribeiro	CALDAS DE S JORGE SPORT CLUB	Veterano M40	03:09:17	+17:07	04:30
3	203	Nuno Carlos Figueiredo Campos	Individual	Veterano M40	03:22:23	+30:13	04:49
4	232	Rui Miguel Martins	Individual	Veterano M40	03:27:47	+35:37	04:57
5	99	Joaquim Manuel Martins De Freitas	grupo dramatico e recreativo da retorta	Veterano M40	03:32:54	+40:44	05:04
6	85	Jorge Pereira	GAIA-RUNNING	Veterano M40	03:33:40	+41:30	05:05
7	91	rui gomes	GD OS RIBEIRINHOS	Veterano M40	03:37:18	+45:08	05:10
8	298	José António Silva	Os Braguinhas Atletismo	Veterano M40	03:37:30	+45:20	05:11
9	263	JOSÉ MANUEL RODRIGO NUNES	Individual	Veterano M40	03:38:05	+45:55	05:12
10	49	Marco Vieira	Clube Zupper	Veterano M40	03:38:57	+46:47	05:13
11	261	Jorge Figueiredo	Individual	Veterano M40	03:42:32	+50:22	05:18
12	143	Nuno Seabra	Individual	Veterano M40	03:43:06	+50:56	05:19
13	2327	José Afonso	Individual	Veterano M40	03:43:43	+51:33	05:20
14	341	Helder Rodrigues	Individual	Veterano M40	03:45:03	+52:53	05:22
15	285	joaquim capela	Kaninos	Veterano M40	03:45:13	+53:03	05:22
16	90	Isaac Costa	Gam Team Trail	Veterano M40	03:45:25	+53:15	05:22
17	48	Luis Miguel Alves Monteiro	Clube Desportivo da Limpeza Urbana	Veterano M40	03:45:35	+53:25	05:22
18	209	Hugo Hêmani Pimenta Sousa Faria	Individual	Veterano M40	03:48:59	+56:49	05:27
19	43	João Carvalhal	BUDEGUITA RUNNERS	Veterano M40	03:53:47	+01:01:37	05:34
20	300	Henrique Silva	Os Braguinhas Atletismo	Veterano M40	03:54:48	+01:02:38	05:35
21	81	Luis Filipe Bastos Pinho	FIT4FUN	Veterano M40	03:55:36	+01:03:26	05:37
22	192	António Morais	Individual	Veterano M40	03:57:26	+01:05:16	05:39

42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

23	297	Américo Imperadeiro	Os Braguinhas Atletismo	Veterano M40	03:57:42	+01:05:32	05:40
24	166	Telmo Manuel Martins Cardoso	Individual	Veterano M40	03:59:19	+01:07:09	05:42
25	268	Ricardo Chung	Individual	Veterano M40	04:00:35	+01:08:25	05:44
26	102	luis pedro nunes	Individual	Veterano M40	04:03:01	+01:10:51	05:47
27	44	Augusto Adolfo Pereira Ribeiro	Cabritos da Cortiça - TRAIL	Veterano M40	04:04:22	+01:12:12	05:49
28	107	Americo Areias	Individual	Veterano M40	04:10:01	+01:17:51	05:57
29	51	Joaquim Rodrigues Madureira	Clube Zupper	Veterano M40	04:10:03	+01:17:53	05:57
30	36	Jorge Anjos	ASPHALT ASSAULT TEAM	Veterano M40	04:10:23	+01:18:13	05:58
31	80	Ángelo Manuel de Almeida Pinho	FIT4FUN	Veterano M40	04:12:18	+01:20:08	06:00
32	260	Hugo Fernandes	Individual	Veterano M40	04:14:22	+01:22:12	06:03
33	112	José Júlio Fernandes Vilaça	Individual	Veterano M40	04:18:02	+01:25:52	06:09
34	29	Eduardo Pinto	All About	Veterano M40	04:21:35	+01:29:25	06:14
35	255	Marco Silva	All About	Veterano M40	04:21:35	+01:29:25	06:14
36	96	Francisco Reis	Grupo Desportivo dos Ferroviários de Campanhã GDFC	Veterano M40	04:21:45	+01:29:35	06:14
37	315	Luis Miguel Taveira de Almeida Mendes Pedroso	Tartarugas do Asfalto	Veterano M40	04:23:03	+01:30:53	06:16
38	295	Mika Magalhães	Núcleo de Montanha de Espinho	Veterano M40	04:23:25	+01:31:15	06:16
39	199	JORGE AUGUSTO	Individual	Veterano M40	04:26:36	+01:34:26	06:21
40	98	Nuno Costa	Grupo Desportivo Limpeza Urbana	Veterano M40	04:27:54	+01:35:44	06:23
41	11	Renato Carvalho	ADCR Polícia Judiciária	Veterano M40	04:28:22	+01:36:12	06:23
42	86	Rui Rodrigues	GAIA-RUNNING	Veterano M40	04:29:45	+01:37:35	06:25
43	67	André Castros	Desnível Positivo	Veterano M40	04:29:45	+01:37:35	06:25
44	246	Miguel Loureiro	Individual	Veterano M40	04:30:23	+01:38:13	06:26
45	138	Paulo Marques	Individual	Veterano M40	04:31:10	+01:39:00	06:27
46	185	Nuno Tamagnini	Individual	Veterano M40	04:31:41	+01:39:31	06:28
47	122	Marco Teles	Individual	Veterano M40	04:35:14	+01:43:04	06:33
48	219	Renato viana	Individual	Veterano M40	04:36:13	+01:44:03	06:35
49	178	Joaquim Alcides Morgado Vaz	Individual	Veterano M40	04:37:46	+01:45:36	06:37
50	320	José Granja	Tiago Cadete - Living	Veterano M40	04:41:28	+01:49:18	06:42
51	155	Tiago Dionisio	Individual	Veterano M40	04:42:02	+01:49:52	06:43
52	323	Ricardo Silva	TUGAS NA ESTRADA	Veterano M40	04:43:40	+01:51:30	06:45
53	139	Paulo Alexandre Silva	Individual	Veterano M40	04:48:52	+01:56:42	06:53
54	348	Rui Pinho	Individual	Veterano M40	04:51:46	+01:59:36	06:57
55	279	Raul Cerdeira	Individual	Veterano M40	04:55:47	+02:03:37	07:03
56	310	vitor coelho	Running Team Lantermil	Veterano M40	04:58:25	+02:06:15	07:06
57	342	Porfirio da silva pereira	Individual	Veterano M40	04:58:45	+02:06:35	07:07
58	318	Raul Loureiro	Tiago Cadete - Living	Veterano M40	05:02:02	+02:09:52	07:11
59	231	Rui Jovino Martins	Individual	Veterano M40	05:05:31	+02:13:21	07:16
60	79	Ricardo Rui Lopes Mendes Ferreira da Silva	FALTA MUITO?	Veterano M40	05:13:02	+02:20:52	07:27
61	182	Ilidio Pires	Individual	Veterano M40	05:14:42	+02:22:32	07:30
62	230	Paulo Sérgio Matos da Silva	Individual	Veterano M40	05:17:41	+02:25:31	07:34
63	76	Fernando Oliveira	Engomadoria L&A Team	Veterano M40	05:32:48	+02:40:38	07:55

42K ESTAFETA

LAP 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

13	Metropro team	4	03:13:49	168 Km
1148	António Moreira	2	30:52	84 Km
1149	Sergio carvalho	1	01:10:24	42 Km
1150	Francisco Teotónio	1	52:03	42 Km
14	CF Jesuítas	4	03:13:59	168 Km
1080	Ivo Pereira	1	01:07:02	42 Km
1079	Hugo Andrade	1	50:35	42 Km
1081	Rui Matos	2	33:27	84 Km
15	TURBULENTOS 1	4	03:19:12	168 Km
1254	Fernando Manuel Tavares da Costa Antunes	2	31:46	84 Km
1255	Manuel Silva	1	01:19:37	42 Km
1253	Carlos Manuel Gonçalves Vieira Fernandes	1	48:38	42 Km
16	Gulbenkian	4	03:19:25	168 Km
1300	Paulo Matos	1	01:07:39	42 Km
1298	José Marques	2	33:24	84 Km
1299	Joaquim Matos	1	55:30	42 Km
17	TRAIL ME	4	03:20:02	168 Km
1209	António Coelho	2	34:04	84 Km
1208	Carlos Coelho	1	48:52	42 Km
1210	Miguel Araújo	1	01:12:51	42 Km
18	Suicidas Brácaros #2	4	03:20:40	168 Km
1193	José Barbosa	2	31:01	84 Km
1195	Pedro Romano	1	01:16:47	42 Km
1194	Nuno Alpoim	1	53:51	42 Km
19	Extreme Runners	4	03:21:10	168 Km
1105	Sérgio Anunciação	1	01:10:51	42 Km
1104	Sónia Mota	1	01:00:16	42 Km
1103	Sergio Suzano	2	31:05	84 Km
20	Boavistas	4	03:23:29	168 Km
1055	José Luís Boavista	2	32:52	84 Km
1057	António Boavista	1	53:57	42 Km
1056	Victor Coelho	1	01:14:12	42 Km
21	TNV TEAM	4	03:24:38	168 Km
1207	Mark velhote	2	32:22	84 Km
1205	André Neves	1	01:13:52	42 Km
1206	Nuno Teixeira	1	57:04	42 Km
22	PRN	4	03:25:19	168 Km
1180	Ricardo Brito	1	01:17:19	42 Km
1178	Bruno André	1	01:02:50	42 Km
1179	Pedro Martins	2	29:24	84 Km
23	GONDOMAR FUTSAL CLUBE	4	03:25:34	168 Km
1111	Paulo Alves	2	33:27	84 Km
1109	Ana Amaral	1	01:01:48	42 Km
1110	Fernando Figueiredo	1	01:07:01	42 Km
24	Asphalt Assault Team 1	4	03:26:16	168 Km
1035	Filipe Carneiro	2	33:25	84 Km
1036	Paulo Gavina	1	55:33	42 Km
1034	António Vela	1	01:15:13	42 Km
25	GRUPO DESPORTIVO SANTANDER TOTTA	4	03:26:28	168 Km
1297	José Nuno Paiva	1	01:08:06	42 Km
1295	José Filipe Lima	2	32:52	84 Km
1296	Adalberto Pinto Figueiredo	1	01:03:33	42 Km
26	Addicted to trail	4	03:26:43	168 Km
1005	João Borges	2	30:36	84 Km

42K ESTAFETA**LAP 42 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

1146	Pedro Gonçalves	2	33:21	84 Km
1145	Marta Marques	1	01:20:10	42 Km
54	TRILHA.DOS RUNNERS	4	03:52:37	168 Km
1234	Juvenal Duarte Ferreira	2	43:12	84 Km
1232	Daniel Rodrigo Magalhães da Costa	1	01:22:02	42 Km
1233	João Márcio da Silva Oliveira	1	57:35	42 Km
55	OFRunning	4	03:52:39	168 Km
1157	Rui Pereira	2	36:28	84 Km
1159	João Paulo Dias	1	01:21:15	42 Km
1158	Nuno Miguel Manso Xavier Pinto	1	01:07:14	42 Km
56	ADRULSM #3	4	03:53:26	168 Km
1015	JORGE MOREIRA	2	37:51	84 Km
1014	EDUARDO FERREIRA	1	01:02:16	42 Km
1013	CÉSAR LISBOA	1	01:28:35	42 Km
57	Virgin Active	4	03:53:48	168 Km
1285	João Vale	1	01:18:26	42 Km
1283	Mariana Marrana	1	01:03:18	42 Km
1284	Bruno Machado	2	43:49	84 Km
58	Perdi o Táxi	4	03:54:20	168 Km
1173	Eduardo Falcão	2	39:31	84 Km
1174	Miguel Morais	1	01:25:12	42 Km
1172	Márcio Lopes	1	58:59	42 Km
59	MaiaCrossTeamA	4	03:58:28	168 Km
1136	Luis Miguel Silva	1	01:25:53	42 Km
1138	Avelino Sousa	1	58:06	42 Km
1137	Sérgio Esteves	2	41:19	84 Km
60	Moreiras	4	03:59:20	168 Km
1153	MANUEL MOREIRA	1	01:04:42	42 Km
1152	LUIS MOREIRA	2	38:48	84 Km
1151	ALBERTO MOREIRA	1	01:20:35	42 Km
61	xamem-meouber	4	04:00:12	168 Km
1288	Marcos Gonçalves Vilela	1	01:06:27	42 Km
1286	César Ricardo Araújo Soares	1	01:29:55	42 Km
1287	joão nuno de oliveira pimentel castro manso	2	36:02	84 Km
62	OFRunning - Team3	4	04:01:07	168 Km
1167	Pedro Adão	2	37:10	84 Km
1166	Eduardo Neves	1	01:27:24	42 Km
1168	Rui Coelho	1	01:09:45	42 Km
63	" Os Noronhas "	4	04:01:27	168 Km
1002	Bruno Costa	1	01:02:18	42 Km
1001	André Ferreira	2	49:15	84 Km
1003	Rui Miranda	1	01:13:03	42 Km
64	Vila & Capelos Associados	4	04:01:41	168 Km
1271	Bruno Vilaça	1	59:27	42 Km
1272	João Capelo	2	40:13	84 Km
1273	Sérgio Capelo	1	01:26:51	42 Km
65	Grupo Desportivo Limpeza Urbana	4	04:03:50	168 Km
1114	VITOR MANUEL MÁXIMO SILVA	1	01:29:06	42 Km
1113	RUI JORGE DA SILVA PINTO	2	37:58	84 Km
1112	Cristina Azurara	1	01:06:06	42 Km
66	coutinhos	4	04:04:25	168 Km
1093	Manuel Coutinho Machado	2	38:13	84 Km
1091	Américo Coutinho Machado	1	01:23:39	42 Km
1092	Edmundo Silva Ramos	1	01:13:21	42 Km

42K ESTAFETA

LAP 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Rank	Team	Order	Name	Time	Distance
67	trezês	4	04:04:43	168 Km	
		1	01:24:59	42 Km	1231 Jose Machado
		2	40:48	84 Km	1230 Jose Lemos
		1	01:07:40	42 Km	1229 Jose Dias
68	Tartarugas do Asfalto	4	04:05:54	168 Km	
		1	01:27:08	42 Km	1201 Avelino Pereira de Sousa
		2	40:30	84 Km	1200 Gonçalo Costeira
		1	01:04:04	42 Km	1199 Luisa Almeida
69	Turbulentos LusosItaliano	4	04:06:27	168 Km	
		2	39:47	84 Km	1265 André Gaspar
		1	01:33:27	42 Km	1267 Arnaldo Rui Brás
		1	01:06:19	42 Km	1266 Giuseppe Oliveira Baldassarre
70	Budeguita Runners #4	4	04:06:52	168 Km	
		1	01:27:43	42 Km	1068 Carmo Loureiro
		2	37:02	84 Km	1067 Albino Paulo Dias
		1	01:15:27	42 Km	1069 Helder Sousa
71	Trail me 3	4	04:13:42	168 Km	
		2	39:42	84 Km	1216 José Eusébio
		1	01:04:24	42 Km	1214 Silvína Esteves
		1	01:39:12	42 Km	1218 Francisco Coelho
72	Budeguita Runners #5	4	04:17:09	168 Km	
		1	01:10:57	42 Km	1072 Tiago Lopes de Amorim
		2	36:28	84 Km	1070 Mario Rui Torres Gouveia
		1	01:39:30	42 Km	1071 Vesa Velentinovic
73	FriendsRus	4	04:18:00	168 Km	
		2	43:46	84 Km	1106 Marta Cardoso
		1	01:07:47	42 Km	1108 Nuno Baptista
		1	01:34:28	42 Km	1107 Maria Coelho
74	Run4 Cães to Be ALive	4	04:18:28	168 Km	
		2	45:41	84 Km	1182 Paula Carvalho
		1	01:18:00	42 Km	1181 Daniela Pereira
		1	01:11:59	42 Km	1183 Paulo Paiva
75	Turbulentos 5	4	04:18:34	168 Km	
		2	40:50	84 Km	1263 Rodrigo Brandão
		1	01:47:21	42 Km	1262 Anabela Delgado
		1	57:21	42 Km	1264 Antonio Costa
76	Turbulentos 6	4	04:18:51	168 Km	
		2	38:05	84 Km	1248 Pedro Câmara
		1	01:29:01	42 Km	1247 Maria Manuela
		1	01:25:00	42 Km	1249 António Santos
77	Temos Tempo	4	04:19:01	168 Km	
		2	47:02	84 Km	1202 Isabel Mariani
		1	01:17:17	42 Km	1203 Elvira Lima
		1	01:16:02	42 Km	1204 Bernardino Andrade
78	MaiaCrossTeamB	4	04:19:03	168 Km	
		1	01:33:42	42 Km	1139 Cristiana Rodrigues
		1	01:06:18	42 Km	1140 Joana Martins
		2	40:45	84 Km	1141 Patrícia Rosas
79	All About #2	4	04:21:35	168 Km	
		1	01:18:26	42 Km	1027 João Nuno Ferreira
		1	01:12:40	42 Km	1025 Susana Granja
		2	46:32	84 Km	1026 Paula Chaves
80	Leça da Palmeira Atletismo	4	04:22:15	168 Km	
		1	01:28:25	42 Km	1133 Carlos Pereira

42K ESTAFETA

LAP 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

94	Budeguita Runners #6	4	05:09:11		168 Km
	1075 Vítor Duarte	2		44:33	84 Km
	1073 Bárbara Almeida	1		01:37:41	42 Km
	1074 Bruno Brandão	1		01:43:47	42 Km
95	Budeguita Runners #1	4	05:09:12		168 Km
	1060 André Amorim	2		45:19	84 Km
	1058 Isabel Marques	1		01:40:03	42 Km
	1059 Sandra Oliveira	1		01:41:26	42 Km
96	Budeguita Runners #2	4	05:09:12		168 Km
	1063 Paula Sousa	1		01:26:45	42 Km
	1061 Minna Sillankorva	1		01:50:23	42 Km
	1062 Ana Luísa Dias	2		48:32	84 Km
97	Trevo do Sucesso #2	4	05:21:51		168 Km
	1223 Daniela Godinho	2		41:36	84 Km
	1225 Sandra Silva	1		02:17:55	42 Km
	1224 Márcia Vasconcelos	1		01:28:17	42 Km
98	Trevo do Sucesso #1	4	05:27:41		168 Km
	1221 Joana Lemos	2		49:17	84 Km
	1222 Adélia Azevedo	1		01:55:34	42 Km
	1220 Diana Costa	1		01:34:06	42 Km
99	Trevo do Sucesso #3	4	05:27:41		168 Km
	1228 SALOMÉ LEITÃO	1		01:34:28	42 Km
	1226 Ana Luísa Carvalho	1		01:55:07	42 Km
	1227 INÉS PELAIO	2		49:22	84 Km

21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:15	4,5°C	79,8%
End	13:56	4,5°C	79,8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2437	Paulo Mendes	individual	Sub 23 Masculino	01:21:25		03:53
2	2081	Romeu Gouveia	escaravelhos team	Sub 23 Masculino	01:21:29	+00:04	03:53
3	215	Paulo Pinto	individual	Veterano M45	01:23:15	+01:50	03:58
4	2001	David Ferreira	dr merino/ nutritifit	Senior Masculino	01:24:04	+02:39	04:00
5	2423	Luis Carvalho	grupo desportivo airão curviã	Senior Masculino	01:26:07	+04:42	04:06
6	2018	ANTÓNIO SILVINO	atlético clube são mamede	Veterano M50	01:27:37	+06:12	04:10
7	2044	jose mota	ciclistas cósmicos gislótica	Veterano M50	01:27:48	+06:23	04:11
8	2294	João Patricio	escaravelhos team	Sub 23 Masculino	01:28:13	+06:48	04:12
9	2039	renato silva	caldas de s.jorge sport clube	Veterano M45	01:29:10	+07:45	04:15
10	2003	Rui Rodrigues	gips - gnr montanha	Senior Masculino	01:30:35	+09:10	04:19
11	2345	Federico Losada Conde	mercarunning	Veterano M40	01:30:36	+09:11	04:19
12	2163	Paulo Duarte	individual	Senior Masculino	01:31:15	+09:50	04:21
13	2075	Diogo Lopes	edv-viana trail	Senior Masculino	01:31:27	+10:02	04:21
14	2033	Abílio Moreira	budeguita runners	Veterano M40	01:32:45	+11:20	04:25
15	2391	António Teles	santa justa runners	Senior Masculino	01:33:02	+11:37	04:26
16	2290	Filipe Saraiva Fernandes	individual	Senior Masculino	01:33:19	+11:54	04:27
17	2349	João Narciso Gonçalves	nase	Senior Masculino	01:33:19	+11:54	04:27
18	2264	Nuno Alexandre do Vale Ferreira Gonçalves Pereira	individual	Senior Masculino	01:33:25	+12:00	04:27
19	2217	David R B Gouveia	escaravelhos team	Senior Masculino	01:33:49	+12:24	04:28
20	2256	Manuel Henrique Pereira Barbosa	individual	Senior Masculino	01:33:53	+12:28	04:28
21	2340	Pedro Costa	kemedo team	Senior Masculino	01:36:01	+14:36	04:34
22	2070	Bruno Querido	desnível positivo	Veterano M40	01:36:52	+15:27	04:37
23	2087	Rui Fernandes	fafe runners	Senior Masculino	01:37:06	+15:41	04:37
24	2447	Marco Paulo Alves Brochado	os lobos do saibro	Senior Masculino	01:37:16	+15:51	04:38
25	2186	Nuno Castel-Branco	individual	Senior Masculino	01:37:37	+16:12	04:39
26	2231	Raul Rodrigues	individual	Senior Masculino	01:37:53	+16:28	04:40
27	2344	David Losada Conde	mercarunning	Veterano M40	01:38:03	+16:38	04:40
28	2191	Domingos Jorge Costa Gomes	individual	Senior Masculino	01:38:24	+16:59	04:41
29	2299	Rafael Delgado	individual	Senior Masculino	01:39:00	+17:35	04:43
30	2173	Vasco Morais Pinheiro de Sousa	individual	Veterano M45	01:39:51	+18:26	04:45
31	2324	Vasco Franco-Girolé-FAP WINES	individual	Veterano M45	01:40:12	+18:47	04:46
32	2080	Sérgio Domingos Landeira Gonçalves	ermida team	Senior Masculino	01:40:17	+18:52	04:47
33	2015	José Ribeiro	andantino	Veterano M40	01:40:22	+18:57	04:47
34	2121	José Gouveia	individual	Senior Masculino	01:40:31	+19:06	04:47
35	2127	Romeu Pereira	individual	Senior Masculino	01:40:32	+19:07	04:47
36	2268	Manuel Carlos Oliveira Ferreira	individual	Veterano M50	01:40:43	+19:18	04:48
37	2451	Artur Jorge Pereira Rodrigues	individual	Veterano M40	01:41:09	+19:44	04:49
38	2220	Antonio Teixeira	individual	Veterano M40	01:41:16	+19:51	04:49
39	2228	João Teixeira	individual	Senior Masculino	01:41:16	+19:51	04:49
40	2246	Pedro Pimentel	individual	Veterano M40	01:41:41	+20:16	04:51

21K - STAGE 1**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	2078	Martinho Dias	ermida team	Senior Masculino	01:41:47	+20:22	04:51
42	2093	Nuno Figueiredo	ferreirolux	Senior Masculino	01:42:03	+20:38	04:52
43	2362	Fernando Andrade	os perigosos	Senior Masculino	01:42:23	+20:58	04:53
44	2269	Nuno Machado	individual	Senior Masculino	01:42:27	+21:02	04:53
45	2133	Paulo César Silva	individual	Senior Masculino	01:42:53	+21:28	04:54
46	2017	ANABELA REMÉDIOS	atlético clube são mamede	Veterana F45	01:43:05	+21:40	04:55
47	2077	Eric Carvalho	ermida team	Senior Masculino	01:43:32	+22:07	04:56
48	2439	Francisco Cerqueira	individual	Veterano M40	01:44:16	+22:51	04:58
49	2161	Luis Artur Gonçalves	individual	Veterano M45	01:44:38	+23:13	04:59
50	2177	LUÍS MIGUEL SANTOS	individual	Senior Masculino	01:44:56	+23:31	05:00
51	2131	Rui Miguel Leite	individual	Senior Masculino	01:44:59	+23:34	05:00
52	2241	Bruno Miguel Neves Cardoso	individual	Senior Masculino	01:45:04	+23:39	05:00
53	2062	MIGUEL OLIVEIRA	coxos de sapatilhas	Veterano M40	01:45:26	+24:01	05:01
54	2250	Marco Dias	individual	Veterano M40	01:45:26	+24:01	05:01
55	2444	Assis Azevedo	individual	Veterano M55	01:45:28	+24:03	05:01
56	2271	Francisco Pinheiro	individual	Veterano M40	01:45:29	+24:04	05:01
57	2438	DE CASTRO	individual	Veterano M40	01:45:49	+24:24	05:02
58	2094	Simão Couto	ferreirolux	Senior Masculino	01:46:17	+24:52	05:04
59	2214	rui leitao	individual	Senior Masculino	01:46:18	+24:53	05:04
60	2029	Cesar Almeida	budeguita runners	Senior Masculino	01:46:24	+24:59	05:04
61	2235	Joao D. Santos	individual	Senior Masculino	01:46:37	+25:12	05:05
62	2060	RAFAEL COSTA	coxos de sapatilhas	Senior Masculino	01:46:43	+25:18	05:05
63	2135	Pedro Filipe Dias Alves	individual	Senior Masculino	01:46:52	+25:27	05:05
64	2366	Rúben Conceição	os zangões	Senior Masculino	01:47:17	+25:52	05:07
65	2346	Castor Tombo Cantarilla	mercarunning	Veterano M45	01:47:30	+26:05	05:07
66	2073	Duarte Oliveira	desnível positivo	Senior Masculino	01:47:31	+26:06	05:07
67	2206	joana fonseca	individual	Senior Feminino	01:47:45	+26:20	05:08
68	2265	Paulo Baltasar Silveira Martins	individual	Veterano M45	01:47:48	+26:23	05:08
69	2178	Manuel Fernandes	individual	Veterano M40	01:47:51	+26:26	05:08
70	2166	José Santos	oralklasse aliança amigos do trail	Senior Masculino	01:47:57	+26:32	05:08
71	2192	António Nogueira	individual	Veterano M40	01:47:57	+26:32	05:08
72	2146	Leandro André Vieira Lima	individual	Senior Masculino	01:48:02	+26:37	05:09
73	2338	Bárbara de Carvalho Fernandes	juventude vidigalense	Senior Feminino	01:48:12	+26:47	05:09
74	2041	Ângelo Pereira	centro ciclista de gondomar	Veterano M50	01:48:41	+27:16	05:11
75	2162	Sarina Carneiro Guimarães	individual	Senior Feminino	01:48:52	+27:27	05:11
76	2180	Ricardo Pliteiro	individual	Senior Masculino	01:48:53	+27:28	05:11
77	2428	daniel fernandez lopez	individual	Senior Masculino	01:48:59	+27:34	05:11
78	2431	Jorge Vazquez Alvarez	individual	Senior Masculino	01:48:59	+27:34	05:11
79	2356	João Carolo	nuno ribeiro	Senior Masculino	01:49:41	+28:16	05:13
80	2055	Nuno Cunha	clube zupper	Senior Masculino	01:49:55	+28:30	05:14
81	2244	José Rui Maia	individual	Veterano M40	01:49:56	+28:31	05:14
82	2343	Cesar Gonzalez Seara	mercarunning	Veterano M40	01:50:02	+28:37	05:14
83	2118	Pedro Santos	individual	Senior Masculino	01:50:25	+29:00	05:16
84	2050	João Ramos	clube zupper	Senior Masculino	01:50:35	+29:10	05:16
85	2147	Pedro Filipe Sousa Silva	individual	Sub 23 Masculino	01:50:38	+29:13	05:16
86	2450	LUIS ALMEIDA	budeguita runners	Veterano M40	01:50:45	+29:20	05:16

21K - STAGE 1**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	2140	Isolino Alves	individual	Senior Masculino	01:50:46	+29:21	05:16
88	2054	Pedro Cancelo	clube zipper	Senior Masculino	01:50:52	+29:27	05:17
89	2049	Paulo Silva	clube zipper	Senior Masculino	01:50:52	+29:27	05:17
90	2339	Raquel Clemente Pedro	juventude vidigalense	Veterana F40	01:50:53	+29:28	05:17
91	2167	Luís Mendes	individual	Veterano M40	01:51:14	+29:49	05:18
92	2230	Pedro Mouro	individual	Veterano M40	01:51:37	+30:12	05:19
93	2043	Joaquim Nunes	cf jesuítas team	Veterano M55	01:51:37	+30:12	05:19
94	2134	David Camelo	individual	Senior Masculino	01:51:42	+30:17	05:19
95	2020	Henrique Barros	bragazelas	Veterano M40	01:52:03	+30:38	05:20
96	2270	Nuno Rodrigues	individual	Veterano M45	01:52:05	+30:40	05:20
97	2440	Nuno Duarte	individual	Veterano M40	01:52:39	+31:14	05:22
98	3004	Cidália Novais	sociedade recreio cepanense	Senior Feminino	01:52:40	+31:15	05:22
99	2351	Rui Manuel Soares do Rêgo	nast	Senior Masculino	01:52:42	+31:17	05:22
100	2315	Duarte Paulo Ribeiro	individual	Veterano M45	01:53:27	+32:02	05:24
101	2300	Paulo Martins	individual	Veterano M45	01:53:29	+32:04	05:24
102	2053	Hugo Freixo	clube zipper	Senior Masculino	01:53:31	+32:06	05:24
103	2034	Ana Sousa	budeguita runners	Senior Feminino	01:53:31	+32:06	05:24
104	2165	Miguel Macieira	individual	Veterano M45	01:53:31	+32:06	05:24
105	2443	Rui Fial Torres	individual	Veterano M50	01:53:42	+32:17	05:25
106	2273	Joaquim Bento Alves Teixeira	individual	Veterano M50	01:54:01	+32:36	05:26
107	2433	Rui Pedro Faria	individual	Senior Masculino	01:54:09	+32:44	05:26
108	2032	Angelina Pinho	budeguita runners	Veterana F40	01:54:09	+32:44	05:26
109	2321	Joaquim Gayo	individual	Veterano M40	01:54:10	+32:45	05:26
110	2334	Luis dias	individual	Senior Masculino	01:54:13	+32:48	05:26
111	2104	Armanda Barroso	g.d. "os ribeirinhos"	Senior Feminino	01:54:16	+32:51	05:26
112	2105	Clemente Martins Pinto	g.d. "os ribeirinhos"	Senior Masculino	01:54:16	+32:51	05:26
113	2069	Margarida magalhaes	desnível positivo	Veterana F45	01:54:19	+32:54	05:27
114	2254	Ernesto Ribeiro	individual	Veterano M45	01:54:24	+32:59	05:27
115	2084	Mário José Rodrigues Teixeira	escola de atletismo de coimbra	Veterano M40	01:54:26	+33:01	05:27
116	2083	Nuno Cortesão	escola de atletismo de coimbra	Senior Masculino	01:54:26	+33:01	05:27
117	2082	André Henrique Pereira Fernandes	escola de atletismo de coimbra	Veterano M40	01:54:27	+33:02	05:27
118	2322	Jorge Manuel Afonso Pires	individual	Veterano M40	01:54:32	+33:07	05:27
119	2263	Antonio Silva	individual	Veterano M60	01:54:34	+33:09	05:27
120	2452	Rafael Galvão	vimarunners	Veterano M40	01:54:36	+33:11	05:27
121	2331	Ricardo Fernandes	individual	Senior Masculino	01:54:43	+33:18	05:28
122	2158	Samuel Gonçalves	individual	Senior Masculino	01:54:46	+33:21	05:28
123	2335	Afonso Bonifácio	individual	Senior Masculino	01:54:47	+33:22	05:28
124	2405	José Ribeiro	trilhando	Veterano M50	01:54:48	+33:23	05:28
125	2417	RICARDO FERNANDES	afrikanrunners	Senior Masculino	01:54:49	+33:24	05:28
126	2363	Helder Valadas	os perigosos	Senior Masculino	01:54:50	+33:25	05:28
127	2195	Jorge Coelho	individual	Veterano M40	01:55:01	+33:36	05:29
128	2008	JOEL GUIMARÃES	afrikanrunners	Veterano M40	01:55:16	+33:51	05:29
129	2009	JORGE NUNES	afrikanrunners	Veterano M40	01:55:16	+33:51	05:29
130	2383	José Leal	rosário extreme	Veterano M40	01:55:19	+33:54	05:29
131	2382	Mariana Delgado	rosário extreme	Senior Feminino	01:55:20	+33:55	05:30
132	2243	Benjamim Cruz	individual	Veterano M40	01:55:53	+34:28	05:31

21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	2185	Jorge Manuel Campelos Soares	individual	Senior Masculino	02:07:09	+45:44	06:03
220	2148	Jose Miguel Fernandes	individual	Senior Masculino	02:07:10	+45:45	06:03
221	2432	ricardo souza	individual	Senior Masculino	02:07:12	+45:47	06:03
222	2364	Paula Montenegro	os zangões	Senior Feminino	02:07:12	+45:47	06:03
223	2419	SÉRGIO FERREIRA	afrikanrunners	Senior Masculino	02:07:18	+45:53	06:04
224	2126	Carlos Gaspar Brandão Correia Martins	individual	Veterano M40	02:07:19	+45:54	06:04
225	2035	Rui Coelho	budeguita runners	Veterano M50	02:07:19	+45:54	06:04
226	2253	Avelino Rodrigues	individual	Veterano M40	02:07:32	+46:07	06:04
227	2342	Marília da Conceição da Silva Macieira	macieirinhas	Senior Feminino	02:07:37	+46:12	06:05
228	2086	Fernando Marinho	fafe runners	Senior Masculino	02:07:58	+46:33	06:06
229	2141	Ivónio Martins	individual	Senior Masculino	02:08:02	+46:37	06:06
230	2291	Pedro Leitão	individual	Senior Masculino	02:08:20	+46:55	06:07
231	2348	Ana Cláudia Sereno	nase	Senior Feminino	02:08:34	+47:09	06:07
232	2193	Pedro Miguel Martins Faria	individual	Senior Masculino	02:08:35	+47:10	06:07
233	2456	Álvaro José Pontes Oliveira	individual	Senior Masculino	02:08:45	+47:20	06:08
234	2279	Fernando Renato Samarao Pinheiro	individual	Senior Masculino	02:08:47	+47:22	06:08
235	2284	Luís Passos	individual	Veterano M40	02:09:35	+48:10	06:10
236	2042	Ricardo Meireles	cf jesuitas team	Veterano M40	02:09:41	+48:16	06:11
237	2200	Luis Miguel Araújo Pedrosa	individual	Senior Masculino	02:09:42	+48:17	06:11
238	2393	Leonel Freitas	santa justa runners	Veterano M40	02:09:42	+48:17	06:11
239	2445	ANA CAROLINA LOPES FERREIRA	nast	Veterana F40	02:09:48	+48:23	06:11
240	2404	Solange Cabral	trilhando	Senior Feminino	02:09:49	+48:24	06:11
241	2019	Francisco Rebelo	beat your limit	Veterano M40	02:09:52	+48:27	06:11
242	2236	Barbara Baldaia	individual	Senior Feminino	02:09:52	+48:27	06:11
243	2222	Simão Cardoso	individual	Senior Masculino	02:09:55	+48:30	06:11
244	2189	José Loureiro	individual	Sub 23 Masculino	02:09:58	+48:33	06:11
245	2174	tomé pinto	individual	Senior Masculino	02:10:01	+48:36	06:11
246	2181	Helder Oliveira	individual	Senior Masculino	02:10:02	+48:37	06:12
247	2248	Ricardo Pires	individual	Senior Masculino	02:10:09	+48:44	06:12
248	2326	José Eduardo Ferreira Borges	individual	Senior Masculino	02:10:21	+48:56	06:12
249	2306	PAULO FILIPE LOUREIRO MOREIRA	individual	Senior Masculino	02:10:22	+48:57	06:12
250	2117	Nuno Santos	individual	Senior Masculino	02:10:46	+49:21	06:14
251	2112	Luis Teixeira	individual	Senior Masculino	02:10:57	+49:32	06:14
252	2199	José Fernando Alves Mendes de Sousa	individual	Senior Masculino	02:11:00	+49:35	06:14
253	2014	João Leal	andantino	Senior Masculino	02:11:07	+49:42	06:15
254	2302	Ricardo André Vale Monteiro	individual	Senior Masculino	02:11:34	+50:09	06:16
255	2119	JOSE MACHADO	individual	Senior Masculino	02:12:16	+50:51	06:18
256	2091	Bruno P.	fama runners	Senior Masculino	02:12:16	+50:51	06:18
257	2314	Liliana Araújo Ferreira	individual	Senior Feminino	02:12:59	+51:34	06:20
258	2411	Jorge Moreira	warms	Senior Masculino	02:13:07	+51:42	06:20
259	2412	José Silva	warms	Senior Masculino	02:13:07	+51:42	06:20
260	2409	Ivo Ribeiro	warms	Senior Masculino	02:13:08	+51:43	06:20

21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
261	2410	Jorge Azevedo	warms	Senior Masculino	02:13:08	+51:43	06:20
262	2059	PAULO SAMAPIO	coxos de sapatilhas	Senior Masculino	02:13:18	+51:53	06:21
263	2056	Helder Vieira	clube zupper	Senior Masculino	02:13:31	+52:06	06:21
264	2067	Renato Presa	desnível positivo	Senior Masculino	02:13:32	+52:07	06:22
265	2109	Gustavo Santos	gramidense ifc	Senior Masculino	02:13:34	+52:09	06:22
266	2373	Nuno Miguel Ferreira Pacheco	preh runners	Veterano M40	02:13:34	+52:09	06:22
267	2207	Tiago Belarmino Brás Pires	individual	Senior Masculino	02:13:35	+52:10	06:22
268	2154	João Nuno Pinto Ramos	individual	Sub 23 Masculino	02:13:37	+52:12	06:22
269	2341	Helder Silva	la zinco	Senior Masculino	02:13:41	+52:16	06:22
270	2239	Maria Augusta Silva Roleira Marinho	individual	Veterana F45	02:13:45	+52:20	06:22
271	2330	Ricardo Pereira	individual	Senior Masculino	02:13:48	+52:23	06:22
272	2223	Miguel Pereira	individual	Senior Masculino	02:13:48	+52:23	06:22
273	2153	João Carlos Brizida Torres	individual	Senior Masculino	02:14:17	+52:52	06:24
274	2277	Nelson M. Peixoto	individual	Senior Masculino	02:14:41	+53:16	06:25
275	2225	Carmen Santos Lima	individual	Senior Feminino	02:14:45	+53:20	06:25
276	2137	Nuno Fernando Ribeiro Pereira	individual	Senior Masculino	02:15:07	+53:42	06:26
277	2287	Ana Sofia da Silva Borges	individual	Senior Feminino	02:15:13	+53:48	06:26
278	2357	Márcio Marques	oporto city hostel	Senior Masculino	02:15:13	+53:48	06:26
279	2408	ANA PAULA MONTEIRO DA COSTA	tugas na estrada	Veterana F45	02:15:24	+53:59	06:27
280	2011	Catarina Figueiredo	anchor	Senior Feminino	02:15:24	+53:59	06:27
281	2145	Margarida Cunha Reis	individual	Veterana F45	02:15:24	+53:59	06:27
282	2202	Jose Nogueira	individual	Veterano M55	02:15:50	+54:25	06:28
283	2354	Cheila Ferreira Dias	números sete	Senior Feminino	02:15:50	+54:25	06:28
284	2355	Paulo Dias	números sete	Veterano M50	02:15:50	+54:25	06:28
285	2088	Alberto Ricardo Fernandes Lucas	falta muito?	Senior Masculino	02:15:59	+54:34	06:29
286	2360	Alcides Nunes	os perigosos	Veterano M55	02:16:29	+55:04	06:30
287	2204	Andreia Susana da Costa Maia	individual	Senior Feminino	02:16:31	+55:06	06:30
288	2139	DAVID JORGE GARCEZ ANTUNES	individual	Veterano M45	02:17:10	+55:45	06:32
289	2036	João Pedro Monteiro	budeguita runners	Senior Masculino	02:18:48	+57:23	06:37
290	2449	Pedro José Pedro Miranda Mourão Patrício	turbulentos	Veterano M40	02:18:54	+57:29	06:37
291	2122	Nuno Albuquerque	individual	Veterano M50	02:19:18	+57:53	06:38
292	2022	Paula Cristina Barbosa Sousa de Oliveira Peixoto	bragazelas	Veterana F40	02:19:46	+58:21	06:39
293	2295	Claudia Sofia Meira Ribeiro	individual	Senior Feminino	02:20:15	+58:50	06:41
294	2416	GUILHERME LIMA	afrikanrunners	Senior Masculino	02:20:17	+58:52	06:41
295	2211	Vera Lúcia Augusto	individual	Veterana F40	02:20:21	+58:56	06:41
296	2184	Rui Miguel Simões Ferreira	individual	Senior Masculino	02:21:03	+59:38	06:43
297	2183	Martina Riedle	individual	Senior Feminino	02:21:06	+59:41	06:43
298	2266	Sven Rauhut	individual	Veterano M45	02:21:06	+59:41	06:43
299	2418	Rita Chaves Rebelo	terrores do asfalto	Senior Feminino	02:21:27	+01:00:02	06:44
300	2168	Joana Rebelo	individual	Senior Feminino	02:21:27	+01:00:02	06:44
301	2245	leonia ceban	individual	Veterana F50	02:21:42	+01:00:17	06:45
302	2365	Fernando Montenegro	os zangões	Senior Masculino	02:21:50	+01:00:25	06:45

21K - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
303	2226	Ricardo Medeiros	individual	Senior Masculino	02:22:04	+01:00:39	06:46
304	2100	Ana Cláudia Pissarra	fit4fun	Veterana F40	02:22:16	+01:00:51	06:46
305	2102	Conceição Ferreira	fit4fun	Veterana F45	02:22:16	+01:00:51	06:47
306	2101	Luis Miguel Almeida	fit4fun	Veterano M40	02:22:17	+01:00:52	06:47
307	2316	Tiago Ramalho	clube zupper	Senior Masculino	02:22:19	+01:00:54	06:47
308	2048	Cátia Moreira	clube zupper	Sub 23 Feminino	02:22:19	+01:00:54	06:47
309	2358	Rui Garrido	oporto city hostel	Senior Masculino	02:22:39	+01:01:14	06:48
310	2296	Luiz Alexandre Kulay	individual	Veterano M45	02:23:29	+01:02:04	06:50
311	2068	Ricardo Mendes	desnível positivo	Senior Masculino	02:24:37	+01:03:12	06:53
312	2259	Filipe Alexandre Lopes Amaral	individual	Senior Masculino	02:24:53	+01:03:28	06:54
313	2123	Francisca Anhas	individual	Senior Feminino	02:25:02	+01:03:37	06:54
314	2124	Sebastião Lages	individual	Senior Masculino	02:25:02	+01:03:37	06:54
315	2219	Carla Moreira	individual	Veterana F40	02:25:43	+01:04:18	06:56
316	2065	Bia Martins	desnível positivo	Senior Feminino	02:25:44	+01:04:19	06:56
317	2066	Marco Barbosa	desnível positivo	Senior Masculino	02:25:44	+01:04:19	06:56
318	2170	João Manuel Lopes Amaral	individual	Senior Masculino	02:25:50	+01:04:25	06:57
319	2392	César Vidal	santa justa runners	Senior Masculino	02:26:30	+01:05:05	06:59
320	2257	Eduardo João Moreira Maia	individual	Senior Masculino	02:28:04	+01:06:39	07:03
321	2274	PEDRO NATÁRIO	individual	Senior Masculino	02:28:41	+01:07:16	07:05
322	2275	Luis Filipe Ferreira Mendes	individual	Senior Masculino	02:28:42	+01:07:17	07:05
323	2397	Elsa Carvalho	tás a ver?	Senior Feminino	02:28:45	+01:07:20	07:05
324	2051	António Silva	clube zupper	Veterano M40	02:28:54	+01:07:29	07:05
325	2136	Cláudia Pereira Pinto	individual	Veterana F40	02:29:14	+01:07:49	07:06
326	2262	Ana Torres	individual	Senior Feminino	02:29:29	+01:08:04	07:07
327	2372	José Luis Peixoto Alves	preh runners	Senior Masculino	02:29:32	+01:08:07	07:07
328	2149	Elisabete Ribeiro	individual	Veterana F40	02:30:27	+01:09:02	07:10
329	2120	angelo vidal	individual	Veterano M40	02:30:27	+01:09:02	07:10
330	2353	Rita Garcia Dias	nel - peditleta	Veterana F40	02:30:58	+01:09:33	07:11
331	2010	Marco Alexandre Resende lopes	alverca urban runners	Veterano M40	02:31:50	+01:10:25	07:14
332	2097	Ismael Filipe do Vale Gonçalves	ferrugem	Senior Masculino	02:32:19	+01:10:54	07:15
333	2096	Filipe Santos Novais	ferrugem	Senior Masculino	02:32:19	+01:10:54	07:15
334	2095	Elisabete Santos Novais	ferrugem	Senior Feminino	02:32:20	+01:10:55	07:15
335	2406	Inês Ferreira Gonçalves	tugas na estrada	Senior Feminino	02:32:29	+01:11:04	07:16
336	2407	Tiago José Cardoso Vieira	tugas na estrada	Sub 23 Masculino	02:32:30	+01:11:05	07:16
337	2379	Márcia Cardoso	raposas	Senior Feminino	02:32:32	+01:11:07	07:16
338	2130	Luis Pereira	individual	Senior Masculino	02:33:00	+01:11:35	07:17
339	2129	Fernando Miguel Pereira	individual	Veterano M40	02:33:00	+01:11:35	07:17
340	2224	Miguel veloso	individual	Veterano M40	02:33:01	+01:11:36	07:17
341	2278	DAVID TEIXEIRA	individual	Senior Masculino	02:33:20	+01:11:55	07:18
342	2329	Romeu de Azevedo	individual	Veterano M40	02:34:07	+01:12:42	07:20
343	2396	Claudia Dias	tás a ver?	Senior Feminino	02:34:26	+01:13:01	07:21
344	2386	ORLANDO JORGE BARROSO MAGALHÃES	running mates	Senior Masculino	02:35:01	+01:13:36	07:23
345	2389	PEDRO MIGUEL DOS SANTOS MATOS	running mates	Veterano M45	02:35:02	+01:13:37	07:23
346	2380	Ana Pimentel	raposas	Senior Feminino	02:36:01	+01:14:36	07:26
347	2378	Helena Barbosa	raposas	Veterana F40	02:36:02	+01:14:37	07:26

21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	2143	Hélia Pimenta Dias	Individual	Senior Feminino	02:56:00	+01:08:15	08:23
41	2288	Cidalia Pinto Coelho	Individual	Senior Feminino	02:56:59	+01:09:14	08:26

Senior Masculino

1	2001	David Ferreira	Dr Merino/ Nutrifit	Senior Masculino	01:24:04		04:00
2	2423	Luis Carvalho	Grupo Desportivo Airão Curviã	Senior Masculino	01:26:07	+02:03	04:06
3	2003	Rui Rodrigues	GIPS - GNR Montanha	Senior Masculino	01:30:35	+06:31	04:19
4	2163	Paulo Duarte	Individual	Senior Masculino	01:31:15	+07:11	04:21
5	2075	Diogo Lopes	EDV-VIANA TRAIL	Senior Masculino	01:31:27	+07:23	04:21
6	2391	António Teles	Santa Justa Runners	Senior Masculino	01:33:02	+08:58	04:26
7	2290	Filipe Saraiva Fernandes	Individual	Senior Masculino	01:33:19	+09:15	04:27
8	2349	João Narciso Gonçalves	NASE	Senior Masculino	01:33:19	+09:15	04:27
9	2264	Nuno Alexandre do Vale Ferreira Gonçalves Pereira	Individual	Senior Masculino	01:33:25	+09:21	04:27
10	2217	David R B Gouveia	Escaravelhos Team	Senior Masculino	01:33:49	+09:45	04:28
11	2256	Manuel Henrique Pereira Barbosa	Individual	Senior Masculino	01:33:53	+09:49	04:28
12	2340	Pedro Costa	KeMedo Team	Senior Masculino	01:36:01	+11:57	04:34
13	2087	Rui Fernandes	Fafe Runners	Senior Masculino	01:37:06	+13:02	04:37
14	2447	Marco Paulo Alves Brochado	Os Lobos do Saibro	Senior Masculino	01:37:16	+13:12	04:38
15	2186	Nuno Castel-Branco	Individual	Senior Masculino	01:37:37	+13:33	04:39
16	2231	Raul Rodrigues	Individual	Senior Masculino	01:37:53	+13:49	04:40
17	2191	Domingos Jorge Costa Gomes	Individual	Senior Masculino	01:38:24	+14:20	04:41
18	2299	Rafael Delgado	Individual	Senior Masculino	01:39:00	+14:56	04:43
19	2080	Sérgio Domingos Landeira Gonçalves	Ermida Team	Senior Masculino	01:40:17	+16:13	04:47
20	2121	José Gouveia	Individual	Senior Masculino	01:40:31	+16:27	04:47
21	2127	Romeu Pereira	Individual	Senior Masculino	01:40:32	+16:28	04:47
22	2228	João Teixeira	Individual	Senior Masculino	01:41:16	+17:12	04:49
23	2078	Martinho Dias	Ermida Team	Senior Masculino	01:41:47	+17:43	04:51
24	2093	Nuno Figueiredo	FERREIROLUX	Senior Masculino	01:42:03	+17:59	04:52
25	2362	Fernando Andrade	os perigosos	Senior Masculino	01:42:23	+18:19	04:53
26	2269	Nuno Machado	Individual	Senior Masculino	01:42:27	+18:23	04:53
27	2133	Paulo César Silva	Individual	Senior Masculino	01:42:53	+18:49	04:54
28	2077	Eric Carvalho	Ermida Team	Senior Masculino	01:43:32	+19:28	04:56
29	2177	LUÍS MIGUEL SANTOS	Individual	Senior Masculino	01:44:56	+20:52	05:00
30	2131	Rui Miguel Leite	Individual	Senior Masculino	01:44:59	+20:55	05:00
31	2241	Bruno Miguel Neves Cardoso	Individual	Senior Masculino	01:45:04	+21:00	05:00
32	2094	Simão Couto	FERREIROLUX	Senior Masculino	01:46:17	+22:13	05:04
33	2214	rui leिताo	Individual	Senior Masculino	01:46:18	+22:14	05:04
34	2029	Cesar Almeida	BUDEGUITA RUNNERS	Senior Masculino	01:46:24	+22:20	05:04
35	2235	Joao D. Santos	Individual	Senior Masculino	01:46:37	+22:33	05:05
36	2060	RAFAEL COSTA	COXOS DE SAPATILHAS	Senior Masculino	01:46:43	+22:39	05:05
37	2135	Pedro Filipe Dias Alves	Individual	Senior Masculino	01:46:52	+22:48	05:05
38	2366	Rúben Conceição	Os Zangões	Senior Masculino	01:47:17	+23:13	05:07
39	2073	Duarte Oliveira	Desnível Positivo	Senior Masculino	01:47:31	+23:27	05:07
40	2166	José Santos	Oraklasse Aliança Amigos do Trail	Senior Masculino	01:47:57	+23:53	05:08

Official Timekeeper: Lap2Go	2 / 10	generate 29-nov-2015 14:32
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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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41	2146	Leandro André Vieira Lima	Individual	Senior Masculino	01:48:02	+23:58	05:09
42	2180	Ricardo Pliteiro	Individual	Senior Masculino	01:48:53	+24:49	05:11
43	2428	daniel fernandez lopez	Individual	Senior Masculino	01:48:59	+24:55	05:11
44	2431	Jorge Vazquez Alvarez	Individual	Senior Masculino	01:48:59	+24:55	05:11
45	2356	João Carolo	Nuno Ribeiro	Senior Masculino	01:49:41	+25:37	05:13
46	2055	Nuno Cunha	Clube Zupper	Senior Masculino	01:49:55	+25:51	05:14
47	2118	Pedro Santos	Individual	Senior Masculino	01:50:25	+26:21	05:16
48	2050	João Ramos	Clube Zupper	Senior Masculino	01:50:35	+26:31	05:16
49	2140	Isolino Alves	Individual	Senior Masculino	01:50:46	+26:42	05:16
50	2054	Pedro Cancelo	Clube Zupper	Senior Masculino	01:50:52	+26:48	05:17
51	2049	Paulo Silva	Clube Zupper	Senior Masculino	01:50:52	+26:48	05:17
52	2134	David Camelo	Individual	Senior Masculino	01:51:42	+27:38	05:19
53	2351	Rui Manuel Soares do Rêgo	NAST	Senior Masculino	01:52:42	+28:38	05:22
54	2053	Hugo Freixo	Clube Zupper	Senior Masculino	01:53:31	+29:27	05:24
55	2433	Rui Pedro Faria	Individual	Senior Masculino	01:54:09	+30:05	05:26
56	2334	Luis dias	Individual	Senior Masculino	01:54:13	+30:09	05:26
57	2105	Clemente Martins Pinto	G.D. "Os Ribeirinhos"	Senior Masculino	01:54:16	+30:12	05:26
58	2083	Nuno Cortesão	ESCOLA DE ATLETISMO DE COIMBRA	Senior Masculino	01:54:26	+30:22	05:27
59	2331	Ricardo Fernandes	Individual	Senior Masculino	01:54:43	+30:39	05:28
60	2158	Samuel Gonçalves	Individual	Senior Masculino	01:54:46	+30:42	05:28
61	2335	Afonso Bonifácio	Individual	Senior Masculino	01:54:47	+30:43	05:28
62	2417	RICARDO FERNANDES	AfrikanRunners	Senior Masculino	01:54:49	+30:45	05:28
63	2363	Helder Valadas	os perigosos	Senior Masculino	01:54:50	+30:46	05:28
64	2240	Daniel Fernandez Lozano	Individual	Senior Masculino	01:56:03	+31:59	05:32
65	2128	Alexandre Dias	Individual	Senior Masculino	01:56:18	+32:14	05:32
66	2106	Pedro Braga	SPEM	Senior Masculino	01:56:20	+32:16	05:32
67	2107	Ricardo Ferreira	SPEM	Senior Masculino	01:56:23	+32:19	05:33
68	2197	Ricardo de Almeida Pinho Carmo	Individual	Senior Masculino	01:56:25	+32:21	05:33
69	2281	Emanuel Braga	Individual	Senior Masculino	01:56:31	+32:27	05:33
70	2025	Tiago Almeida	BUDEGUITA RUNNERS	Senior Masculino	01:56:34	+32:30	05:33
71	2425	André Filipe Dias Brochado	Individual	Senior Masculino	01:56:40	+32:36	05:33
72	2436	Vitor rocha	Individual	Senior Masculino	01:57:03	+32:59	05:34
73	2005	RUFINO FREITAS	AfrikanRunners	Senior Masculino	01:57:07	+33:03	05:35
74	2116	Pedro Oliveira	Individual	Senior Masculino	01:57:14	+33:10	05:35
75	2013	André Alves	Andantino	Senior Masculino	01:57:32	+33:28	05:36
76	2089	Filipe Jorge Mendes Carvalho	FALTA MUITO?	Senior Masculino	01:58:14	+34:10	05:38
77	2328	Diogo Sampaio Barbosa de Matos	Individual	Senior Masculino	01:58:15	+34:11	05:38
78	2311	Guilherme José Ferraz Macedo Vieira	Individual	Senior Masculino	01:58:20	+34:16	05:38
79	2213	Domingos Jerônimo ribeiro gomes	Individual	Senior Masculino	01:58:35	+34:31	05:39
80	2212	Marco Antonio Muniz Lippert	Individual	Senior Masculino	01:58:53	+34:49	05:40
81	2301	César Macedo	Individual	Senior Masculino	01:58:58	+34:54	05:40
82	2061	RAFAEL FREITAS	COXOS DE SAPATILHAS	Senior Masculino	01:59:06	+35:02	05:40
83	82	Paulo Freitas	Fofi's	Senior Masculino	01:59:06	+35:02	05:40
84	2374	Claudio Ferreira	Preh Runners	Senior Masculino	01:59:07	+35:03	05:40
85	2282	Rogério Araújo Costa	Individual	Senior Masculino	02:00:25	+36:21	05:44
86	2283	Alexandre Martins	Individual	Senior Masculino	02:00:29	+36:25	05:44

Official Timekeeper: Lap2Go	3 / 10	generate 29-nov-2015 14:32
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OFFICIAL RESULT

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87	2429	João Oliveira	Individual	Senior Masculino	02:00:43	+36:39	05:45
88	2196	Paulo Renato Fernandes Gomes	Individual	Senior Masculino	02:00:50	+36:46	05:45
89	2352	Jorge Vieira	NEL - Pédatleta	Senior Masculino	02:00:54	+36:50	05:45
90	2304	Pedro Ferreira	Individual	Senior Masculino	02:01:59	+37:55	05:49
91	2359	Marco Caseiro	os perigosos	Senior Masculino	02:02:03	+37:59	05:49
92	2285	Duarte Aguiar	Individual	Senior Masculino	02:02:04	+38:00	05:49
93	2194	osvaldo daniel ferreira pinho	Individual	Senior Masculino	02:02:28	+38:24	05:50
94	2261	Manuel Aguilar Pinto Ferreira	Individual	Senior Masculino	02:02:59	+38:55	05:51
95	2098	Eduardo Bernardino	FFit Gaia Trail	Senior Masculino	02:03:00	+38:56	05:51
96	2293	João Dias	Individual	Senior Masculino	02:03:18	+39:14	05:52
97	2144	Rui Jorge Pereira Marinho Ribeiro	Individual	Senior Masculino	02:03:24	+39:20	05:53
98	2155	Nuno Ribeiro	Individual	Senior Masculino	02:03:31	+39:27	05:53
99	128	Nélson Sousa	PAREDES AVENTURA	Senior Masculino	02:03:43	+39:39	05:53
100	2247	Ricardo Sousa	Individual	Senior Masculino	02:03:57	+39:53	05:54
101	2125	Nuno Lima	Individual	Senior Masculino	02:04:30	+40:26	05:56
102	2175	Nelson Manuel Marques de Sousa	Individual	Senior Masculino	02:04:32	+40:28	05:56
103	2333	RUI SOUSA	Individual	Senior Masculino	02:05:09	+41:05	05:58
104	2252	Hugo Sousa	Individual	Senior Masculino	02:05:19	+41:15	05:58
105	2272	Cláudio António Pereira Coelho Teixeira	Individual	Senior Masculino	02:05:38	+41:34	05:59
106	2026	Rui Airosa	BUDEGUITA RUNNERS	Senior Masculino	02:05:51	+41:47	06:00
107	2188	ALBERTO BARBOSA	Individual	Senior Masculino	02:06:10	+42:06	06:00
108	2185	Jorge Manuel Campelos Soares	Individual	Senior Masculino	02:07:09	+43:05	06:03
109	2148	Jose Miguel Fernandes	Individual	Senior Masculino	02:07:10	+43:06	06:03
110	2432	ricardo sousa	Individual	Senior Masculino	02:07:12	+43:08	06:03
111	2419	SÉRGIO FERREIRA	AfrikanRunners	Senior Masculino	02:07:18	+43:14	06:04
112	2086	Fernando Marinho	Fafe Runners	Senior Masculino	02:07:58	+43:54	06:06
113	2141	Ivónio Martins	Individual	Senior Masculino	02:08:02	+43:58	06:06
114	2291	Pedro Leitão	Individual	Senior Masculino	02:08:20	+44:16	06:07
115	2193	Pedro Miguel Martins Faria	Individual	Senior Masculino	02:08:35	+44:31	06:07
116	2456	Álvaro José Pontes Oliveira	Individual	Senior Masculino	02:08:45	+44:41	06:08
117	2279	Fernando Renato Samarao Pinheiro	Individual	Senior Masculino	02:08:47	+44:43	06:08
118	2200	Luis Miguel Araújo Pedrosa	Individual	Senior Masculino	02:09:42	+45:38	06:11
119	2222	Simão Cardoso	Individual	Senior Masculino	02:09:55	+45:51	06:11
120	2174	tomé pinto	Individual	Senior Masculino	02:10:01	+45:57	06:11
121	2181	Helder Oliveira	Individual	Senior Masculino	02:10:02	+45:58	06:12
122	2248	Ricardo Pires	Individual	Senior Masculino	02:10:09	+46:05	06:12
123	2326	José Eduardo Ferreira Borges	Individual	Senior Masculino	02:10:21	+46:17	06:12
124	2306	PAULO FILIPE LOUREIRO MOREIRA	Individual	Senior Masculino	02:10:22	+46:18	06:12
125	2117	Nuno Santos	Individual	Senior Masculino	02:10:46	+46:42	06:14
126	2112	Luis Teixeira	Individual	Senior Masculino	02:10:57	+46:53	06:14
127	2199	José Fernando Alves Mendes de Sousa	Individual	Senior Masculino	02:11:00	+46:56	06:14
128	2014	João Leal	Andantino	Senior Masculino	02:11:07	+47:03	06:15
129	2302	Ricardo André Vale Monteiro	Individual	Senior Masculino	02:11:34	+47:30	06:16
130	2119	JOSE MACHADO	Individual	Senior Masculino	02:12:16	+48:12	06:18
131	2091	Bruno P.	FAMA RUNNERS	Senior Masculino	02:12:16	+48:12	06:18
132	2411	Jorge Moreira	WARMS	Senior Masculino	02:13:07	+49:03	06:20

Official Timekeeper: Lap2Go	4 / 10	generate 29-nov-2015 14:32
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OFFICIAL RESULT

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133	2412	José Silva	WARMS	Senior Masculino	02:13:07	+49:03	06:20
134	2409	Ivo Ribeiro	WARMS	Senior Masculino	02:13:08	+49:04	06:20
135	2410	Jorge Azevedo	WARMS	Senior Masculino	02:13:08	+49:04	06:20
136	2059	PAULO SAMAPIO	COXOS DE SAPATILHAS	Senior Masculino	02:13:18	+49:14	06:21
137	2056	Helder Vieira	Clube Zupper	Senior Masculino	02:13:31	+49:27	06:21
138	2067	Renato Presa	Desnível Positivo	Senior Masculino	02:13:32	+49:28	06:22
139	2109	Gustavo Santos	Gramidense IFC	Senior Masculino	02:13:34	+49:30	06:22
140	2207	Tiago Belarmino Brás Pires	Individual	Senior Masculino	02:13:35	+49:31	06:22
141	2341	Helder Silva	LA Zinco	Senior Masculino	02:13:41	+49:37	06:22
142	2330	Ricardo Pereira	Individual	Senior Masculino	02:13:48	+49:44	06:22
143	2223	Miguel Pereira	Individual	Senior Masculino	02:13:48	+49:44	06:22
144	2153	João Carlos Brizida Torres	Individual	Senior Masculino	02:14:17	+50:13	06:24
145	2277	Nelson M. Peixoto	Individual	Senior Masculino	02:14:41	+50:37	06:25
146	2137	Nuno Fernando Ribeiro Pereira	Individual	Senior Masculino	02:15:07	+51:03	06:26
147	2357	Márcio Marques	Oporto City Hostel	Senior Masculino	02:15:13	+51:09	06:26
148	2088	Alberto Ricardo Fernandes Lucas	FALTA MUITO?	Senior Masculino	02:15:59	+51:55	06:29
149	2036	João Pedro Monteiro	BUDEGUITA RUNNERS	Senior Masculino	02:18:48	+54:44	06:37
150	2416	GUILHERME LIMA	AfrikanRunners	Senior Masculino	02:20:17	+56:13	06:41
151	2184	Rui Miguel Simões Ferreira	Individual	Senior Masculino	02:21:03	+56:59	06:43
152	2365	Fernando Montenegro	Os Zangões	Senior Masculino	02:21:50	+57:46	06:45
153	2226	Ricardo Medeiros	Individual	Senior Masculino	02:22:04	+58:00	06:46
154	2316	Tiago Ramalho	Clube Zupper	Senior Masculino	02:22:19	+58:15	06:47
155	2358	Rui Garrido	Oporto City Hostel	Senior Masculino	02:22:39	+58:35	06:48
156	2068	Ricardo Mendes	Desnível Positivo	Senior Masculino	02:24:37	+01:00:33	06:53
157	2259	Filipe Alexandre Lopes Amaral	Individual	Senior Masculino	02:24:53	+01:00:49	06:54
158	2124	Sebastião Lages	Individual	Senior Masculino	02:25:02	+01:00:58	06:54
159	2066	Marco Barbosa	Desnível Positivo	Senior Masculino	02:25:44	+01:01:40	06:56
160	2170	João Manuel Lopes Amaral	Individual	Senior Masculino	02:25:50	+01:01:46	06:57
161	2392	César Vidal	Santa Justa Runners	Senior Masculino	02:26:30	+01:02:26	06:59
162	2257	Eduardo João Moreira Maia	Individual	Senior Masculino	02:28:04	+01:04:00	07:03
163	2274	PEDRO NATÁRIO	Individual	Senior Masculino	02:28:41	+01:04:37	07:05
164	2275	Luis Filipe Ferreira Mendes	Individual	Senior Masculino	02:28:42	+01:04:38	07:05
165	2372	José Luis Peixoto Alves	Preh Runners	Senior Masculino	02:29:32	+01:05:28	07:07
166	2097	Ismael Filipe do Vale Gonçalves	Ferrugem	Senior Masculino	02:32:19	+01:08:15	07:15
167	2096	Filipe Santos Novais	Ferrugem	Senior Masculino	02:32:19	+01:08:15	07:15
168	2130	Luis Pereira	Individual	Senior Masculino	02:33:00	+01:08:56	07:17
169	2278	DAVID TEIXEIRA	Individual	Senior Masculino	02:33:20	+01:09:16	07:18
170	2386	ORLANDO JORGE BARROSO MAGALHÃES	Running Mates	Senior Masculino	02:35:01	+01:10:57	07:23
171	2159	José Reis Amaro	Individual	Senior Masculino	02:38:57	+01:14:53	07:34
172	2305	Edgar Seabra	Individual	Senior Masculino	02:41:21	+01:17:17	07:41
173	2203	João Fontoura de Oliveira	Individual	Senior Masculino	02:41:41	+01:17:37	07:42
174	2398	Tiago Gomes	Tás a Ver?	Senior Masculino	02:48:10	+01:24:06	08:00
175	2427	Daniel da Costa Soares	Individual	Senior Masculino	02:49:11	+01:25:07	08:03
176	2099	Filipe de Oliveira	Filipe de Oliveira	Senior Masculino	02:51:19	+01:27:15	08:09
177	66	Tiago Fernandes	Desnível Positivo	Senior Masculino	03:12:53	+01:48:49	09:11
178	63	Filipe Rocha	Desnível Positivo	Senior Masculino	03:12:53	+01:48:49	09:11

Official Timekeeper: Lap2Go	5 / 10	generate 29-nov-2015 14:32
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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

179	65	Ricardo Taxa	Desnível Positivo	Senior Masculino	03:12:53	+01:48:49	09:11
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Sub 23 Feminino

1	2218	Francisca Alexandra Teixeira de Sousa	Individual	Sub 23 Feminino	02:05:39		05:59
2	2048	Cátia Moreira	Clube Zupper	Sub 23 Feminino	02:22:19	+16:40	06:47
3	2187	Ana Isabel Santos Vieira	Individual	Sub 23 Feminino	02:41:36	+35:57	07:42
4	2267	Mariana Antunes	Individual	Sub 23 Feminino	02:49:10	+43:31	08:03

Sub 23 Masculino

1	2437	Paulo Mendes	Individual	Sub 23 Masculino	01:21:25		03:53
2	2081	Romeu Gouveia	Escaravelhos Team	Sub 23 Masculino	01:21:29	+00:04	03:53
3	2294	João Patrício	Escaravelhos Team	Sub 23 Masculino	01:28:13	+06:48	04:12
4	2147	Pedro Filipe Sousa Silva	Individual	Sub 23 Masculino	01:50:38	+29:13	05:16
5	2092	Bruno Manuel Alves Gonçalves	Família Unida Runners	Sub 23 Masculino	01:58:26	+37:01	05:38
6	2189	José Loureiro	Individual	Sub 23 Masculino	02:09:58	+48:33	06:11
7	2154	João Nuno Pinto Ramos	Individual	Sub 23 Masculino	02:13:37	+52:12	06:22
8	2407	Tiago José Cardoso Vieira	TUGAS NA ESTRADA	Sub 23 Masculino	02:32:30	+01:11:05	07:16

Veterana F40

1	2339	Raquel Clemente Pedro	Juventude Vidigalense	Veterana F40	01:50:53		05:17
2	2032	Angelina Pinho	BUDEGUITA RUNNERS	Veterana F40	01:54:09	+03:16	05:26
3	2074	Gisela Pereira	Desnível Positivo	Veterana F40	02:01:57	+11:04	05:48
4	2455	Mónica Elisa das Dores Ribeiro Moreira	Individual	Veterana F40	02:03:31	+12:38	05:53
5	2030	Ana Dias	BUDEGUITA RUNNERS	Veterana F40	02:04:52	+13:59	05:57
6	2445	ANA CAROLINA LOPES FERREIRA	NAST	Veterana F40	02:09:48	+18:55	06:11
7	2022	Paula Cristina Barbosa Sousa de Oliveira Peixoto	Bragazelas	Veterana F40	02:19:46	+28:53	06:39
8	2211	Vera Lúcia Augusto	Individual	Veterana F40	02:20:21	+29:28	06:41
9	2100	Ana Cláudia Pissarra	FIT4FUN	Veterana F40	02:22:16	+31:23	06:46
10	2219	Carla Moreira	Individual	Veterana F40	02:25:43	+34:50	06:56
11	2136	Cláudia Pereira Pinto	Individual	Veterana F40	02:29:14	+38:21	07:06
12	2149	Elisabete Ribeiro	Individual	Veterana F40	02:30:27	+39:34	07:10
13	2353	Rita Garcia Dias	NEL - Pédatleta	Veterana F40	02:30:58	+40:05	07:11
14	2378	Helena Barbosa	Raposas	Veterana F40	02:36:02	+45:09	07:26
15	2176	Sílvia Silva	Individual	Veterana F40	02:37:16	+46:23	07:29
16	2258	Diana Teles	Individual	Veterana F40	02:52:30	+01:01:37	08:13

Veterana F45

1	2017	ANABELA REMÉDIOS	ATLÉTICO CLUBE SÃO MAMEDE	Veterana F45	01:43:05		04:55
2	2069	Margarida magalhaes	Desnível Positivo	Veterana F45	01:54:19	+11:14	05:27

21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

3	2292	Mira Matias	Individual	Veterana F45	01:58:52	+15:47	05:40
4	2239	Maria Augusta Silva Roleira Marinho	Individual	Veterana F45	02:13:45	+30:40	06:22
5	2408	ANA PAULA MONTEIRO DA COSTA	TUGAS NA ESTRADA	Veterana F45	02:15:24	+32:19	06:27
6	2145	Margarida Cunha Reis	Individual	Veterana F45	02:15:24	+32:19	06:27
7	2102	Conceição Ferreira	FIT4FUN	Veterana F45	02:22:16	+39:11	06:47
8	2448	Fatima Geraldese	TUGAS NA ESTRADA	Veterana F45	02:37:16	+54:11	07:29
9	2255	Cristina Silva	Individual	Veterana F45	02:38:11	+55:06	07:32

Veterana F50

1	2245	leonia ceban	Individual	Veterana F50	02:21:42		06:45
2	2332	Prazeres Pires	Individual	Veterana F50	02:56:59	+35:17	08:26

Veterano M40

1	2345	Federico Losada Conde	MERCARUNNING	Veterano M40	01:30:36		04:19
2	2033	Abílio Moreira	BUDEGUITA RUNNERS	Veterano M40	01:32:45	+02:09	04:25
3	2070	Bruno Querido	Desnível Positivo	Veterano M40	01:36:52	+06:16	04:37
4	2344	David Losada Conde	MERCARUNNING	Veterano M40	01:38:03	+07:27	04:40
5	2015	José Ribeiro	Andantino	Veterano M40	01:40:22	+09:46	04:47
6	2451	Artur Jorge Pereira Rodrigues	Individual	Veterano M40	01:41:09	+10:33	04:49
7	2220	Antonio Teixeira	Individual	Veterano M40	01:41:16	+10:40	04:49
8	2246	Pedro Pimentel	Individual	Veterano M40	01:41:41	+11:05	04:51
9	2439	Francisco Cerqueira	Individual	Veterano M40	01:44:16	+13:40	04:58
10	2062	MIGUEL OLIVEIRA	COXOS DE SAPATILHAS	Veterano M40	01:45:26	+14:50	05:01
11	2250	Marco Dias	Individual	Veterano M40	01:45:26	+14:50	05:01
12	2271	Francisco Pinheiro	Individual	Veterano M40	01:45:29	+14:53	05:01
13	2438	DE CASTRO	Individual	Veterano M40	01:45:49	+15:13	05:02
14	2178	Manuel Fernandes	Individual	Veterano M40	01:47:51	+17:15	05:08
15	2192	António Nogueira	Individual	Veterano M40	01:47:57	+17:21	05:08
16	2244	José Rui Maia	Individual	Veterano M40	01:49:56	+19:20	05:14
17	2343	Cesar Gonzalez Seara	MERCARUNNING	Veterano M40	01:50:02	+19:26	05:14
18	2450	LUIS ALMEIDA	BUDEGUITA RUNNERS	Veterano M40	01:50:45	+20:09	05:16
19	2167	Luís Mendes	Individual	Veterano M40	01:51:14	+20:38	05:18
20	2230	Pedro Mouro	Individual	Veterano M40	01:51:37	+21:01	05:19
21	2020	Henrique Barros	Bragazelas	Veterano M40	01:52:03	+21:27	05:20
22	2440	Nuno Duarte	Individual	Veterano M40	01:52:39	+22:03	05:22
23	2321	Joaquim Gayo	Individual	Veterano M40	01:54:10	+23:34	05:26
24	2084	Mário José Rodrigues Teixeira	ESCOLA DE ATLETISMO DE COIMBRA	Veterano M40	01:54:26	+23:50	05:27
25	2082	André Henrique Pereira Fernandes	ESCOLA DE ATLETISMO DE COIMBRA	Veterano M40	01:54:27	+23:51	05:27
26	2322	Jorge Manuel Afonso Pires	Individual	Veterano M40	01:54:32	+23:56	05:27
27	2452	Rafael Galvão	vimarunners	Veterano M40	01:54:36	+24:00	05:27
28	2195	Jorge Coelho	Individual	Veterano M40	01:55:01	+24:25	05:29
29	2008	JOEL GUIMARÃES	AfrikanRunners	Veterano M40	01:55:16	+24:40	05:29

21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

30	2009	JORGE NUNES	AfrikanRunners	Veterano M40	01:55:16	+24:40	05:29
31	2383	José Leal	ROSÁRIO EXTREME	Veterano M40	01:55:19	+24:43	05:29
32	2243	Benjamim Cruz	Individual	Veterano M40	01:55:53	+25:17	05:31
33	2028	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M40	01:56:54	+26:18	05:34
34	2027	Paulo Lagoa	BUDEGUITA RUNNERS	Veterano M40	01:56:55	+26:19	05:34
35	2227	Paulo Alexandre Ribeiro Leite	Individual	Veterano M40	01:57:06	+26:30	05:35
36	2007	DOMINGOS GONÇALVES	AfrikanRunners	Veterano M40	01:57:27	+26:51	05:36
37	2164	Joao Paulo Lopes Barbosa	Individual	Veterano M40	01:58:44	+28:08	05:39
38	2453	Pedro Meneses	EFACEC	Veterano M40	01:59:10	+28:34	05:40
39	2190	Francisco Bartolomeu	Individual	Veterano M40	02:00:54	+30:18	05:45
40	2350	Joaquim Manuel Andrade dos Santos	NAST	Veterano M40	02:01:10	+30:34	05:46
41	2310	Miguel Amado	Individual	Veterano M40	02:01:57	+31:21	05:48
42	2297	Henrique Marques	Individual	Veterano M40	02:02:07	+31:31	05:49
43	2152	pedro miguel pereira carvalhido	Individual	Veterano M40	02:02:55	+32:19	05:51
44	2172	Júlio Cunha	Individual	Veterano M40	02:03:28	+32:52	05:53
45	2160	Manuel José Teixeira Pereira	Individual	Veterano M40	02:03:28	+32:52	05:53
46	304	Manuel Quelhas	PAREDES AVENTURA	Veterano M40	02:03:43	+33:07	05:53
47	2336	LUIS RAMOS ALVAREZ	Individual	Veterano M40	02:03:45	+33:09	05:54
48	2052	Manuel Cardoso	Clube Zupper	Veterano M40	02:03:59	+33:23	05:54
49	2031	Nuno Dias	BUDEGUITA RUNNERS	Veterano M40	02:05:51	+35:15	06:00
50	2126	Carlos Gaspar Brandão Correia Martins	Individual	Veterano M40	02:07:19	+36:43	06:04
51	2253	Avelino Rodrigues	Individual	Veterano M40	02:07:32	+36:56	06:04
52	2284	Luis Passos	Individual	Veterano M40	02:09:35	+38:59	06:10
53	2042	Ricardo Meireles	CF Jesuítas Team	Veterano M40	02:09:41	+39:05	06:11
54	2393	Leonel Freitas	Santa Justa Runners	Veterano M40	02:09:42	+39:06	06:11
55	2019	Francisco Rebelo	Beat Your Limit	Veterano M40	02:09:52	+39:16	06:11
56	2373	Nuno Miguel Ferreira Pacheco	Preh Runners	Veterano M40	02:13:34	+42:58	06:22
57	2449	Pedro José Pedro Miranda Mourão Patrício	TURBULENTOS	Veterano M40	02:18:54	+48:18	06:37
58	2101	Luis Miguel Almeida	FIT4FUN	Veterano M40	02:22:17	+51:41	06:47
59	2051	António Silva	Clube Zupper	Veterano M40	02:28:54	+58:18	07:05
60	2120	angelo vidal	Individual	Veterano M40	02:30:27	+59:51	07:10
61	2010	Marco Alexandre Resende lopes	Alverca Urban Runners	Veterano M40	02:31:50	+01:01:14	07:14
62	2129	Fernando Miguel Pereira	Individual	Veterano M40	02:33:00	+01:02:24	07:17
63	2224	Miguel veloso	Individual	Veterano M40	02:33:01	+01:02:25	07:17
64	2329	Romeu de Azevedo	Individual	Veterano M40	02:34:07	+01:03:31	07:20
65	340	Cláudio Brochado	Individual	Veterano M40	03:12:54	+01:42:18	09:11

Veterano M45

1	215	Paulo Pinto	Individual	Veterano M45	01:23:15		03:58
2	2039	renato silva	Caldas de S.Jorge Sport Clube	Veterano M45	01:29:10	+05:55	04:15
3	2173	Vasco Morais Pinheiro de Sousa	Individual	Veterano M45	01:39:51	+16:36	04:45
4	2324	Vasco Franco-Girolé-FAP WINES	Individual	Veterano M45	01:40:12	+16:57	04:46
5	2161	Luis Artur Gonçalves	Individual	Veterano M45	01:44:38	+21:23	04:59
6	2346	Castor Tombo Cantarilla	MERCARUNNING	Veterano M45	01:47:30	+24:15	05:07

Official Timekeeper: Lap2Go	8 / 10	generate 29-nov-2015 14:32
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21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	2265	Paulo Baltasar Silveira Martins	Individual	Veterano M45	01:47:48	+24:33	05:08
8	2270	Nuno Rodrigues	Individual	Veterano M45	01:52:05	+28:50	05:20
9	2315	Duarte Paulo Ribeiro	Individual	Veterano M45	01:53:27	+30:12	05:24
10	2300	Paulo Martins	Individual	Veterano M45	01:53:29	+30:14	05:24
11	2165	Miguel Macieira	Individual	Veterano M45	01:53:31	+30:16	05:24
12	2254	Ernesto Ribeiro	Individual	Veterano M45	01:54:24	+31:09	05:27
13	179	Vitor Dias	GDR RETORTA	Veterano M45	01:57:13	+33:58	05:35
14	2113	António Carlos Martins Roleira Marinho	Individual	Veterano M45	01:57:37	+34:22	05:36
15	2201	José António Almeida Moreira	Individual	Veterano M45	01:58:45	+35:30	05:39
16	2023	CARLOS FERNANDO ESPERANÇA	Bragazelas	Veterano M45	02:00:42	+37:27	05:45
17	2280	António Nestor Ribeiro	Individual	Veterano M45	02:00:56	+37:41	05:46
18	2071	Camilo Neto	Desnível Positivo	Veterano M45	02:02:56	+39:41	05:51
19	2157	Vitor manuel henriques pereira santos	Individual	Veterano M45	02:05:20	+42:05	05:58
20	2024	Hendrik Wielinga	BUDEGUITA RUNNERS	Veterano M45	02:05:38	+42:23	05:59
21	2313	josé alberto mendes	Individual	Veterano M45	02:05:53	+42:38	06:00
22	2399	MARCELO COUTINHO	THIS SIDE UP - RUN TEAM	Veterano M45	02:06:15	+43:00	06:01
23	2317	Fernando Martins Gonçalves	Individual	Veterano M45	02:06:34	+43:19	06:02
24	2139	DAVID JORGE GARCEZ ANTUNES	Individual	Veterano M45	02:17:10	+53:55	06:32
25	2266	Sven Rauhut	Individual	Veterano M45	02:21:06	+57:51	06:43
26	2296	Luiz Alexandre Kulay	Individual	Veterano M45	02:23:29	+01:00:14	06:50
27	2389	PEDRO MIGUEL DOS SANTOS MATOS	Running Mates	Veterano M45	02:35:02	+01:11:47	07:23

Veterano M50

1	2018	ANTÓNIO SILVINO	ATLÉTICO CLUBE SÃO MAMEDE	Veterano M50	01:27:37		04:10
2	2044	jose mota	CICLISTAS CÓSMICOS GISLÓTICA	Veterano M50	01:27:48	+00:11	04:11
3	2268	Manuel Carlos Oliveira Ferreira	Individual	Veterano M50	01:40:43	+13:06	04:48
4	2041	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:48:41	+21:04	05:11
5	2443	Rui Fial Torres	Individual	Veterano M50	01:53:42	+26:05	05:25
6	2273	Joaquim Bento Alves Teixeira	Individual	Veterano M50	01:54:01	+26:24	05:26
7	2405	José Ribeiro	TRILHando	Veterano M50	01:54:48	+27:11	05:28
8	2035	Rui Coelho	BUDEGUITA RUNNERS	Veterano M50	02:07:19	+39:42	06:04
9	2355	Paulo Dias	Números Sete	Veterano M50	02:15:50	+48:13	06:28
10	2122	Nuno Albuquerque	Individual	Veterano M50	02:19:18	+51:41	06:38

Veterano M55

1	2444	Assis Azevedo	Individual	Veterano M55	01:45:28		05:01
2	2043	Joaquim Nunes	CF Jesuítas Team	Veterano M55	01:51:37	+06:09	05:19
3	2090	Artur Teixeira Ferraz	FALTA MUITO?	Veterano M55	01:57:30	+12:02	05:36
4	2209	João Fernando Relvas Pena Gil	Individual	Veterano M55	02:01:30	+16:02	05:47
5	2361	Carlos Sousa	os perigosos	Veterano M55	02:04:13	+18:45	05:55
6	2202	Jose Nogueira	Individual	Veterano M55	02:15:50	+30:22	06:28

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	4,2°C	80,8%
End	12:12	4,2°C	80,8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3001	José Pereira	sociedade recreio cepanense	Senior Masculino	55:10		04:15
2	3356	Rafael Cruz	melres trail running	Senior Masculino	56:20	+01:10	04:20
3	3270	João Castro	sociedade recreio cepanense	Senior Masculino	59:03	+03:53	04:33
4	3010	paulo pereira	airorun	Veterano M40	01:01:20	+06:10	04:43
5	3104	Luis Miguel Cravo Magalhaes	individual	Senior Masculino	01:01:47	+06:37	04:45
6	3168	Bruno Miguel Godinho Pontes	individual	Senior Masculino	01:03:29	+08:19	04:53
7	3224	Carlos Pinheiro	oporto city hostel	Sub 23 Masculino	01:04:17	+09:07	04:57
8	3251	eurico silva	silfa energia	Senior Masculino	01:05:19	+10:09	05:01
9	3200	Celso Oliveira	lion runners - g d leões da guarda	Senior Masculino	01:05:51	+10:41	05:04
10	3201	José Ferreira	lion runners - g d leões da guarda	Sub 23 Masculino	01:05:55	+10:45	05:04
11	3285	José Carvalho	sociedade recreio cepanense	Veterano M45	01:06:21	+11:11	05:06
12	3279	Francisco Cunha	sociedade recreio cepanense	Veterano M40	01:06:21	+11:11	05:06
13	3357	Leandro Pacheco	monte dos amigos	Senior Masculino	01:06:30	+11:20	05:07
14	3100	PEDRO MIGUEL SILVA	individual	Veterano M40	01:07:14	+12:04	05:10
15	3255	miguel angelo	silfa energia	Senior Masculino	01:07:38	+12:28	05:12
16	3272	Luís Pacheco	sociedade recreio cepanense	Senior Masculino	01:08:12	+13:02	05:15
17	3274	Vítor Carneiro	sociedade recreio cepanense	Senior Masculino	01:08:12	+13:02	05:15
18	3266	Cláudia Carvalho	sociedade recreio cepanense	Senior Feminino	01:08:12	+13:02	05:15
19	3298	Luís Vilela	sociedade recreio cepanense	Veterano M50	01:08:24	+13:14	05:16
20	3049	Daniela Alves	clube zipper	Senior Feminino	01:08:25	+13:15	05:16
21	3206	Pedro Pereira	magnestones	Senior Masculino	01:08:26	+13:16	05:16
22	3196	José Sá	lion runners - g d leões da guarda	Senior Masculino	01:08:33	+13:23	05:16
23	3197	Pedro Gaio	lion runners - g d leões da guarda	Senior Masculino	01:08:34	+13:24	05:16
24	3283	António Vale	sociedade recreio cepanense	Veterano M45	01:08:46	+13:36	05:17
25	3008	jose pereira	airorun	Veterano M45	01:08:58	+13:48	05:18
26	3359	Paulo Graça	monte dos amigos	Veterano M50	01:09:22	+14:12	05:20
27	3286	Rui Silva	sociedade recreio cepanense	Veterano M45	01:09:27	+14:17	05:21
28	3261	Diogo Ribeiro	sociedade recreio cepanense	Sub 23 Masculino	01:09:43	+14:33	05:22
29	3145	Bruno Manuel Malheiro de Oliveira	individual	Senior Masculino	01:09:44	+14:34	05:22
30	3181	Pedro Alexandre Santos Lares	individual	Senior Masculino	01:09:44	+14:34	05:22
31	3185	Manuel Maia	individual	Senior Masculino	01:09:49	+14:39	05:22
32	3085	Diogo Maia	individual	Senior Masculino	01:09:49	+14:39	05:22
33	1277	PABLO RIVERO VILA	vilar ourense b	Senior Masculino	01:10:31	+15:21	05:25
34	3341	Maciej Skiba	individual	Sub 23 Masculino	01:10:44	+15:34	05:26
35	3199	Luis Miguel Ferreira	lion runners - g d leões da guarda	Veterano M40	01:10:50	+15:40	05:27
36	3142	João Martins	individual	Senior Masculino	01:10:52	+15:42	05:27
37	3107	jorge agostinho da silva domingues	individual	Veterano M40	01:11:48	+16:38	05:31
38	3307	Belmiro Silva	braga runners	Senior Masculino	01:12:39	+17:29	05:35
39	3211	Jorge Pinheiro	monte dos amigos	Senior Masculino	01:12:59	+17:49	05:37
40	3209	José Mendes	magnestones	Veterano M55	01:13:17	+18:07	05:38
41	3205	Marçal Salazar	magnestones	Senior Masculino	01:13:26	+18:16	05:39
42	3328	Carlos Graciano	individual	Senior Masculino	01:13:26	+18:16	05:39

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	3078	Rafael Matos Carlos	individual	Senior Masculino	01:13:56	+18:46	05:41
44	3253	flavio goncalves	silfa energia	Senior Masculino	01:14:19	+19:09	05:43
45	3256	filipe gomes	silfa energia	Veterano M45	01:14:19	+19:09	05:43
46	3361	ALBANO CARDEIRAS	peessoal da pesada	Senior Masculino	01:14:30	+19:20	05:44
47	3113	Domingos Vieira	individual	Veterano M55	01:14:42	+19:32	05:45
48	3152	António Eduardo Abreu Caldas	individual	Veterano M45	01:14:56	+19:46	05:46
49	3252	carlos cunha	silfa energia	Veterano M40	01:15:08	+19:58	05:47
50	3137	Marta Morais	individual	Senior Feminino	01:15:20	+20:10	05:48
51	3330	César Fonte	individual	Senior Masculino	01:15:20	+20:10	05:48
52	3110	David Malva	individual	Veterano M45	01:15:38	+20:28	05:49
53	3225	Lino Moreira	os turbomula	Veterano M60	01:15:47	+20:37	05:50
54	3012	Paulo Leite	all about	Veterano M50	01:16:07	+20:57	05:51
55	3207	Paulo Fernandes	magnestones	Veterano M40	01:16:15	+21:05	05:52
56	3334	Pedro Nuno Barbosa Guimarães	individual	Senior Masculino	01:16:15	+21:05	05:52
57	3091	Lino Abreu	individual	Veterano M40	01:16:19	+21:09	05:52
58	3005	deolinda faria	airoron	Veterana F45	01:16:35	+21:25	05:53
59	1278	ROBERTO CASAS PEREZ	vilar ourense b	Senior Masculino	01:16:36	+21:26	05:54
60	3089	João Idalecio Cunha Faria	individual	Veterano M45	01:16:37	+21:27	05:54
61	2434	Simão Pedroso	individual	Senior Masculino	01:16:37	+21:27	05:54
62	3011	Filipe Fonseca	all about	Senior Masculino	01:16:40	+21:30	05:54
63	3208	Adolfo Ferreira	magnestones	Veterano M45	01:16:44	+21:34	05:54
64	3025	Sandra Veloso	braga runners	Senior Feminino	01:16:52	+21:42	05:55
65	3309	Helder Costa	braga runners	Senior Masculino	01:16:52	+21:42	05:55
66	3281	João Doellinger	sociedade recreio cepanense	Veterano M40	01:17:08	+21:58	05:56
67	3273	Sérgio Mendes	sociedade recreio cepanense	Senior Masculino	01:17:08	+21:58	05:56
68	3287	Carlos Lemos	sociedade recreio cepanense	Veterano M55	01:17:13	+22:03	05:56
69	3358	Miguel Pinto	monte dos amigos	Senior Masculino	01:17:19	+22:09	05:57
70	3347	Lúcio Francisco Leite Dias	individual	Veterano M40	01:17:49	+22:39	05:59
71	3332	Luis Alves	individual	Senior Masculino	01:18:04	+22:54	06:00
72	3051	Olga Marisa Machado Martins	ermida team	Senior Feminino	01:18:06	+22:56	06:00
73	3312	Laurentino Martins	ermida team	Veterano M55	01:18:06	+22:56	06:01
74	3028	João Pedro Gomes da Cunha	braga runners	Veterano M40	01:18:07	+22:57	06:01
75	3159	Nuno Marques	individual	Senior Masculino	01:18:09	+22:59	06:01
76	3188	Paulo Gonçalves	individual	Senior Masculino	01:18:10	+23:00	06:01
77	3304	João André de Castro Macedo	braga rugby	Sub 23 Masculino	01:18:26	+23:16	06:02
78	3339	GUILLERMO VAZQUEZ PEREZ	individual	Sub 23 Masculino	01:18:26	+23:16	06:02
79	3070	Inês Pinto	gafanhori	Sub 23 Feminino	01:18:30	+23:20	06:02
80	3069	Domingos Martins	gafanhori	Senior Masculino	01:18:30	+23:20	06:02
81	3284	João Lopes	sociedade recreio cepanense	Veterano M45	01:18:39	+23:29	06:03
82	3348	David Barreira	individual	Veterano M45	01:18:49	+23:39	06:04
83	3176	Paulo Magalhães	individual	Senior Masculino	01:18:50	+23:40	06:04
84	3363	Celeste Cruz	turbulentos	Veterana F50	01:18:52	+23:42	06:04
85	3182	Jose Ricardo Martins Silva	individual	Veterano M40	01:19:06	+23:56	06:05
86	3268	Marisa Novais	sociedade recreio cepanense	Senior Feminino	01:19:27	+24:17	06:07
87	3305	Luis Oliveira Ferreira	braga rugby	Sub 23 Masculino	01:19:28	+24:18	06:07
88	3166	Vitor Gabriel marinho alves	individual	Veterano M40	01:19:36	+24:26	06:07

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	3217	Fábio Samuel Cardoso Silva	nós acreditamos	Sub 23 Masculino	01:20:02	+24:52	06:09
90	3275	Cristina Cunha	sociedade recreio cepanense	Veterana F40	01:20:04	+24:54	06:10
91	3263	Nuno Maia	sociedade recreio cepanense	Veterano M45	01:20:04	+24:54	06:10
92	3360	Filipe Pinto	os lobos do saibro	Senior Masculino	01:20:04	+24:54	06:10
93	3311	Paulo Martins	ermida team	Veterano M40	01:20:28	+25:18	06:11
94	3365	João Teixeira Fernandes	associação desportiva da lustosa	Sub 23 Masculino	01:20:31	+25:21	06:12
95	3219	Álvaro Cardoso	nós acreditamos	Veterano M45	01:21:11	+26:01	06:15
96	3193	Elisabete Cunha	individual	Senior Feminino	01:21:12	+26:02	06:15
97	3238	Armando Pereira	rexemingas team	Senior Masculino	01:21:42	+26:32	06:17
98	3282	António Mendes	sociedade recreio cepanense	Veterano M45	01:21:47	+26:37	06:17
99	3271	João Oliveira	sociedade recreio cepanense	Senior Masculino	01:21:53	+26:43	06:18
100	3324	José Figueiredo	turbulentos	Veterano M40	01:21:55	+26:45	06:18
101	3106	Nuno Henrique Teixeira Pereira	individual	Senior Masculino	01:21:56	+26:46	06:18
102	3105	Jorge Manuel Silva Veloso	individual	Veterano M40	01:21:57	+26:47	06:18
103	3259	Ricardo Ferreira	silfa energia	Senior Masculino	01:21:57	+26:47	06:18
104	3020	António Ribeiro	atualfit team	Veterano M50	01:21:59	+26:49	06:18
105	3250	nelson monteiro	silfa energia	Senior Masculino	01:22:02	+26:52	06:19
106	3322	Maria Macedo	individual	Senior Feminino	01:22:03	+26:53	06:19
107	3364	Bernardo Alves Martins Cardoso de Oliveira	associação desportiva da lustosa	Sub 23 Masculino	01:22:08	+26:58	06:19
108	3122	Antonio Jose Silva Sousa Pinto	individual	Senior Masculino	01:22:10	+27:00	06:19
109	3203	Márcia Meira	magnestones	Senior Feminino	01:22:11	+27:01	06:19
110	3204	Tânia Salgado	magnestones	Senior Feminino	01:22:11	+27:01	06:19
111	3121	João Carlos Fernandes da Cunha	individual	Veterano M40	01:22:23	+27:13	06:20
112	3310	Filipe Pedrosa	braga runners	Veterana F40	01:22:35	+27:25	06:21
113	3140	Solange Sousa	individual	Senior Feminino	01:22:39	+27:29	06:21
114	3171	José Barros	individual	Veterano M60	01:23:06	+27:56	06:24
115	3220	Fernando Pereira	nós acreditamos	Veterano M45	01:23:14	+28:04	06:24
116	3131	Mariana Ortigoso	individual	Senior Feminino	01:23:18	+28:08	06:24
117	3265	Aurelie Freitas	sociedade recreio cepanense	Senior Feminino	01:23:21	+28:11	06:25
118	3148	newton sanches milani	individual	Veterano M55	01:23:21	+28:11	06:25
119	3221	António Soares	o monge do trail running	Senior Masculino	01:23:25	+28:15	06:25
120	3029	José Alberto Gomes da Cunha	braga runners	Veterano M45	01:23:41	+28:31	06:26
121	3329	Carlos Manuel Barbosa Amorim	individual	Senior Masculino	01:23:54	+28:44	06:27
122	3345	João Geraldo da Silva Ribeiro	individual	Veterano M40	01:23:59	+28:49	06:28
123	3027	José Manuel Silva	braga runners	Veterano M40	01:24:01	+28:51	06:28
124	3368	Pedro Castelo Branco	individual	Veterano M55	01:24:14	+29:04	06:29
125	3076	Carla Santos	individual	Veterana F40	01:24:16	+29:06	06:29
126	3183	Filipe Maria	individual	Senior Masculino	01:24:17	+29:07	06:29
127	3015	Pedro Gomes	asphalt assault team	Senior Masculino	01:24:27	+29:17	06:30
128	3079	João Eduardo Marques Mota Soares	individual	Senior Masculino	01:24:34	+29:24	06:30
129	3138	Maria Morais	individual	Senior Feminino	01:24:35	+29:25	06:30
130	3214	Joaquim Pereira	mozelos runners	Veterano M40	01:24:35	+29:25	06:30
131	3215	Joel Ferreira	nós acreditamos	Senior Masculino	01:25:28	+30:18	06:34
132	3090	Rui Novais	individual	Senior Masculino	01:25:35	+30:25	06:35
133	3094	David Sousa	individual	Senior Masculino	01:25:35	+30:25	06:35

13K - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
179	3198	Ricardo Vidal	lion runners - g d leões da guarda	Senior Masculino	01:33:23	+38:13	07:11
180	3318	Carina Silva	individual	Senior Feminino	01:33:30	+38:20	07:12
181	3149	António Silva	individual	Veterano M55	01:33:37	+38:27	07:12
182	3260	Sandra Costa	sociedade recreio cepanense	Senior Feminino	01:33:54	+38:44	07:13
183	3136	Albina Palmeira Vieira	individual	Veterana F50	01:33:54	+38:44	07:13
184	3128	Camila Fonseca de Oliveira	individual	Senior Feminino	01:34:05	+38:55	07:14
185	2216	GDS	individual	Veterano M40	01:34:14	+39:04	07:15
186	1082	Cristina Miranda	cf jesuitas	Senior Feminino	01:35:28	+40:18	07:21
187	3132	Sónia Cristina Fernandes Dias	individual	Senior Feminino	01:35:35	+40:25	07:21
188	3111	Rui Miguel Fernandes	individual	Senior Masculino	01:35:35	+40:25	07:21
189	3077	Marina Herriges	individual	Senior Feminino	01:36:32	+41:22	07:26
190	3134	Pedro Lobo	individual	Senior Masculino	01:36:32	+41:22	07:26
191	3130	António José Gomes dias	individual	Veterano M40	01:36:32	+41:22	07:26
192	3151	Fernando Ferraz	individual	Veterano M50	01:36:35	+41:25	07:26
193	3351	Adérito António Viegas Alves	individual	Veterano M60	01:36:51	+41:41	07:27
194	4106	João Miranda de Azevedo	individual	Veterano M40	01:37:03	+41:53	07:28
195	3037	Fátima Carvalho	cabritos da cortiça - trail	Veterana F40	01:37:24	+42:14	07:30
196	3301	PATRICIA MACHADO	afrikanrunners	Senior Feminino	01:37:38	+42:28	07:31
197	3302	Vera Ribeiro	afrikanrunners	Senior Feminino	01:37:38	+42:28	07:31
198	3093	CARLOS MANUEL CONCEIÇÃO FERRAZ	individual	Veterano M55	01:37:45	+42:35	07:31
199	3074	Graça Silva	individual	Veterana F50	01:37:58	+42:48	07:32
200	3315	Susana Sousa	gondomar futsal clube	Veterana F40	01:38:34	+43:24	07:35
201	3073	Sílvia Faria	individual	Senior Feminino	01:38:40	+43:30	07:35
202	3241	Pedro Pereira	rexemingas team	Senior Masculino	01:38:59	+43:49	07:37
203	3158	Nelson Paulo Gomes da Silva	individual	Veterano M40	01:39:15	+44:05	07:38
204	3349	emanuel pinto pereira vale	individual	Veterano M45	01:39:16	+44:06	07:38
205	3018	Vânia Filipa Pereira Gonçalves	atualfit team	Senior Feminino	01:39:22	+44:12	07:39
206	2369	Isabel Parreiral	pilar team	Senior Feminino	01:39:34	+44:24	07:40
207	2370	Miguel Albuquerque	pilar team	Senior Masculino	01:39:34	+44:24	07:40
208	3246	Ricardo Carneiro	runners and friends	Senior Masculino	01:39:53	+44:43	07:41
209	3291	José Costa	tiago cadete - living	Veterano M50	01:40:10	+45:00	07:42
210	3223	Jose Miguel Cunha Bastos	o quarteto dos 3 amigos gonçalo e miguel	Veterano M40	01:40:18	+45:08	07:43
211	3222	Jose Gonçalo Gomes Guedes Rodrigues	o quarteto dos 3 amigos gonçalo e miguel	Senior Masculino	01:40:19	+45:09	07:43
212	3082	Sílvia Maia	individual	Senior Feminino	01:40:19	+45:09	07:43
213	3295	Sara Gabriela Oliveira Peixoto	zau team	Senior Feminino	01:40:19	+45:09	07:43
214	3296	Rúben Daniel Moreira Sequeira	zau team	Senior Masculino	01:40:20	+45:10	07:43
215	3022	sonia bras	aventureiras	Senior Feminino	01:40:21	+45:11	07:43
216	3350	JOÃO STRECH	individual	Veterano M45	01:40:37	+45:27	07:44
217	3154	Gabriela Loureiro de Sousa	individual	Senior Feminino	01:41:01	+45:51	07:46
218	3116	Teresa Cristina Oliveira Lima	individual	Senior Feminino	01:41:01	+45:51	07:46
219	3092	SUSANA PAULA SARAIVA FERRAZ	individual	Veterana F50	01:41:04	+45:54	07:46
220	3059	Maria Antónia Correia Cunha	família unida runners	Sub 23 Feminino	01:41:09	+45:59	07:47
221	3054	Cátia Marisa Botelho de Carvalho	família unida runners	Senior Feminino	01:41:10	+46:00	07:47
222	3064	Vera Silva	ffit gaia trail	Senior Feminino	01:41:11	+46:01	07:47

13K - STAGE 1

13 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	3161	Carla Magalhães	individual	Senior Feminino	01:41:12	+46:02	07:47
224	3234	NUNO SANTOS	pt jr Sousa team	Veterano M40	01:41:14	+46:04	07:47
225	3156	Claudio Cerqueira	individual	Veterano M40	01:41:16	+46:06	07:47
226	3319	Ema Martins	individual	Senior Feminino	01:41:17	+46:07	07:47
227	319	Anabela Coelho	tiago cadete - living	Veterana F40	01:42:24	+47:14	07:53
228	3235	PAULO FREITAS	pt jr Sousa team	Veterano M40	01:42:28	+47:18	07:53
229	3269	Sandrine Freitas	sociedade recreio cepanense	Senior Feminino	01:42:37	+47:27	07:54
230	3262	Catarina Freitas	sociedade recreio cepanense	Veterana F40	01:42:37	+47:27	07:54
231	3045	Teresa Cunha	cf jesuitas team	Veterana F40	01:43:01	+47:51	07:55
232	3044	Sofia Ferreira	cf jesuitas team	Veterana F40	01:43:01	+47:51	07:55
233	3047	Helena Tavares	cf jesuitas team	Veterana F45	01:43:01	+47:51	07:55
234	3096	MARIA FERNANDA DA CUNHA ESTEVES	individual	Veterana F60	01:43:23	+48:13	07:57
235	3097	CECÍLIA FERNANDA DA CUNHA FERREIRA	individual	Veterana F40	01:43:24	+48:14	07:57
236	3202	Saete Maria da Silva Macieira	macieirinhas	Veterana F40	01:43:37	+48:27	07:58
237	3088	Daniel Abreu Antunes	individual	Senior Masculino	01:43:42	+48:32	07:59
238	3163	Miguel Resende	individual	Veterano M45	01:43:58	+48:48	08:00
239	3102	Lilia Sá	individual	Senior Feminino	01:44:00	+48:50	08:00
240	3099	daniela lopes	individual	Senior Feminino	01:44:24	+49:14	08:02
241	3098	joana silva	individual	Senior Feminino	01:44:24	+49:14	08:02
242	3300	MIGUELA MONTEIRO	afrikanrunners	Senior Feminino	01:45:05	+49:55	08:05
243	3043	Célia Fonte	cf jesuitas team	Veterana F40	01:45:57	+50:47	08:09
244	3179	Rosa Maria Lourenço Afonso	individual	Senior Feminino	01:45:58	+50:48	08:09
245	3313	Ricardo Silva	família unida runners	Senior Masculino	01:46:05	+50:55	08:10
246	3056	Pedro Daniel Miranda dos Santos	família unida runners	Senior Masculino	01:46:05	+50:55	08:10
247	3129	Luís Moutinho	individual	Veterano M40	01:46:46	+51:36	08:13
248	3067	Cristina Tavares	fit4fun	Veterana F40	01:46:49	+51:39	08:13
249	3068	Sofia Almeida	fit4fun	Senior Feminino	01:46:49	+51:39	08:13
250	3343	Elisabete Maia	individual	Veterana F45	01:47:15	+52:05	08:15
251	3002	Cristina Durães	4any1	Veterana F40	01:47:55	+52:45	08:18
252	3297	La-Saete Alves	4any1	Senior Feminino	01:48:27	+53:17	08:21
253	3146	Marco Faria	individual	Senior Masculino	01:48:58	+53:48	08:23
254	3050	Sandra Alves	clube zipper	Senior Feminino	01:49:47	+54:37	08:27
255	3354	Liliana Oliveira	ll&company	Senior Feminino	01:49:48	+54:38	08:27
256	3352	Ana Inês Ferreira	ll&company	Senior Feminino	01:49:48	+54:38	08:27
257	3243	José Meireles Pereira	rosário extreme	Veterano M55	01:49:50	+54:40	08:27
258	3355	Maria Manuel Pinto	ll&company	Veterana F45	01:49:55	+54:45	08:27
259	3213	ROSA COSTA	moreira relax runners	Veterana F50	01:49:56	+54:46	08:27
260	3212	ROSA COSTA	moreira leax runners	Veterana F50	01:49:56	+54:46	08:27
261	3087	António Manuel Valente do Carmo	individual	Veterano M50	01:49:57	+54:47	08:27
262	3353	Bruna Martinho	ll&company	Senior Feminino	01:50:18	+55:08	08:29
263	3017	Liliana Ferreira	atualfit team	Senior Feminino	01:51:38	+56:28	08:35
264	3019	António Gonçalves	atualfit team	Senior Masculino	01:51:38	+56:28	08:35
265	3299	MariaJoao Cardoso	a+ team	Veterana F40	01:51:39	+56:29	08:35
266	3323	Natercia Silva	individual	Senior Feminino	01:51:46	+56:36	08:36
267	3325	Susana Lobo	individual	Senior Feminino	01:51:46	+56:36	08:36

13K - STAGE 1**13 KM****OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
268	3103	Magda Santos	individual	Senior Feminino	01:52:07	+56:57	08:37
269	3115	Sara Quintas	individual	Veterana F40	01:52:07	+56:57	08:38
270	3175	Susana Silva	individual	Senior Feminino	01:53:06	+57:56	08:42
271	3021	Sandra Faria	aventureiras	Senior Feminino	01:53:09	+57:59	08:42
272	3024	Ana Bras	aventureiras	Veterana F40	01:53:09	+57:59	08:42
273	3340	João Pereira	individual	Sub 23 Masculino	01:53:52	+58:42	08:46
274	3342	Tiago Moreira	individual	Sub 23 Masculino	01:53:52	+58:42	08:46
275	3338	António Neves	individual	Sub 23 Masculino	01:53:53	+58:43	08:46
276	3060	Marlene Pereira	ffit gaia trail	Senior Feminino	01:54:36	+59:26	08:49
277	3066	Helder Filipe Almeida	ffit gaia trail	Senior Masculino	01:54:36	+59:26	08:49
278	3038	Célia Carvalho	cabritos da cortiça - trail	Veterana F40	01:55:18	+01:00:08	08:52
279	3039	André Gilvaia	cabritos da cortiça - trail	Veterano M40	01:55:18	+01:00:08	08:52
280	3230	LIGIA FREITAS	pt jrsousa team	Senior Feminino	01:56:12	+01:01:02	08:56
281	3232	NATALIA SANTOS	pt jrsousa team	Veterana F40	01:56:12	+01:01:02	08:56
282	3030	Sara Filipa Cruz	budeguita runners	Sub 23 Feminino	01:57:05	+01:01:55	09:00
283	3331	João Filipe dos Santos Garrido	individual	Senior Masculino	01:57:06	+01:01:56	09:00
284	3229	CATARINA MONTEIRO	pt jrsousa team	Senior Feminino	01:57:18	+01:02:08	09:01
285	3184	Isabel Chung	individual	Veterana F40	01:57:26	+01:02:16	09:02
286	3080	Joana Almeida	individual	Senior Feminino	01:57:26	+01:02:16	09:02
287	3236	SUSANA MARILIA	pt jrsousa team	Senior Feminino	01:57:31	+01:02:21	09:02
288	3072	Helena Cardoso	gondomar futsal clube	Veterana F40	01:57:47	+01:02:37	09:04
289	3231	CECÍLIA	pt jrsousa team	Veterana F40	01:57:56	+01:02:46	09:04
290	3233	ANA NORIM	pt jrsousa team	Veterana F45	01:57:56	+01:02:46	09:04
291	3337	Sandra Oliveira	individual	Sub 23 Feminino	01:58:07	+01:02:57	09:05
292	3114	Marisa Miranda	individual	Senior Feminino	01:58:08	+01:02:58	09:05
293	3248	rute oliveira	silfa energia	Senior Feminino	01:58:20	+01:03:10	09:06
294	3249	luis silva	silfa energia	Senior Masculino	01:58:21	+01:03:11	09:06
295	3344	Maria da Conceicao Castro Oliveira da Cruz	individual	Veterana F50	02:01:45	+01:06:35	09:22
296	3061	Ricardo Queirós	ffit gaia trail	Senior Masculino	02:13:26	+01:18:16	10:16
297	3195	Andreia Carvalho	la zinco	Senior Masculino	02:13:26	+01:18:16	10:16
298	3153	Ana Raquel Salvador	individual	Senior Feminino	02:13:53	+01:18:43	10:18
299	3164	Alexandra Lopes	individual	Veterana F40	02:16:41	+01:21:31	10:31
300	3055	Mauel Guilherme Correia	família unida runners	Senior Masculino	02:17:18	+01:22:08	10:34
301	3120	Juliana Cunha	individual	Senior Feminino	02:22:27	+01:27:17	10:57
302	3119	Cecília Teixeira	individual	Senior Feminino	02:22:27	+01:27:17	10:57
303	3036	Ricardo Samuel Simões Nicolau	bvtb 2	Sub 23 Masculino	02:24:44	+01:29:34	11:08
304	3125	Sara da Silva Pato	individual	Senior Feminino	02:37:20	+01:42:10	12:06
305	3173	Regina Maria da Silva Moreira Maia	individual	Veterana F60	02:59:16	+02:04:06	13:47
306	3165	Aurora Moreira	individual	Veterana F60	02:59:17	+02:04:07	13:47
307	3174	Eduardo António Monteiro de Oliveira Maia	individual	Veterano M60	02:59:56	+02:04:46	13:50

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13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:00	4,2°C	80,8%
End	12:12	4,2°C	80,8%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	3266	Cláudia Carvalho	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	01:08:12		05:15
2	3049	Daniela Alves	Clube Zupper	Senior Feminino	01:08:25	+00:13	05:16
3	3137	Marta Morais	Individual	Senior Feminino	01:15:20	+07:08	05:48
4	3025	Sandra Veloso	BRAGA RUNNERS	Senior Feminino	01:16:52	+08:40	05:55
5	3051	Olga Marisa Machado Martins	Ermida Team	Senior Feminino	01:18:06	+09:54	06:00
6	3268	Marisa Novais	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	01:19:27	+11:15	06:07
7	3193	Elisabete Cunha	Individual	Senior Feminino	01:21:12	+13:00	06:15
8	3322	Maria Macedo	Individual	Senior Feminino	01:22:03	+13:51	06:19
9	3203	Márcia Meira	Magnestones	Senior Feminino	01:22:11	+13:59	06:19
10	3204	Tânia Salgado	Magnestones	Senior Feminino	01:22:11	+13:59	06:19
11	3140	Solange Sousa	Individual	Senior Feminino	01:22:39	+14:27	06:21
12	3131	Mariana Ortigoso	Individual	Senior Feminino	01:23:18	+15:06	06:24
13	3265	Aurelie Freitas	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	01:23:21	+15:09	06:25
14	3138	Maria Morais	Individual	Senior Feminino	01:24:35	+16:23	06:30
15	3326	Vanessa Couto Cacheiro	Individual	Senior Feminino	01:25:43	+17:31	06:36
16	3186	Vânia Costa	Individual	Senior Feminino	01:25:58	+17:46	06:37
17	3264	Ana Freitas	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	01:26:53	+18:41	06:41
18	3026	Isabel Cristina da Cunha Gomes	BRAGA RUNNERS	Senior Feminino	01:27:00	+18:48	06:42
19	3320	Fátima Isabel Mirante	Individual	Senior Feminino	01:27:46	+19:34	06:45
20	3190	Helena Teixeira	Individual	Senior Feminino	01:27:58	+19:46	06:46
21	3189	Tânia Gomes	Individual	Senior Feminino	01:27:58	+19:46	06:46
22	3247	marcia gomes	Silfa Energia	Senior Feminino	01:28:14	+20:02	06:47
23	3086	Zélia Cristiana da Rocha Brandão	Individual	Senior Feminino	01:30:04	+21:52	06:56
24	3321	Isabel Oliveira Barbosa	Individual	Senior Feminino	01:30:11	+21:59	06:56
25	3316	Ana Catarina Silva Simões Guimarães	Individual	Senior Feminino	01:30:11	+21:59	06:56
26	3288	Ângela Mendes	Team Silves Com Vida	Senior Feminino	01:30:52	+22:40	06:59
27	3180	Preciosa Branco	Individual	Senior Feminino	01:31:31	+23:19	07:02
28	3244	Alexandra Pereira	Runners and friends	Senior Feminino	01:33:10	+24:58	07:10
29	3245	Inês Arcos	Runners and friends	Senior Feminino	01:33:10	+24:58	07:10
30	3318	Carina Silva	Individual	Senior Feminino	01:33:30	+25:18	07:12
31	3260	Sandra Costa	SOCIEDADE RECREIO CEPANENSE	Senior Feminino	01:33:54	+25:42	07:13
32	3128	Camila Fonseca de Oliveira	Individual	Senior Feminino	01:34:05	+25:53	07:14
33	1082	Cristina Miranda	CF Jesuítas	Senior Feminino	01:35:28	+27:16	07:21
34	3132	Sónia Cristina Fernandes Dias	Individual	Senior Feminino	01:35:35	+27:23	07:21
35	3077	Marina Helliges	Individual	Senior Feminino	01:36:32	+28:20	07:26
36	3301	PATRICIA MACHADO	AfrikanRunners	Senior Feminino	01:37:38	+29:26	07:31

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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40	3176	Paulo Magalhães	Individual	Senior Masculino	01:18:50	+23:40	06:04
41	3360	Filipe Pinto	Os Lobos do Saibro	Senior Masculino	01:20:04	+24:54	06:10
42	3238	Armando Pereira	Rexemingas Team	Senior Masculino	01:21:42	+26:32	06:17
43	3271	João Oliveira	SOCIEDADE RECREIO CEPANENSE	Senior Masculino	01:21:53	+26:43	06:18
44	3106	Nuno Henrique Teixeira Pereira	Individual	Senior Masculino	01:21:56	+26:46	06:18
45	3259	Ricardo Ferreira	Silfa Energia	Senior Masculino	01:21:57	+26:47	06:18
46	3250	nelson monteiro	Silfa Energia	Senior Masculino	01:22:02	+26:52	06:19
47	3122	Antonio Jose Silva Sousa Pinto	Individual	Senior Masculino	01:22:10	+27:00	06:19
48	3221	António Soares	O Monge do Trail Running	Senior Masculino	01:23:25	+28:15	06:25
49	3329	Carlos Manuel Barbosa Amorim	Individual	Senior Masculino	01:23:54	+28:44	06:27
50	3183	Filipe Maria	Individual	Senior Masculino	01:24:17	+29:07	06:29
51	3015	Pedro Gomes	ASPHALT ASSAULT TEAM	Senior Masculino	01:24:27	+29:17	06:30
52	3079	João Eduardo Marques Mota Soares	Individual	Senior Masculino	01:24:34	+29:24	06:30
53	3215	Joel Ferreira	Nós Acreditamos	Senior Masculino	01:25:28	+30:18	06:34
54	3090	Rui Novais	Individual	Senior Masculino	01:25:35	+30:25	06:35
55	3094	David Sousa	Individual	Senior Masculino	01:25:35	+30:25	06:35
56	3335	Raul Vazquez Alvarez	Individual	Senior Masculino	01:25:42	+30:32	06:36
57	3333	Moises dominguez rodriguez	Individual	Senior Masculino	01:26:01	+30:51	06:37
58	3144	Ricardo Malheiro	Individual	Senior Masculino	01:26:30	+31:20	06:39
59	3293	Renato Guimarães	Tiago Cadete - Living	Senior Masculino	01:26:32	+31:22	06:39
60	3216	Ricardo Antonio Carvalho	Nós Acreditamos	Senior Masculino	01:26:41	+31:31	06:40
61	3314	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:27:01	+31:51	06:42
62	2421	Pedro Roque	Ericsson	Senior Masculino	01:27:02	+31:52	06:42
63	3237	Duarte Duarte	Raposas	Senior Masculino	01:27:26	+32:16	06:44
64	3095	Miguel Oliveira	Individual	Senior Masculino	01:27:51	+32:41	06:45
65	3155	João Baltazar	Individual	Senior Masculino	01:29:35	+34:25	06:53
66	3239	Bruno Silva	Rexemingas Team	Senior Masculino	01:29:39	+34:29	06:54
67	3366	Diogo António Pereira Araújo	Individual	Senior Masculino	01:29:52	+34:42	06:55
68	3150	FILIPPE SOUSA	Individual	Senior Masculino	01:30:53	+35:43	06:59
69	3191	Pedro Miguel Loureiro Rodrigues	Individual	Senior Masculino	01:31:30	+36:20	07:02
70	3308	Carlos Matos	BRAGA RUNNERS	Senior Masculino	01:32:46	+37:36	07:08
71	3362	CARLOS RODRIGUES	PESSOAL DA PESADA	Senior Masculino	01:33:03	+37:53	07:10
72	3198	Ricardo Vidal	LION RUNNERS - G D Leões da Guarda	Senior Masculino	01:33:23	+38:13	07:11
73	3111	Rui Miguel Fernandes	Individual	Senior Masculino	01:35:35	+40:25	07:21
74	3134	Pedro Lobo	Individual	Senior Masculino	01:36:32	+41:22	07:26
75	3241	Pedro Pereira	Rexemingas Team	Senior Masculino	01:38:59	+43:49	07:37
76	2370	Miguel Albuquerque	Pilar Team	Senior Masculino	01:39:34	+44:24	07:40
77	3246	Ricardo Carneiro	Runners and friends	Senior Masculino	01:39:53	+44:43	07:41
78	3222	Jose Gonçalo Gomes Guedes Rodrigues	O Quarteto dos 3 amigos Gonçalo e Miguel	Senior Masculino	01:40:19	+45:09	07:43
79	3296	Rúben Daniel Moreira Sequeira	ZAU team	Senior Masculino	01:40:20	+45:10	07:43
80	3088	Daniel Abreu Antunes	Individual	Senior Masculino	01:43:42	+48:32	07:59
81	3313	Ricardo Silva	Família Unida Runners	Senior Masculino	01:46:05	+50:55	08:10
82	3056	Pedro Daniel Miranda dos Santos	Família Unida Runners	Senior Masculino	01:46:05	+50:55	08:10
83	3146	Marco Faria	Individual	Senior Masculino	01:48:58	+53:48	08:23

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13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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84	3019	António Gonçalves	ataulfit team	Senior Masculino	01:51:38	+56:28	08:35
85	3066	Helder Filipe Almeida	FFit Gaia Trail	Senior Masculino	01:54:36	+59:26	08:49
86	3331	João Filipe dos Santos Garrido	Individual	Senior Masculino	01:57:06	+01:01:56	09:00
87	3249	luis silva	Silfa Energia	Senior Masculino	01:58:21	+01:03:11	09:06
88	3061	Ricardo Queirós	FFit Gaia Trail	Senior Masculino	02:13:26	+01:18:16	10:16
89	3195	Andreia Carvalho	LA Zinco	Senior Masculino	02:13:26	+01:18:16	10:16
90	3055	Mauel Guilherme Correia	Família Unida Runners	Senior Masculino	02:17:18	+01:22:08	10:34

Sub 23 Feminino

1	3070	Inês Pinto	Gafanhori	Sub 23 Feminino	01:18:30		06:02
2	3057	Andreia Passos Mesquita de Abreu	Família Unida Runners	Sub 23 Feminino	01:26:05	+07:35	06:37
3	3059	Maria Antónia Correia Cunha	Família Unida Runners	Sub 23 Feminino	01:41:09	+22:39	07:47
4	3030	Sara Filipa Cruz	BUDEGUITA RUNNERS	Sub 23 Feminino	01:57:05	+38:35	09:00
5	3337	Sandra Oliveira	Individual	Sub 23 Feminino	01:58:07	+39:37	09:05

Sub 23 Masculino

1	3224	Carlos Pinheiro	Oporto City Hostel	Sub 23 Masculino	01:04:17		04:57
2	3201	José Ferreira	LION RUNNERS - G D Leões da Guarda	Sub 23 Masculino	01:05:55	+01:38	05:04
3	3261	Diogo Ribeiro	SOCIEDADE RECREIO CEPANENSE	Sub 23 Masculino	01:09:43	+05:26	05:22
4	3341	Maciej Skiba	Individual	Sub 23 Masculino	01:10:44	+06:27	05:26
5	3304	João André de Castro Macedo	Braga Rugby	Sub 23 Masculino	01:18:26	+14:09	06:02
6	3339	GUILLERMO VAZQUEZ PEREZ	Individual	Sub 23 Masculino	01:18:26	+14:09	06:02
7	3305	Luis Oliveira Ferreira	Braga Rugby	Sub 23 Masculino	01:19:28	+15:11	06:07
8	3217	Fábio Samuel Cardoso Silva	Nós Acreditamos	Sub 23 Masculino	01:20:02	+15:45	06:09
9	3365	João Teixeira Fernandes	Associação Desportiva da Lustosa	Sub 23 Masculino	01:20:31	+16:14	06:12
10	3364	Bernardo Alves Martins Cardoso de Oliveira	Associação Desportiva da Lustosa	Sub 23 Masculino	01:22:08	+17:51	06:19
11	3340	João Pereira	Individual	Sub 23 Masculino	01:53:52	+49:35	08:46
12	3342	Tiago Moreira	Individual	Sub 23 Masculino	01:53:52	+49:35	08:46
13	3338	António Neves	Individual	Sub 23 Masculino	01:53:53	+49:36	08:46
14	3036	Ricardo Samuel Simões Nicolau	BVTB 2	Sub 23 Masculino	02:24:44	+01:20:27	11:08

Veterana F40

1	3275	Cristina Cunha	SOCIEDADE RECREIO CEPANENSE	Veterana F40	01:20:04		06:10
2	3310	Filipe Pedrosa	BRAGA RUNNERS	Veterana F40	01:22:35	+02:31	06:21
3	3076	Carla Santos	Individual	Veterana F40	01:24:16	+04:12	06:29
4	3218	Lúcia Teixeira de Oliveira	Nós Acreditamos	Veterana F40	01:26:41	+06:37	06:40
5	3276	Isabel Fernandes	SOCIEDADE RECREIO CEPANENSE	Veterana F40	01:26:52	+06:48	06:41
6	3178	Ana Margarida Nogueira Coelho	Individual	Veterana F40	01:27:07	+07:03	06:42
7	3046	Vanda Cristina José	CF Jesuítas Team	Veterana F40	01:27:24	+07:20	06:43

Official Timekeeper: Lap2Go	5 / 9	generate 29-nov-2015 14:31
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OFFICIAL RESULT

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Veterana F60

1	3096	MARIA FERNANDA DA CUNHA ESTEVES	Individual	Veterana F60	01:43:23		07:57
2	3173	Regina Maria da Silva Moreira Maia	Individual	Veterana F60	02:59:16	+01:15:53	13:47
3	3165	Aurora Moreira	Individual	Veterana F60	02:59:17	+01:15:54	13:47

Veterano M40

1	3010	paulo pereira	AIRORUN	Veterano M40	01:01:20		04:43
2	3279	Francisco Cunha	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:06:21	+05:01	05:06
3	3100	PEDRO MIGUEL SILVA	Individual	Veterano M40	01:07:14	+05:54	05:10
4	3199	Luis Miguel Ferreira	LION RUNNERS - G D Leões da Guarda	Veterano M40	01:10:50	+09:30	05:27
5	3107	jorge agostinho da silva domingues	Individual	Veterano M40	01:11:48	+10:28	05:31
6	3252	carlos cunha	Silfa Energia	Veterano M40	01:15:08	+13:48	05:47
7	3207	Paulo Fernandes	Magnestones	Veterano M40	01:16:15	+14:55	05:52
8	3091	Lino Abreu	Individual	Veterano M40	01:16:19	+14:59	05:52
9	3281	João Doellinger	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:17:08	+15:48	05:56
10	3347	Lúcio Francisco Leite Dias	Individual	Veterano M40	01:17:49	+16:29	05:59
11	3028	João Pedro Gomes da Cunha	BRAGA RUNNERS	Veterano M40	01:18:07	+16:47	06:01
12	3182	Jose Ricardo Martins Silva	Individual	Veterano M40	01:19:06	+17:46	06:05
13	3166	Vitor Gabriel marinho alves	Individual	Veterano M40	01:19:36	+18:16	06:07
14	3311	Paulo Martins	Ermida Team	Veterano M40	01:20:28	+19:08	06:11
15	3324	José Figueiredo	TURBULENTOS	Veterano M40	01:21:55	+20:35	06:18
16	3105	Jorge Manuel Silva Veloso	Individual	Veterano M40	01:21:57	+20:37	06:18
17	3121	João Carlos Fernandes da Cunha	Individual	Veterano M40	01:22:23	+21:03	06:20
18	3345	João Geraldo da Silva Ribeiro	Individual	Veterano M40	01:23:59	+22:39	06:28
19	3027	José Manuel Silva	BRAGA RUNNERS	Veterano M40	01:24:01	+22:41	06:28
20	3214	Joaquim Pereira	Mozelos Runners	Veterano M40	01:24:35	+23:15	06:30
21	3346	José Miguel Vieira	Individual	Veterano M40	01:26:15	+24:55	06:38
22	3141	Bruno Barbosa	Individual	Veterano M40	01:26:30	+25:10	06:39
23	3280	Hugo Moreno	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:26:53	+25:33	06:41
24	2422	Gaspar Silva	Ericsson	Veterano M40	01:27:02	+25:42	06:42
25	2216	GDS	Individual	Veterano M40	01:34:14	+32:54	07:15
26	3130	António José Gomes dias	Individual	Veterano M40	01:36:32	+35:12	07:26
27	4106	João Miranda de Azevedo	Individual	Veterano M40	01:37:03	+35:43	07:28
28	3158	Nelson Paulo Gomes da Silva	Individual	Veterano M40	01:39:15	+37:55	07:38
29	3223	Jose Miguel Cunha Bastos	O Quarteto dos 3 amigos Gonçalo e Miguel	Veterano M40	01:40:18	+38:58	07:43
30	3234	NUNO SANTOS	PT JRSOUSA TEAM	Veterano M40	01:41:14	+39:54	07:47
31	3156	Claudio Cerqueira	Individual	Veterano M40	01:41:16	+39:56	07:47
32	3235	PAULO FREITAS	PT JRSOUSA TEAM	Veterano M40	01:42:28	+41:08	07:53
33	3129	Luís Moutinho	Individual	Veterano M40	01:46:46	+45:26	08:13
34	3039	André Gilvaia	Cabritos da Cortiça - TRAIL	Veterano M40	01:55:18	+53:58	08:52

Official Timekeeper: Lap2Go	7 / 9	generate 29-nov-2015 14:31
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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M45

1	3285	José Carvalho	SOCIEDADE RECREIO CEPANENSE	Veterano M45	01:06:21	05:06
2	3283	António Vale	SOCIEDADE RECREIO CEPANENSE	Veterano M45	01:08:46	+02:25 05:17
3	3008	jose pereira	AIRORUN	Veterano M45	01:08:58	+02:37 05:18
4	3286	Rui Silva	SOCIEDADE RECREIO CEPANENSE	Veterano M45	01:09:27	+03:06 05:21
5	3256	filipe gomes	Silfa Energia	Veterano M45	01:14:19	+07:58 05:43
6	3152	António Eduardo Abreu Caldas	Individual	Veterano M45	01:14:56	+08:35 05:46
7	3110	David Malva	Individual	Veterano M45	01:15:38	+09:17 05:49
8	3089	João Idalecio Cunha Faria	Individual	Veterano M45	01:16:37	+10:16 05:54
9	3208	Adolfo Ferreira	Magnestones	Veterano M45	01:16:44	+10:23 05:54
10	3284	João Lopes	SOCIEDADE RECREIO CEPANENSE	Veterano M45	01:18:39	+12:18 06:03
11	3348	David Barreira	Individual	Veterano M45	01:18:49	+12:28 06:04
12	3263	Nuno Maia	SOCIEDADE RECREIO CEPANENSE	Veterano M45	01:20:04	+13:43 06:10
13	3219	Álvaro Cardoso	Nós Acreditamos	Veterano M45	01:21:11	+14:50 06:15
14	3282	António Mendes	SOCIEDADE RECREIO CEPANENSE	Veterano M45	01:21:47	+15:26 06:17
15	3220	Fernando Pereira	Nós Acreditamos	Veterano M45	01:23:14	+16:53 06:24
16	3029	José Alberto Gomes da Cunha	BRAGA RUNNERS	Veterano M45	01:23:41	+17:20 06:26
17	3169	paulo carneiro	Individual	Veterano M45	01:28:00	+21:39 06:46
18	3170	Paulo	Individual	Veterano M45	01:28:16	+21:55 06:47
19	1084	Ricardo Carneiro	CF Jesuítas	Veterano M45	01:31:29	+25:08 07:02
20	3349	emanuel pinto pereira vale	Individual	Veterano M45	01:39:16	+32:55 07:38
21	3350	JOÃO STRECH	Individual	Veterano M45	01:40:37	+34:16 07:44
22	3163	Miguel Resende	Individual	Veterano M45	01:43:58	+37:37 08:00

Veterano M50

1	3298	Luís Vilela	SOCIEDADE RECREIO CEPANENSE	Veterano M50	01:08:24	05:16
2	3359	Paulo Graça	Monte dos Amigos	Veterano M50	01:09:22	+00:58 05:20
3	3012	Paulo Leite	All About	Veterano M50	01:16:07	+07:43 05:51
4	3020	António Ribeiro	atualfit team	Veterano M50	01:21:59	+13:35 06:18
5	3135	Paulo Mallen	Individual	Veterano M50	01:30:30	+22:06 06:58
6	3151	Fernando Ferraz	Individual	Veterano M50	01:36:35	+28:11 07:26
7	3291	José Costa	Tiago Cadete - Living	Veterano M50	01:40:10	+31:46 07:42
8	3087	António Manuel Valente do Carmo	Individual	Veterano M50	01:49:57	+41:33 08:27

Veterano M55

1	3209	José Mendes	Magnestones	Veterano M55	01:13:17	05:38
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Official Timekeeper: Lap2Go	8 / 9	generate 29-nov-2015 14:31
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13K

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	3113	Domingos Vieira	Individual	Veterano M55	01:14:42	+01:25	05:45
3	3287	Carlos Lemos	SOCIEDADE RECREIO CEPANENSE	Veterano M55	01:17:13	+03:56	05:56
4	3312	Laurentino Martins	Ermida Team	Veterano M55	01:18:06	+04:49	06:01
5	3148	newton sanches milani	Individual	Veterano M55	01:23:21	+10:04	06:25
6	3368	Pedro Castelo Branco	Individual	Veterano M55	01:24:14	+10:57	06:29
7	3149	António Silva	Individual	Veterano M55	01:33:37	+20:20	07:12
8	3093	CARLOS MANUEL CONCEIÇÃO FERRAZ	Individual	Veterano M55	01:37:45	+24:28	07:31
9	3243	José Meireles Pereira	ROSÁRIO EXTREME	Veterano M55	01:49:50	+36:33	08:27

Veterano M60

1	3225	Lino Moreira	Os TurboMula	Veterano M60	01:15:47		05:50
2	3171	José Barros	Individual	Veterano M60	01:23:06	+07:19	06:24
3	3351	Adérito António Viegas Alves	Individual	Veterano M60	01:36:51	+21:04	07:27
4	3174	Eduardo António Monteiro de Oliveira Maia	Individual	Veterano M60	02:59:56	+01:44:09	13:50

8K - STAGE 1**8 KM****OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	09:30	4°C	80%
End	11:44	4°C	80%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3035	João Pedro Ribeiro Pereira	bvtb 2	Sub 23 Masculino	37:52		04:44
2	4153	nuno mota	airoron	Sub 23 Masculino	37:55	+00:03	04:44
3	4031	Domingos Alves	ermida team	Senior Masculino	37:56	+00:04	04:45
4	4010	Francisco Varzim	barcelos saudável	Veterano M45	42:52	+05:00	05:22
5	4183	CARLOS MOTERO CARVALLO	individual	Senior Masculino	43:40	+05:48	05:28
6	4166	Francisco Ramalho	braga runners	Veterano M40	43:54	+06:02	05:29
7	4158	Diana Ferreira	barcelos saudável	Senior Feminino	44:32	+06:40	05:34
8	4008	Rosalina Costa	barcelos saudável	Veterana F45	46:02	+08:10	05:45
9	4009	Júlia Costa	barcelos saudável	Veterana F50	47:20	+09:28	05:55
10	4167	Sebastião Gonçalves	braga runners	Veterano M50	47:20	+09:28	05:55
11	4064	Paulino José Araújo e Silva	individual	Veterano M45	47:22	+09:30	05:55
12	4013	Isabel Maria Ferreira	barcelos saudável	Veterana F40	47:28	+09:36	05:56
13	4105	Ana Paula Fão Gomes Bezerra Afonso	individual	Veterana F50	47:56	+10:04	05:59
14	4077	Aarão Manuel Soares Dias	individual	Senior Masculino	47:59	+10:07	06:00
15	4155	marcos pereira	airoron	Sub 23 Masculino	48:10	+10:18	06:01
16	4028	Francisco Fonseca	doremi cat runners	Senior Masculino	49:38	+11:46	06:12
17	4046	Andreia Margarida Queirós Machado	individual	Sub 23 Feminino	50:05	+12:13	06:16
18	4032	André Príncipe	ermida team	Senior Masculino	50:28	+12:36	06:18
19	4096	Daniel Martins	individual	Senior Masculino	50:39	+12:47	06:20
20	4007	João Cruz	barcelos saudável	Veterano M50	50:43	+12:51	06:20
21	4053	Rui Alexandre de Araújo e Gama Esteves da Silva	individual	Senior Masculino	51:52	+14:00	06:29
22	4156	Ana Maria Matos	barcelos saudável	Veterana F45	52:08	+14:16	06:31
23	4030	Eufemia Gonçalves	ermida team	Senior Feminino	52:09	+14:17	06:31
24	4029	M. Jesus Pinto	doremi cat runners	Veterana F40	52:29	+14:37	06:34
25	3117	Carlos Eduardo Moura da Silva	individual	Senior Masculino	52:31	+14:39	06:34
26	4061	Emanuel Rodrigues Pereira	individual	Senior Masculino	52:33	+14:41	06:34
27	3118	Susana Alexandra Almeida Fernandes	individual	Senior Feminino	52:42	+14:50	06:35
28	4165	António Pereira	braga runners	Veterano M40	52:51	+14:59	06:36
29	4015	Raquel Sofia Macedo da Costa	braga runners	Senior Feminino	52:52	+15:00	06:36
30	4014	Sofia Silva	barcelos saudável	Senior Feminino	53:32	+15:40	06:41
31	4157	Fernanda Rocha	barcelos saudável	Veterana F50	53:32	+15:40	06:42
32	4012	Filipa Ferreira	barcelos saudável	Senior Feminino	53:32	+15:40	06:42
33	4152	antonio rodrigues	airoron	Senior Masculino	53:36	+15:44	06:42
34	4182	Bruno Filipe Pereira da Silva	individual	Senior Masculino	53:53	+16:01	06:44
35	4181	António Marcos Loureiro Lopes	individual	Senior Masculino	53:53	+16:01	06:44
36	4011	Sandra Moura	barcelos saudável	Veterana F40	54:15	+16:23	06:47
37	4051	FILIPE CARVALHO	individual	Senior Masculino	54:26	+16:34	06:48
38	4162	Jorge Cunha	braga runners	Senior Masculino	54:37	+16:45	06:50
39	4016	Pedro Filipe Ferreira Matos	braga runners	Senior Masculino	54:54	+17:02	06:52

8K - STAGE 1**8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	4122	Joana Rita Ribeiro Araújo	individual	Sub 23 Feminino	54:59	+17:07	06:52
41	3052	Avelino Cruz	fama runners	Veterano M40	55:47	+17:55	06:58
42	4160	Patrícia Rego	braga runners	Senior Feminino	55:53	+18:01	06:59
43	4063	Ana Margarida Rodrigues Moitas	individual	Senior Feminino	55:58	+18:06	07:00
44	4143	Angela Isabel Silva	suicidas brácaros	Senior Feminino	56:20	+18:28	07:03
45	3367	Amadeu Pedro Pereira	individual	Veterano M60	56:27	+18:35	07:03
46	4119	Gonçalo Pires de Afonso Pires	individual	Senior Masculino	56:35	+18:43	07:04
47	4191	Ricardo Nuno Cardoso Cerqueira	individual	Veterano M40	58:07	+20:15	07:16
48	4151	Sofia Lopes	viseu 2015	Senior Feminino	58:13	+20:21	07:17
49	4132	Marta Rosas	maiacrossteam	Senior Feminino	58:13	+20:21	07:17
50	4100	Anabela Lourenço	individual	Senior Feminino	59:02	+21:10	07:23
51	4062	Ana Carolina Braga Chaves	individual	Sub 23 Feminino	59:14	+21:22	07:24
52	4090	Pedro de Carvalho	individual	Senior Masculino	59:24	+21:32	07:26
53	4175	Fábia Tatiana Teixeira Martins	individual	Senior Feminino	01:00:17	+22:25	07:32
54	4104	Nélia Antunes	individual	Senior Feminino	01:00:49	+22:57	07:36
55	4059	Paulo Jorge Domingues Ribeiro	individual	Senior Masculino	01:01:10	+23:18	07:39
56	4141	Carla Falcão	perdi o táxi	Veterana F40	01:01:41	+23:49	07:43
57	4190	maria del carmen conde rua	individual	Veterana F45	01:01:47	+23:55	07:43
58	4133	Pedro Lima	maiacrossteam	Senior Masculino	01:01:52	+24:00	07:44
59	4055	Adérito Gonçalves da Rocha	individual	Veterano M50	01:02:01	+24:09	07:45
60	4021	César Eduardo Fernandes Dias	capitalges	Senior Masculino	01:02:15	+24:23	07:47
61	4073	Renato Manuel Silva da Mota	individual	Senior Masculino	01:02:47	+24:55	07:51
62	4125	Ana Sousa	individual	Senior Feminino	01:02:49	+24:57	07:51
63	4179	Noa fernandez sanchez	individual	Senior Feminino	01:02:56	+25:04	07:52
64	4024	Ana Paula Carneiro	cpam	Senior Feminino	01:02:59	+25:07	07:52
65	4188	Márcia Costa Dias	individual	Sub 23 Feminino	01:03:14	+25:22	07:54
66	4187	Liliana Filipa Martins Araújo	individual	Sub 23 Feminino	01:03:14	+25:22	07:54
67	4088	Paula Morais	individual	Veterana F45	01:04:31	+26:39	08:04
68	4142	Bárbara Maia	sociedade recreio cepanense	Sub 23 Feminino	01:04:46	+26:54	08:06
69	4196	jose joao cordeiro	individual	Veterano M45	01:05:49	+27:57	08:14
70	4054	Marisa Leite	individual	Senior Feminino	01:05:52	+28:00	08:14
71	4136	Olga coelho	olga tiago	Senior Feminino	01:06:20	+28:28	08:17
72	4137	Tiago mendonca	olga tiago	Senior Masculino	01:06:20	+28:28	08:18
73	4043	José Francisco Afonso Lourenço	individual	Veterano M50	01:06:57	+29:05	08:22
74	4163	Lari Polak	braga runners	Senior Masculino	01:07:37	+29:45	08:27
75	4161	Bruno Leitão	braga runners	Senior Masculino	01:07:37	+29:45	08:27
76	4025	Ana Soares	cpam	Senior Feminino	01:08:16	+30:24	08:32
77	4057	Diana do Céu Domingues da Rocha	individual	Senior Feminino	01:08:59	+31:07	08:37
78	4060	Marinha Lourenço Ribeiro	individual	Senior Feminino	01:08:59	+31:07	08:37
79	4107	Maria Inês da Silva Coutinho	individual	Senior Feminino	01:09:04	+31:12	08:38
80	4052	Rita Mafalda do Carmo Boita	individual	Senior Feminino	01:09:04	+31:12	08:38
81	4159	Isabel Pinheiro	braga runners	Senior Feminino	01:09:10	+31:18	08:39
82	4041	ana cristina nunes	individual	Veterana F40	01:09:11	+31:19	08:39
83	4099	Ana Cristina Domingues Neto	individual	Senior Feminino	01:09:35	+31:43	08:42
84	3032	Ana Isabel Pereira da Cunha	bvtb	Senior Feminino	01:10:50	+32:58	08:51

8K - STAGE 1

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	4074	Susana cristina Fernandes Cunha	individual	Senior Feminino	01:11:18	+33:26	08:55
86	4112	catia sofia de sousa barbosa	individual	Senior Feminino	01:11:18	+33:26	08:55
87	4140	Ana Moreira	os turbomula	Veterana F60	01:11:27	+33:35	08:56
88	4066	Paulo Rafael Silva Figueiredo	individual	Senior Masculino	01:12:01	+34:09	09:00
89	4078	Jorge Armando de Almeida Caldeira	individual	Veterano M60	01:12:33	+34:41	09:04
90	3317	Andreia Rebelo	individual	Senior Feminino	01:12:46	+34:54	09:06
91	4084	Mariana Fontoura de Oliveira	individual	Senior Feminino	01:13:27	+35:35	09:11
92	4091	Marlene de Fátima Afonso Fernandes	individual	Senior Feminino	01:13:29	+35:37	09:11
93	4117	Filipa Dias	individual	Sub 23 Feminino	01:13:58	+36:06	09:15
94	4118	Andreia Dias	individual	Sub 23 Feminino	01:13:59	+36:07	09:15
95	4110	Rita Freitas	individual	Senior Feminino	01:14:39	+36:47	09:20
96	4058	Maria do Sameiro Gonçalves Domingues da Rocha	individual	Veterana F50	01:14:45	+36:53	09:21
97	4022	Joaquim Araujo	capitalges	Senior Masculino	01:16:27	+38:35	09:33
98	4020	Marina Leite	capitalges	Senior Feminino	01:16:30	+38:38	09:34
99	4019	Bernadette Cunha	capitalges	Senior Feminino	01:16:31	+38:39	09:34
100	4126	Rita Santos	individual	Senior Feminino	01:17:19	+39:27	09:40
101	4194	Armando Cunha	individual	Veterano M60	01:17:27	+39:35	09:41
102	4193	Rosa Maria Cunha	individual	Veterana F60	01:17:28	+39:36	09:41
103	4127	Carla Alexandra Pinho Soares	individual	Senior Feminino	01:18:42	+40:50	09:50
104	4123	Sandra Manuela Gonçalves de Melo Pires	individual	Senior Feminino	01:20:20	+42:28	10:03
105	4082	isabel fazenda	individual	Veterana F45	01:20:32	+42:40	10:04
106	4145	BRUNO COUTINHO	this side up - run team	Sub 23 Masculino	01:23:19	+45:27	10:25
107	4146	DAVID COUTINHO	this side up - run team	Sub 23 Masculino	01:23:19	+45:27	10:25
108	4071	Antonio Silva	individual	Veterano M40	01:26:59	+49:07	10:52
109	4149	Dora Telma fernandes Castro	vimarunners	Senior Feminino	01:27:01	+49:09	10:53
110	4150	Silvia Cristina Fernandes Dias	vimarunners	Senior Feminino	01:27:02	+49:10	10:53
111	4115	Raquel Correia	individual	Senior Feminino	01:32:00	+54:08	11:30
112	4114	José Costa	individual	Senior Masculino	01:32:00	+54:08	11:30

8K

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	4150	Silvia Cristina Fernandes Dias	vimarunners	Senior Feminino	01:27:02	+42:30	10:53
41	4115	Raquel Correia	Individual	Senior Feminino	01:32:00	+47:28	11:30

Senior Masculino

1	4031	Domingos Alves	Ermida Team	Senior Masculino	37:56		04:45
2	4183	CARLOS MOTERO CARVALLO	Individual	Senior Masculino	43:40	+05:44	05:28
3	4077	Aarão Manuel Soares Dias	Individual	Senior Masculino	47:59	+10:03	06:00
4	4028	Francisco Fonseca	DOREMI CAT RUNNERS	Senior Masculino	49:38	+11:42	06:12
5	4032	André Príncipe	Ermida Team	Senior Masculino	50:28	+12:32	06:18
6	4096	Daniel Martins	Individual	Senior Masculino	50:39	+12:43	06:20
7	4053	Rui Alexandre de Araújo e Gama Esteves da Silva	Individual	Senior Masculino	51:52	+13:56	06:29
8	3117	Carlos Eduardo Moura da Silva	Individual	Senior Masculino	52:31	+14:35	06:34
9	4061	Emanuel Rodrigues Pereira	Individual	Senior Masculino	52:33	+14:37	06:34
10	4152	antonio rodrigues	AIRORUN	Senior Masculino	53:36	+15:40	06:42
11	4182	Bruno Filipe Pereira da Silva	Individual	Senior Masculino	53:53	+15:57	06:44
12	4181	António Marcos Loureiro Lopes	Individual	Senior Masculino	53:53	+15:57	06:44
13	4051	FILIFE CARVALHO	Individual	Senior Masculino	54:26	+16:30	06:48
14	4162	Jorge Cunha	BRAGA RUNNERS	Senior Masculino	54:37	+16:41	06:50
15	4016	Pedro Filipe Ferreira Matos	BRAGA RUNNERS	Senior Masculino	54:54	+16:58	06:52
16	4119	Gonçalo Pires de Afonso Pires	Individual	Senior Masculino	56:35	+18:39	07:04
17	4090	Pedro de Carvalho	Individual	Senior Masculino	59:24	+21:28	07:26
18	4059	Paulo Jorge Domingues Ribeiro	Individual	Senior Masculino	01:01:10	+23:14	07:39
19	4133	Pedro Lima	MaiaCrossTeam	Senior Masculino	01:01:52	+23:56	07:44
20	4021	César Eduardo Fernandes Dias	Capitalges	Senior Masculino	01:02:15	+24:19	07:47
21	4073	Renato Manuel Silva da Mota	Individual	Senior Masculino	01:02:47	+24:51	07:51
22	4137	Tiago mendonca	Olga tiago	Senior Masculino	01:06:20	+28:24	08:18
23	4163	Lari Polak	BRAGA RUNNERS	Senior Masculino	01:07:37	+29:41	08:27
24	4161	Bruno Leitão	BRAGA RUNNERS	Senior Masculino	01:07:37	+29:41	08:27
25	4066	Paulo Rafael Silva Figueiredo	Individual	Senior Masculino	01:12:01	+34:05	09:00
26	4022	Joaquim Araujo	Capitalges	Senior Masculino	01:16:27	+38:31	09:33
27	4114	José Costa	Individual	Senior Masculino	01:32:00	+54:04	11:30

Sub 23 Feminino

1	4046	Andreia Margarida Queirós Machado	Individual	Sub 23 Feminino	50:05		06:16
2	4122	Joana Rita Ribeiro Araújo	Individual	Sub 23 Feminino	54:59	+04:54	06:52
3	4062	Ana Carolina Braga Chaves	Individual	Sub 23 Feminino	59:14	+09:09	07:24
4	4188	Márcia Costa Dias	Individual	Sub 23 Feminino	01:03:14	+13:09	07:54
5	4187	Liliana Filipa Martins Araújo	Individual	Sub 23 Feminino	01:03:14	+13:09	07:54
6	4142	Bárbara Maia	SOCIEDADE RECREIO CEPANENSE	Sub 23 Feminino	01:04:46	+14:41	08:06
7	4117	Filipa Dias	Individual	Sub 23 Feminino	01:13:58	+23:53	09:15
8	4118	Andreia Dias	Individual	Sub 23 Feminino	01:13:59	+23:54	09:15

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OFFICIAL RESULT

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Sub 23 Masculino

1	3035	João Pedro Ribeiro Pereira	BVTB 2	Sub 23 Masculino	37:52		04:44
2	4153	nuno mota	AIRORUN	Sub 23 Masculino	37:55	+00:03	04:44
3	4155	marcos pereira	AIRORUN	Sub 23 Masculino	48:10	+10:18	06:01
4	4145	BRUNO COUTINHO	THIS SIDE UP - RUN TEAM	Sub 23 Masculino	01:23:19	+45:27	10:25
5	4146	DAVID COUTINHO	THIS SIDE UP - RUN TEAM	Sub 23 Masculino	01:23:19	+45:27	10:25

Veterana F40

1	4013	Isabel Maria Ferreira	Barcelos Saudável	Veterana F40	47:28		05:56
2	4029	M. Jesus Pinto	DOREMI CAT RUNNERS	Veterana F40	52:29	+05:01	06:34
3	4011	Sandra Moura	Barcelos Saudável	Veterana F40	54:15	+06:47	06:47
4	4141	Carla Falcão	Perdi o Táxi	Veterana F40	01:01:41	+14:13	07:43
5	4041	ana cristina nunes	Individual	Veterana F40	01:09:11	+21:43	08:39

Veterana F45

1	4008	Rosalina Costa	Barcelos Saudável	Veterana F45	46:02		05:45
2	4156	Ana Maria Matos	Barcelos Saudável	Veterana F45	52:08	+06:06	06:31
3	4190	maria del carmen conde rua	Individual	Veterana F45	01:01:47	+15:45	07:43
4	4088	Paula Morais	Individual	Veterana F45	01:04:31	+18:29	08:04
5	4082	isabel fazenda	Individual	Veterana F45	01:20:32	+34:30	10:04

Veterana F50

1	4009	Júlia Costa	Barcelos Saudável	Veterana F50	47:20		05:55
2	4105	Ana Paula Fão Gomes Bezerra Afonso	Individual	Veterana F50	47:56	+00:36	05:59
3	4157	Fernanda Rocha	Barcelos Saudável	Veterana F50	53:32	+06:12	06:42
4	4058	Maria do Sameiro Gonçalves Domingues da Rocha	Individual	Veterana F50	01:14:45	+27:25	09:21

Veterana F60

1	4140	Ana Moreira	Os TurboMula	Veterana F60	01:11:27		08:56
2	4193	Rosa Maria Cunha	Individual	Veterana F60	01:17:28	+06:01	09:41

Veterano M40

1	4166	Francisco Ramalho	BRAGA RUNNERS	Veterano M40	43:54		05:29
2	4165	António Pereira	BRAGA RUNNERS	Veterano M40	52:51	+08:57	06:36
3	3052	Avelino Cruz	FAMA RUNNERS	Veterano M40	55:47	+11:53	06:58
4	4191	Ricardo Nuno Cardoso Cerqueira	Individual	Veterano M40	58:07	+14:13	07:16
5	4071	Antonio Silva	Individual	Veterano M40	01:26:59	+43:05	10:52

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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Veterano M45

1	4010	Francisco Varzim	Barcelos Saudável	Veterano M45	42:52		05:22
2	4064	Paulino José Araújo e Silva	Individual	Veterano M45	47:22	+04:30	05:55
3	4196	jose joao cordeiro	Individual	Veterano M45	01:05:49	+22:57	08:14

Veterano M50

1	4167	Sebastião Gonçalves	BRAGA RUNNERS	Veterano M50	47:20		05:55
2	4007	João Cruz	Barcelos Saudável	Veterano M50	50:43	+03:23	06:20
3	4055	Adérito Gonçalves da Rocha	Individual	Veterano M50	01:02:01	+14:41	07:45
4	4043	José Francisco Afonso Lourenço	Individual	Veterano M50	01:06:57	+19:37	08:22

Veterano M60

1	3367	Amadeu Pedro Pereira	Individual	Veterano M60	56:27		07:03
2	4078	Jorge Armando de Almeida Caldeira	Individual	Veterano M60	01:12:33	+16:06	09:04
3	4194	Armando Cunha	Individual	Veterano M60	01:17:27	+21:00	09:41