

TRAIL SOLIDÁRIO DO VEZ 16K

16 KM

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	3398	Rita Araujo	individual	Senior Feminino	02:06:40	+55:13	07:55
220	3159	Adélia Ferreira Bernardino	individual	Senior Feminino	02:06:50	+55:23	07:56
221	3154	SILVIA PERALTA	gaia-running	Senior Feminino	02:06:50	+55:23	07:56
222	3142	ELISABETE REPAS	gaia-running	Veterana F45	02:06:50	+55:23	07:56
223	2054	ANA COELHO	gaia-running	Senior Feminino	02:06:50	+55:23	07:56
224	3145	Jorge Pereira	gaia-running	Veterano M40	02:06:51	+55:24	07:56
225	3143	FERNANDO VIEIRA	gaia-running	Veterano M55	02:06:51	+55:24	07:56
226	3141	CÉSAR TEIXEIRA	gaia-running	Veterano M40	02:06:52	+55:25	07:56
227	3155	VÍTOR FERNANDES	gaia-running	Veterano M40	02:06:52	+55:25	07:56
228	3354	monica vilas boas	individual	Senior Feminino	02:06:53	+55:26	07:56
229	3523	Ivo Silva	xuta no pé	Senior Masculino	02:07:37	+56:10	07:59
230	3471	Bruno Miguel Lopes Silva	rexemingas team	Senior Masculino	02:07:56	+56:29	08:00
231	3470	Armando Manuel Lopes Pereira	rexemingas team	Senior Masculino	02:07:56	+56:29	08:00
232	3131	Miguel Costa de Jesus	fit4fun	Senior Masculino	02:08:00	+56:33	08:00
233	3060	Zélia Cristiana da Rocha Brandão	cabritos da cortiça - trail	Senior Feminino	02:08:27	+57:00	08:02
234	3267	Helena Passos	individual	Senior Feminino	02:08:31	+57:04	08:02
235	3428	Tiago Ricardo	individual	Senior Masculino	02:08:31	+57:04	08:02
236	3388	Preciosa Branco	individual	Senior Feminino	02:09:18	+57:51	08:05
237	3214	César Macedo	individual	Senior Masculino	02:09:18	+57:51	08:05
238	3394	Ricardo jose Rodrigues Alves Dias	individual	Senior Masculino	02:09:19	+57:52	08:05
239	3188	Bruno Carvalho	individual	Senior Masculino	02:09:19	+57:52	08:05
240	3136	Marlene Freitas	friendsrus	Senior Feminino	02:09:32	+58:05	08:06
241	3053	Paulo Pereira	bota & siga	Senior Masculino	02:09:42	+58:15	08:06
242	3050	Luís Ribeiro	bota & siga	Sub 23 Masculino	02:09:42	+58:15	08:06
243	3049	Luís Monteiro	bota & siga	Senior Masculino	02:09:42	+58:15	08:06
244	3524	Ruben Mendes	xuta no pé	Senior Masculino	02:09:58	+58:31	08:07
245	3126	Rui Sá	ffit gaia trail	Veterano M50	02:10:03	+58:36	08:08
246	3449	Nelson Santos	liketomove.com	Senior Masculino	02:10:27	+59:00	08:09
247	3125	Paulo Jorge Santos	ffit gaia trail	Senior Masculino	02:10:28	+59:01	08:09
248	3258	Goreti Guimarães	individual	Veterana F40	02:10:29	+59:02	08:09
249	3450	Avelino Sousa	maiacrossteam	Veterano M45	02:10:32	+59:05	08:09
250	3453	Sílvia Rodrigues	maiacrossteam	Senior Feminino	02:10:37	+59:10	08:10
251	3397	Ricardo Pimenta	individual	Senior Masculino	02:10:46	+59:19	08:10
252	3443	Miguel Mota Leite	jerónimo	Veterano M40	02:10:47	+59:20	08:10
253	3108	Paula Silva	ermida fit	Veterana F40	02:10:57	+59:30	08:11
254	3058	Fatima Carvalho	cabritos da cortiça	Senior Feminino	02:11:13	+59:46	08:12
255	3502	Bruno Miguel Mendes Pinto	vimarunners	Senior Masculino	02:11:32	+01:00:05	08:13
256	3504	Nelson Xavier	vimarunners	Senior Masculino	02:11:32	+01:00:05	08:13
257	3007	antonio rodrigues	airorun	Senior Masculino	02:12:06	+01:00:39	08:15
258	3211	Cátia Faria	individual	Senior Feminino	02:12:07	+01:00:40	08:15
259	3061	Sara Marques	cansaaados	Senior Feminino	02:12:07	+01:00:40	08:15
260	3414	séverine BOITEAU	individual	Veterana F40	02:12:09	+01:00:42	08:16
261	3455	Rui Mário Andrade Lázaro	meni	Senior Masculino	02:12:51	+01:01:24	08:18
262	3082	Claudia Pereira	corridas de pernas pro ar	Senior Feminino	02:13:03	+01:01:36	08:19
263	3085	Rui Gomes	corridas de pernas pro ar	Senior Masculino	02:13:03	+01:01:36	08:19
264	3184	Antonio Vasconcelos	individual	Veterano M40	02:13:07	+01:01:40	08:19

Trail Solidário do Vez 16K

16 KM



OFFICIAL RESULT

86	3052	Marta Ferreira	Bota & Siga	Senior Feminino	03:13:19	+01:42:59	12:05
87	3051	Mariana Ribeiro	Bota & Siga	Senior Feminino	03:13:19	+01:42:59	12:05
88	3048	Leonor Araújo	Bota & Siga	Senior Feminino	03:13:19	+01:42:59	12:05
89	3215	Clara Costa	Individual	Senior Feminino	03:15:57	+01:45:37	12:15
90	3280	Joana Sousa	Individual	Senior Feminino	03:21:00	+01:50:40	12:34
91	3218	Cristina Maria Guedes Martins Lima	Individual	Senior Feminino	03:21:01	+01:50:41	12:34
92	3173	Ana Luísa Pereira Oliveira	Individual	Senior Feminino	03:21:04	+01:50:44	12:34
93	3429	Tina Sciuillo Freixo	Individual	Senior Feminino	03:31:41	+02:01:21	13:14
94	3197	Carla Sofia Fernandes Pereira	Individual	Senior Feminino	03:51:05	+02:20:45	14:27
95	3419	Sónia Maria Cerqueira Fernandes	Individual	Senior Feminino	03:51:06	+02:20:46	14:27

Senior Masculino

1	3301	jose inácio lima rodrigues	Individual	Senior Masculino	01:15:59		04:45
2	3509	Nuno Ferreira	NAST	Senior Masculino	01:16:01	+00:02	04:45
3	3286	João Narciso Gonçalves	Individual	Senior Masculino	01:16:13	+00:14	04:46
4	3111	Ricardo Pais	Ermida Fit	Senior Masculino	01:23:35	+07:36	05:13
5	3508	VITOR RAFAEL RIBEIRO PINTO	vimarunners	Senior Masculino	01:23:58	+07:59	05:15
6	3501	Bruno Emanuel Oliveira fernandes	vimarunners	Senior Masculino	01:24:39	+08:40	05:17
7	3190	Bruno Manuel de Queiros Gonçalves	Individual	Senior Masculino	01:24:56	+08:57	05:19
8	3490	Renato vaz	TasCá no Chopin	Senior Masculino	01:25:07	+09:08	05:19
9	3401	Ruben Jose da Costa Barbosa	Individual	Senior Masculino	01:25:54	+09:55	05:22
10	3087	Ricardo Taxa	Desnível Positivo	Senior Masculino	01:26:31	+10:32	05:24
11	3067	Tiago Amaral	Clinica Médica Dr. Merino - Run&Shine	Senior Masculino	01:27:33	+11:34	05:28
12	3106	Nuno Freitas	Ermida Fit	Senior Masculino	01:29:18	+13:19	05:35
13	3109	Pedro Maia	Ermida Fit	Senior Masculino	01:29:18	+13:19	05:35
14	3261	Helder Faria	Individual	Senior Masculino	01:31:39	+15:40	05:44
15	3022	geraldto santos	alltitudes trail team	Senior Masculino	01:32:11	+16:12	05:46
16	3483	Inuo Melo	Run 4 All	Senior Masculino	01:32:11	+16:12	05:46
17	3199	Carlos Alberto da Silva Fernandes	Individual	Senior Masculino	01:32:13	+16:14	05:46
18	3521	Nicolás Otero Martínez	X-Trail Vigo	Senior Masculino	01:33:29	+17:30	05:51
19	3432	Vasco António Araújo Rocha	Individual	Senior Masculino	01:34:00	+18:01	05:52
20	3307	José Padrão	Individual	Senior Masculino	01:34:00	+18:01	05:52
21	3091	André Costa	Ermida Fit	Senior Masculino	01:34:23	+18:24	05:54
22	3472	Francisco José Balão Gomes	Rexemingas Team	Senior Masculino	01:34:54	+18:55	05:56
23	3023	jose silva	alltitudes trail team	Senior Masculino	01:35:44	+19:45	05:59
24	3047	Nuno Cruz	Barcelos Saudável	Senior Masculino	01:35:46	+19:47	05:59
25	3264	Hélder Tavares de Lemos	Individual	Senior Masculino	01:35:47	+19:48	05:59
26	3536	Diogo Araujo	Individual	Senior Masculino	01:35:49	+19:50	05:59
27	3231	DOMINGOS JERONIMO RIBEIRO GOMES	Individual	Senior Masculino	01:36:38	+20:39	06:02
28	3025	Raul Silva	AMIGOS ATLETISMO POVOENSE	Senior Masculino	01:37:39	+21:40	06:06
29	3393	RICARDO DELFIM ROSKA	Individual	Senior Masculino	01:38:49	+22:50	06:11
30	3459	Ricardo Silva	No pain No Gain Povo Team	Senior Masculino	01:38:50	+22:51	06:11
31	3386	Pedro Pimenta	Individual	Senior Masculino	01:39:40	+23:41	06:14

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OFFICIAL RESULT

121	3062	Bruno Miguel Simões Gonçalves	Celtas do Minho	Senior Masculino	02:47:16	+01:31:17	10:27
122	3057	Pedro Franco	Brigada das Minis e Sapatilhas	Senior Masculino	03:16:48	+02:00:49	12:18
123	3056	Jorge Silva	Brigada das Minis e Sapatilhas	Senior Masculino	03:16:49	+02:00:50	12:18

Sub 23 Feminino

1	3084	Raquel Paiva	Corridas De Pernas Pro Ar	Sub 23 Feminino	01:58:11		07:23
2	3086	Simone Paiva	Corridas De Pernas Pro Ar	Sub 23 Feminino	02:05:22	+07:11	07:50
3	3114	Soraia Costa	Ermida Fit	Sub 23 Feminino	02:20:04	+21:53	08:45
4	3117	Vanessa Martins	Ermida Fit	Sub 23 Feminino	02:27:55	+29:44	09:15
5	3424	Tânia Raquel Gonçalves Virgínia	Individual	Sub 23 Feminino	03:09:26	+01:11:15	11:50

Sub 23 Masculino

1	3517	Álvaro Gamundi Casteleiro	X-Trail Vigo	Sub 23 Masculino	01:25:28		05:21
2	3283	João José Barbosa Gomes	Individual	Sub 23 Masculino	01:25:31	+00:03	05:21
3	3110	Renato Ferreira	Ermida Fit	Sub 23 Masculino	01:34:23	+08:55	05:54
4	3317	Luis Pedro Ribeiro Pereira	Individual	Sub 23 Masculino	01:34:47	+09:19	05:55
5	3229	Diogo da Costa Gonçalves	Individual	Sub 23 Masculino	01:37:22	+11:54	06:05
6	3460	Tiago Silva	No pain No Gain Povo Team	Sub 23 Masculino	01:38:50	+13:22	06:11
7	3257	Gonçalo Freitas	Individual	Sub 23 Masculino	01:41:20	+15:52	06:20
8	3016	nuno mota	AIRORUN	Sub 23 Masculino	01:45:32	+20:04	06:36
9	2139	Luís Miguel Machado Rodrigues	Individual	Sub 23 Masculino	01:46:11	+20:43	06:38
10	3422	Steven Fernandes	Individual	Sub 23 Masculino	01:46:39	+21:11	06:40
11	3050	Luís Ribeiro	Bota & Siga	Sub 23 Masculino	02:09:42	+44:14	08:06
12	3014	marcos pereira	AIRORUN	Sub 23 Masculino	02:13:38	+48:10	08:21

Veterana F40

1	3177	Andreia Ferreira	Individual	Veterana F40	01:48:26		06:47
2	3409	Sandra Pinheiro	Individual	Veterana F40	01:51:21	+02:55	06:58
3	3151	ORLANDA REGO	GAIA-RUNNING	Veterana F40	01:52:42	+04:16	07:03
4	2086	CRISTINA QUELHAS	Individual	Veterana F40	01:56:38	+08:12	07:17
5	3175	Anabela Gomes Flores	Individual	Veterana F40	02:02:11	+13:45	07:38
6	3256	Glória Monteiro	Individual	Veterana F40	02:04:13	+15:47	07:46
7	3421	Sonia Teixeira	Individual	Veterana F40	02:05:51	+17:25	07:52
8	3258	Goreti Guimarães	Individual	Veterana F40	02:10:29	+22:03	08:09
9	3108	Paula Silva	Ermida Fit	Veterana F40	02:10:57	+22:31	08:11
10	3414	séverine BOITEAU	Individual	Veterana F40	02:12:09	+23:43	08:16
11	3464	MariaJoão Cardoso	P&J Team	Veterana F40	02:14:10	+25:44	08:23
12	3138	Paula Ribeiro	FriendsRus	Veterana F40	02:14:49	+26:23	08:26
13	3107	Paula Carneiro	Ermida Fit	Veterana F40	02:16:13	+27:47	08:31
14	3156	Armandina da Silva Torres	GDCT INCM	Veterana F40	02:16:15	+27:49	08:31
15	3292	Joaquina de Jesus Freitas Soares	Individual	Veterana F40	02:19:54	+31:28	08:45
16	3009	deolinda pereira	AIRORUN	Veterana F40	02:21:28	+33:02	08:50

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

52	3247	Francisco Caldas Lima	Individual	Veterano M40	02:17:40	+54:09	08:36
53	2080	Carlindo Martins	Individual	Veterano M40	02:17:55	+54:24	08:37
54	3260	HÉLDER COSTA	Individual	Veterano M40	02:19:34	+56:03	08:43
55	3220	Daniel Gomes	Individual	Veterano M40	02:20:13	+56:42	08:46
56	3180	António Afonso	Individual	Veterano M40	02:22:44	+59:13	08:55
57	3270	Henrique Marques	Individual	Veterano M40	02:24:52	+01:01:21	09:03
58	3440	Virgílio Mascarenhas	Inquipa	Veterano M40	02:29:04	+01:05:33	09:19
59	3075	Roberto Calisto	Clube Nortada Aventura - Murtosa night runners	Veterano M40	02:39:11	+01:15:40	09:57
60	3019	Hermengardo Silva	Alfatrail	Veterano M40	03:03:01	+01:39:30	11:26
61	3321	Manuel Brandão	Individual	Veterano M40	03:12:02	+01:48:31	12:00

Veterano M45

1	3186	Asdrubal Freitas	Individual	Veterano M45	01:11:27		04:28
2	3011	francisco pereira	AIRORUN	Veterano M45	01:23:58	+12:31	05:15
3	3013	luis mota	AIRORUN	Veterano M45	01:24:42	+13:15	05:18
4	3012	jose pereira	AIRORUN	Veterano M45	01:29:38	+18:11	05:36
5	3442	José Saldanha	Jerónimo	Veterano M45	01:34:29	+23:02	05:54
6	3046	José Carlos Cardoso	Barcelos Saudável	Veterano M45	01:37:34	+26:07	06:06
7	3008	deolinda faria	AIRORUN	Veterano M45	01:41:57	+30:30	06:22
8	3322	Manuel dos Passos da Silva Gomes da Cunha	Individual	Veterano M45	01:42:36	+31:09	06:25
9	3294	jorge martins	Individual	Veterano M45	01:42:39	+31:12	06:25
10	3379	Paulo Neves	Individual	Veterano M45	01:42:54	+31:27	06:26
11	3441	Alcino Carvalho	Jerónimo	Veterano M45	01:42:58	+31:31	06:26
12	3539	Jorge Ferreira	Individual	Veterano M45	01:42:58	+31:31	06:26
13	3405	Rui Manuel Gomes Peixoto	Individual	Veterano M45	01:43:24	+31:57	06:28
14	3433	Vitor Manuel Gomes da Silva	Individual	Veterano M45	01:45:16	+33:49	06:35
15	3029	Fernando Manuel Costa	Amigos do Atletismo Povoense	Veterano M45	01:50:24	+38:57	06:54
16	3132	Pedro Manuel Tavares de Bastos	FIT4FUN	Veterano M45	01:51:08	+39:41	06:57
17	3250	FRANCISCO JOSÉ RAMOS SANTOS	Individual	Veterano M45	01:51:33	+40:06	06:58
18	3316	Luis Melo	Individual	Veterano M45	01:53:02	+41:35	07:04
19	3444	Rui Costa	Jerónimo	Veterano M45	01:54:31	+43:04	07:09
20	3225	David Barreira	Individual	Veterano M45	01:55:49	+44:22	07:14
21	3290	Joaquim Moreira	Individual	Veterano M45	02:02:11	+50:44	07:38
22	3137	Miguel Carneiro	FriendsRus	Veterano M45	02:02:14	+50:47	07:38
23	3406	Rui Manuel Torres de Sousa Marques	Individual	Veterano M45	02:05:37	+54:10	07:51
24	3450	Avelino Sousa	MaiaCrossTeam	Veterano M45	02:10:32	+59:05	08:09
25	3069	Adriano Coutinho	Clube Nortada - Murtosa Night runners	Veterano M45	02:40:17	+01:28:50	10:01

Veterano M50

1	3310	Leandro Freitas	Individual	Veterano M50	01:32:17		05:46
2	3478	Francisco Costa	ROSÁRIO EXTREME	Veterano M50	01:34:53	+02:36	05:56

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16 KM

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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3	3030	João Oliveira	Amigos do Atletismo Povoense	Veterano M50	01:37:19	+05:02	06:05
4	3140	CARLOS PINTO	GAIA-RUNNING	Veterano M50	01:38:48	+06:31	06:10
5	3031	Manuel Joaquim Moreira	Amigos do Atletismo Povoense	Veterano M50	01:43:20	+11:03	06:27
6	3045	João Cruz	Barcelos Saudável	Veterano M50	01:47:17	+15:00	06:42
7	3028	Antonio Pereira	Amigos do Atletismo Povoense	Veterano M50	01:49:14	+16:57	06:50
8	3027	antonio Lourenço	Amigos do Atletismo Povoense	Veterano M50	01:49:14	+16:57	06:50
9	3298	Jose Fernandes	Individual	Veterano M50	01:52:24	+20:07	07:02
10	3032	Manuel Luis Moreira	Amigos do Atletismo Povoense	Veterano M50	01:52:39	+20:22	07:02
11	3130	Durbalino Matos Ferreira	FIT4FUN	Veterano M50	01:53:07	+20:50	07:04
12	3162	Alberto Cunha	Individual	Veterano M50	01:54:09	+21:52	07:08
13	3144	HELDER OLIVEIRA	GAIA-RUNNING	Veterano M50	02:02:31	+30:14	07:39
14	3126	Rui Sá	FFit Gaia Trail	Veterano M50	02:10:03	+37:46	08:08
15	3182	Antônio Carmo	Individual	Veterano M50	03:40:04	+02:07:47	13:45

Veterano M55

1	3323	manuel joão de souza pinto	Individual	Veterano M55	01:43:14		06:27
2	3357	Natalino Pereira de Oliveira	Individual	Veterano M55	01:52:34	+09:20	07:02
3	2214	António Santos Pereira	Invicta Runners Team	Veterano M55	01:52:35	+09:21	07:02
4	3143	FERNANDO VIEIRA	GAIA-RUNNING	Veterano M55	02:06:51	+23:37	07:56
5	3535	Amadeu Araujo	Individual	Veterano M55	02:23:15	+40:01	08:57

Veterano M60

1	3253	GARCIA DA SILVA	Individual	Veterano M60	02:41:21		10:05
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