Penacova Trail do Centro

Penacova, PT

11-November-2018

42K - STAGE 1

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14.1ºC	96%
End	17:44	14.1ºC	96%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	10	Pedro Batista	arsm-associação recreativa de s.miguel	Veterano M40	04:55:38		07:02
2	12	Bruno Simões	bruno tujo	Senior Masculino	05:28:51	+33:13	07:50
3	11	JOAO ESPIGUINHA	borba trail / help 4 u	Veterano M40	05:31:14	+35:36	07:53
4	20	Luís Carlos Rodrigues da Silva	grf benedita - atletismo	Senior Masculino	05:34:18	+38:40	07:58
5	22	Ashley Buck	individual	Senior Masculino	05:47:33	+51:55	08:17
6	39	Pedro Costa	individual	Veterano M40	05:50:05	+54:27	08:20
7	67	Acílio Noro	soure mov	Veterano M40	06:06:52	+01:11:14	08:44
8	24	Jorge Faustino	individual	Senior Masculino	06:08:02	+01:12:23	08:46
9	40	Pedro Ferreira	individual	Veterano M40	06:08:26	+01:12:48	08:46
10	44	David Assis	individual	Veterano M50	06:14:09	+01:18:31	08:55
11	48	Jorge Serrazina	individual	Veterano M60	06:16:20	+01:20:42	08:58
12	68	BRUNO CARDOSO	trail bela bela	Senior Masculino	06:21:38	+01:26:00	09:05
13	25	Milton Branco	individual	Senior Masculino	06:31:36	+01:35:58	09:19
14	37	Kai Ng	individual	Veterano M40	06:36:42	+01:41:04	09:27
15	19	Joana Fialho Paulo	grf benedita - atletismo	Senior Feminino	06:38:06	+01:42:28	09:29
16	9	Pedro Freitas	arriba trail runners	Senior Masculino	06:52:07	+01:56:29	09:49
17	29	Mafalda Lourenço	individual	Veterana F40	06:53:34	+01:57:56	09:51
18	7	Fábio Silva	acbatalha	Senior Masculino	06:57:59	+02:02:21	09:57
19	33	Gualdino Frois	individual	Veterano M40	06:57:59	+02:02:21	09:57
20	8	Gonçalo Almeida	arriba trail runners	Senior Masculino	07:05:20	+02:09:42	10:08
21	26	Paulo Melo	individual	Senior Masculino	07:11:29	+02:15:51	10:16
22	54	Jorge Bastos	pernetas	Veterano M40	07:11:29	+02:15:51	10:16
23	58	Rui Faria	run 4 fun	Veterano M40	07:19:51	+02:24:13	10:28
24	34	Heath Buck	individual	Veterano M40	07:22:05	+02:26:27	10:32
25	32	António Manuel Simões	individual	Veterano M40	07:22:22	+02:26:44	10:32
26	41	pedro saraiva	individual	Veterano M40	07:22:58	+02:27:20	10:33
27	13	Fernando Venda	coimbra trail running	Veterano M60	07:22:58	+02:27:20	10:33
28	57	Paulo Raposo	run 4 fun	Veterano M40	07:24:48	+02:29:10	10:35
29	52	José Valente	nac trail	Senior Masculino	07:25:35	+02:29:57	10:37
30	53	Paulo Santos	não fazemos nem mais um... km	Senior Masculino	07:33:23	+02:37:45	10:48
31	62	Teodoro Trindade	run 4 fun	Veterano M50	07:38:00	+02:42:22	10:54
32	16	Lao Figueiredo	figueira kayak clube	Senior Masculino	07:47:52	+02:52:14	11:08
33	45	Fernando Costa	individual	Veterano M50	07:47:53	+02:52:15	11:08
34	38	Manuel Carvalho	individual	Veterano M40	07:55:22	+02:59:44	11:19
35	60	Gonçalo Fontes de Melo	run 4 fun	Veterano M50	07:58:19	+03:02:41	11:23
36	65	GUSTAVO BAETA	santiagobikes	Veterano M40	08:13:25	+03:17:46	11:45
37	55	Marina Graça Martins Marques	run 4 fun	Veterana F40	08:19:30	+03:23:51	11:54
38	64	Jorge Acúrcio	run forest run	Senior Masculino	08:36:25	+03:40:46	12:18
39	59	Alfredo Luis de Freitas de Bastos Falcão	run 4 fun	Veterano M50	08:41:20	+03:45:41	12:25

Penacova Trail do Centro
Penacova, PT
11-November-2018

42K **42 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14.1ºC	96%
End	17:44	14.1ºC	96%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	19	Joana Fialho Paulo	GRF Benedita - Atletismo	Senior Feminino	06:38:06	+01:42:28	09:29

Senior Masculino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	12	Bruno Simões	bruno tujo	Senior Masculino	05:28:51	+33:13	07:50
2	20	Luís Carlos Rodrigues da Silva	GRF Benedita - Atletismo	Senior Masculino	05:34:18	+38:40	07:58
3	22	Ashley Buck	Individual	Senior Masculino	05:47:33	+51:55	08:17
4	24	Jorge Faustino	Individual	Senior Masculino	06:08:02	+01:12:23	08:46
5	68	BRUNO CARDOSO	Trail Bela Bela	Senior Masculino	06:21:38	+01:26:00	09:05
6	25	Milton Branco	Individual	Senior Masculino	06:31:36	+01:35:58	09:19
7	9	Pedro Freitas	Arriba Trail Runners	Senior Masculino	06:52:07	+01:56:29	09:49
8	7	Fábio Silva	ACBATALHA	Senior Masculino	06:57:59	+02:02:21	09:57
9	8	Gonçalo Almeida	Arriba Trail Runners	Senior Masculino	07:05:20	+02:09:42	10:08
10	26	Paulo Melo	Individual	Senior Masculino	07:11:29	+02:15:51	10:16
11	52	José Valente	NAC TRAIL	Senior Masculino	07:25:35	+02:29:57	10:37
12	53	Paulo Santos	Não Fazemos Nem Mais Um... Km	Senior Masculino	07:33:23	+02:37:45	10:48
13	16	Lao Figueiredo	Figueira Kayak Clube	Senior Masculino	07:47:52	+02:52:14	11:08
14	64	Jorge Acúrcio	RUN FOREST RUN	Senior Masculino	08:36:25	+03:40:46	12:18

Veterana F40

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	29	Mafalda Lourenço	Individual	Veterana F40	06:53:34	+01:57:56	09:51
2	55	Marina Graça Martins Marques	RUN 4 FUN	Veterana F40	08:19:30	+03:23:51	11:54

Veterano M40

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	10	Pedro Batista	ARSM-Associação Recreativa de S.Miguel	Veterano M40	04:55:38		07:02
2	11	JOAO ESPIGUINHA	BORBA TRAIL / HELP 4 U	Veterano M40	05:31:14	+35:36	07:53
3	39	Pedro Costa	Individual	Veterano M40	05:50:05	+54:27	08:20
4	67	Acílio Noro	Soure Mov	Veterano M40	06:06:52	+01:11:14	08:44
5	40	Pedro Ferreira	Individual	Veterano M40	06:08:26	+01:12:48	08:46
6	37	Kai Ng	Individual	Veterano M40	06:36:42	+01:41:04	09:27
7	33	Gualdino Frois	Individual	Veterano M40	06:57:59	+02:02:21	09:57
8	54	Jorge Bastos	Pernetas	Veterano M40	07:11:29	+02:15:51	10:16
9	58	Rui Faria	RUN 4 FUN	Veterano M40	07:19:51	+02:24:13	10:28
10	34	Heath Buck	Individual	Veterano M40	07:22:05	+02:26:27	10:32
11	32	António Manuel Simões	Individual	Veterano M40	07:22:22	+02:26:44	10:32

12	41	pedro saraiva	Individual	Veterano M40	07:22:58	+02:27:20	10:33
13	57	Paulo Raposo	RUN 4 FUN	Veterano M40	07:24:48	+02:29:10	10:35
14	38	Manuel Carvalho	Individual	Veterano M40	07:55:22	+02:59:44	11:19
15	65	GUSTAVO BAETA	SANTIAGOBIKES	Veterano M40	08:13:25	+03:17:46	11:45

Veterano M50

1	44	David Assis	Individual	Veterano M50	06:14:09	+01:18:31	08:55
2	62	Teodoro Trindade	RUN 4 FUN	Veterano M50	07:38:00	+02:42:22	10:54
3	45	Fernando Costa	Individual	Veterano M50	07:47:53	+02:52:15	11:08
4	60	Gonçalo Fontes de Melo	RUN 4 FUN	Veterano M50	07:58:19	+03:02:41	11:23
5	59	Alfredo Luis de Freitas de Bastos Falcão	RUN 4 FUN	Veterano M50	08:41:20	+03:45:41	12:25

Veterano M60

1	48	Jorge Serrazina	Individual	Veterano M60	06:16:20	+01:20:42	08:58
2	13	Fernando Venda	Coimbra Trail Running	Veterano M60	07:22:58	+02:27:20	10:33

COLETIVO - 42K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	RUN 4 FUN	23 + 28 + 31	82

Penacova Trail do Centro

Penacova, PT

11-November-2018

25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14.1ºC	96%
End	14:36	14.1ºC	96%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	523	Paulo Esteves	dão nelas runners	Senior Masculino	02:17:08		05:29
2	607	Alex Tondela	montanha clube trail running/efapel	Veterano M40	02:19:27	+02:18	05:35
3	516	Mário Afonso	ccr alto do moinho	Senior Masculino	02:22:44	+05:35	05:43
4	591	rui romao	individual	Veterano M40	02:25:35	+08:27	05:49
5	532	Fernando Marques	freguesia figueira de lorvão	Senior Masculino	02:29:07	+11:58	05:58
6	533	Fernando Carvalho	freguesia figueira de lorvão	Veterano M40	02:29:08	+11:59	05:58
7	522	Cláudio Roças	dão nelas runners	Senior Masculino	02:29:16	+12:08	05:58
8	524	Tony Figueiredo	dão nelas runners	Senior Masculino	02:31:32	+14:23	06:04
9	517	Rui Afonso	ccr alto do moinho	Veterano M40	02:32:57	+15:48	06:07
10	622	Rui Figueiredo	trail bela bela	Senior Masculino	02:34:54	+17:45	06:12
11	521	Sérgio lourenço	ctad-trilhos de cinfães	Veterano M40	02:35:34	+18:25	06:13
12	17	Pedro Correia Bastos	freguesia figueira de lorvão	Senior Masculino	02:40:21	+23:12	06:25
13	519	Eduardo Luís Sousa Gonçalves	coimbra trail running	Senior Masculino	02:47:12	+30:04	06:41
14	606	Renata Gonçalves	montanha clube trail running/efapel	Sub 23 Feminino	02:48:35	+31:27	06:45
15	590	Pedro Mendes	individual	Veterano M40	02:49:15	+32:06	06:46
16	555	Eduardo Ferro Piccoli	individual	Senior Masculino	02:49:58	+32:49	06:48
17	618	Inês João	saca trilhos anadia	Senior Feminino	02:50:21	+33:12	06:49
18	611	Joao Pereira	out2run/miro	Veterano M40	02:51:08	+33:59	06:51
19	503	luis filipe pereira	acdrs quinhendros	Senior Masculino	02:51:12	+34:03	06:51
20	619	Gildo Silva	saca trilhos anadia	Senior Masculino	02:52:03	+34:54	06:53
21	530	Cristóvão Chaves	freguesia figueira de lorvão	Senior Masculino	02:52:23	+35:14	06:54
22	542	Elton Rodrigues	gelcentro	Senior Masculino	02:54:37	+37:28	06:59
23	553	André Costa	individual	Senior Masculino	02:54:38	+37:29	06:59
24	612	Horácio Ferreira	out2run/miro	Veterano M50	02:55:41	+38:32	07:02
25	604	Ricardo Valente	individual	Veterano M50	02:56:18	+39:09	07:03
26	558	João Pedro Silva	individual	Senior Masculino	03:01:33	+44:24	07:16
27	546	Eugenio Dias	individual	Senior Masculino	03:04:06	+46:57	07:22
28	605	Ricardo Manuel Teixeira Batista	lamego tribo runners	Veterano M40	03:04:22	+47:14	07:23
29	579	Jorge Rosao	individual	Veterano M40	03:06:28	+49:19	07:28
30	603	Paulo Ferreira	individual	Veterano M50	03:07:25	+50:16	07:30
31	528	Pedro Laranjo	escola de atletismo de coimbra/intermarché condeixa	Veterano M40	03:07:55	+50:46	07:31
32	581	Laurentino Manuel Simões Martins	individual	Veterano M40	03:07:57	+50:48	07:31
33	567	VÍtor Miguel Rodrigues Escada	individual	Senior Masculino	03:07:57	+50:48	07:31
34	501	Luis Aires	100 estrilhos	Veterano M50	03:08:31	+51:22	07:32
35	539	João Freire	gdctin casa da moeda	Veterano M50	03:10:01	+52:53	07:36
36	574	Carlos Miguel Lopes Filipe	individual	Veterano M40	03:11:19	+54:11	07:39
37	563	Simão Castro	individual	Senior Masculino	03:12:21	+55:12	07:42
38	534	Rui Figueiredo	freguesia figueira de lorvão	Veterano M40	03:12:29	+55:20	07:42
39	560	Pedro Dias	individual	Senior Masculino	03:12:33	+55:25	07:42

25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	538	Rui Correia	gdctin casa da moeda	Veterano M40	03:12:40	+55:31	07:42
41	586	Marcelo Coutinho	individual	Veterano M40	03:14:01	+56:52	07:46
42	584	Luis Mesquita	individual	Veterano M40	03:14:13	+57:04	07:46
43	525	Nuno Salvador	dão nelas runners	Veterano M40	03:14:15	+57:06	07:46
44	583	Luis Francisco Duarte	individual	Veterano M40	03:14:23	+57:14	07:47
45	565	Vitor Camões	individual	Senior Masculino	03:15:38	+58:29	07:50
46	520	Luis Miguel Ribeiro	cr candoso	Veterano M40	03:15:51	+58:42	07:50
47	502	Zenaide alves	a.r.s.m. são miguel	Veterana F40	03:16:26	+59:17	07:51
48	576	Fausto Sá	individual	Veterano M40	03:17:58	+01:00:49	07:55
49	537	Nuno Gonçalves	gdctin casa da moeda	Veterano M40	03:18:55	+01:01:46	07:57
50	515	Nuno Miguel dos Santos Mariz	cc family	Veterano M40	03:18:55	+01:01:47	07:57
51	626	Paulino Gonçalves Oliveira	individual	Senior Masculino	03:19:41	+01:02:32	07:59
52	504	Rui Dantas	akuafit	Senior Masculino	03:19:57	+01:02:49	08:00
53	556	Filipe Santos Buco	individual	Senior Masculino	03:21:57	+01:04:48	08:05
54	545	Ana Luísa Melo	individual	Senior Feminino	03:22:00	+01:04:52	08:05
55	597	Jorge Assunção	individual	Veterano M50	03:22:47	+01:05:38	08:07
56	580	Jose Martins	individual	Veterano M40	03:23:14	+01:06:05	08:08
57	554	Carlos Costa	individual	Senior Masculino	03:25:09	+01:08:01	08:12
58	613	Miguel Barros	pernetas	Senior Masculino	03:27:45	+01:10:37	08:19
59	585	Luis Nunes	individual	Veterano M40	03:28:40	+01:11:31	08:21
60	602	Paulo Azevedo	individual	Veterano M50	03:29:32	+01:12:23	08:23
61	505	Carlos Rodrigues	akuafit	Veterano M40	03:29:40	+01:12:31	08:23
62	47	EDUARDO MEDEIROS	individual	Veterano M60	03:35:44	+01:18:35	08:38
63	610	Eugénio Santos	out2run/miro	Senior Masculino	03:36:44	+01:19:35	08:40
64	569	Marlene Oliveira	individual	Veterana F40	03:38:25	+01:21:17	08:44
65	1017	Fausto Carvalho	arsm-associação recreativa de s.miguel	Veterano M60	03:38:34	+01:21:25	08:45
66	552	Sónia Barbosa	individual	Senior Feminino	03:40:40	+01:23:31	08:50
67	507	AMILCAR FERREIRA	arcorun	Veterano M40	03:40:45	+01:23:36	08:50
68	506	Nuno Filipe	arcorun	Senior Masculino	03:40:46	+01:23:37	08:50
69	547	Diana Simões	individual	Senior Feminino	03:43:45	+01:26:36	08:57
70	559	Nuno Miguel Sequeira Fontes	individual	Senior Masculino	03:43:53	+01:26:44	08:57
71	601	Luis Vieira	individual	Veterano M50	03:44:52	+01:27:44	09:00
72	625	Victor Silva	out2run/miro	Veterano M50	03:45:47	+01:28:38	09:02
73	575	Carlos Sá	individual	Veterano M40	03:46:28	+01:29:19	09:04
74	511	Teresa Ferreirinha	cá bom/h24	Veterana F40	03:49:25	+01:32:16	09:11
75	510	João Teixeira	cá bom/h24	Senior Masculino	03:49:25	+01:32:16	09:11
76	608	Firmino Mendes	montanha clube trail running/efapel	Veterano M50	03:50:10	+01:33:01	09:12
77	544	Tiago Estrafalhote	gelcentro	Senior Masculino	03:50:19	+01:33:10	09:13
78	514	Bruno Emanuel de Teles Pinto Rei	cc family	Senior Masculino	03:50:29	+01:33:20	09:13
79	536	José Liberato	gdctin casa da moeda	Veterano M40	03:50:47	+01:33:38	09:14
80	577	HELDER PEREIRA	individual	Veterano M40	03:51:36	+01:34:27	09:16
81	589	Pedro GasparCebolo	individual	Veterano M40	03:52:13	+01:35:04	09:17
82	578	João Ramos	individual	Veterano M40	03:54:19	+01:37:10	09:22
83	512	Sérgio Ferreira	caac - clube de atletismo de arentim e cunha	Senior Masculino	03:55:19	+01:38:10	09:25
84	518	Humberto Oliveira	centro de trail carlos sá team	Veterano M40	03:56:09	+01:39:00	09:27

25K - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	551	Solange Sousa	individual	Senior Feminino	03:56:31	+01:39:23	09:28
86	541	Diogo Bastos	gelcentro	Senior Masculino	03:57:41	+01:40:32	09:30
87	557	Gonçalo Forte	individual	Senior Masculino	04:01:17	+01:44:08	09:39
88	540	Silvio Santos	gelcentro	Veterano M40	04:04:31	+01:47:22	09:47
89	543	Eugénio Santos	gelcentro	Senior Masculino	04:04:32	+01:47:23	09:47
90	582	Luis Cruz	individual	Veterano M40	04:06:35	+01:49:26	09:52
91	620	ANA LUISA VIDAL DA SILVA	scparadela - run/trail team	Veterana F50	04:09:16	+01:52:07	09:58
92	596	JOÃO PEDRO DE ALMEIDA LIBERAL	individual	Veterano M50	04:09:17	+01:52:08	09:58
93	592	Sérgio Nunes	individual	Veterano M40	04:10:10	+01:53:01	10:00
94	509	Filipe Simões	bombeiros brasfemes- trail e btt	Senior Masculino	04:15:32	+01:58:23	10:13
95	615	Ana Melo	run 4 fun	Veterana F40	04:16:06	+01:58:58	10:15
96	43	Salman Shami	individual	Veterano M40	04:16:13	+01:59:04	10:15
97	550	Selena Ng	individual	Senior Feminino	04:16:13	+01:59:05	10:15
98	624	Pedro Freire Rodrigues	vilaventura trail running team	Veterano M40	04:16:54	+01:59:45	10:17
99	614	António Madeira	pickle films	Veterano M60	04:25:24	+02:08:16	10:37
100	508	Bruno Filipe dos Santos Marques	bombeiros brasfemes- trail e btt	Senior Masculino	04:30:45	+02:13:37	10:50
101	616	Elsa Mota	run 4 fun	Veterana F50	04:40:04	+02:22:55	11:12
102	617	Jorge Esteves	run 4 fun	Veterano M50	04:40:04	+02:22:56	11:12
103	609	Tania Cristina Duarte Ferreira	out2run/miro	Senior Feminino	04:42:32	+02:25:23	11:18
104	548	Luísa Gonçalves Outeiro	individual	Senior Feminino	04:47:22	+02:30:13	11:30
105	527	Maurício Sousa	ecobarcaventura	Senior Masculino	04:47:22	+02:30:14	11:30
106	599	Luis Diogo Melo	individual	Veterano M50	05:04:57	+02:47:48	12:12
107	595	João Maria Peneda	individual	Veterano M50	05:05:39	+02:48:31	12:14
108	571	CHRISTINE WILMAN	individual	Veterana F60	05:14:34	+02:57:25	12:35
109	573	Carlos Miguel Jesus Leitao	individual	Veterano M40	05:25:36	+03:08:27	13:01
110	549	Raquel Correia	individual	Senior Feminino	05:25:46	+03:08:38	13:02
111	593	FRANCOIS WILMAN	individual	Veterano M50	05:32:27	+03:15:18	13:18

Penacova Trail do Centro
Penacova, PT
11-November-2018

25K **25 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14.1ºC	96%
End	14:36	14.1ºC	96%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	618	Inês João	Saca Trilhos Anadia	Senior Feminino	02:50:21	+33:12	06:49
2	545	Ana Luísa Melo	Individual	Senior Feminino	03:22:00	+01:04:52	08:05
3	552	Sónia Barbosa	Individual	Senior Feminino	03:40:40	+01:23:31	08:50
4	547	Diana Simões	Individual	Senior Feminino	03:43:45	+01:26:36	08:57
5	551	Solange Sousa	Individual	Senior Feminino	03:56:31	+01:39:23	09:28
6	550	Selena Ng	Individual	Senior Feminino	04:16:13	+01:59:05	10:15
7	609	Tania Cristina Duarte Ferreira	out2run/miro	Senior Feminino	04:42:32	+02:25:23	11:18
8	548	Luísa Gonçalves Outeiro	Individual	Senior Feminino	04:47:22	+02:30:13	11:30
9	549	Raquel Correia	Individual	Senior Feminino	05:25:46	+03:08:38	13:02

Senior Masculino

1	523	Paulo Esteves	Dão Nelas Runners	Senior Masculino	02:17:08		05:29
2	516	Mário Afonso	CCR Alto do Moinho	Senior Masculino	02:22:44	+05:35	05:43
3	532	Fernando Marques	Freguesia Figueira de Lorvão	Senior Masculino	02:29:07	+11:58	05:58
4	522	Cláudio Roças	Dão Nelas Runners	Senior Masculino	02:29:16	+12:08	05:58
5	524	Tony Figueiredo	Dão Nelas Runners	Senior Masculino	02:31:32	+14:23	06:04
6	622	Rui Figueiredo	Trail Bela Bela	Senior Masculino	02:34:54	+17:45	06:12
7	17	Pedro Correia Bastos	Freguesia Figueira de Lorvão	Senior Masculino	02:40:21	+23:12	06:25
8	519	Eduardo Luís Sousa Gonçalves	Coimbra Trail Running	Senior Masculino	02:47:12	+30:04	06:41
9	555	Eduardo Ferro Piccoli	Individual	Senior Masculino	02:49:58	+32:49	06:48
10	503	luis filipe pereira	ACDRS QUINHENDROS	Senior Masculino	02:51:12	+34:03	06:51
11	619	Gildo Silva	Saca Trilhos Anadia	Senior Masculino	02:52:03	+34:54	06:53
12	530	Cristóvão Chaves	Freguesia Figueira de Lorvão	Senior Masculino	02:52:23	+35:14	06:54
13	542	Elton Rodrigues	GELCENTRO	Senior Masculino	02:54:37	+37:28	06:59
14	553	André Costa	Individual	Senior Masculino	02:54:38	+37:29	06:59
15	558	João Pedro Silva	Individual	Senior Masculino	03:01:33	+44:24	07:16
16	546	Eugenio Dias	Individual	Senior Masculino	03:04:06	+46:57	07:22
17	567	VÍtor Miguel Rodrigues Escada	Individual	Senior Masculino	03:07:57	+50:48	07:31
18	563	Simão Castro	Individual	Senior Masculino	03:12:21	+55:12	07:42
19	560	Pedro Dias	Individual	Senior Masculino	03:12:33	+55:25	07:42
20	565	Vitor Camões	Individual	Senior Masculino	03:15:38	+58:29	07:50
21	626	Paulino Gonçalves Oliveira	Individual	Senior Masculino	03:19:41	+01:02:32	07:59
22	504	Rui Dantas	Akuafit	Senior Masculino	03:19:57	+01:02:49	08:00
23	556	Filipe Santos Buco	Individual	Senior Masculino	03:21:57	+01:04:48	08:05
24	554	Carlos Costa	Individual	Senior Masculino	03:25:09	+01:08:01	08:12
25	613	Miguel Barros	Pernetas	Senior Masculino	03:27:45	+01:10:37	08:19
26	610	Eugénio Santos	out2run/miro	Senior Masculino	03:36:44	+01:19:35	08:40
27	506	Nuno Filipe	ARCORUN	Senior Masculino	03:40:46	+01:23:37	08:50

28	559	Nuno Miguel Sequeira Fontes	Individual	Senior Masculino	03:43:53	+01:26:44	08:57
29	510	João Teixeira	CÁ BOM/H24	Senior Masculino	03:49:25	+01:32:16	09:11
30	544	Tiago Estrafalhote	GELCENTRO	Senior Masculino	03:50:19	+01:33:10	09:13
31	514	Bruno Emanuel de Teles Pinto Rei	CC FAMILY	Senior Masculino	03:50:29	+01:33:20	09:13
32	512	Sérgio Ferreira	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	03:55:19	+01:38:10	09:25
33	541	Diogo Bastos	GELCENTRO	Senior Masculino	03:57:41	+01:40:32	09:30
34	557	Gonçalo Forte	Individual	Senior Masculino	04:01:17	+01:44:08	09:39
35	543	Eugénio Santos	GELCENTRO	Senior Masculino	04:04:32	+01:47:23	09:47
36	509	Filipe Simões	BOMBEIROS BRASFEMES-TRAIL e BTT	Senior Masculino	04:15:32	+01:58:23	10:13
37	508	Bruno Filipe dos Santos Marques	BOMBEIROS BRASFEMES-TRAIL e BTT	Senior Masculino	04:30:45	+02:13:37	10:50
38	527	Maurício Sousa	Ecobarcaventura	Senior Masculino	04:47:22	+02:30:14	11:30

Sub 23 Feminino

1	606	Renata Gonçalves	Montanha Clube Trail Running/Efapel	Sub 23 Feminino	02:48:35	+31:27	06:45

Veterana F40

1	502	Zenaide alves	A.R.S.M. são Miguel	Veterana F40	03:16:26	+59:17	07:51
2	569	Marlene Oliveira	Individual	Veterana F40	03:38:25	+01:21:17	08:44
3	511	Teresa Ferreirinha	CÁ BOM/H24	Veterana F40	03:49:25	+01:32:16	09:11
4	615	Ana Melo	RUN 4 FUN	Veterana F40	04:16:06	+01:58:58	10:15

Veterana F50

1	620	ANA LUISA VIDAL DA SILVA	SCPARADELA - RUN/TRAIL TEAM	Veterana F50	04:09:16	+01:52:07	09:58
2	616	Elsa Mota	RUN 4 FUN	Veterana F50	04:40:04	+02:22:55	11:12

Veterana F60

1	571	CHRISTINE WILMAN	Individual	Veterana F60	05:14:34	+02:57:25	12:35

Veterano M40

1	607	Alex Tondela	Montanha Clube Trail Running/Efapel	Veterano M40	02:19:27	+02:18	05:35
2	591	rui romao	Individual	Veterano M40	02:25:35	+08:27	05:49
3	533	Fernando Carvalho	Freguesia Figueira de Lorvão	Veterano M40	02:29:08	+11:59	05:58
4	517	Rui Afonso	CCR Alto do Moinho	Veterano M40	02:32:57	+15:48	06:07
5	521	Sérgio lourenço	CTAD-Trilhos de Cinfães	Veterano M40	02:35:34	+18:25	06:13
6	590	Pedro Mendes	Individual	Veterano M40	02:49:15	+32:06	06:46

7	611	Joao Pereira	out2run/miro	Veterano M40	02:51:08	+33:59	06:51
8	605	Ricardo Manuel Teixeira Batista	Lamego Tribo Runners	Veterano M40	03:04:22	+47:14	07:23
9	579	Jorge Rosao	Individual	Veterano M40	03:06:28	+49:19	07:28
10	528	Pedro Laranjo	Escola de Atletismo de Coimbra/Intermarché Condeixa	Veterano M40	03:07:55	+50:46	07:31
11	581	Laurentino Manuel Simões Martins	Individual	Veterano M40	03:07:57	+50:48	07:31
12	574	Carlos Miguel Lopes Filipe	Individual	Veterano M40	03:11:19	+54:11	07:39
13	534	Rui Figueiredo	Freguesia Figueira de Lorvão	Veterano M40	03:12:29	+55:20	07:42
14	538	Rui Correia	GDCTIN Casa da Moeda	Veterano M40	03:12:40	+55:31	07:42
15	586	Marcelo Coutinho	Individual	Veterano M40	03:14:01	+56:52	07:46
16	584	Luis Mesquita	Individual	Veterano M40	03:14:13	+57:04	07:46
17	525	Nuno Salvador	Dão Nelas Runners	Veterano M40	03:14:15	+57:06	07:46
18	583	Luis Francisco Duarte	Individual	Veterano M40	03:14:23	+57:14	07:47
19	520	Luis Miguel Ribeiro	CR Candoso	Veterano M40	03:15:51	+58:42	07:50
20	576	Fausto Sá	Individual	Veterano M40	03:17:58	+01:00:49	07:55
21	537	Nuno Gonçalves	GDCTIN Casa da Moeda	Veterano M40	03:18:55	+01:01:46	07:57
22	515	Nuno Miguel dos Santos Mariz	CC FAMILY	Veterano M40	03:18:55	+01:01:47	07:57
23	580	Jose Martins	Individual	Veterano M40	03:23:14	+01:06:05	08:08
24	585	Luis Nunes	Individual	Veterano M40	03:28:40	+01:11:31	08:21
25	505	Carlos Rodrigues	Akuafit	Veterano M40	03:29:40	+01:12:31	08:23
26	507	AMILCAR FERREIRA	ARCORUN	Veterano M40	03:40:45	+01:23:36	08:50
27	575	Carlos Sá	Individual	Veterano M40	03:46:28	+01:29:19	09:04
28	536	José Liberato	GDCTIN Casa da Moeda	Veterano M40	03:50:47	+01:33:38	09:14
29	577	HELDER PEREIRA	Individual	Veterano M40	03:51:36	+01:34:27	09:16
30	589	Pedro GasparCebolo	Individual	Veterano M40	03:52:13	+01:35:04	09:17
31	578	João Ramos	Individual	Veterano M40	03:54:19	+01:37:10	09:22
32	518	Humberto Oliveira	Centro de Trail Carlos Sá Team	Veterano M40	03:56:09	+01:39:00	09:27
33	540	Silvio Santos	GELCENTRO	Veterano M40	04:04:31	+01:47:22	09:47
34	582	Luis Cruz	Individual	Veterano M40	04:06:35	+01:49:26	09:52
35	592	Sérgio Nunes	Individual	Veterano M40	04:10:10	+01:53:01	10:00
36	43	Salman Shami	Individual	Veterano M40	04:16:13	+01:59:04	10:15
37	624	Pedro Freire Rodrigues	Vilaventura Trail Running Team	Veterano M40	04:16:54	+01:59:45	10:17
38	573	Carlos Miguel Jesus Leitao	Individual	Veterano M40	05:25:36	+03:08:27	13:01

Veterano M50

1	612	Horácio Ferreira	out2run/miro	Veterano M50	02:55:41	+38:32	07:02
2	604	Ricardo Valente	Individual	Veterano M50	02:56:18	+39:09	07:03
3	603	Paulo Ferreira	Individual	Veterano M50	03:07:25	+50:16	07:30
4	501	Luis Aires	100 esTRILHOS	Veterano M50	03:08:31	+51:22	07:32
5	539	João Freire	GDCTIN Casa da Moeda	Veterano M50	03:10:01	+52:53	07:36
6	597	Jorge Assunção	Individual	Veterano M50	03:22:47	+01:05:38	08:07
7	602	Paulo Azevedo	Individual	Veterano M50	03:29:32	+01:12:23	08:23
8	601	Luis Vieira	Individual	Veterano M50	03:44:52	+01:27:44	09:00
9	625	Victor Silva	out2run/miro	Veterano M50	03:45:47	+01:28:38	09:02
10	608	Firmino Mendes	Montanha Clube Trail Running/Efapel	Veterano M50	03:50:10	+01:33:01	09:12

25K **25 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

11	596	JOÃO PEDRO DE ALMEIDA LIBERAL	Individual	Veterano M50	04:09:17	+01:52:08	09:58
12	617	Jorge Esteves	RUN 4 FUN	Veterano M50	04:40:04	+02:22:56	11:12
13	599	Luis Diogo Melo	Individual	Veterano M50	05:04:57	+02:47:48	12:12
14	595	João Maria Peneda	Individual	Veterano M50	05:05:39	+02:48:31	12:14
15	593	FRANCOIS WILMAN	Individual	Veterano M50	05:32:27	+03:15:18	13:18

Veterano M60

1	47	EDUARDO MEDEIROS	Individual	Veterano M60	03:35:44	+01:18:35	08:38
2	1017	Fausto Carvalho	ARSM-Associação Recreativa de S.Miguel	Veterano M60	03:38:34	+01:21:25	08:45
3	614	António Madeira	Pickle Films	Veterano M60	04:25:24	+02:08:16	10:37

COLETIVO - 25K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	DÃO NELAS RUNNERS	1 + 7 + 8	16
2	FREGUESIA FIGUEIRA DE LORVÃO	5 + 6 + 12	23
3	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	2 + 14 + 76	92
4	OUT2RUN/MIRO	18 + 24 + 63	105
5	GDCTIN CASA DA MOEDA	35 + 40 + 49	124
6	GELCENTRO	22 + 77 + 86	185
7	RUN 4 FUN	95 + 101 + 102	298

Penacova Trail do Centro

Penacova, PT

11-November-2018

17K - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14.1ºC	96%
End	12:45	14.1ºC	96%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1036	Diogo pimenta	freguesia figueira de lorvão	Senior Masculino	01:32:48		05:28
2	1184	José Pereira	saca trilhos anadia	Veterano M40	01:38:23	+05:34	05:47
3	1061	André Magalhães	individual	Senior Masculino	01:39:03	+06:15	05:50
4	1209	LUIS MARTINS	individual	Veterano M40	01:41:30	+08:42	05:58
5	1117	João Simões	individual	Veterano M40	01:44:53	+12:05	06:10
6	1001	Tiago Alexandre Ferreira Salgueiro	abutres	Veterano M40	01:46:26	+13:38	06:16
7	1163	Luis Neves	marinhais ac	Veterano M40	01:46:55	+14:07	06:17
8	1031	Jorge Tiago	coimbra trail running	Veterano M40	01:47:38	+14:50	06:20
9	1035	Paulo Marques	formobike btt & trail running	Senior Masculino	01:49:35	+16:47	06:27
10	1006	Fernando Machado	almatrail	Senior Masculino	01:50:23	+17:35	06:30
11	1022	Luis Jorge	cabritos da montanha	Veterano M40	01:55:21	+22:32	06:47
12	1128	Paulo Miguel Lourenço dos Santos	individual	Veterano M40	01:55:43	+22:55	06:48
13	1114	Hermenegildo Santos	abutres	Veterano M40	01:56:21	+23:32	06:51
14	1161	Pedro Miguel Serra Santos	lama solta	Senior Masculino	01:56:23	+23:34	06:51
15	1135	ANTONIO MARQUES	individual	Veterano M50	01:57:56	+25:07	06:56
16	1015	MANUEL SEGUNDO	arcorun	Veterano M60	01:58:29	+25:40	06:58
17	1032	Paulo J Carvalho	coimbra trail running	Veterano M40	01:58:57	+26:08	07:00
18	1066	David Jesus	individual	Senior Masculino	01:59:56	+27:07	07:03
19	1193	Rui Nina	trail bela bela	Senior Masculino	02:01:06	+28:18	07:07
20	1085	Tiago Fernandes	individual	Senior Masculino	02:01:57	+29:09	07:10
21	1068	filipe andré gomes dos reis pimentel	individual	Senior Masculino	02:02:42	+29:54	07:13
22	1088	David Fernandes	individual	Sub 23 Masculino	02:02:44	+29:55	07:13
23	1162	Jose Leal	marinhais ac	Veterano M40	02:04:20	+31:31	07:19
24	1148	Paulo Marques	individual	Veterano M50	02:04:45	+31:57	07:20
25	1113	Eduardo miguel da silva soares	individual	Veterano M40	02:04:48	+32:00	07:21
26	1123	NUNO ALMEIDA	individual	Veterano M40	02:05:19	+32:30	07:22
27	1130	Pedro Marques	individual	Veterano M40	02:05:36	+32:48	07:23
28	1079	Pedro Ricardo Coelho Gonçalves	individual	Senior Masculino	02:06:05	+33:17	07:25
29	1013	Paulo Reis	arcorun	Veterano M40	02:06:34	+33:46	07:27
30	1102	JOANA FRANCA	individual	Veterana F40	02:06:42	+33:54	07:27
31	1160	Eduardo Neves	lama solta	Senior Masculino	02:06:42	+33:54	07:27
32	1166	Francisco Ferreira	os tolinhos	Veterano M50	02:08:14	+35:26	07:33
33	1176	Virgílio Neto	ozxtreme/adcrpereira	Veterano M40	02:09:26	+36:37	07:37
34	1150	Carlos Ferreira	individual	Veterano M60	02:09:31	+36:43	07:37
35	1081	Rui Baptista	individual	Senior Masculino	02:10:59	+38:11	07:42
36	1051	Nuno Carvalho	individual	Veterano M40	02:12:29	+39:41	07:48
37	1043	Nuno Carvalho	gdctin casa da moeda	Veterano M40	02:13:07	+40:19	07:50
38	1041	Carlos Cristovão	gdctin casa da moeda	Veterano M40	02:13:07	+40:19	07:50
39	1111	Carlos Alberto Neves Pereira	individual	Veterano M40	02:13:08	+40:20	07:50

17K - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	1071	Heber Pires	individual	Senior Masculino	02:14:06	+41:18	07:53
41	1023	JOEL MARTINS	casa do benfica em abrantes	Senior Masculino	02:14:10	+41:21	07:54
42	1075	Lino Albano	individual	Senior Masculino	02:14:22	+41:33	07:54
43	1125	Patrick Maia	individual	Veterano M40	02:15:30	+42:42	07:58
44	1090	Jorge Pereira	individual	Sub 23 Masculino	02:15:31	+42:42	07:58
45	1151	Fernando Duarte Ferreira	individual	Veterano M60	02:15:52	+43:04	08:00
46	1016	José Jorge Páscoa de Oliveira	arsm-associação recreativa de s.miguel	Veterano M50	02:15:55	+43:07	08:00
47	1072	hugo filipe pereira faustino	individual	Senior Masculino	02:16:00	+43:11	08:00
48	1069	Flávio David Santos Silva	fruta da 5a	Senior Masculino	02:16:02	+43:14	08:00
49	1083	Rui Henriques	individual	Senior Masculino	02:16:02	+43:14	08:00
50	1182	Francisco Roque	saca trilhos anadia	Veterano M40	02:16:40	+43:51	08:02
51	1027	Raquel Matias	cds notre e soure	Veterana F40	02:16:40	+43:51	08:02
52	1104	Maria Feio	individual	Veterana F40	02:16:48	+44:00	08:03
53	1189	JOSÉ MADEIRA	soure mov	Veterano M40	02:18:31	+45:43	08:09
54	1118	Joao Venes	individual	Veterano M40	02:19:04	+46:16	08:11
55	1143	José Filipe Costa	individual	Veterano M50	02:19:41	+46:53	08:13
56	1086	Tiago Santos	individual	Senior Masculino	02:22:07	+49:18	08:22
57	1159	Marina Barroca	lama solta	Senior Feminino	02:22:12	+49:24	08:22
58	1019	Filipe Almeida	b.a.c.o.	Senior Masculino	02:22:32	+49:44	08:23
59	1170	Ricardo Andé	out2run/miro	Senior Masculino	02:23:41	+50:53	08:27
60	1101	Isabel Margarida da Costa Lopes	individual	Veterana F40	02:24:24	+51:36	08:30
61	1077	Nuno Miguel Garcia	individual	Senior Masculino	02:24:32	+51:44	08:30
62	1060	Teresa	individual	Senior Feminino	02:24:53	+52:05	08:31
63	1052	Diana Martins	individual	Senior Feminino	02:25:35	+52:47	08:34
64	1171	Samuel Amaral	out2run/miro	Senior Masculino	02:25:35	+52:47	08:34
65	1132	Ricardo Veiga	individual	Veterano M40	02:26:15	+53:27	08:36
66	1158	José Nunes	keep running	Veterano M50	02:27:01	+54:13	08:39
67	1110	Avelino Rodrigues	individual	Veterano M40	02:27:02	+54:13	08:39
68	1121	LUIS DUARTE	individual	Veterano M40	02:27:09	+54:20	08:39
69	1025	Ana Teresa MOrais de Melo	cc family	Senior Feminino	02:28:05	+55:16	08:43
70	1136	Artur costa	individual	Veterano M50	02:29:05	+56:16	08:46
71	1107	Paula Santos	individual	Veterana F40	02:29:05	+56:16	08:46
72	1139	Francisco Afonso	individual	Veterano M50	02:29:20	+56:31	08:47
73	1062	Armenio Nogueira	individual	Senior Masculino	02:29:37	+56:49	08:48
74	1112	carvalheira	individual	Veterano M40	02:30:05	+57:17	08:50
75	1167	Isabel Jesus	out2run/miro	Senior Feminino	02:31:11	+58:23	08:54
76	1155	Pedro Dias	keep running	Veterano M40	02:31:17	+58:29	08:54
77	1175	José Santos	out2run/miro	Veterano M50	02:31:22	+58:33	08:54
78	1174	Joselito Pereira	out2run/miro	Veterano M40	02:31:25	+58:36	08:54
79	1127	Paulo Gonçalves	individual	Veterano M40	02:31:25	+58:37	08:54
80	1080	Remi Ribeiro Alves	individual	Senior Masculino	02:31:39	+58:51	08:55
81	1156	Joaquim Varanda	keep running	Veterano M50	02:31:47	+58:58	08:56
82	1067	Diogo Samuel Costa Martins	individual	Senior Masculino	02:32:34	+59:45	08:58
83	1087	Valdivino santos	individual	Senior Masculino	02:33:12	+01:00:23	09:01
84	1131	Pedro Mesquito	individual	Veterano M40	02:33:21	+01:00:33	09:01

17K - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1053	Eva Moutinho	individual	Senior Feminino	02:33:22	+01:00:33	09:01
86	1183	João Gabriel João	saca trilhos anadia	Veterano M40	02:34:36	+01:01:48	09:06
87	1154	Helder Costa	keep running	Senior Masculino	02:34:56	+01:02:07	09:07
88	1169	João Paulo Fernandes Da Silva	out2run/miro	Senior Masculino	02:34:56	+01:02:08	09:07
89	1049	Mário Nunes	gelcentro	Veterano M50	02:35:14	+01:02:26	09:08
90	1064	Bruno Simões	individual	Senior Masculino	02:37:12	+01:04:24	09:15
91	1146	Paulo Castro	individual	Veterano M50	02:37:21	+01:04:33	09:15
92	1178	Beto Rodriguez	pascoalitos	Senior Masculino	02:37:50	+01:05:02	09:17
93	1038	Helena Lopes	freguesia figueira de lorvão	Veterana F40	02:39:02	+01:06:14	09:21
94	1037	Mário Ferreira	freguesia figueira de lorvão	Senior Masculino	02:39:03	+01:06:15	09:21
95	1030	Ana Alves	coimbra trail running	Senior Feminino	02:39:09	+01:06:21	09:22
96	1002	Emanuel Casimiro	actifisio	Senior Masculino	02:40:25	+01:07:37	09:26
97	1190	Carlos Marques	táxis marialves running team	Senior Masculino	02:40:33	+01:07:45	09:27
98	1192	Mateus Marques	táxis marialves running team	Veterano M40	02:40:33	+01:07:45	09:27
99	1074	João Paulo da Fonseca Amaro	individual	Senior Masculino	02:41:35	+01:08:47	09:30
100	1026	Lucia Teles	cc family	Veterana F40	02:41:35	+01:08:47	09:30
101	1073	Hugo Moreira Rodrigues	individual	Senior Masculino	02:41:43	+01:08:55	09:31
102	1133	Rui Menesrs	individual	Veterano M40	02:43:26	+01:10:38	09:37
103	1120	Jorge Ferreira	individual	Veterano M40	02:43:50	+01:11:02	09:38
104	1177	Rui lopes	ozxtreme/adcrpereira	Veterano M50	02:43:53	+01:11:05	09:38
105	1168	Marta Fonseca	out2run/miro	Senior Feminino	02:44:11	+01:11:22	09:39
106	1204	Vasco Tiago Morais Santos	individual	Senior Masculino	02:44:13	+01:11:25	09:40
107	1144	José Manuel Gonçalves	individual	Veterano M50	02:46:06	+01:13:17	09:46
108	1034	Raquel gomes	dão nelas runners	Veterana F40	02:47:03	+01:14:15	09:50
109	1004	Filipa Oliveira	akuafit	Senior Feminino	02:47:30	+01:14:41	09:51
110	1173	Fatima Malta	out2run/miro	Veterana F50	02:47:46	+01:14:57	09:52
111	1020	CARMEN VIDAL	borba trail / help 4 u	Veterana F40	02:47:48	+01:14:59	09:52
112	1042	Marco Carvalho	gdctin casa da moeda	Veterano M40	02:48:31	+01:15:43	09:55
113	1194	Isabel Ventura	tribo nr	Veterana F50	02:48:50	+01:16:01	09:56
114	1054	Lídia Maria Jesus Mira	individual	Senior Feminino	02:48:52	+01:16:04	09:56
115	1046	Gisela Curto	gelcentro	Senior Feminino	02:50:50	+01:18:02	10:03
116	1018	Daniela Varandas	b.a.c.o.	Senior Feminino	02:51:16	+01:18:28	10:05
117	1040	Inês Correia	gang dos chefes	Senior Feminino	02:51:17	+01:18:29	10:05
118	1196	Alice Ventura	vikings trail runners / ccr alcabideque	Veterana F40	02:51:18	+01:18:29	10:05
119	1126	Paulo Baltazar	individual	Veterano M40	02:51:27	+01:18:39	10:05
120	1063	Bruno Ferreira	individual	Senior Masculino	02:51:27	+01:18:39	10:05
121	1099	Cláudia Raquel Santos Simões	individual	Veterana F40	02:51:28	+01:18:40	10:05
122	1157	José Andrade	keep running	Veterano M50	02:51:52	+01:19:04	10:07
123	1138	Fernando Medeiros	individual	Veterano M50	02:52:05	+01:19:17	10:07
124	1141	Joao Orvalho	individual	Veterano M50	02:52:19	+01:19:30	10:08
125	1172	Sílvia Pedro	out2run/miro	Veterana F40	02:54:25	+01:21:36	10:16
126	1122	Marco Moita	individual	Veterano M40	02:56:05	+01:23:17	10:22
127	1165	Susana Bértolo	os tolinhos	Veterana F40	02:56:32	+01:23:44	10:23
128	1202	PEDRO MIGUEL SANTOS MATOS	yazaki runners	Veterano M40	02:56:32	+01:23:44	10:23
129	1179	Beatriz Loureiro	pernetas	Senior Feminino	02:58:47	+01:25:59	10:31

17K - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	1208	Maria João da Silva Santos	individual	Sub 23 Feminino	03:00:30	+01:27:42	10:37
131	1207	Jorge Simões dos Santos	individual	Veterano M40	03:00:30	+01:27:42	10:37
132	1057	Rita Cassilda Rodrigues Duarte	individual	Senior Feminino	03:03:34	+01:30:45	10:48
133	1048	Telmo André dos Santos Pereira	gelcentro	Senior Masculino	03:04:41	+01:31:53	10:52
134	1097	Carla Silva	individual	Veterana F40	03:06:24	+01:33:36	10:58
135	1024	CARLOS ALFAIATE	casa do benfica em abrantes	Veterano M60	03:06:32	+01:33:44	10:58
136	1115	JANNIER VINCENT	individual	Veterano M40	03:06:36	+01:33:47	10:59
137	1164	Manuel Moura	os barriguitas	Veterano M60	03:08:44	+01:35:56	11:06
138	1129	Pedro Graça	individual	Veterano M40	03:08:47	+01:35:58	11:06
139	1197	João Carlos Santos Nogueira	vilaventura trail running team	Senior Masculino	03:09:28	+01:36:39	11:09
140	1124	Nuno Neves	individual	Veterano M40	03:09:30	+01:36:42	11:09
141	1147	Paulo Fortunato	individual	Veterano M50	03:09:30	+01:36:42	11:09
142	1044	Vasco Ferreira	gdctin casa da moeda	Veterano M40	03:09:48	+01:37:00	11:10
143	1012	ROSINA COUTO	arcorun	Veterana F60	03:12:50	+01:40:02	11:21
144	1211	Zenaida Andrade	individual	Veterana F40	03:15:14	+01:42:26	11:29
145	1005	Nazaré Ferreira	akuafit	Veterana F40	03:20:24	+01:47:36	11:47
146	1003	Filipa Martins	akuafit	Senior Feminino	03:20:24	+01:47:36	11:47
147	1105	Maria Manuela Jesus Mira	individual	Veterana F40	03:24:21	+01:51:33	12:01
148	1103	Kelly Farias	individual	Veterana F40	03:24:21	+01:51:33	12:01
149	1045	Cátia Farinha	gelcentro	Senior Feminino	03:25:02	+01:52:14	12:04
150	1047	Joana Lopes	gelcentro	Senior Feminino	03:25:03	+01:52:14	12:04
151	1021	Ricardo Santos	cabritos da montanha	Senior Masculino	03:33:42	+02:00:54	12:34
152	1109	Artur Durães	individual	Veterano M40	03:36:33	+02:03:44	12:44
153	1058	Simone Gomes	individual	Senior Feminino	03:36:33	+02:03:45	12:44
154	1029	Anabela Roxo	centro de trail carlos sá team	Veterana F40	03:36:56	+02:04:07	12:46
155	1028	Isabel Abreu	centro de trail carlos sá team	Senior Feminino	03:36:56	+02:04:07	12:46
156	1200	Walter palma	xanuxa em passeio	Veterano M50	03:39:10	+02:06:22	12:54
157	1014	STERLING BOLIVAR	arcorun	Veterano M40	03:40:46	+02:07:57	12:59
158	1009	MARIA JOÃO FERNANDES	arcorun	Senior Feminino	03:40:46	+02:07:58	12:59
159	1010	Sandra Ferreira	arcorun	Veterana F40	03:40:46	+02:07:58	12:59
160	1011	CINDA MOURA	arcorun	Veterana F60	03:40:46	+02:07:58	12:59
161	1198	Alexandra lavado	xanuxa em passeio	Veterana F50	03:41:30	+02:08:41	13:02
162	1199	Isabel Ucha	xanuxa em passeio	Veterana F50	03:41:30	+02:08:41	13:02

Penacova Trail do Centro
Penacova, PT
11-November-2018

17K **17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	14.1ºC	96%
End	12:45	14.1ºC	96%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1159	Marina Barroca	Lama Solta	Senior Feminino	02:22:12	+49:24	08:22
2	1060	Teresa	Individual	Senior Feminino	02:24:53	+52:05	08:31
3	1052	Diana Martins	Individual	Senior Feminino	02:25:35	+52:47	08:34
4	1025	Ana Teresa MOrais de Melo	CC FAMILY	Senior Feminino	02:28:05	+55:16	08:43
5	1167	Isabel Jesus	out2run/miro	Senior Feminino	02:31:11	+58:23	08:54
6	1053	Eva Moutinho	Individual	Senior Feminino	02:33:22	+01:00:33	09:01
7	1030	Ana Alves	Coimbra Trail Running	Senior Feminino	02:39:09	+01:06:21	09:22
8	1168	Marta Fonseca	out2run/miro	Senior Feminino	02:44:11	+01:11:22	09:39
9	1004	Filipa Oliveira	Akuafit	Senior Feminino	02:47:30	+01:14:41	09:51
10	1054	Lídia Maria Jesus Mira	Individual	Senior Feminino	02:48:52	+01:16:04	09:56
11	1046	Gisela Curto	GELCENTRO	Senior Feminino	02:50:50	+01:18:02	10:03
12	1018	Daniela Varandas	B.A.C.O.	Senior Feminino	02:51:16	+01:18:28	10:05
13	1040	Inês Correia	Gang dos Chefes	Senior Feminino	02:51:17	+01:18:29	10:05
14	1179	Beatriz Loureiro	Pernetas	Senior Feminino	02:58:47	+01:25:59	10:31
15	1057	Rita Cassilda Rodrigues Duarte	Individual	Senior Feminino	03:03:34	+01:30:45	10:48
16	1003	Filipa Martins	Akuafit	Senior Feminino	03:20:24	+01:47:36	11:47
17	1045	Cátia Farinha	GELCENTRO	Senior Feminino	03:25:02	+01:52:14	12:04
18	1047	Joana Lopes	GELCENTRO	Senior Feminino	03:25:03	+01:52:14	12:04
19	1058	Simone Gomes	Individual	Senior Feminino	03:36:33	+02:03:45	12:44
20	1028	Isabel Abreu	Centro de Trail Carlos Sá Team	Senior Feminino	03:36:56	+02:04:07	12:46
21	1009	MARIA JOÃO FERNANDES	ARCORUN	Senior Feminino	03:40:46	+02:07:58	12:59

Senior Masculino

1	1036	Diogo pimenta	Freguesia Figueira de Lorvão	Senior Masculino	01:32:48		05:28
2	1061	André Magalhães	Individual	Senior Masculino	01:39:03	+06:15	05:50
3	1035	Paulo Marques	FormoBike Btt & Trail Running	Senior Masculino	01:49:35	+16:47	06:27
4	1006	Fernando Machado	Almatrail	Senior Masculino	01:50:23	+17:35	06:30
5	1161	Pedro Miguel Serra Santos	Lama Solta	Senior Masculino	01:56:23	+23:34	06:51
6	1066	David Jesus	Individual	Senior Masculino	01:59:56	+27:07	07:03
7	1193	Rui Nina	Trail Bela Bela	Senior Masculino	02:01:06	+28:18	07:07
8	1085	Tiago Fernandes	Individual	Senior Masculino	02:01:57	+29:09	07:10
9	1068	filipe andré gomes dos reis pimentel	Individual	Senior Masculino	02:02:42	+29:54	07:13
10	1079	Pedro Ricardo Coelho Gonçalves	Individual	Senior Masculino	02:06:05	+33:17	07:25
11	1160	Eduardo Neves	Lama Solta	Senior Masculino	02:06:42	+33:54	07:27
12	1081	Rui Baptista	Individual	Senior Masculino	02:10:59	+38:11	07:42
13	1071	Heber Pires	Individual	Senior Masculino	02:14:06	+41:18	07:53
14	1023	JOEL MARTINS	CASA DO BENFICA EM ABRANTES	Senior Masculino	02:14:10	+41:21	07:54

15	1075	Lino Albano	Individual	Senior Masculino	02:14:22	+41:33	07:54
16	1072	hugo filipe pereira faustino	Individual	Senior Masculino	02:16:00	+43:11	08:00
17	1069	Flávio David Santos Silva	Fruta da 5a	Senior Masculino	02:16:02	+43:14	08:00
18	1083	Rui Henriques	Individual	Senior Masculino	02:16:02	+43:14	08:00
19	1086	Tiago Santos	Individual	Senior Masculino	02:22:07	+49:18	08:22
20	1019	Filipe Almeida	B.A.C.O.	Senior Masculino	02:22:32	+49:44	08:23
21	1170	Ricardo Andé	out2run/miro	Senior Masculino	02:23:41	+50:53	08:27
22	1077	Nuno Miguel Garcia	Individual	Senior Masculino	02:24:32	+51:44	08:30
23	1171	Samuel Amaral	out2run/miro	Senior Masculino	02:25:35	+52:47	08:34
24	1062	Armenio Nogueira	Individual	Senior Masculino	02:29:37	+56:49	08:48
25	1080	Remi Ribeiro Alves	Individual	Senior Masculino	02:31:39	+58:51	08:55
26	1067	Diogo Samuel Costa Martins	Individual	Senior Masculino	02:32:34	+59:45	08:58
27	1087	Valdivino santos	Individual	Senior Masculino	02:33:12	+01:00:23	09:01
28	1154	Helder Costa	Keep Running	Senior Masculino	02:34:56	+01:02:07	09:07
29	1169	João Paulo Fernandes Da Silva	out2run/miro	Senior Masculino	02:34:56	+01:02:08	09:07
30	1064	Bruno Simões	Individual	Senior Masculino	02:37:12	+01:04:24	09:15
31	1178	Beto Rodriguez	Pascoalitos	Senior Masculino	02:37:50	+01:05:02	09:17
32	1037	Mário Ferreira	Freguesia Figueira de Lorvão	Senior Masculino	02:39:03	+01:06:15	09:21
33	1002	Emanuel Casimiro	ACTIFISIO	Senior Masculino	02:40:25	+01:07:37	09:26
34	1190	Carlos Marques	Táxis Marialves Running Team	Senior Masculino	02:40:33	+01:07:45	09:27
35	1074	João Paulo da Fonseca Amaro	Individual	Senior Masculino	02:41:35	+01:08:47	09:30
36	1073	Hugo Moreira Rodrigues	Individual	Senior Masculino	02:41:43	+01:08:55	09:31
37	1204	Vasco Tiago Morais Santos	Individual	Senior Masculino	02:44:13	+01:11:25	09:40
38	1063	Bruno Ferreira	Individual	Senior Masculino	02:51:27	+01:18:39	10:05
39	1048	Telmo André dos Santos Pereira	GELCENTRO	Senior Masculino	03:04:41	+01:31:53	10:52
40	1197	João Carlos Santos Nogueira	Vilaventura Trail Running Team	Senior Masculino	03:09:28	+01:36:39	11:09
41	1021	Ricardo Santos	Cabritos da Montanha	Senior Masculino	03:33:42	+02:00:54	12:34

Sub 23 Feminino

1	1208	Maria João da Silva Santos	Individual	Sub 23 Feminino	03:00:30	+01:27:42	10:37

Sub 23 Masculino

1	1088	David Fernandes	Individual	Sub 23 Masculino	02:02:44	+29:55	07:13
2	1090	Jorge Pereira	Individual	Sub 23 Masculino	02:15:31	+42:42	07:58

Veterana F40

1	1102	JOANA FRANCA	Individual	Veterana F40	02:06:42	+33:54	07:27
2	1027	Raquel Matias	CDS Notre e Soure	Veterana F40	02:16:40	+43:51	08:02
3	1104	Maria Feio	Individual	Veterana F40	02:16:48	+44:00	08:03
4	1101	Isabel Margarida da Costa Lopes	Individual	Veterana F40	02:24:24	+51:36	08:30
5	1107	Paula Santos	Individual	Veterana F40	02:29:05	+56:16	08:46
6	1038	Helena Lopes	Freguesia Figueira de Lorvão	Veterana F40	02:39:02	+01:06:14	09:21

7	1026	Lucia Teles	CC FAMILY	Veterana F40	02:41:35	+01:08:47	09:30
8	1034	Raquel gomes	Dão Nelas Runners	Veterana F40	02:47:03	+01:14:15	09:50
9	1020	CARMEN VIDAL	BORBA TRAIL / HELP 4 U	Veterana F40	02:47:48	+01:14:59	09:52
10	1196	Alice Ventura	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterana F40	02:51:18	+01:18:29	10:05
11	1099	Cláudia Raquel Santos Simões	Individual	Veterana F40	02:51:28	+01:18:40	10:05
12	1172	Sílvia Pedro	out2run/miro	Veterana F40	02:54:25	+01:21:36	10:16
13	1165	Susana Bértolo	Os Tolinhos	Veterana F40	02:56:32	+01:23:44	10:23
14	1097	Carla Silva	Individual	Veterana F40	03:06:24	+01:33:36	10:58
15	1211	Zenaida Andrade	Individual	Veterana F40	03:15:14	+01:42:26	11:29
16	1005	Nazaré Ferreira	Akuafit	Veterana F40	03:20:24	+01:47:36	11:47
17	1105	Maria Manuela Jesus Mira	Individual	Veterana F40	03:24:21	+01:51:33	12:01
18	1103	Kelly Farias	Individual	Veterana F40	03:24:21	+01:51:33	12:01
19	1029	Anabela Roxo	Centro de Trail Carlos Sá Team	Veterana F40	03:36:56	+02:04:07	12:46
20	1010	Sandra Ferreira	ARCORUN	Veterana F40	03:40:46	+02:07:58	12:59

Veterana F50

1	1173	Fatima Malta	out2run/miro	Veterana F50	02:47:46	+01:14:57	09:52
2	1194	Isabel Ventura	TRIBO NR	Veterana F50	02:48:50	+01:16:01	09:56
3	1198	Alexandra lavado	Xanuxa em passeio	Veterana F50	03:41:30	+02:08:41	13:02
4	1199	Isabel Ucha	Xanuxa em passeio	Veterana F50	03:41:30	+02:08:41	13:02

Veterana F60

1	1012	ROSINA COUTO	ARCORUN	Veterana F60	03:12:50	+01:40:02	11:21
2	1011	CINDA MOURA	ARCORUN	Veterana F60	03:40:46	+02:07:58	12:59

Veterano M40

1	1184	José Pereira	Saca Trilhos Anadia	Veterano M40	01:38:23	+05:34	05:47
2	1209	LUIS MARTINS	Individual	Veterano M40	01:41:30	+08:42	05:58
3	1117	João Simões	Individual	Veterano M40	01:44:53	+12:05	06:10
4	1001	Tiago Alexandre Ferreira Salgueiro	Abutres	Veterano M40	01:46:26	+13:38	06:16
5	1163	Luis Neves	MARINHAIS AC	Veterano M40	01:46:55	+14:07	06:17
6	1031	Jorge Tiago	Coimbra Trail Running	Veterano M40	01:47:38	+14:50	06:20
7	1022	Luis Jorge	Cabritos da Montanha	Veterano M40	01:55:21	+22:32	06:47
8	1128	Paulo Miguel Lourenço dos Santos	Individual	Veterano M40	01:55:43	+22:55	06:48
9	1114	Hermenegildo Santos	Abutres	Veterano M40	01:56:21	+23:32	06:51
10	1032	Paulo J Carvalho	Coimbra Trail Running	Veterano M40	01:58:57	+26:08	07:00
11	1162	Jose Leal	MARINHAIS AC	Veterano M40	02:04:20	+31:31	07:19
12	1113	Eduardo miguel da silva soares	Individual	Veterano M40	02:04:48	+32:00	07:21
13	1123	NUNO ALMEIDA	Individual	Veterano M40	02:05:19	+32:30	07:22
14	1130	Pedro Marques	Individual	Veterano M40	02:05:36	+32:48	07:23
15	1013	Paulo Reis	ARCORUN	Veterano M40	02:06:34	+33:46	07:27

17K

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

16	1176	Virgílio Neto	Ozxtreme/ADCRPereira	Veterano M40	02:09:26	+36:37	07:37
17	1051	Nuno Carvalho	Individual	Veterano M40	02:12:29	+39:41	07:48
18	1043	Nuno Carvalho	GDCTIN Casa da Moeda	Veterano M40	02:13:07	+40:19	07:50
19	1041	Carlos Cristovão	GDCTIN Casa da Moeda	Veterano M40	02:13:07	+40:19	07:50
20	1111	Carlos Alberto Neves Pereira	Individual	Veterano M40	02:13:08	+40:20	07:50
21	1125	Patrick Maia	Individual	Veterano M40	02:15:30	+42:42	07:58
22	1182	Francisco Roque	Saca Trilhos Anadia	Veterano M40	02:16:40	+43:51	08:02
23	1189	JOSÉ MADEIRA	Soure Mov	Veterano M40	02:18:31	+45:43	08:09
24	1118	Joao Venes	Individual	Veterano M40	02:19:04	+46:16	08:11
25	1132	Ricardo Veiga	Individual	Veterano M40	02:26:15	+53:27	08:36
26	1110	Avelino Rodrigues	Individual	Veterano M40	02:27:02	+54:13	08:39
27	1121	LUIS DUARTE	Individual	Veterano M40	02:27:09	+54:20	08:39
28	1112	carvalheira	Individual	Veterano M40	02:30:05	+57:17	08:50
29	1155	Pedro Dias	Keep Running	Veterano M40	02:31:17	+58:29	08:54
30	1174	Joselito Pereira	out2run/miro	Veterano M40	02:31:25	+58:36	08:54
31	1127	Paulo Gonçalves	Individual	Veterano M40	02:31:25	+58:37	08:54
32	1131	Pedro Mesquito	Individual	Veterano M40	02:33:21	+01:00:33	09:01
33	1183	João Gabriel João	Saca Trilhos Anadia	Veterano M40	02:34:36	+01:01:48	09:06
34	1192	Mateus Marques	Táxis Marialves Running Team	Veterano M40	02:40:33	+01:07:45	09:27
35	1133	Rui Menesrs	Individual	Veterano M40	02:43:26	+01:10:38	09:37
36	1120	Jorge Ferreira	Individual	Veterano M40	02:43:50	+01:11:02	09:38
37	1042	Marco Carvalho	GDCTIN Casa da Moeda	Veterano M40	02:48:31	+01:15:43	09:55
38	1126	Paulo Baltazar	Individual	Veterano M40	02:51:27	+01:18:39	10:05
39	1122	Marco Moita	Individual	Veterano M40	02:56:05	+01:23:17	10:22
40	1202	PEDRO MIGUEL SANTOS MATOS	Yazaki Runners	Veterano M40	02:56:32	+01:23:44	10:23
41	1207	Jorge Simões dos Santos	Individual	Veterano M40	03:00:30	+01:27:42	10:37
42	1115	JANNIER VINCENT	Individual	Veterano M40	03:06:36	+01:33:47	10:59
43	1129	Pedro Graça	Individual	Veterano M40	03:08:47	+01:35:58	11:06
44	1124	Nuno Neves	Individual	Veterano M40	03:09:30	+01:36:42	11:09
45	1044	Vasco Ferreira	GDCTIN Casa da Moeda	Veterano M40	03:09:48	+01:37:00	11:10
46	1109	Artur Durães	Individual	Veterano M40	03:36:33	+02:03:44	12:44
47	1014	STERLING BOLIVAR	ARCORUN	Veterano M40	03:40:46	+02:07:57	12:59

Veterano M50

1	1135	ANTONIO MARQUES	Individual	Veterano M50	01:57:56	+25:07	06:56
2	1148	Paulo Marques	Individual	Veterano M50	02:04:45	+31:57	07:20
3	1166	Francisco Ferreira	Os Tolinhos	Veterano M50	02:08:14	+35:26	07:33
4	1016	José Jorge Páscoa de Oliveira	ARSM-Associação Recreativa de S.Miguel	Veterano M50	02:15:55	+43:07	08:00
5	1143	José Filipe Costa	Individual	Veterano M50	02:19:41	+46:53	08:13
6	1158	José Nunes	Keep Running	Veterano M50	02:27:01	+54:13	08:39
7	1136	Artur costa	Individual	Veterano M50	02:29:05	+56:16	08:46
8	1139	Francisco Afonso	Individual	Veterano M50	02:29:20	+56:31	08:47
9	1175	José Santos	out2run/miro	Veterano M50	02:31:22	+58:33	08:54
10	1156	Joaquim Varanda	Keep Running	Veterano M50	02:31:47	+58:58	08:56

17K **17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

11	1049	Mário Nunes	GELCENTRO	Veterano M50	02:35:14	+01:02:26	09:08
12	1146	Paulo Castro	Individual	Veterano M50	02:37:21	+01:04:33	09:15
13	1177	Rui lopes	Ozxtreme/ADCRPereira	Veterano M50	02:43:53	+01:11:05	09:38
14	1144	José Manuel Gonçalves	Individual	Veterano M50	02:46:06	+01:13:17	09:46
15	1157	José Andrade	Keep Running	Veterano M50	02:51:52	+01:19:04	10:07
16	1138	Fernando Medeiros	Individual	Veterano M50	02:52:05	+01:19:17	10:07
17	1141	Joao Orvalho	Individual	Veterano M50	02:52:19	+01:19:30	10:08
18	1147	Paulo Fortunato	Individual	Veterano M50	03:09:30	+01:36:42	11:09
19	1200	Walter palma	Xanuxa em passeio	Veterano M50	03:39:10	+02:06:22	12:54

Veterano M60

1	1015	MANUEL SEGUNDO	ARCORUN	Veterano M60	01:58:29	+25:40	06:58
2	1150	Carlos Ferreira	Individual	Veterano M60	02:09:31	+36:43	07:37
3	1151	Fernando Duarte Ferreira	Individual	Veterano M60	02:15:52	+43:04	08:00
4	1024	CARLOS ALFAIATE	CASA DO BENFICA EM ABRANTES	Veterano M60	03:06:32	+01:33:44	10:58
5	1164	Manuel Moura	OS BARRIGUITAS	Veterano M60	03:08:44	+01:35:56	11:06

COLETIVO - 17K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	LAMA SOLTA	14 + 31 + 57	102
2	COIMBRA TRAIL RUNNING	8 + 17 + 94	119
3	SACA TRILHOS ANADIA	2 + 50 + 85	137
4	FREGUESIA FIGUEIRA DE LORVÃO	1 + 92 + 93	186
5	GDCTIN CASA DA MOEDA	37 + 38 + 111	186
6	ARCORUN	16 + 29 + 142	187
7	OUT2RUN/MIRO	59 + 64 + 75	198
8	KEEP RUNNING	66 + 76 + 81	223
9	GELCENTRO	88 + 114 + 132	334
10	AKUAFIT	108 + 144 + 145	397
11	XANUXA EM PASSEIO	155 + 160 + 161	476